

# Menu
# Bénédictine

102 Bd Saint-Jean-Baptiste local 61, Châteauguay, QC J6K 3A7, Canada | (450) 201-1766

## Most Ordered



### Deux oeufs avec un choix de viande / Two Eggs with Choice of Meat — CA$12.99

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### Poutine déjeuner / Breakfast Poutine — CA$17.99

Dans un grand bol, nos fameuses patates déjeuner, bacon, saucisses, jambon coupé en petits morceaux, sauce hollandaise, fromage mozzarella et deux oeufs à votre goût. / In a large bowl, our famous breakfast potatoes, bacon, sausages, ham cut into small pieces, hollandaise sauce, mozzarella cheese and two eggs your way.

### L'expertise / The Expertise — CA$16.99

Deux oeufs, deux bacon, deux saucisse, deux jambon, cretons, fèves au lard choix de (pain doré, crêpe ou gaufre) / Two eggs, two bacon, two sausage, two ham, cretons, baked beans, choice of (French toast, pancake or waffle).

### Saucisses / Sausages (3 pièces / 3 Pieces) — CA$4.99

Three pieces of sausages, typically seasoned and cooked to enhance their natural flavors.

### Bacon /  (4 tranches / 4 Slices) — CA$4.99

Four slices of bacon, prepared to bring out a rich, savory taste.

### Le brunch / The Brunch — CA$18.99

Deux oeufs, deux bacons, deux saucisses, deux jambons, cretons, fèves au lard, un crêpe et un pain doré. / Two eggs, two bacon, two sausages, two hams, cretons, baked beans, a pancake and French toast.

### Patates / Potatoes — CA$5.99

Potatoes, lightly seasoned and typically includes a mix of herbs for added flavor. Prepared as a breakfast side dish.

# Menu Bénédictine

### Travailleur / Worker — CA$18.99

Quatre oeufs, deux tranches de bologne, deux tranches jambon, deux saucisses, deux bacon, fèves au lard, cretons, pommes de terre maison, fruits frais, rôtis et café / Four eggs, two slices of bologna, two slices of ham, two sausages, two bacon, baked beans, cretons, homemade potatoes, fresh fruit, roasts and coffee.

### Le séducteur / The Seducer — CA$17.99

Une moitié gaufre aux fraise et bananes, recouvert de chocolaté aux noisettes et crème anglaise, deux oeufs et choix d'un viande. / One half strawberry and banana waffle, covered with hazelnut chocolate and custard, two eggs and choice of meat.

### Crêpe fraise bananes / Strawberry And Banana Crepe — CA$16.99

Crèpe avec fraises, bananes, crème anglaise et chocolat. / Pancake with strawberries, bananas, custard and chocolate.

## Our eggspériences / Our Eggsperiences



### Deux oeufs avec un choix de viande / Two Eggs with Choice of Meat — CA$12.99

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### Trois oeufs avec un choix de viande / Three Eggs with Choice of Meat — CA$14.99

/ .

### Un oeuf avec un choix de viande / One Egg with Choice of Meat — CA$9.99

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### Trois oeufs avec viande fumée / Three Eggs with Smoked Meat — CA$15.99

/ Les choix de viande: bacon, saucisse ou jambon.

## Our récréations / Our Recreations

### Deux oeufs, un choix de viande, crèpe aux fraises, bleuets, framboises et crème pâtissière / T — CA$16.99

Two eggs with choice of bacon, ham, or sausage. Paired with crepe filled with strawberries, blueberries, raspberries, and custard. Eggs cooked to preference: over hard, scrambled, sunny-side up, over easy, or over medium.

# Menu Bénédictine

### Deux oeufs avec un choix de viande, une moitié brioche petits fruits et chocolat blanc / Two E
CA$16.99

Two eggs, choice of bacon, ham, or sausage. Includes half a brioche with berries and white chocolate. Egg styles: over hard, scrambled, sunny-side up, over easy, over medium.

### Deux oeufs, un choix de viande, crèpe aux bananes et crème pâtissière / Two Eggs with Choi
CA$13.99

Two eggs, choice of bacon, ham, or sausage. Served with banana crepe, custard. Eggs: over hard, scrambled, sunny-side up, over easy, over medium.

### Deux oeufs avec un choix de viande, deux tranches pain doré, bananes et caramel / Two Eggs
CA$16.99

Two eggs, choice of bacon, ham, or sausage. Includes golden-brown French toast, bananas, caramel. Eggs cooked to preference: over hard, scrambled, sunny-side up, over easy, or over medium.

### Deux oeufs, un choix de viande, crèpe aux fruits frais et crème pâtissière / Two Eggs with Ch
CA$16.99

Two eggs any style, choice of bacon, ham, or sausage, served with a fresh fruit crepe and custard.

### Deux oeufs, un choix de viande, crèpe aux épinards et cheddar / Two Eggs with Choice of Me
CA$16.99

Two eggs prepared your way; choose from bacon, ham, or sausage. Served with a spinach and cheddar crêpe. Options for eggs include over hard, scrambled, sunny-side up, over easy, or over medium.

## Nos omelettes / Our Omelettes

### Omelette popeye / Popeye Omelette
CA$15.99

Omelette aux épinards et fromage cheddar / Spinach and Cheddar cheese omelet.

### Omelette nature / Plain Omelet
CA$13.99

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### Omelette avec choix de fromage / Omelet with Choice of Cheese
CA$14.99

Omelet served with your choice of cheddar, yellow, or Swiss cheese.

# Menu Bénédictine

## Omelette avec un choix de viande et une choix de fromage / Omelet with a Choice of Meat and
CA$15.99

Viande: bacon, saucisse ou jambon. Fromage: cheddar, suisse ou jaune / Meat: bacon, sausage or ham. Cheese: Cheddar, Swiss or yellow cheese.

## Omelette western / Western Omelet
CA$15.99

Jambon, poivrons et oignons / Ham, peppers and onions.

## Omelette végétarienne / Vegetarian Omelet
CA$15.99

Vegetarian. Oignons, poivrons, tomates, champignons, épinards. / Onions, peppers, tomatoes, mushrooms and spinach.



## Omelette asperges, jambon et fromage suisse / Asparagus, Ham and Swiss Chees
CA$16.99

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## Omelette champignons, tomates et fromage suisse / Mushroom, Tomato and Swiss Cheese O
CA$15.99

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## Omelette Santorini /
CA$16.99

Pinards, tomates, oignons et fromage feta. / Pineapple, tomatoes, onions and feta cheese.

## Omelette norvégienne / Norwegian Omelette
CA$18.99

Saumon fumée, oignons, épinards, câpres, et fromage cheddar / Smoked salmon, onions, spinach, capers, and Cheddar cheese.

## Omelette denver / Denver Omelet
CA$16.99

Omelette western, fromage cheddar, salsa et fèves au lard / Western omelette, Cheddar cheese, salsa and baked beans.



## Omelette en étage / Omelette On The Floor
CA$17.99

Galette de patate, omelette western, salsa, un oeuf poché et sauce hollandaise. / Hash brown, Western omelet, salsa, 1 poached egg and hollandaise sauce.

# Menu Bénédictine

### Omelette bénédictine / Benedictine Omelette — CA$16.99

Avocats, épinards et fromage cheddar / Avocado, spinach and Cheddar cheese.

### Omelette warwick / Warwick Omelette — CA$15.99

Tomates sèches, échalotes et fromage suisse. / Dried tomatoes, shallots and Swiss cheese.

## Our assiettes traditionnelles / Our Traditional Plates

### Poutine déjeuner / Breakfast Poutine — CA$17.99

Dans un grand bol, nos fameuses patates déjeuner, bacon, saucisses, jambon coupé en petits morceaux, sauce hollandaise, fromage mozzarella et deux oeufs à votre goût. / In a large bowl, our famous breakfast potatoes, bacon, sausages, ham cut into small pieces, hollandaise sauce, mozzarella cheese and two eggs your way.

### L'expertise / The Expertise — CA$16.99

Deux oeufs, deux bacon, deux saucisse, deux jambon, cretons, fèves au lard choix de (pain doré, crêpe ou gaufre) / Two eggs, two bacon, two sausage, two ham, cretons, baked beans, choice of (French toast, pancake or waffle).

### Le séducteur / The Seducer — CA$17.99

Une moitié gaufre aux fraise et bananes, recouvert de chocolaté aux noisettes et crème anglaise, deux oeufs et choix d'un viande. / One half strawberry and banana waffle, covered with hazelnut chocolate and custard, two eggs and choice of meat.

### Travailleur / Worker — CA$18.99

Quatre oeufs, deux tranches de bologne, deux tranches jambon, deux saucisses, deux bacon, fèves au lard, cretons, pommes de terre maison, fruits frais, rôtis et café / Four eggs, two slices of bologna, two slices of ham, two sausages, two bacon, baked beans, cretons, homemade potatoes, fresh fruit, roasts and coffee.

### Le brunch / The Brunch — CA$18.99

Deux oeufs, deux bacons, deux saucisses, deux jambons, cretons, fèves au lard, un crêpe et un pain doré. / Two eggs, two bacon, two sausages, two hams, cretons, baked beans, a pancake and French toast.

### Skillet / Poêle — CA$15.99

Dans une cassolette, bacon, saucisse, jambon coupé en petite morceaux, pommes de terre maison et sauce hollandaise, le tout gratiné avec fromage mozzarella avec deux oeufs de votre choix. / In a cassolette, bacon, sausage, ham cut into small pieces, homemade potatoes and hollandaise sauce, all au gratin with mozzarella cheese and two eggs your way.

# Menu Bénédictine

### Assiette exceptionnelle / Exceptional Plate — CA$15.99

Club déjeuner, oeuf, fromage cheddar, bacon, salade et tomates / Breakfast club, egg, Cheddar cheese, bacon, salad and tomatoes.

### Marcel — CA$14.99

Deux oeuf avec un choix de viande, cretons et fèves au lard / Two eggs with a choice of meat, cretons and beans with bacon.

### Déjeuner santé / Healthy Breakfast — CA$15.99

Un oeuf poché, fromage cottage, bol de fruits, bagel, fromage la crème. / One poached egg, cottage cheese, bowl of fruit, bagel, cream cheese.



### Allo montréal / Hello Montreal — CA$13.99

Deux oeufs avec un choix de viande et fèves au lard / Two eggs with a choice of meat and baked beans.

### Le québécoise / The Quebecuan — CA$17.99

Troies oeufs, choix de deux viandes, cretons et fèves au lard. / Three eggs, choice of two meats, cretons and beans with bacon.

## Our étoiles / Our Stars



### Wrap Atlantique / Atlantic Wrap — CA$18.99

Dans un tortilla, fromage à la crème, saumon fumé, oignons, câpres, avocats, salade, mayo, bol de fruits frais, crème anglaise et pommes de terre maison / In a tortilla, cream cheese, smoked salmon, onions, capers, avocadoes, salad, mayo, bowl of fresh fruit, custard and homemade potatoes.

### Wrap bénédictine / Benedictine Wrap — CA$18.99

Dans un tortilla, philly steak, oignons, oeuf brouillés, fromage suisse, mayo, bol de fruits. / In a tortilla, Philly steak, onions, scrambled egg, Swiss cheese, mayo, bowl of fruit.



### Crêpe spécial de chez nous / Special Homemade Crepe — CA$18.99

Crêpe épinards, fromage cheddar, sauté d'oignons, tomates, saumon fumée, sauce hollandaise, fromage feta, 2 ceufs miroirs, bol de fruits frais et pommes de terre maison. / Crêpe with spinach, cheddar cheese, sautéed onions, tomatoes, smoked salmon, hollandaise sauce, feta cheese, two eggs sunny-side up, bowl of fresh fruit and our famous breakfast potatoes.

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### Coco Campbell — CA$18.99

Sur pain seigle, avocats, sauté de tomates cerises, fines herbes, deux oeufs pochés, graines de citrouille, graines de sésame, roquette, bol de fruits frais et pomme de terre maison / On rye bread, avocado, sautéed cherry tomatoes, herbs, two poached eggs, pumpkin seeds, sesame seeds, arugula, bowl of fresh fruit and our famous breakfast potatoes.

### L'Assiette combinée / The Combined Plate — CA$19.99

Montagne de fruits frais, bagel, saumon fumé, oignons, câpres, fromage à la créme et pommes de terre maison / Fresh fruit mountain, bagel, smoked salmon, onions, capers, cream cheese and homemade potatoes.

### Pile de muffin aux oeufs / Egg Muffin Stacks — CA$17.99

Muffin anglais, hamburger végétarien, tomates grillées, mini omelette aux épinards, fromage cheddar, blanc d'oeuf, fromage jaune et asperges grillées. / Egg muffin stacks on English muffin, vegetarian hamburger, grilled tomatoes, small egg omelet (egg white) with spinach and cheddar cheese, yellow cheese and grilled asparagus.

### Rangers / — CA$18.99

Sur pain seigle, salade tomates, avocats, fromage feta, roquette, pesto, graines de citrouilles, deux oeufs pochés, bol de fruits frais et pomme de terre maison / On rye bread, tomato salad, avocado, feta cheese, arugula, pesto, pumpkin seeds, two poached eggs, bowl of fresh fruit and our famous breakfast potatoes.



### Sandwich oh-là-là / — CA$17.99

Sur pain ménage, grilled cheese, omelette western, fromage jaune, salade tomates, mayo, sirop de chocolat, bol de fruits frais et pommes de terre maison / On homemade bread, grilled cheese, Western omelette, yellow cheese, tomato salad, mayo, chocolate syrup, bowl of fresh fruit and our famous breakfast potatoes.

### Le superstar / The Superstar — CA$17.99

Une moitié brioche, une moitié gaufre, un pain doré avec fraises, framboises, bleuets, bananes et crème anglaise / Half brioche, half waffle, french toast with strawberries, raspberries, blueberries, bananas and custard.



### Le cascade aux fruits / The Fruit Waterfall — CA$18.99

Un grande crèpe, deux pain doré, une moitié brioche, le tout recouvert avec fruits frais, chocolaté, crème anglaise, coulis de fraise et croque nature. / One large pancake, two french toast, half a brioche, all covered with fresh fruit, chocolate, custard, strawberry coulis and harvest crunch.

## Our spécialités / Our Specialties

### Le bénédicte régulier / The Regular Benedict — CA$16.99

Deux oeufs pochés sur muffin anglais, votre choix d'une viande et votre choix d'un fromage. / Two poached eggs on an English muffin, your choice of meat and your choice of cheese.

# Menu Bénédictine

## Béné paradis / Paradise Benedict — CA$19.99

Deux oeufs pochés sur muffin anglais, saumon fumé, avocats et fromage brie / Two poached eggs on English muffin, smoked salmon, avocado and brie cheese.



## Béné boise / Boise Benedict — CA$18.99

Deux oeufs pochés sur muffin anglais, jambon, champignons sautés, échalotes et fromage suisse / Two poached eggs on English muffin, ham, sautéed mushrooms, shallots and Swiss cheese.

## Béné rockefeller / Rockefeller Benedict — CA$17.99

Deux oeufs pochés sur muffin anglais, jambon, épinards et fromage cheddar. / Two poached eggs on English muffin, ham, spinach and Cheddar cheese.



## Béné Genève / Geneva Benedict — CA$18.99

Deux oeufs pochés sur muffin anglais, épinards, tomates, asperges, jambon et fromage suisse. / Two poached eggs on English muffin, spinach, tomatoes, asparagus, ham and Swiss cheese.

## Béné parisienne / Parisian Benedict — CA$17.99

Deux oeufs pochés sur muffin anglais, épinards, champignons sautées et fromage cheddar / Two poached eggs on English muffin, spinach, sautéed mushrooms and Cheddar cheese.

## Béné New York / New York Benedict — CA$18.99

Deux oeufs pochés sur muffin anglais, philly steak, asperges et fromage suisse / Two poached eggs on English muffin, philly steak, asparagus and Swiss cheese.

## Béné québécoise / Quebecuan Benedict — CA$19.99

Deux oeufs pochés sur muffin anglais, saumon fumé, viande fumée et fromage suisse / Two poached eggs on English muffin, smoked salmon, smoked meat and Swiss cheese.

## Béné californie / California Benedict — CA$17.99

Deux oeufs pochés sur muffin anglais, piments, oignons et fromage feta / Two poached eggs on English muffin, peppers, onions and feta cheese.

## Béné jardinier / Gardener Benedict — CA$17.99

Deux oeufs pochés sur muffin anglais, épinards, oignons, tomates, champignons, piments et fromage cheddar / Two poached eggs on English muffin, spinach, onions, tomatoes, mushrooms, peppers and Cheddar cheese.

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### Béné brie champignons / Brie Mushrooms Benedict — CA$17.99

Deux oeufs pochés sur muffin anglais, champignons sautées et fromage brie. / Two poached eggs on English muffin, sautéed mushrooms and brie cheese.

### Béné trivette / Trivette Benedict — CA$18.99

Deux oeufs pochés sur muffin anglais, sautée de crevettes matane avec épinards et fromage cheddar / Two poached eggs on English muffin, sautéed shrimp matane with spinach and Cheddar cheese.

### Béné hawaïenne / Hawaiian Benedict — CA$17.99

Deux oeufs pochés sur muffin anglais, jambon, ananas grillée et fromage cheddar / Two poached eggs on English muffin, ham, grilled pineapple and Cheddar cheese.

### Béné tex mex / Tex Mex Benedict — CA$18.99

Deux oeufs pochés sur muffin anglais, viande fumée, épinards et fromage suisse / Two poached eggs on English muffin, smoked meat, spinach and Swiss cheese.

### Bénédicte amateur de viande / Meat Lover Benedict — CA$19.99

Trois oeufs pochés sur muffin anglais avec trois viandes (bacon, saucisses et jambon) et trois fromages (cheddar, suisse et jaune) / Three poached eggs on English muffin with three meats (bacon, sausage and ham) and three cheeses (Cheddar, Swiss and yellow).

## Our crèpes / Our Crepes

### Crêpe fraise bananes / Strawberry And Banana Crepe — CA$16.99

Crèpe avec fraises, bananes, crème anglaise et chocolat. / Pancake with strawberries, bananas, custard and chocolate.

### Crêpe nature / Plain Crêpe — CA$14.99

A plain crêpe, lightly dusted with powdered sugar, offering a simple yet classic taste.



### Crêpe fruitopia / Fruitopia Crepe — CA$16.99

Crêpe aux fruits frais et crème anglaise / Pancake with fresh fruit and custard.

# Menu Bénédictine

### Crêpe Bananaient / Banana Crêpe — CA$16.99

Crêpe avec bananes, chocolat et crème anglaise / Pancake with bananas, chocolate and custard.

## Our crèpes campagnardes / Our Country Pancakes

### Crêpe jambons et poires bries / Crepe With Ham, Pears And Brie — CA$17.50

A delicate crepe filled with savory ham, sweet pears, and creamy brie, offering a harmonious blend of flavors.

### Crêpe bénédictine / Benedictine Crepe — CA$16.99

Crêpe aux épinards et cheddar, farcie aux oignons caramélisés et tomates grillées / Spinach and Cheddar cheese pancake, stuffed with caramelized onions and grilled tomatoes.

### Crêpe du boucher / Butcher's Crepe — CA$15.99

Crêpe avec un choix de viande et avec un choix de fromage. / Pancake with a choice of meat and with a choice of cheese.

### Crêpe épinards et fromage cheddar / Spinach and Cheddar Cheese Crepe — CA$15.99

Spinach and cheddar cheese crepe typically includes a soft, thin pancake filled with fresh spinach and melted cheddar cheese.

## Our pains dorés / Our French Toast



### Pain doré aux fruits frais / French Toast With Fresh Fruit — CA$15.99

Avec choix d'accompagnement. / With choice of side.

### Pain doré nature / Plain French Toast — CA$13.99

Golden bread soaked and cooked to a tender finish, typically accompanied by a light dusting of powdered sugar.

### Pain doré avec un choix de fruits frais / French Toast with Choice of Fresh Fruit — CA$15.99

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# Menu Bénédictine

## Our gaufres / Our Waffles



### Gaufre fruittopia / Fruittopia Waffle

**CA$16.99**

Gaufres et fruits frais avec choix d'accompagnement. / Waffles and fresh fruit with your choice of side.

### Gaufre banana choco / Banana Choco Waffle

**CA$15.99**

Gaufre aux bananes et au chocolat / Chocolate banana waffle.



### Gaufre fraise banana choco / Strawberry Banana Chocolater Waffle

**CA$15.99**

Gaufre aux fraises, bananes et chocolat. / Strawberry, banana and chocolate waffle.

### Gaufre nature / Waffle Nature

**CA$14.99**

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## Our à votre santé! / Our Hey Cheers!

### Le parfait / The Perfect

**CA$15.99**

Yogourt, coulis de fraises, yogourt, chocolat, bananes, croque nature et crème fouettée / Yogurt, strawberry coulis, yogurt, chocolate, bananas, harvest crunch and whipped cream.

### Double plaisir / Double Pleasure

**CA$16.99**

Bol de fraises, bananes, fromage cottage, croque nature et miel / Bowl of strawberries, bananas, cottage cheese, harvest crunch and honey.

### Assiette bénédictine / Benedictine Plate

**CA$15.99**

Bol de gruau, yogourt la vanille, croque nature, bol de fraises, bananes et fromage cottage / Bowl of oatmeal, vanilla yoghurt, harvest crunch, strawberry, bananas and cottage.

### La fraisinette / The Strawberry Bush

**CA$16.99**

Mélange de yogourt et coulis de fraises, fraiches, croque nature et une petite crêpe / Mixture of yogurt and strawberry coulis, fresh, harvest crunch and a small pancake.

# Menu Bénédictine



### Yogourt aux fruits frais / Fresh Fruit Yogurt — CA$15.99

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## Our les divers / Our Miscellaneous

### Fromage grillé / Grilled Cheese — CA$8.99

Bacon et nos fameuses pommes de terre maison / Bacon and our famous breakfast potatoes.

### B.L.T. / — CA$9.99

Oeuf crevé, choix d'un fromage et nos fameuses patates déjeuner / Flat egg, choice of cheese and our famous breakfast potatoes for lunch.

### Brioche nature / Plain Brioche — CA$7.99

Soft, buttery brioche bread, typically made with eggs and dairy, offering a mild, slightly sweet flavor.

### Muffin aux oeufs / Egg Muffin — CA$9.99

Oeuf crevé, jambon, fromage jaune et nos fameuses patates déjeuner / Fried egg, ham, yellow cheese and our famous breakfast potatoes.

### Bagel fromage à crème / Cream Cheese Bagel — CA$7.99

A bagel generously spread with smooth cream cheese.

### Rôtie, café et confiture / Toast, Coffee and Jam — CA$7.25

Served with a side of jam, this dish presents a simple yet satisfying combination of toast paired with a freshly brewed cup of coffee.

## Our la fraîcheur du printemps / Our Spring Freshness

### Jus d'orange régulier / Regular Orange Juice (1 L) — CA$14.99

Freshly squeezed from select oranges, this regular orange juice captures the essence of spring with its natural sweetness and vibrant flavor.

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### Jus d'orange ou pamplemousse frais pressé / Freshly Squeezed Orange or Grapefruit Juice CA$17.99

Freshly squeezed juice, choice of orange or grapefruit.



### Jus d'orange frais pressé / Freshly Squeezed Orange Juice (1 L) CA$17.99

100% freshly squeezed orange juice, made without added sugars or preservatives, offering a natural and refreshing taste.

## Our superhéros / Our Superheroes

### Gaufre aux fruits frais / Waffle with Fresh Fruit CA$10.99

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### Gaufre aux fruits frais / Waffle with Fresh Fruit CA$10.99

Waffle topped with fresh fruit. Comes with a choice of small apple, peach, grape, tomato juice, or milk.

### Un oeuf avec bacon, saucisse ou jambon / One Egg with Bacon, Sausage or Ham CA$10.99

One egg accompanied by choice of bacon, ham, or sausage. Includes small drink selection: apple, peach, grape, tomato juice, or milk.

### Crêpe aux fruits frais / Crêpe With Fresh Fruit CA$10.99

Fresh fruit crêpe served with your choice of small apple, peach, grape, tomato juice, or milk.

### Crèpe bananes / Banana Pancake CA$10.99

Thin, delicately folded crepe with ripe banana filling. Served with a choice of small apple, peach, grape, tomato juice, or milk for the perfect complement.

### Crêpe fraises et choco / Strawberry And Chocolate Crepe CA$10.99

Strawberry and chocolate crepe, served with choice of small apple, peach, grape, or tomato juice, or milk.

# Menu Bénédictine



### Pain doré aux fruits frais / French Toast With Fresh Fruit — CA$10.99

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### Crèpe aux fruits frais / Pancake with Fresh Fruit — CA$10.99

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### Omelette au fromage jaune / Omelette with Yellow Cheese — CA$10.99

Omelette folded with melted yellow cheese; variety of small drinks: apple, peach, grape, tomato juice, or milk.



### Pain doré aux fruits frais / French Toast with Fresh Fruit — CA$10.99

Avec choix d'accompagnement. / with choice of side.

## Our les extras / Our Extras

### Patates / Potatoes — CA$5.99

Potatoes, lightly seasoned and typically includes a mix of herbs for added flavor. Prepared as a breakfast side dish.

### Fèves au lard / Baked Beans — CA$4.00

Baked beans traditionally cooked with a blend of spices, often accompanied by pieces of pork or bacon for added flavor.

### Saucisses / Sausages (3 pièces / 3 Pieces) — CA$4.99

Three pieces of sausages, typically seasoned and cooked to enhance their natural flavors.

### Chocolat / Chocolate — CA$3.99

Chocolate chips and chocolate sauce typically included, catering to those who appreciate a rich chocolate flavor.

# Menu Bénédictine

## Crème anglaise / Custard — CA$3.99

Silky smooth custard sauce, often served as a complement to desserts.

## Sirop d'érable / Maple Syrup — CA$3.99

A sweet condiment, often made from the sap of sugar maple trees, traditionally served with breakfast dishes.

## Rôties ménage / Household Toast — CA$2.50

Sliced bread toasted to a golden brown, typically accompanied by a selection of spreads such as butter and jam.

## Gruau / Oatmeal — CA$4.00

Oatmeal, typically served with a selection of toppings such as fresh fruit, nuts, and a sweetener like honey or maple syrup.

## Fromage cottage / Cottage Cheese — CA$3.99

Soft white cheese made from soured milk curds, offering a mild, creamy texture.

## Jambon / Ham (3 tranches / 3 Slices) — CA$4.99

Three slices of ham atop a classic pizza base, typically complemented with a selection of cheeses and a hint of tomato sauce.

## Viande fumée / Smoked Meat — CA$4.00

Smoked meat, typically served as a hearty portion, focusing on the rich flavors of the meat itself.

## Saumon fumée / Smoked Salmon — CA$7.00

Smoked salmon paired with choice of bacon, ham, or sausage.

## Yahourt / Yogurt — CA$3.99

Yogurt served as a simple, yet satisfying dish, often accompanied by a variety of toppings such as fresh fruits, granola, and honey.

# Menu Bénédictine

## Fromage suisse / Swiss Cheese — CA$3.99

Slices of Swiss cheese, typically enjoyed as an addition to various breakfast dishes.

## Fromage cheddar / Cheddar Cheese — CA$3.99

This dish features a serving of rich cheddar cheese, typically included as an addition to enhance various breakfast items.

## Fromage à la crème / Cream Cheese — CA$2.50

Cream cheese served as a simple, yet classic breakfast condiment.

## Coulis de fraises / Strawberry Coulis — CA$3.99

A smooth blend of pureed strawberries, typically served as a sweet and tangy addition to enhance various breakfast dishes.

## Croque nature / Harvest Crunch — CA$2.99

Ham and Gruyère cheese between slices of toasted bread, typically served with a sprinkle of herbs.

## Muslix / — CA$2.99

Muslix typically includes a mix of rolled oats, nuts, and dried fruits, often served with milk or yogurt.

## Bacon / (4 tranches / 4 Slices) — CA$4.99

Four slices of bacon, prepared to bring out a rich, savory taste.

## Cretons / — CA$3.00

A French-Canadian pork spread lightly seasoned with onions, garlic, and spices, typically served on bread.

## Rôties / Toast — CA$2.00

Served as two slices of your choice of bread, such as honey wheat, sourdough, or rye.

# Menu Bénédictine

## Our breuvages / Our Beverages



### Smoothie /

CA$3.99

Blended to a smooth consistency, this beverage typically includes a variety of fruits and may be enhanced with ingredients like yogurt, honey, or almond milk.

### Jus de pomme / Apple Juice

CA$3.99

Apple juice, typically made from a blend of various apple varieties to achieve a balance of sweetness and tartness.

### Lait au chocolat / Chocolate milk

CA$3.99

Chocolate milk is a sweet beverage made by blending milk with chocolate syrup or cocoa, creating a comforting and familiar taste.

### Jus de raisin / Grape Juice

CA$3.99

Grape juice, typically made from freshly pressed grapes, offering a sweet and refreshing taste.

### Cappuccino glacé / Iced Cappuccino

CA$3.50

Espresso and frothed milk served over ice, typically includes a dash of cinnamon for added flavor.

### Tisane / Herbal tea

CA$3.50

A soothing blend of herbs steeped to create a calming beverage, typically without caffeine.

### Lait / Milk

CA$3.50

A simple, classic beverage often served as regular cow's milk.

### Jus de pêche / Peach Juice

CA$3.99

Peach juice, typically made from freshly squeezed or pureed peaches, offering a sweet and refreshing taste.

# Menu Bénédictine

## Jus de tomate / Tomato Juice — CA$3.50

Tomato juice, typically includes a blend of fresh tomatoes and may contain a hint of seasoning to enhance its natural taste.

## Boisson gazeuse / Soft Drink — CA$3.50

Soda options include cola, diet cola, and lemon-lime.

## Bouteille d'eau / Bottle of Water — CA$2.99

Pure, still water provided in a convenient bottle for hydration.

## Expresso / Espresso — CA$3.50

A concentrated shot of coffee, extracted from finely ground beans, offering a rich and aromatic experience with a distinctive crema on top.

## Double expresso / Double Espresso — CA$3.99

Two shots of concentrated coffee, meticulously brewed for a rich and robust taste.

## Cappuccino / — CA$3.99

Espresso combined with steamed milk, finished with a generous layer of frothy milk on top.

## Latte — CA$3.99

Creamy espresso beverage made with steamed milk, perfect for coffee enthusiasts.

## Double Latte — CA$3.25

Double espresso with steamed milk, often served with a light layer of foam on top.

## Moccacino / — CA$3.99

A blend of rich espresso and chocolate, typically includes steamed milk, finished with a light dusting of cocoa powder.

# Menu Bénédictine

## Chocolat chaud / Hot Chocolate — CA$2.50

Hot chocolate, typically made with rich cocoa and steamed milk, often garnished with a dollop of whipped cream.

## Vanille française / French Vanilla — CA$3.50

French vanilla typically includes a rich blend of vanilla flavor, often combined with cream or milk to create a smooth, comforting beverage.

## Café / Coffee — CA$2.50

Rich, aromatic blend brewed to perfection

## Thé / Tea — CA$2.50

A soothing beverage made by steeping dried tea leaves, available in various flavors such as black, green, or herbal blends.