

Menu

Restaurant MPK Inc

175 Promenade Du Portage, Gatineau QC J8X 2K4, Canada | (819) 770-0002

Most Ordered



Poisson Salé

Salted fish topped with sautéed bell peppers and onions.

CA\$26.38



Bâton de manioc (chikwangué) / Cassava Stick (Chikwangué)

Dense, cylindrical portions of cassava, offering a starchy and slightly chewy texture.

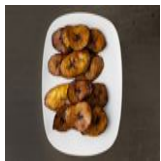
CA\$5.99



Madesu (haricots) / Madesu (Beans)

Tender beans in a rich, savory sauce with bits of red pepper and a bay leaf.

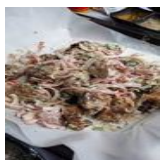
CA\$26.38



Plantain frit / Fried Plantain

Golden slices of ripe plantain, fried to a crisp and tender texture.

CA\$5.99



Poulet mayo / Chicken Mayo

Chicken pieces topped with creamy mayonnaise, mixed with sliced onions, bell peppers, and herbs.

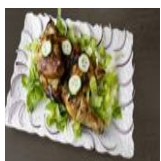
CA\$20.38



Pondeu (feuille de manioc) / Pondeu (Cassava Leaf)

Cassava leaf stew with a whole pepper, rich in greens and spices.

CA\$26.38



Poulet braisé / Braised Chicken

Juicy chicken pieces on a bed of fresh lettuce, topped with cucumber slices and garnished with red onion slivers.

CA\$17.98

Menu Restaurant MPK Inc



Poisson braisé / Braised Fish

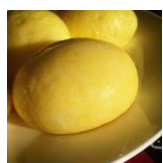
CA\$24.00

Braised fish served as a combo with two choices of accompaniment.



Beignets / Doughnuts

CA\$6.00



Fufu

CA\$5.99

Smooth, dough-like balls made from starchy vegetables or grains, ideal for pairing with soups and stews.

Lunch Specials

Peppered Chicken Bowl

CA\$16.99

Tender chicken with bell peppers and a hint of spice, served on a bed of rice with fresh vegetables and plantain.

BBQ Chicken Wrap

CA\$12.99

Chicken, slaw, and BBQ sauce wrapped in a tortilla.

Curry masala de chèvre/agneau . Riz . Banane plantain . Salade de chou

CA\$19.99

BBQ Chicken Bowl

CA\$16.99

BBQ chicken, pilaf rice, slaw, plantain, house sauce.

Sandwich



Shish Kebab

CA\$12.99

Cube de poitrine de poulet grillé, salade de chou, cornichon, frites, mayo

Menu Restaurant MPK Inc



Philadelphia

Tender slices of beef topped with sautéed bell peppers, onions, and a dollop of mayonnaise in a crusty baguette.

CA\$13.99

Fajitas'

CA\$12.99



Francisco

Grilled chicken, mushrooms, lettuce, and cheese on a sesame seed bun.

CA\$12.99

Délice

CA\$13.99



Francisco

Grilled chicken, fresh lettuce, mushrooms, and cheese in a sesame seed bun.

CA\$12.99

Poulet

CA\$12.99

Magoga Poulet

CA\$9.99

Prego no Pao

CA\$13.99



Poulet Croustillants

Crispy fried chicken with fresh lettuce and herb-infused mayonnaise on a baguette.

CA\$12.99

Menu Restaurant MPK Inc



Shish Kebab au Poulet

CA\$12.99

Grilled chicken shish kebab with lettuce and tomato slices on a sesame seed bun.

BBQ



Poisson Salé

CA\$26.38

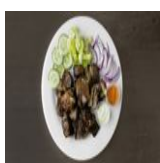
Salted fish topped with sautéed bell peppers and onions.



Poulet braisé / Braised Chicken

CA\$17.98

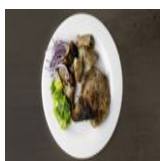
Juicy chicken pieces on a bed of fresh lettuce, topped with cucumber slices and garnished with red onion slivers.



Agneau braisé / Braised Lamb

CA\$31.18

Tender lamb pieces with sliced cucumbers, lettuce, red onions, and sides of white and orange sauces.



Porc braisé / Braised Pork

CA\$24.00

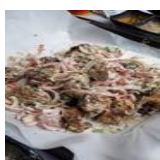
Tender braised pork served with red onion slices, mushrooms, and a side of fresh lettuce.



Poisson braisé / Braised Fish

CA\$24.00

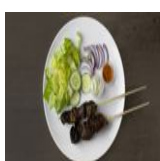
Braised fish served as a combo with two choices of accompaniment.



Poulet mayo / Chicken Mayo

CA\$20.38

Chicken pieces topped with creamy mayonnaise, mixed with sliced onions, bell peppers, and herbs.



Brochettes / Skewers

CA\$23.98

Grilled skewers with beef, served with fresh lettuce, cucumber slices, red onion, and dipping sauces.

Dessert



Beignets / Doughnuts

CA\$6.00

Soups

Rich broth with tender chicken slices or beef , fresh vegetables, and noodles.

CA\$5.99

Gâteau du jour / Cake of the Day

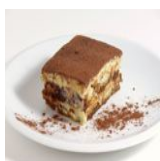
CA\$4.99



Mousse au choix / Mousse of Your Choice

Mousse. Choice of strawberry, chocolate, or passion fruit.

CA\$5.00



Tiramisu

Layers of rich cream and espresso-soaked biscuits. Sizes: Small, Medium, Large.
Flavors: Oreo, Bueno, Biscoff, Vanilla.

CA\$5.00

Beverages / Breuvages

Jus de bissap (hibiscus) / Bissap Juice (Hibiscus)

Tangy and refreshing hibiscus juice with a deep red hue, featuring natural tartness and subtle floral notes.

CA\$7.00

Jus de gingembre / Ginger Juice

Fresh ginger essence balanced with a hint of sweetness.

CA\$7.00

Légumes / Vegetables

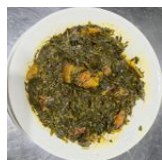


Madesu (haricots) / Madesu (Beans)

Tender beans in a rich, savory sauce with bits of red pepper and a bay leaf.

CA\$26.38

Menu Restaurant MPK Inc



Eru

Tender spinach and waterleaf cooked with ground melon seeds, assorted meat, and dried fish. Served with your choice of yam, plantain, or rice.

CA\$26.38

Sakamadesu (Feuille de Manioc et Haricot) / Cassava leaf and Beans

CA\$12.00



Ngai ngai (arbrisseau de rossella) / Ngai Ngai (Rossella Scrub)

Rossella scrub with leafy greens and a whole tomato.

CA\$26.38

Ndole

Bitter leaf stew mixed with ground peanuts and assorted vegetables.

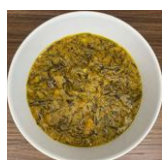
CA\$26.38



Pondeu (feuille de manioc) / Pondeu (Cassava Leaf)

Cassava leaf stew with a whole pepper, rich in greens and spices.

CA\$26.38

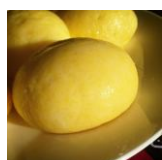


Fumbwa (épinard sauvage) / Fumbwa (Wild Spinach)

Wild spinach with a rich, earthy flavor, blended into a savory sauce.

CA\$26.38

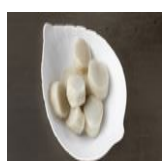
Accompagnement / Side



Fufu

Smooth, dough-like balls made from starchy vegetables or grains, ideal for pairing with soups and stews.

CA\$5.99



Bâton de manioc (chikwangue) / Cassava Stick (Chikwangue)

Dense, cylindrical portions of cassava, offering a starchy and slightly chewy texture.

CA\$5.99



Water Fufu

Soft, smooth, and elastic dough made from fermented cassava, served in two portions.

CA\$5.99



Riz blanc / White Rice

Fluffy, steamed white rice garnished with a fresh green herb.

CA\$5.99



Riz sauté / Sautéed Rice

Aromatic rice sautéed with a blend of African spices, garnished with a fresh green chili.

CA\$5.99



Plantain frit / Fried Plantain

Golden slices of ripe plantain, fried to a crisp and tender texture.

CA\$5.99



Plantain vapeur / Steamed Plantain

Tender, steamed plantain pieces, showcasing their natural sweetness and soft texture.

CA\$5.99