



Menu

Eggspres

425 Av. Béthany, Lachute, QC J8H, Canada | (450) 409-0729

Most Ordered

GOURMANDISE

CA\$19.95

2 oeufs, bacon, saucisse, jambon, creton, crêpe et fève au lard 2 eggs, bacon, sausage, ham, creton, pancake and baked bean

SMOOTHIE BANANA MAMA

CA\$6.00

ananas, bananes et melange coconut/pineapple, banana and coconut mix

SMOOTHIE PINK LADY

CA\$6.00

fraises, bananes, yogourt/straberries, banana, yogourt

L'EGGSPRESS

CA\$18.50

2 oeufs, bacon, saucisse, jambon et crêpes 2 eggs, bacon, sausage, ham and pancakes

2 OEUFS & 2 CHOIX

CA\$15.95

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

PANIER

CA\$18.50

Crêpe géante remplie de fruits frais, chocolat, crème anglaise et coulis de framboise

POUTINE PAYSANNE

CA\$19.50

2 oeufs, sauce hollandaise, bacon, saucisse, jambon, fèves, fromage cheddar, et pommes de terre. 2 eggs, hollandaise sauce, bacon, sausage, ham, beans, cheddar cheese and home fries.

Menu Eggspress

EXTRA - BACON

CA\$4.50

Crispy strips of savory bacon, a classic favorite.

SMOOTHIE LIME TWIST

CA\$6.00

framboises, ananas, mangues et lime/raspberries, pineapple, mango and lime

Dix garnitures / The Big 10

CA\$18.95

Bacon, saucisse jambon, échalottes, tomates, épinards, poivrons, asperges, oignons et fromage cheddar. / Bacon, sausage, ham, shallots, tomatoes, spinach, peppers, asparagus, onions and cheddar cheese.

Les gourmands / Gourmets

POUTINE PAYSANNE

CA\$19.50

2 oeufs, sauce hollandaise, bacon, saucisse, jambon, fèves, fromage cheddar, et pommes de terre. 2 eggs, hollandaise sauce, bacon, sausage, ham, beans, cheddar cheese and home fries.

GOURMANDISE

CA\$19.95

2 oeufs, bacon, saucisse, jambon, creton, crêpe et fève au lard 2 eggs, bacon, sausage, ham, creton, pancake and baked bean

LE LENDEMAIN

CA\$20.95

2 oeufs, bacon, saucisse, jambon, poutine eggspress au bacon 2 eggs, bacon, sausage, ham, eggspress bacon poutine

L'EGGSPRESS

CA\$18.50

2 oeufs, bacon, saucisse, jambon et crêpes 2 eggs, bacon, sausage, ham and pancakes

POUTINE PHILLY STEAK

CA\$20.50

2 oeufs, patates, steak, champignons, oignons, sauce hollandaise 2 eggs, potatoes, steak, mushroom, onions, hollandaise sauce

Menu Eggspress

TOURBILLON

CA\$18.95

2 oeufs, bacon, pain doré et une montagne de fruits frais. 2 eggs, bacon, french toast and a mountain of fresh fruits.

POUTINE MONTRÉALAISE

CA\$22.95

2 oeufs, patates, viande fumé, oignons rouges, sauce hollandaise 2 eggs, potatoes, smoked meat, onions, hollandaise sauce

BUCHERON

CA\$20.75

2 oeufs, bacon, jambon, saucisse, fèves aux lardes et saucisse italienne 2 eggs, bacon, ham, sausage, beans, and Italian sausage.

CACHOTTERIE CLASSIQUE

CA\$17.25

3 saucisse roulées au sarasin avec fromages cheddar servies avec fruits frais et mélasse 3 buckwheat sausage rolls with cheddar cheese served with fresh fruit and molasses

VERGER D'OR

CA\$20.95

2 oeufs, saucisse, demi-gauffre garnie de pommes caramélisées, crème anglaise et caramel

SOLEIL LEVANT

CA\$16.75

2 oeufs avec une crêpe farcie de jambon et fromage suisse

L'ÉVEIL

CA\$18.25

1 oeuf, jambon, fromage suisse entre deux tranches de pain doré, servi avec fruits frais 1 egg, ham, Swiss cheese between two slices of French toast, served with fresh fruit

LA CONSTRUCTION

CA\$21.25

3 oeufs, bacon, saucisse, jambon, cretons, fève au lards et demi gauffre 3 eggs, bacon, sausage, ham, cretons, baked beans and half a waffle

MARGUERITE

CA\$18.50

Brioche caramélisée à la cannelle, 1 oeuf à votre goût, bacon, montagne de fruits

Menu Eggspress

Cocorico

2 OEUFS & 2 CHOIX

CA\$15.95

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

2 OEUFS & 3 CHOIX

CA\$19.50

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

2 OEUFS & 1 CHOIX

CA\$12.25

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

1 OEUF & 2 CHOIX

CA\$14.25

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

2 OEUFS & 2 CHOCO PANCAKES

CA\$18.95

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

2 OEUFS & FRUITS FRAIS

CA\$14.50

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

1 OEUF & 1 CHOIX

CA\$11.25

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

2 OEUFS & SAUCISSE ITALIENNE

CA\$15.50

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

Menu Eggspress

2 OEUFS & SMOKED MEAT

CA\$19.95

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

1 OEUF

CA\$8.75

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

2 OEUFS

CA\$11.25

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits Served to your liking with toast, home-made potatoes, fruit

Wraps

WRAP L'EGGSPRESS

CA\$17.95

Oeufs brouillés, avocat, bacon, fromage cheddar, tomates, jalapenos et mayonnaise Scrambled eggs, avocado, bacon, cheddar cheese, tomatoes, jalapenos and mayonnaise

Wrap Viande Fumée

CA\$21.95

Oeufs brouillés, viande fumée, fromage suisse et moutarde Scrambled eggs, smoked meat, Swiss cheese and mustard

WRAP VEGETARIEN

CA\$17.95

Oeufs brouillés, champignons, oignons, poivrons, tomates, servi avec fromage cheddar Scrambled eggs, mushrooms, onions, peppers, tomatoes, served with cheddar cheese

WRAP 3 ROIS

CA\$18.50

Oeufs brouillés, bacon, jambon, saucisse, fromage cheddar et mayonnaise épicée Scrambled eggs, bacon, ham, sausage, cheddar cheese and spicy mayonnaise

WRAP PHILLY STEAK

CA\$19.50

Oeufs brouillés, steak, champignon, oignons, fromage suisse et mayonnaise épicée Scrambled eggs, steak, mushrooms, onions, Swiss cheese and spicy mayonnaise

Menu Eggspress

3 Crepes Babeurre/ 3 Pancakes

PANCAKE PEPITTE-CHOCO

CA\$16.95

Fluffy pancakes typically include chocolate chips.

PANCAKE NATURE

CA\$14.50

Three plain buttermilk pancakes, typically accompanied by pure maple syrup.

PANCAKE TRIO

CA\$16.95

Crêpes bleuets, pépites de chocolat et bananes Blueberry, chocolate chip and banana pancakes

PANCAKE SARRASIN

CA\$14.25

Buckwheat pancakes typically served with a selection of sweet or savory toppings.

PANCAKE BLEUET

CA\$16.95

Three fluffy pancakes typically include fresh blueberries and a dusting of powdered sugar.

PANCAKE BANANE

CA\$16.95

Three pancakes typically topped with fresh banana slices.

Nos sucrés salés / Our Sweet and Salty

LE DELUXE

CA\$20.50

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits, une crêpe fraises, bananes, crème anglaise et chocolat Served to your liking with toast, home-made potatoes, fruit garnish, a strawberry crepe, bananas, custard and chocolate

SUCRE SALE

CA\$18.25

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits, une crêpe bananes et chocolat Served to your liking with toast, home-made potatoes, fruit garnish, a banana and chocolate crepe

Menu Eggspress

L'EGGSPRESSION

CA\$18.95

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits, une crêpe fraise et chocolat Served to your liking with toast, home-made potatoes, fruit garnish, a strawberry and chocolate crepe

LE SUPREME

CA\$21.75

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits, une crêpe bananes, fruits des champs, crème champêtre, coulis au framboise Served to your liking with toast, homemade potatoes, fruit garnish, a banana crepe, wild berries, country cream, framboise coulis

LE STRUDEL

CA\$19.50

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits, une crêpe pommes caramélisées et caramel Served to your liking with toast, homemade potatoes, fruit garnish, a caramelized apple crepe and caramel

LE OREO

CA\$18.50

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits,, crêpe bananes, chocolat, crème anglaise et oreo Served to your liking with toast, home fries, fruit garnish, banana pancake, chocolate, custard and oreo

BANANE ROYALE

CA\$18.75

Servi à votre goût avec rôties, pommes de terre maison, garniture de fruits, une crêpe avec bananes, crème anglaise, caramel et pacanes Served to your liking with toast, home fries, fruit garnish, a crepe with bananas, custard, caramel and pecans

Omelettes

OMELETTE TROI VIANDES

CA\$18.50

Bacon, saucisse, jambon, fromage cheddar

OMELETTE VEGETARIEN

CA\$17.50

Champignon, oignons, tomates, épinards, échalotte, poivrons

OMELETTE CALIFORNIENNE

CA\$18.95

Bacon, avocats, champignons et cheddar Bacon, avocados, mushrooms and cheddar

Menu Eggspress

OMELETTE CLASSIQUE

CA\$14.50

3 oeufs avec fromage cheddar râpé 3 eggs with grated cheddar cheese

OMELETTE ITALIENNE

CA\$17.95

Saucisse italienne, champignons et cheddar

OMELETTE MÉLI-MÉLO

CA\$17.95

Choix de viande et de fromage

OMELETTE PHILLY FANATIQUE

CA\$18.50

Steak, champignons, oignons et fromage suisse

OMELETTE POPEYE

CA\$16.50

Épinards et fromage cheddar

OMELETTE WESTERN

CA\$17.00

Jambon, poivrons, oignons et tomates

OMELETTE MEDITERRANEAN

CA\$16.95

Olives noires, champignons, poivrons, oignons, tomates et fromage feta Black olives, mushrooms, peppers, onions, tomatoes and feta cheese

OMELETTE MEXICANA

CA\$17.95

Jalapenos, poivrons, oignons et fromage cheddar

SAN FRANSISCO

CA\$16.95

Champignon, tomates, échalottes et fromages brie

Menu Eggspress

Dix garnitures / The Big 10

CA\$18.95

Bacon, saucisse jambon, échalottes, tomates, épinards, poivrons, asperges, oignons et fromage cheddar. / Bacon, sausage, ham, shallots, tomatoes, spinach, peppers, asparagus, onions and cheddar cheese.

OMELETTE 3 FROMAGES

CA\$17.95

Fromage brie, cheddar et suisse Brie, cheddar and Swiss cheese

Bénédictines / Eggs Benedict

BÉNÉ 1 VIANDE 1 FROMAGE

CA\$19.50

2 oeufs pochés, choix de viande et de fromages

BENE POMMES & BRIE

CA\$21.95

2 oeufs pochés, bacon, pommes caramélisées et fromage brie

BÉNÉ SAUMON FUMÉ--SMOKED SALMON BENEDICT

CA\$21.25

2 oeufs pochés, saumon fumé, oignons rouges, capres 2 poached eggs, smoked salmon, red onions, capers

BÉNÉ BRIE & CHAMPIGNON

CA\$19.50

2 oeufs pochés, champignon et fromage brie

BÉNÉ PHILLY STEAK

CA\$21.95

2 oeufs pochés, steak, champignon, oignons et fromage suisse

BÉNÉ 3 ROIS

CA\$21.95

2 oeufs pochés, jambon, bacon, saucisse et fromage cheddar

Menu Eggspress

BÉNÉ AVOCAT

CA\$21.95

2 oeufs pochés, bacon, avocat et fromage cheddar

BÉNÉ CLASSIQUE

CA\$17.95

2 oeufs pochés, jambons

BÉNÉ GOURMET

CA\$20.95

2 oeufs pochés, bacon, épinards et fromage feta

BÉNÉ GRECQUE

CA\$19.50

2 oeufs pochés, tomates, olives noires, oignons rouges, fromages feta et origan

BÉNÉ CALABRESE

CA\$19.95

2 oeufs pochés, saucisse italiennes, champignons et fromage cheddar

BÉNÉ MONTREALAISE

CA\$23.95

2 oeufs pochés, viande fumée et fromage suisse

BÉNÉ FLORENTINE

CA\$19.00

2 oeufs pochés, cheddar, épinards. / 2 poached eggs, cheddar cheese and spinach.

BÉNÉ MYKONOS

CA\$19.95

2 oeufs pochés, fromage feta, poivrons, champignons et tomates. / 2 poached eggs, feta cheese, peppers, mushrooms and tomatoes.

Menu Eggspress

Crêpes Mincees Farcies/ Thin Crepes Stuffed

CREPES BACON & CHEDDAR

CA\$17.95

Bacon and cheddar-filled crepes. Potato options: well-cooked, no potatoes, no onions, cheese on potatoes, plain potatoes, mini poutine, half potato.

CREPES POMME & CHEDDAR

CA\$17.25

Pommes caramélisées et cheddar

SARRASIN

CA\$14.25

Buckwheat crêpes typically filled with ham, cheese, and fresh vegetables.

CREPE SARRASIN,EPINARD &CHEDDAR

CA\$17.50

Buckwheat crepe filled with fresh spinach and shredded cheddar cheese.

CREPES STEAK

CA\$18.95

Crêpe avec oeufs, steak, fromage suisse, oignons, champignons, servi avec mayonnaise épicée

CREPE NATURE

CA\$14.50

3 crêpes naturees

CREPES JAMBON EFFILOCHÉ

CA\$17.95

servi avec pommes de terres maison

Sandwichs / Sandwiches

CLUB DÉJEUNER

CA\$16.25

Sandwich à trois étages avec oeuf, fromage cheddar, tomates, laitues et bacon

Menu Eggspress

SANDWICH WESTERN

CA\$14.50

Oeufs omelette, jambon, poivron, tomates et oignons

SANDWICH B.L.T.

CA\$11.25

Bacon, lettuce, and tomato on your choice of bread, including white, brown, rye, multi-grain, English muffin, bagel, gluten-free, or house-made. Options for potatoes and mayo available.

GRILLED CHEESE 3 ROIS

CA\$17.95

Oeufs omelette, bacon, jambon, saucisse, fromage cheddar Egg omelette, bacon, ham, sausage, cheddar cheese

BAGEL DÉJEUNER

CA\$14.50

Oeufs, bacon, fromage cheddar, laitues, tomates sur bagel

Pain doré / French Toast

PAIN DORÉ FRUITS

CA\$15.95

Traditional French toast topped with a variety of fresh, seasonal fruits.

PAIN FRUITS DES CHAMPS

CA\$18.95

Fruits des champs et coulis de framboise

PAIN DORÉ NATURE

CA\$14.50

Traditional French toast made from bread soaked in a mixture of eggs and milk, then pan-fried to golden perfection. Typically served plain, without additional toppings.

PAIN DORÉ CHOCO-FRAISE

CA\$18.50

French toast typically includes chocolate and fresh strawberries.

Menu Eggspress

PAIN DORÉ BANANALICIEUX

CA\$18.25

Bananes, caramel, pacanes et crème anglaise

PAIN DORÉ CHOCO-BANANE

CA\$17.25

French toast typically includes bananas and chocolate drizzle.

Délices sucrés / Sweet Delights

FRAISE BANANE CHOCO-CREPE

CA\$18.50

Crepe filled with strawberries, bananas, and chocolate.

FRAISE CHOCO-CREPE

CA\$18.95

A crepe filled with strawberries and chocolate, typically includes whipped cream and a drizzle of chocolate sauce.

CRP BANANE-CHOCOLAT

CA\$16.50

Crepe filled with banana and chocolate, offering a delightful combination of sweet and rich flavors.

PANIER

CA\$18.50

Crêpe géante remplie de fruits frais, chocolat, crème anglaise et coulis de framboise

BRIOCHE DE RÊVE

CA\$16.25

Brioche Caramélisée a la cannelle, yogourt vanille, fruits frais, noix de grenoble Cinnamon danish, vanilla yogourt, fresh fruits, walnuts.

L'OASIS

CA\$17.50

2 crêpes et pain doré sous une montagne de fruits frais

Menu Eggspress

GRANDIOSE

CA\$17.50

crêpe remplie de fruits frais et crème anglaise



La Belle Hélène

Crepe roulée farcie de crème champêtre banane, fruits des champs et coulis de framboises. / Rolled crepe stuffed with fresh cream, banana, wildberries and raspberry coulis.

CA\$17.95



2 MUSES

2 crêpes, crème champêtre, banane, fruits de champs et coulis de framboise

CA\$19.50

Santé / Healthy Choice

Wrap santé / Healthy Breakfast Wrap

CA\$18.75

Blanc d'oeuf, épinards, tomates, avocat, fromage feta et bol de fruits frais. / Egg whites in a grilled tortilla with spinach, tomatoes, avocado and feta cheese served with a fresh bowl of fruits.

Tramway

CA\$18.75

Fruits frais mélangés avec yogourt, crème anglaise, garni de céréales croustillantes. / Fresh fruits mixed with yogurt, english cream and harvest crunch.

Déjeuner santé parfait / Perfect Healthy Breakfast

CA\$17.75

2 oeufs pochés, fruits des champs, yogourt grec, croque nature mélangé dans une coupe, servi avec pain multigrain. / 2 poached eggs, wildberries mixed with greek yogurt and harvest crunch served with multi grain bread.

Virgin Rail

CA\$16.95

2 oeufs pochés, fromage cottage, bagel et fruits frais. / 2 poached eggs, cottage cheese, bagel and fresh fruits.

KETO COCO

CA\$19.95

2 oeufs, bacon, saucisse, jambon, servi avec avocat, laitues et tomates

Menu Eggspress

Le bouquet / The Bouquet

CA\$18.25

Coupe de fruits frais, crème anglaise ou yogourt servi avec bagel et fromage à la crème. / Fresh fruits, choice of english cream or yogurt served with a bagel and cream cheese.

Le fox / The Fox

CA\$22.25

Bagel, fromage à la crème, saumon fumé, tomates, oignons, câpres et bol de fruits frais. / Bagel, cream cheese, smoked salmon, onions, capres and a fresh bowl of fruits.

Tartinade à l'Avocat

TARTINADE LE NORVEGIEN

CA\$23.50

Saumon fumé, câpres, oignons, tomates et fromage cottage

TARTINADE SANTÉ

CA\$18.25

Oignons, tomates et fromage cottage

TARTINADE BACON DELUXE

CA\$19.25

Bacon maison émietté, oignons rouges, tomates et fromage feta Chopped bacon, red onions, tomatoes and feta cheese

Poutine

POUTINE PHILLY STEAK

CA\$20.50

2 oeufs, patates, steak, champignons, oignons, sauce hollandaise 2 eggs, potatoes, steak, mushroom, onions, hollandaise sauce

POUTINE VÉGÉTARIENNE

CA\$18.95

Poivrons, oignons rouges, échalotte, tomates, champignon et épinards

POUTINE PAYSANNE

CA\$19.50

2 oeufs, sauce hollandaise, bacon, saucisse, jambon, fèves, fromage cheddar, et pommes de terre. 2 eggs, hollandaise sauce, bacon, sausage, ham, beans, cheddar cheese and home fries.

Menu Eggspress

POUTINE MONTRÉLAISE

CA\$22.95

2 oeufs, patates, viande fumé, oignons rouges, sauce hollandaise 2 eggs, potatoes, smoked meat, onions, hollandaise sauce

Gaufres

GAUFRE FRUITS DE CHAMPS

CA\$19.95

fruits des champs et coulis de framboise

GAUFRE FRUIT

CA\$16.95

A waffle typically topped with fresh strawberries, bananas, blueberries, and a drizzle of raspberry coulis.

GAUFRE OREO

CA\$18.50

Chocolat, crème anglaise, bananes et oréo

GAUFRE CHOCO-BANANE

CA\$18.25

Waffle topped with chocolate, fresh bananas, and typically includes a drizzle of Nutella.

GAUFRE CHAMPÊTRE

CA\$18.95

Crème champêtre, fraise et coulis de framboise

GAUFRE FRAISE CHOCO

CA\$19.50

Waffle typically topped with strawberries and chocolate.

Breuvages / Drinks

Boisson gazeuse / Soft Drink

CA\$2.95

Soda options: Coke, Diet Coke, Sprite, Ginger Ale, Root Beer, Orange Crush.

Menu Eggspress

Café / Coffee

CA\$2.75

Rich, aromatic blend brewed to perfection

Café au lait /Latté

CA\$5.50

Espresso with steamed milk, often finished with a small amount of foam.

Lait / Milk

CA\$3.75

Milk, typically served as a refreshing and simple beverage, often accompanies coffee or other drinks to enhance flavor.

Cappuccino

CA\$4.50

Classic espresso with steamed milk, topped with a layer of frothy foam.

Mochaccino

CA\$5.00

Espresso blended with chocolate syrup and steamed milk, typically finished with a layer of frothed milk and a sprinkle of chocolate.

Jus / Juice

CA\$4.95

A juice typically includes a blend of fresh fruits and may incorporate vegetables, offering a refreshing and nutritious beverage option.

Bouteille d'eau / Bottled Water

CA\$2.95

A bottle of water, offering hydration with its pure and simple composition.

Chocolat chaud / Hot Chocolate

CA\$4.25

Hot chocolate made with steamed milk, typically includes a blend of chocolate sauce or powder. Whipped cream may be added on top.

Vanille française / French Vanilla

CA\$5.25

A sweet and creamy beverage that combines the rich taste of coffee with the smooth flavor of French vanilla.

Menu Eggspress

Espresso

CA\$3.75

Rich, flavorful cup of espresso brewed to perfection.

Thé - Tisane / Tea - Tisane

CA\$2.75

A soothing blend of tea leaves and herbal tisane, offering a variety of flavors ranging from classic to aromatic herbal infusions.

Lait au chocolat / Chocolat Milk

CA\$4.25

Lait au chocolat is a comforting blend of milk and rich chocolate, typically served as a sweet and creamy beverage.

Jus d'orange frais pressé / Freshly Squeezed Orange Juice

CA\$6.75

Freshly squeezed orange juice, made from ripe oranges for a naturally sweet and refreshing drink.

Coulis

CREME ANGLAISE

CA\$2.95

A smooth, vanilla-flavored custard sauce typically includes milk, egg yolks, and sugar. Often served as an accompaniment to desserts.

SAUCE HOLLANDAISE

CA\$3.95

Egg yolks, butter, and lemon juice blended into a smooth, creamy sauce hollandaise. Typically used to complement dishes like eggs benedict or steamed vegetables.

SAUCE CHOCOLAT

CA\$2.95

A rich chocolate sauce typically made with cocoa, sugar, and cream, often used to enhance desserts or beverages.

SAUCE CARAMEL

CA\$2.95

Smooth caramel sauce typically includes sugar, butter, and cream, ideal for drizzling over desserts or adding to beverages.

Menu Eggspress

creme champetre

CA\$3.50

Typically includes a smooth, rich cream with a hint of sweetness, often served with a fruit coulis.

COULIS FRAMBOISE

CA\$2.95

Coulis framboise is a smooth, strained sauce made from raspberries, typically used to add a rich berry flavor to desserts.

Les eggstras / Eggstras

EXTRA - BACON

CA\$4.50

Crispy strips of savory bacon, a classic favorite.

EXTRA - SAUCISSE

CA\$4.50

Typically includes sausage, adding a savory element to your meal.

SAUMON FUME

CA\$8.50

Smoked salmon typically served with capers, red onions, and cream cheese.

EXTRA - POMMES DE TERRE

CA\$3.75

Chopped and seasoned potatoes, typically fried or roasted, adding a hearty element to any meal.

EXTRA - OEUF

CA\$1.95

Various styles of eggs, including soft, medium, or hard-poached, scrambled, omelettes, or egg whites.

EXTRA - P. DORÉ

CA\$3.50

French toast with maple syrup.

Menu Eggspress

BRIOCHE

CA\$4.50

EXTRA - FÈVES

CA\$4.50

Cooked beans, often used as a side or added to dishes for extra texture and flavor.

EXTRA - PANCAKE

CA\$4.25

Buttermilk pancake, typically includes maple syrup and optional toppings.

EXTRA - CREPE

CA\$3.50

Crepe typically includes a thin pancake filled with various ingredients like fruits, nutella, or cheese.

TOAST

CA\$2.25

Various bread choices including white, rye, multigrain, English muffin, bagel, gluten-free, and house bread. Options available with or without butter.

1/2 AVOCAT

CA\$2.50

Typically includes ripe avocado, often added to enhance dishes with its creamy texture and subtle flavor.

PAIN MENAGE

CA\$1.25

Typically includes a variety of breads, often served with butter or preserves.

creme champetre

CA\$3.50

Whipped cream typically served as a light, airy topping.

DEMI GAUFFRE

CA\$6.99

Half waffle typically served with a folded egg, sautéed spinach, turkey ham, tomato, swiss cheese, and avocado.

Menu Eggspress

FRUIT (BOL)

CA\$6.50

Fresh seasonal fruits such as pineapple, strawberries, bananas, grapes, melon, and green apples served in a bowl.

GRAND CRETON

CA\$5.00

Ground pork spread typically includes onions, spices, and herbs.

SIROP D'ÉRABLE

CA\$2.95

Maple syrup: 100% natural and from Quebec.

banane

CA\$2.00

Sliced bananas typically served as a simple, fresh addition to your meal.

AJOUT. CHEDDAR RAPÉ

CA\$3.50

Shredded cheddar cheese, typically added to enhance any dish with a rich, creamy flavor.

BOLOGNE

CA\$5.00

Thinly sliced bologna, typically includes eggs, served as an extra protein option.

CHANGEZ CREPE AVEC FRUIT POUR GAUFFRE

CA\$5.00

Waffle typically topped with fresh strawberries, bananas, blueberries, and raspberry coulis.

EXTRA - 2 CHEDDAR TRANCHE

CA\$3.95

Two slices of cheddar cheese, typically added to enhance any dish.

EXTRA - 2 SUISSE TRANCHE

CA\$3.95

Swiss cheese slices, typically served as an addition to any dish.

Menu Eggspress

EXTRA - JAMBON

CA\$4.50

Typically includes ham, often used to enhance various dishes with its savory flavor.

EXTRA LEGUME

CA\$2.95

Typically includes a variety of seasonal vegetables, often sautéed or grilled, to complement any meal.

FROMAGE FETA

CA\$3.95

Crumbled feta cheese, known for its tangy and creamy texture, typically paired with herbs and olive oil.

FROMAGE A LA CREME

CA\$2.75

Cream cheese spread typically served on a bagel or toast.

NO DECO PLUS TOMATE

CA\$1.00

Tomato: Fresh, hand-cut tomatoes typically added to enhance any dish.

OIGNONS

CA\$1.95

Sautéed onions typically served as a savory addition to enhance your meal.

PETIT CRETON

CA\$2.50

Petit creton: Typically includes seasoned pork spread, often enjoyed with bread or toast.

RAMEQUIN FRUIT

CA\$4.95

Fresh fruit ramekin: Typically includes a mix of seasonal fruits such as strawberries, blueberries, and melon, served in a small, individual-sized dish.

ramq fraise

CA\$6.00

Homemade French croissant filled with fresh strawberries.

Menu Eggspress

SAUCE CARAMEL

CA\$2.95

Caramel sauce, a rich and smooth topping typically made from melted sugar, butter, and cream, adds a sweet touch to any dish.

SARRAZIN 1.00

CA\$1.00

Buckwheat crepe, typically filled with savory ingredients like ham, cheese, or eggs.

ramq fruits champs

CA\$6.00

A medley of strawberries, blueberries, and raspberries, typically accompanied by a light yogurt.

SAUCISSE ITALIENNE

CA\$4.50

Italian sausage: Typically includes mild sausage, peppers, onions, mushrooms, and cheese.

SMALL BINE

CA\$2.50

Mini omelette with a blend of mushrooms, spinach, and cheese.

TOMATE

CA\$2.50

Freshly sliced tomatoes, typically added to enhance any dish with a burst of flavor.

VIANDE FUME

CA\$9.50

Mixed vegetables such as bell peppers, mushrooms, onions, asparagus, spinach, tomatoes, shallots, and jalapeños.

SAUCE HOLLANDAISE

CA\$3.95

Sauce made from egg, butter, and lemon.

1 fromage jaune

CA\$2.00

Typically includes a slice of yellow cheese, often cheddar, served as an additional option to complement your meal.

Menu Eggspress

Smoothies

SMOOTHIE PINK LADY

fraises, bananes, yogourt/straberries, banana, yogourt

CA\$6.00

SMOOTHIE MANGO A GOGO

mangues, ananas, yogourt/mango, pineapple, yogourt

CA\$6.00

SMOOTHIE PÊCHÉ MIGNON

peches, framboises, yogourt/peach, raspberries, yogourt

CA\$6.00

SMOOTHIE FRUITS DES CHAMPS

fraises, bleuets, framboises, yogourt/strawberries, blueberries, raspberries, yogourt

CA\$6.00

SMOOTHIE BANANA MAMA

ananas, bananes et melange coconut/pineapple, banana and coconut mix

CA\$6.00

POPEYE

ananas, peches, épinards, yogourt/pineapple, peach, spinach, yogourt

CA\$6.00

SMOOTHIE LIME TWIST

framboises, ananas, mangues et lime/raspberries, pineapple, mango and lime

CA\$6.00

Petit appétit / Small Appetite

Assiette fèves aux lards / Beans Platter

Servi avec pommes de terre et rôties. / Served with home fries and toast.

CA\$7.95

Menu Eggspress

Rôties et fromage / Toast and Cheese

CA\$6.50

Choix de cheddar ou suisse. / Choice of cheddar or swiss cheese.

Bagel et café / Bagel and Coffee

CA\$5.75

Servi avec pommes de terre. / Served with home fries.

Rôties et café / Toast and Coffee

CA\$5.25

Servi avec pommes de terre. / Served with home fries.

Assiette cretons / Cretons

CA\$8.95

Servi avec pommes de terre et rôties. / Served with home fries and toast.

Bagel fromage a la crème / Bagel and Cream Cheese

CA\$7.25

Servi avec pommes de terre. / Served with home fries

Temps des sucres

LA CABANE

CA\$24.95

LA SUCRERIE

CA\$20.95

POUTINE ERABLIERE

CA\$20.95

Menu Eggspress

COMBO ANCIEN TEMP

CA\$20.95

CREPE/SEIGNEURIE

CA\$20.95
