

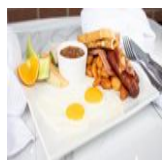


Menu

Bénédictine

102 Bd Saint-Jean-Baptiste local 61, Châteauguay, QC J6K 3A7, Canada | (450) 201-1766

Most Ordered



Deux oeufs avec un choix de viande / Two Eggs with Choice of Meat CA\$12.99

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Poutine déjeuner / Breakfast Poutine

CA\$17.99

Dans un grand bol, nos fameuses patates déjeuner, bacon, saucisses, jambon coupé en petits morceaux, sauce hollandaise, fromage mozzarella et deux oeufs à votre goût. / In a large bowl, our famous breakfast potatoes, bacon, sausages, ham cut into small pieces, hollandaise sauce, mozzarella cheese and two eggs your way.

L'expertise / The Expertise

CA\$16.99

Deux oeufs, deux bacon, deux saucisse, deux jambon, cretons, fèves au lard choix de (pain doré, crêpe ou gaufre) / Two eggs, two bacon, two sausage, two ham, cretons, baked beans, choice of (French toast, pancake or waffle).

Saucisses / Sausages (3 pièces / 3 Pieces)

CA\$4.99

Three pieces of sausages, typically seasoned and cooked to enhance their natural flavors.

Bacon / (4 tranches / 4 Slices)

CA\$4.99

Four slices of bacon, prepared to bring out a rich, savory taste.

Le brunch / The Brunch

CA\$18.99

Deux oeufs, deux bacons, deux saucisses, deux jambons, cretons, fèves au lard, un crêpe et un pain doré. / Two eggs, two bacon, two sausages, two hams, cretons, baked beans, a pancake and French toast.

Patates / Potatoes

CA\$5.99

Potatoes, lightly seasoned and typically includes a mix of herbs for added flavor. Prepared as a breakfast side dish.

Menu Bénédictine

Travailleur / Worker

CA\$18.99

Quatre oeufs, deux tranches de bologne, deux tranches jambon, deux saucisses, deux bacon, fèves au lard, cretons, pommes de terre maison, fruits frais, rôtis et café / Four eggs, two slices of bologna, two slices of ham, two sausages, two bacon, baked beans, cretons, homemade potatoes, fresh fruit, roasts and coffee.

Le séducteur / The Seducer

CA\$17.99

Une moitié gaufre aux fraise et bananes, recouvert de chocolaté aux noisettes et crème anglaise, deux oeufs et choix d'un viande. / One half strawberry and banana waffle, covered with hazelnut chocolate and custard, two eggs and choice of meat.

Crêpe fraise bananes / Strawberry And Banana Crepe

CA\$16.99

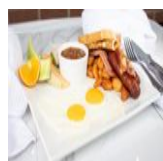
Crêpe avec fraises, bananes, crème anglaise et chocolat. / Pancake with strawberries, bananas, custard and chocolate.

Our eggspériences / Our Eggsperiences

Trois oeufs avec un choix de viande / Three Eggs with Choice of Meat

CA\$14.99

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Deux oeufs avec un choix de viande / Two Eggs with Choice of Meat

CA\$12.99

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Un oeuf avec un choix de viande / One Egg with Choice of Meat

CA\$9.99

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Trois oeufs avec viande fumée / Three Eggs with Smoked Meat

CA\$15.99

/ Les choix de viande: bacon, saucisse ou jambon.

Our récréations / Our Recreations

Deux oeufs, un choix de viande, crêpe aux fraises, bleuets, framboises et crème anglaise / Two Eggs with Choice of Meat, Strawberry and Blueberry Crepe with Custard

CA\$16.99

Two eggs with choice of bacon, ham, or sausage. Paired with crepe filled with strawberries, blueberries, raspberries, and custard. Eggs cooked to preference: over hard, scrambled, sunny-side up, over easy, or over medium.

Menu Bénédictine

Deux oeufs, un choix de viande, crêpe aux bananes et crème pâtissière / Two Eggs with Choice of Meat, Banana Crepe and Custard ~~CA\$19.99~~ **CA\$16.99**

Two eggs, choice of bacon, ham, or sausage. Served with banana crepe, custard. Eggs: over hard, scrambled, sunny-side up, over easy, over medium.

Deux oeufs avec un choix de viande, deux tranches pain doré, bananes et caramel / Two Eggs with Choice of Meat, Two Golden-brown French Toasts, Bananas and Caramel ~~CA\$16.99~~ **CA\$14.99**

Two eggs, choice of bacon, ham, or sausage. Includes golden-brown French toast, bananas, caramel. Eggs cooked to preference: over hard, scrambled, sunny-side up, over easy, or over medium.

Deux oeufs avec un choix de viande, une moitié brioche petits fruits et chocolat blanc / Two Eggs with Choice of Meat, Half a Brioche with Berries and White Chocolate ~~CA\$19.99~~ **CA\$16.99**

Two eggs, choice of bacon, ham, or sausage. Includes half a brioche with berries and white chocolate. Egg styles: over hard, scrambled, sunny-side up, over easy, over medium.

Deux oeufs, un choix de viande, crêpe aux fruits frais et crème pâtissière / Two Eggs with Choice of Meat, Fresh Fruit Crepe and Custard ~~CA\$16.99~~ **CA\$14.99**

Two eggs any style, choice of bacon, ham, or sausage, served with a fresh fruit crepe and custard.

Deux oeufs, un choix de viande, crêpe aux épinards et cheddar / Two Eggs with Choice of Meat, Spinach and Cheddar Crepe ~~CA\$16.99~~ **CA\$14.99**

Two eggs prepared your way; choose from bacon, ham, or sausage. Served with a spinach and cheddar crêpe. Options for eggs include over hard, scrambled, sunny-side up, over easy, or over medium.

Nos omelettes / Our Omelettes

Omelette en étage / Omelette On The Floor

CA\$17.99

Galette de patate, omelette western, salsa, un oeuf poché et sauce hollandaise. / Hash brown, Western omelet, salsa, 1 poached egg and hollandaise sauce.

Omelette Santorini /

CA\$16.99

Pinards, tomates, oignons et fromage feta. / Pineapple, tomatoes, onions and feta cheese.

Omelette western / Western Omelet

CA\$15.99

Jambon, poivrons et oignons / Ham, peppers and onions.

Menu Bénédictine

Omelette nature / Plain Omelet

CA\$13.99

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Omelette avec choix de fromage / Omelet with Choice of Cheese

CA\$14.99

Omelet served with your choice of cheddar, yellow, or Swiss cheese.

Omelette avec un choix de viande et une choix de fromage / Omelet with a Choice of Meat and

CA\$15.99

Viande: bacon, saucisse ou jambon. Fromage: cheddar, suisse ou jaune / Meat: bacon, sausage or ham.
Cheese: Cheddar, Swiss or yellow cheese.

Omelette popeye / Popeye Omelette

CA\$15.99

Omelette aux épinards et fromage cheddar / Spinach and Cheddar cheese omelet.

Omelette végétarienne / Vegetarian Omelet

CA\$15.99

Vegetarian. Oignons, poivrons, tomates, champignons, épinards. / Onions, peppers, tomatoes, mushrooms and spinach.



Omelette asperges, jambon et fromage suisse / Asparagus, Ham and Swiss Cheese

CA\$15.99

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Omelette champignons, tomates et fromage suisse / Mushroom, Tomato and Swiss Cheese O

CA\$15.99

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Omelette norvégienne / Norwegian Omelette

CA\$18.99

Saumon fumée, oignons, épinards, câpres, et fromage cheddar / Smoked salmon, onions, spinach, capers, and Cheddar cheese.

Omelette denver / Denver Omelet

CA\$16.99

Omelette western, fromage cheddar, salsa et fèves au lard / Western omelette, Cheddar cheese, salsa and baked beans.

Menu Bénédictine

Omelette warwick / Warwick Omelette

CA\$15.99

Tomates sèches, échalotes et fromage suisse. / Dried tomatoes, shallots and Swiss cheese.

Omelette bénédicte / Benedictine Omelette

CA\$16.99

Avocats, épinards et fromage cheddar / Avocado, spinach and Cheddar cheese.

Our assiettes traditionnelles / Our Traditional Plates

L'expertise / The Expertise

CA\$16.99

Deux oeufs, deux bacon, deux saucisse, deux jambon, cretons, fèves au lard choix de (pain doré, crêpe ou gaufre) / Two eggs, two bacon, two sausage, two ham, cretons, baked beans, choice of (French toast, pancake or waffle).

Le brunch / The Brunch

CA\$18.99

Deux oeufs, deux bacons, deux saucisses, deux jambons, cretons, fèves au lard, un crêpe et un pain doré. / Two eggs, two bacon, two sausages, two hams, cretons, baked beans, a pancake and French toast.

Travailleur / Worker

CA\$18.99

Quatre oeufs, deux tranches de bologne, deux tranches jambon, deux saucisses, deux bacon, fèves au lard, cretons, pommes de terre maison, fruits frais, rôtis et café / Four eggs, two slices of bologna, two slices of ham, two sausages, two bacon, baked beans, cretons, homemade potatoes, fresh fruit, roasts and coffee.

Poutine déjeuner / Breakfast Poutine

CA\$17.99

Dans un grand bol, nos fameuses patates déjeuner, bacon, saucisses, jambon coupé en petits morceaux, sauce hollandaise, fromage mozzarella et deux oeufs à votre goût. / In a large bowl, our famous breakfast potatoes, bacon, sausages, ham cut into small pieces, hollandaise sauce, mozzarella cheese and two eggs your way.

Le séducteur / The Seducer

CA\$17.99

Une moitié gaufre aux fraise et bananes, recouvert de chocolaté aux noisettes et crème anglaise, deux oeufs et choix d'un viande. / One half strawberry and banana waffle, covered with hazelnut chocolate and custard, two eggs and choice of meat.

Skillet / Poêle

CA\$15.99

Dans une cassolette, bacon, saucisse, jambon coupé en petite morceaux, pommes de terre maison et sauce hollandaise, le tout gratiné avec fromage mozzarella avec deux oeufs de votre choix. / In a cassolette, bacon, sausage, ham cut into small pieces, homemade potatoes and hollandaise sauce, all au gratin with mozzarella cheese and two eggs your way.

Menu Bénédictine

Marcel

CA\$14.99

Deux oeuf avec un choix de viande, cretons et fèves au lard / Two eggs with a choice of meat, cretons and beans with bacon.

Déjeuner santé / Healthy Breakfast

CA\$15.99

Un oeuf poché, fromage cottage, bol de fruits, bagel, fromage la crème. / One poached egg, cottage cheese, bowl of fruit, bagel, cream cheese.

Assiette exceptionnelle / Exceptional Plate

CA\$15.99

Club déjeuner, oeuf, fromage cheddar, bacon, salade et tomates / Breakfast club, egg, Cheddar cheese, bacon, salad and tomatoes.

Le québécoise / The Quebecuan

CA\$17.99

Trois oeufs, choix de deux viandes, cretons et fèves au lard. / Three eggs, choice of two meats, cretons and beans with bacon.

Allo montréal / Hello Montreal

CA\$13.99

Deux oeufs avec un choix de viande et fèves au lard / Two eggs with a choice of meat and baked beans.

Our étoiles / Our Stars

Wrap bénédicte / Benedictine Wrap

CA\$18.99

Dans un tortilla, Philly steak, oignons, oeuf brouillés, fromage suisse, mayo, bol de fruits. / In a tortilla, Philly steak, onions, scrambled egg, Swiss cheese, mayo, bowl of fruit.



Wrap Atlantique / Atlantic Wrap

CA\$18.99

Dans un tortilla, fromage à la crème, saumon fumé, oignons, câpres, avocats, salade, mayo, bol de fruits frais, crème anglaise et pommes de terre maison / In a tortilla, cream cheese, smoked salmon, onions, capers, avocados, salad, mayo, bowl of fresh fruit, custard and homemade potatoes.

L'Assiette combinée / The Combined Plate

CA\$19.99

Montagne de fruits frais, bagel, saumon fumé, oignons, câpres, fromage à la crème et pommes de terre maison / Fresh fruit mountain, bagel, smoked salmon, onions, capers, cream cheese and homemade potatoes.

Menu Bénédictine

Crêpe spécial de chez nous / Special Homemade Crepe

CA\$18.99

Crêpe épinards, fromage cheddar, sauté d'oignons, tomates, saumon fumée, sauce hollandaise, fromage feta, 2 œufs miroirs, bol de fruits frais et pommes de terre maison. / Crêpe with spinach, cheddar cheese, sautéed onions, tomatoes, smoked salmon, hollandaise sauce, feta cheese, two eggs sunny-side up, bowl of fresh fruit and our famous breakfast potatoes.

Pile de muffin aux œufs / Egg Muffin Stacks

CA\$17.99

Muffin anglais, hamburger végétarien, tomates grillées, mini omelette aux épinards, fromage cheddar, blanc d'œuf, fromage jaune et asperges grillées. / Egg muffin stacks on English muffin, vegetarian hamburger, grilled tomatoes, small egg omelet (egg white) with spinach and cheddar cheese, yellow cheese and grilled asparagus.

Rangers /

CA\$18.99

Sur pain seigle, salade tomates, avocats, fromage feta, roquette, pesto, graines de citrouilles, deux œufs pochés, bol de fruits frais et pomme de terre maison / On rye bread, tomato salad, avocado, feta cheese, arugula, pesto, pumpkin seeds, two poached eggs, bowl of fresh fruit and our famous breakfast potatoes.

Coco Campbell

CA\$18.99

Sur pain seigle, avocats, sauté de tomates cerises, fines herbes, deux œufs pochés, graines de citrouille, graines de sésame, roquette, bol de fruits frais et pomme de terre maison / On rye bread, avocado, sautéed cherry tomatoes, herbs, two poached eggs, pumpkin seeds, sesame seeds, arugula, bowl of fresh fruit and our famous breakfast potatoes.

Sandwich oh-là-là /

CA\$17.99

Sur pain ménage, grilled cheese, omelette western, fromage jaune, salade tomates, mayo, sirop de chocolat, bol de fruits frais et pommes de terre maison / On homemade bread, grilled cheese, Western omelette, yellow cheese, tomato salad, mayo, chocolate syrup, bowl of fresh fruit and our famous breakfast potatoes.

Le superstar / The Superstar

CA\$17.99

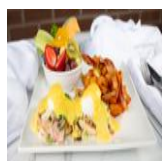
Une moitié brioche, une moitié gaufre, un pain doré avec fraises, framboises, bleuets, bananes et crème anglaise / Half brioche, half waffle, french toast with strawberries, raspberries, blueberries, bananas and custard.

Le cascade aux fruits / The Fruit Waterfall

CA\$18.99

Un grande crêpe, deux pain doré, une moitié brioche, le tout recouvert avec fruits frais, chocolaté, crème anglaise, coulis de fraise et croque nature. / One large pancake, two french toast, half a brioche, all covered with fresh fruit, chocolate, custard, strawberry coulis and harvest crunch.

Our spécialités / Our Specialties



Béné boise / Boise Benedict

CA\$18.99

Deux œufs pochés sur muffin anglais, jambon, champignons sautés, échalotes et fromage suisse / Two poached eggs on English muffin, ham, sautéed mushrooms, shallots and Swiss cheese.

Menu Bénédictine

Béné Genève / Geneva Benedict

CA\$18.99

Deux oeufs pochés sur muffin anglais, épinards, tomates, asperges, jambon et fromage suisse. / Two poached eggs on English muffin, spinach, tomatoes, asparagus, ham and Swiss cheese.

Le bénédicte régulier / The Regular Benedict

CA\$16.99

Deux oeufs pochés sur muffin anglais, votre choix d'une viande et votre choix d'un fromage. / Two poached eggs on an English muffin, your choice of meat and your choice of cheese.

Bénédictes amateur de viande / Meat Lover Benedict

CA\$19.99

Trois oeufs pochés sur muffin anglais avec trois viandes (bacon, saucisses et jambon) et trois fromages (cheddar, suisse et jaune) / Three poached eggs on English muffin with three meats (bacon, sausage and ham) and three cheeses (Cheddar, Swiss and yellow).

Béné paradis / Paradise Benedict

CA\$19.99

Deux oeufs pochés sur muffin anglais, saumon fumé, avocats et fromage brie / Two poached eggs on English muffin, smoked salmon, avocado and brie cheese.

Béné québécoise / Quebecuan Benedict

CA\$19.99

Deux oeufs pochés sur muffin anglais, saumon fumé, viande fumée et fromage suisse / Two poached eggs on English muffin, smoked salmon, smoked meat and Swiss cheese.

Béné brie champignons / Brie Mushrooms Benedict

CA\$17.99

Deux oeufs pochés sur muffin anglais, champignons sautées et fromage brie. / Two poached eggs on English muffin, sautéed mushrooms and brie cheese.

Béné parisienne / Parisian Benedict

CA\$17.99

Deux oeufs pochés sur muffin anglais, épinards, champignons sautées et fromage cheddar / Two poached eggs on English muffin, spinach, sautéed mushrooms and Cheddar cheese.

Béné rockefeller / Rockefeller Benedict

CA\$17.99

Deux oeufs pochés sur muffin anglais, jambon, épinards et fromage cheddar. / Two poached eggs on English muffin, ham, spinach and Cheddar cheese.

Béné californie / California Benedict

CA\$17.99

Deux oeufs pochés sur muffin anglais, piments, oignons et fromage feta / Two poached eggs on English muffin, peppers, onions and feta cheese.

Menu Bénédictine

Béné jardinier / Gardener Benedict

CA\$17.99

Deux oeufs pochés sur muffin anglais, épinards, oignons, tomates, champignons, piments et fromage cheddar / Two poached eggs on English muffin, spinach, onions, tomatoes, mushrooms, peppers and Cheddar cheese.

Béné trivette / Trivette Benedict

CA\$18.99

Deux oeufs pochés sur muffin anglais, sautée de crevettes matane avec épinards et fromage cheddar / Two poached eggs on English muffin, sautéed shrimp matane with spinach and Cheddar cheese.

Béné hawaïenne / Hawaiian Benedict

CA\$17.99

Deux oeufs pochés sur muffin anglais, jambon, ananas grillée et fromage cheddar / Two poached eggs on English muffin, ham, grilled pineapple and Cheddar cheese.

Béné tex mex / Tex Mex Benedict

CA\$18.99

Deux oeufs pochés sur muffin anglais, viande fumée, épinards et fromage suisse / Two poached eggs on English muffin, smoked meat, spinach and Swiss cheese.

Béné New York / New York Benedict

CA\$18.99

Deux oeufs pochés sur muffin anglais, philly steak, asperges et fromage suisse / Two poached eggs on English muffin, philly steak, asparagus and Swiss cheese.

Our crêpes / Our Crepes

Crêpe fraise bananes / Strawberry And Banana Crepe

CA\$16.99

Crêpe avec fraises, bananes, crème anglaise et chocolat. / Pancake with strawberries, bananas, custard and chocolate.

Crêpe nature / Plain Crêpe

CA\$14.99

A plain crêpe, lightly dusted with powdered sugar, offering a simple yet classic taste.



Crêpe fruitopia / Fruitopia Crepe

CA\$16.99

Crêpe aux fruits frais et crème anglaise / Pancake with fresh fruit and custard.

Menu Bénédictine

Crêpe Bananaient / Banana Crêpe

CA\$16.99

Crêpe avec bananes, chocolat et crème anglaise / Pancake with bananas, chocolate and custard.

Our crêpes campagnardes / Our Country Pancakes

Crêpe bénédicte / Benedictine Crepe

CA\$16.99

Crêpe aux épinards et cheddar, farcie aux oignons caramélisés et tomates grillées / Spinach and Cheddar cheese pancake, stuffed with caramelized onions and grilled tomatoes.

Crêpe jambons et poires bries / Crepe With Ham, Pears And Brie

CA\$17.50

A delicate crepe filled with savory ham, sweet pears, and creamy brie, offering a harmonious blend of flavors.

Crêpe épinards et fromage cheddar / Spinach and Cheddar Cheese Crepe

CA\$15.99

Spinach and cheddar cheese crepe typically includes a soft, thin pancake filled with fresh spinach and melted cheddar cheese.

Crêpe du boucher / Butcher's Crepe

CA\$15.99

Crêpe avec un choix de viande et avec un choix de fromage. / Pancake with a choice of meat and with a choice of cheese.

Our pains dorés / Our French Toast

Pain doré aux fruits frais / French Toast With Fresh Fruit

CA\$15.99

Avec choix d'accompagnement. / With choice of side.

Pain doré nature / Plain French Toast

CA\$13.99

Golden bread soaked and cooked to a tender finish, typically accompanied by a light dusting of powdered sugar.

Pain doré avec un choix de fruits frais / French Toast with Choice of Fresh Fruit

CA\$15.99

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Menu Bénédictine

Our gaufres / Our Waffles



Gaufre fruittopia / Fruittopia Waffle

CA\$16.99

Gaufres et fruits frais avec choix d'accompagnement. / Waffles and fresh fruit with your choice of side.

Gaufre banana choco / Banana Choco Waffle

CA\$15.99

Gaufre aux bananes et au chocolat / Chocolate banana waffle.

Gaufre fraise banana choco / Strawberry Banana Chocolater Waffle

CA\$15.99

Gaufre aux fraises, bananes et chocolat. / Strawberry, banana and chocolate waffle.

Gaufre nature / Waffle Nature

CA\$14.99

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Our à votre santé! / Our Hey Cheers!

La fraisinette / The Strawberry Bush

CA\$16.99

Mélange de yogourt et coulis de fraises, fraiches, croque nature et une petite crêpe / Mixture of yogurt and strawberry coulis, fresh, harvest crunch and a small pancake.

Le parfait / The Perfect

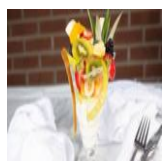
CA\$15.99

Yogourt, coulis de fraises, yogourt, chocolat, bananes, croque nature et crème fouettée / Yogurt, strawberry coulis, yogurt, chocolate, bananas, harvest crunch and whipped cream.

Double plaisir / Double Pleasure

CA\$16.99

Bol de fraises, bananes, fromage cottage, croque nature et miel / Bowl of strawberries, bananas, cottage cheese, harvest crunch and honey.



Yogourt aux fruits frais / Fresh Fruit Yogurt

CA\$15.99

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Menu Bénédictine

Assiette bénédicte / Benedictine Plate

CA\$15.99

Bol de gruau, yogourt la vanille, croque nature, bol de fraises, bananes et fromage cottage / Bowl of oatmeal, vanilla yoghurt, harvest crunch, strawberry, bananas and cottage.

Our les divers / Our Miscellaneous

Fromage grillé / Grilled Cheese

CA\$8.99

Bacon et nos fameuses pommes de terre maison / Bacon and our famous breakfast potatoes.

Muffin aux oeufs / Egg Muffin

CA\$9.99

Oeuf crevé, jambon, fromage jaune et nos fameuses patates déjeuner / Fried egg, ham, yellow cheese and our famous breakfast potatoes.

Brioche nature / Plain Brioche

CA\$7.99

Soft, buttery brioche bread, typically made with eggs and dairy, offering a mild, slightly sweet flavor.

B.L.T. /

CA\$9.99

Oeuf crevé, choix d'un fromage et nos fameuses patates déjeuner / Flat egg, choice of cheese and our famous breakfast potatoes for lunch.

Bagel fromage à crème / Cream Cheese Bagel

CA\$7.99

A bagel generously spread with smooth cream cheese.

Rôtie, café et confiture / Toast, Coffee and Jam

CA\$7.25

Served with a side of jam, this dish presents a simple yet satisfying combination of toast paired with a freshly brewed cup of coffee.

Our la fraîcheur du printemps / Our Spring Freshness

Jus d'orange frais pressé / Freshly Squeezed Orange Juice (1 L)

CA\$17.99

100% freshly squeezed orange juice, made without added sugars or preservatives, offering a natural and refreshing taste.

Menu Bénédictine

Jus d'orange ou pamplemousse frais pressé / Freshly Squeezed Orange or Grapefruit Juice ~~CA\$17.99~~

Freshly squeezed juice, choice of orange or grapefruit.

Jus d'orange régulier / Regular Orange Juice (1 L) CA\$14.99

Freshly squeezed from select oranges, this regular orange juice captures the essence of spring with its natural sweetness and vibrant flavor.

Our superhéros / Our Superheroes

Crêpe bananes / Banana Pancake CA\$10.99

Thin, delicately folded crepe with ripe banana filling. Served with a choice of small apple, peach, grape, tomato juice, or milk for the perfect complement.

Gaufre aux fruits frais / Waffle with Fresh Fruit CA\$10.99

Waffle topped with fresh fruit. Comes with a choice of small apple, peach, grape, tomato juice, or milk.

Un oeuf avec bacon, saucisse ou jambon / One Egg with Bacon, Sausage or Ham ~~CA\$10.99~~

One egg accompanied by choice of bacon, ham, or sausage. Includes small drink selection: apple, peach, grape, tomato juice, or milk.

Crêpe aux fruits frais / Crêpe With Fresh Fruit CA\$10.99

Fresh fruit crêpe served with your choice of small apple, peach, grape, tomato juice, or milk.

Crêpe fraises et choco / Strawberry And Chocolate Crepe CA\$10.99

Strawberry and chocolate crepe, served with choice of small apple, peach, grape, or tomato juice, or milk.

Pain doré aux fruits frais / French Toast With Fresh Fruit CA\$10.99

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Menu Bénédictine

Crêpe aux fruits frais / Pancake with Fresh Fruit

CA\$10.99

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Gaufre aux fruits frais / Waffle with Fresh Fruit

CA\$10.99

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Omelette au fromage jaune / Omelette with Yellow Cheese

CA\$10.99

Omelette folded with melted yellow cheese; variety of small drinks: apple, peach, grape, tomato juice, or milk.

Pain doré aux fruits frais / French Toast with Fresh Fruit

CA\$10.99

Avec choix d'accompagnement. / with choice of side.

Our les extras / Our Extras

Patates / Potatoes

CA\$5.99

Potatoes, lightly seasoned and typically includes a mix of herbs for added flavor. Prepared as a breakfast side dish.

Saucisses / Sausages (3 pièces / 3 Pieces)

CA\$4.99

Three pieces of sausages, typically seasoned and cooked to enhance their natural flavors.

Bacon / (4 tranches / 4 Slices)

CA\$4.99

Four slices of bacon, prepared to bring out a rich, savory taste.

Sirop d'érable / Maple Syrup

CA\$3.99

A sweet condiment, often made from the sap of sugar maple trees, traditionally served with breakfast dishes.

Menu Bénédictine

Cretons /

CA\$3.00

A French-Canadian pork spread lightly seasoned with onions, garlic, and spices, typically served on bread.

Rôties ménage / Household Toast

CA\$2.50

Sliced bread toasted to a golden brown, typically accompanied by a selection of spreads such as butter and jam.

Croque nature / Harvest Crunch

CA\$2.99

Ham and Gruyère cheese between slices of toasted bread, typically served with a sprinkle of herbs.

Gruau / Oatmeal

CA\$4.00

Oatmeal, typically served with a selection of toppings such as fresh fruit, nuts, and a sweetener like honey or maple syrup.

Fromage cottage / Cottage Cheese

CA\$3.99

Soft white cheese made from soured milk curds, offering a mild, creamy texture.

Jambon / Ham (3 tranches / 3 Slices)

CA\$4.99

Three slices of ham atop a classic pizza base, typically complemented with a selection of cheeses and a hint of tomato sauce.

Viande fumée / Smoked Meat

CA\$4.00

Smoked meat, typically served as a hearty portion, focusing on the rich flavors of the meat itself.

Saumon fumée / Smoked Salmon

CA\$7.00

Smoked salmon paired with choice of bacon, ham, or sausage.

Crème anglaise / Custard

CA\$3.99

Silky smooth custard sauce, often served as a complement to desserts.

Menu Bénédictine

Yahourt / Yogurt

CA\$3.99

Yogurt served as a simple, yet satisfying dish, often accompanied by a variety of toppings such as fresh fruits, granola, and honey.

Fromage suisse / Swiss Cheese

CA\$3.99

Slices of Swiss cheese, typically enjoyed as an addition to various breakfast dishes.

Fromage cheddar / Cheddar Cheese

CA\$3.99

This dish features a serving of rich cheddar cheese, typically included as an addition to enhance various breakfast items.

Fromage à la crème / Cream Cheese

CA\$2.50

Cream cheese served as a simple, yet classic breakfast condiment.

Chocolat / Chocolate

CA\$3.99

Chocolate chips and chocolate sauce typically included, catering to those who appreciate a rich chocolate flavor.

Coulis de fraises / Strawberry Coulis

CA\$3.99

A smooth blend of pureed strawberries, typically served as a sweet and tangy addition to enhance various breakfast dishes.

Muslix /

CA\$2.99

Muslix typically includes a mix of rolled oats, nuts, and dried fruits, often served with milk or yogurt.

Fèves au lard / Baked Beans

CA\$4.00

Baked beans traditionally cooked with a blend of spices, often accompanied by pieces of pork or bacon for added flavor.

Rôties / Toast

CA\$2.00

Served as two slices of your choice of bread, such as honey wheat, sourdough, or rye.

Menu Bénédictine

Our breuvages / Our Beverages

Smoothie /

CA\$3.99

Blended to a smooth consistency, this beverage typically includes a variety of fruits and may be enhanced with ingredients like yogurt, honey, or almond milk.

Lait au chocolat / Chocolate milk

CA\$3.99

Chocolate milk is a sweet beverage made by blending milk with chocolate syrup or cocoa, creating a comforting and familiar taste.

Cappuccino glacé / Iced Cappuccino

CA\$3.50

Espresso and frothed milk served over ice, typically includes a dash of cinnamon for added flavor.

Jus de tomate / Tomato Juice

CA\$3.50

Tomato juice, typically includes a blend of fresh tomatoes and may contain a hint of seasoning to enhance its natural taste.

Vanille française / French Vanilla

CA\$3.50

French vanilla typically includes a rich blend of vanilla flavor, often combined with cream or milk to create a smooth, comforting beverage.

Tisane / Herbal tea

CA\$3.50

A soothing blend of herbs steeped to create a calming beverage, typically without caffeine.

Lait / Milk

CA\$3.50

A simple, classic beverage often served as regular cow's milk.

Jus de pomme / Apple Juice

CA\$3.99

Apple juice, typically made from a blend of various apple varieties to achieve a balance of sweetness and tartness.

Menu Bénédictine

Jus de pêche / Peach Juice

CA\$3.99

Peach juice, typically made from freshly squeezed or pureed peaches, offering a sweet and refreshing taste.

Jus de raisin / Grape Juice

CA\$3.99

Grape juice, typically made from freshly pressed grapes, offering a sweet and refreshing taste.

Boisson gazeuse / Soft Drink

CA\$3.50

Soda options include cola, diet cola, and lemon-lime.

Bouteille d'eau / Bottle of Water

CA\$2.99

Pure, still water provided in a convenient bottle for hydration.

Espresso / Espresso

CA\$3.50

A concentrated shot of coffee, extracted from finely ground beans, offering a rich and aromatic experience with a distinctive crema on top.

Double espresso / Double Espresso

CA\$3.99

Two shots of concentrated coffee, meticulously brewed for a rich and robust taste.

Cappuccino /

CA\$3.99

Espresso combined with steamed milk, finished with a generous layer of frothy milk on top.

Latte

CA\$3.99

Creamy espresso beverage made with steamed milk, perfect for coffee enthusiasts.

Double Latte

CA\$3.25

Double espresso with steamed milk, often served with a light layer of foam on top.

Menu Bénédictine

Moccacino /

CA\$3.99

A blend of rich espresso and chocolate, typically includes steamed milk, finished with a light dusting of cocoa powder.

Chocolat chaud / Hot Chocolate

CA\$2.50

Hot chocolate, typically made with rich cocoa and steamed milk, often garnished with a dollop of whipped cream.

Café / Coffee

CA\$2.50

Rich, aromatic blend brewed to perfection

Thé / Tea

CA\$2.50

A soothing beverage made by steeping dried tea leaves, available in various flavors such as black, green, or herbal blends.
