



Menu

A.M Déjeuner Dîner

41 Boulevard Georges-Gagné S, Delson, QC J5B 2E5, Canada | (450) 845-3838

Most Ordered



2 Oeufs Bacon

CA\$15.99

Deux oeufs avec bacon. Servi avec fruits frais, tomates, pommes de terre et rôties. Two eggs with bacon. Served with fresh fruit, tomatoes, potatoes and toast.



Poutine Fan de Viandes

CA\$18.99

Servi avec pommes de terre a déjeuner, bacon, jambon saucisse, fromage mozzarella, sauce hollandaise, échalottes avec un oeuf. Served with breakfast potatoes, bacon, ham, sausage, mozzarella cheese, hollandaise sauce, shallots and one egg.



Geante/Giant

CA\$20.99

Deux oeufs, bacon, jambon, saucisses, creton, fèves au lard et un choix (pancake, pain doré, gaufre ou crêpe) pommes de terre, fruits, tomates et rôties. / Two eggs, bacon, ham, sausage, creton, beans and choice of batter (pancake, french toast, waffle or crepe, breakfast potatoes, fruits, tomatoes and toast



Fans de viandes / Meat Fans

CA\$17.99

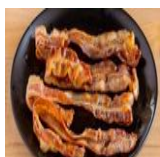
Deux oeufs avec trois viandes: bacon, jambon, et saucisses. Servi avec fruits frais, tomates, pommes de terre, et rôties. / Two eggs with three meats: bacon, ham, and sausages. Served with fresh fruit, tomatoes, potatoes, and toast.



Colosses 4

CA\$20.49

Deux oeufs avec 1 choix de viande et une crêpe fruits des champs avec coulis framboise et creme anglaise. Servi avec, rôties et pommes de terre. / Two eggs with 1 choice of meat and a berry fruits crepe, raspberry coulis and english creme. Served with, toast and potatoes.



Bacon

CA\$4.99

Crispy strips of bacon, cooked to perfection.



Colosses 3

CA\$19.49

Deux oeufs avec 1 choix de viande et choix de crêpe bleuets, framboises, fraises ou banane avec crème anglaise. Servi avec, rôties et pommes de terre. / Two eggs with 1 choice of meat and choice of blueberry, raspberry, strawberry or banana crepe with custard. Served with, toast and potatoes.

Menu A.M Déjeuner Dîner



Traditionnel / Traditional

CA\$17.99

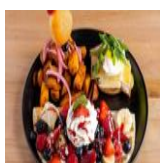
Deux oeufs avec un choix de bacon, jambon, saucisses, avec fèves au lard, et creton. Servi avec, fruits frais, tomates, pommes de terre, et rôties. / Two eggs with a choice of bacon, ham, sausages, with baked beans, and creton. Served with fresh fruit, tomatoes, potatoes, and toast.



Saucisses

CA\$4.99

Two savory sausages, perfectly browned and seasoned.

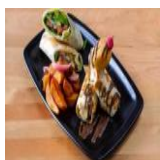


La Savoureuse

CA\$21.99

1/2 bédicte avec un choix de viande (bacon, saucisses ou jambon) et fromage suisse accompagné d'une crêpe aux fruits des champs et bananes avec crème anglaise et coulis aux framboises. Servi avec pommes de terre à déjeuner. 1/2 benedict with choice of meat, (bacon, ham, sausage) and swiss cheese, accompanied with a crepe garnished with berry fruits and bananas with English cream and raspberry coulis. Served with breakfast potatoes.

Combos sucré salé / Sweet and Savory Combos



Costaud Combo

CA\$21.99

1 Crêpe bananes chocolat accompagnée d'un wrap déjeuner oeuf brouille, bacon, laitue, tomates, avocat et mayo épicée. Servi avec pommes de terre à déjeuner 1 Chocolate banana pancake with a breakfast wrap, egg, bacon, lettuce, tomatoes and spicy mayo. Served with breakfast potatoes



Le Monstre Grille

CA\$21.99

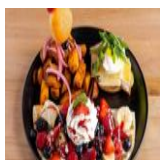
Sandwich fromage grillé avec rôti de boeuf, oignons rouges sautés, sauce BBQ, fromage mozzarella sur pain Miche. Servi avec une poutine déjeuner (pommes de terre déjeuner, fromage mozzarella, sauce hollandaise, échalotes) Grilled cheese with roast beef, sauteed onions, BBQ sauce, mozzarella cheese on Miche bread. Served with breakfast poutine (breakfast potatoes, mozzarella cheese, Hollandaise sauce, shallots)



Combo gastronome / Gourmet Combo

CA\$20.99

1/2 gaufre, bananes, chocolat, casserole aux oeufs gratinés, pommes de terre à déjeuner, sauce hollandaise, fromage cheddar avec trois viandes (bacon, jambon et saucisse) 1/2 waffle, bananes, chocolat, casserole with au gratin, breakfast potatoes, hollandaise sauce, cheddar cheese with three meats (bacon, ham and sausage)



La Savoureuse

CA\$21.99

1/2 bédicte avec un choix de viande (bacon, saucisses ou jambon) et fromage suisse accompagné d'une crêpe aux fruits des champs et bananes avec crème anglaise et coulis aux framboises. Servi avec pommes de terre à déjeuner. 1/2 benedict with choice of meat, (bacon, ham, sausage) and swiss cheese, accompanied with a crepe garnished with berry fruits and bananas with English cream and raspberry coulis. Served with breakfast potatoes.

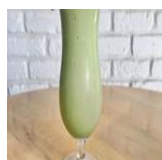
Smoothies



Berry Burst Smoothie

CA\$7.49

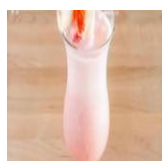
Framboises, fraises, canneberges, yogourt et miel Raspberry, strawberries, cranberry, yogurt and honey



Smoothie AM favoris / AM Favorites Smoothie

CA\$8.49

Épinards, avocats, bananes, ananas, graines de chia, oranges, yogourt et miel Spinach, avocado, banana, pineapple, chia seeds, oranges, yogurt and honey



Boom Smoothie

CA\$7.49

Fraises, bananes, orange, yogourt et miel Strawberry, banana, orange, yogurt and honey



Passion Smoothie

CA\$7.49

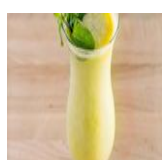
Ananas, mangues, bananes, orange, yogourt et miel Pineapple, mango, banana, orange, yogurt and honey



Smoothie au fraiche-pêche / Fresh-Peach Smoothie

CA\$7.49

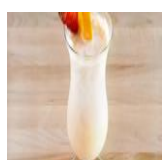
Peche, fraise, pomme, yogourt et miel Peach, strawberry, apple, yogurt and honey



Smoothie vertige / Vertigo Smoothie

CA\$8.49

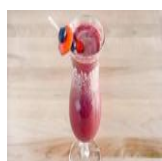
Menthe, pommes Granny Smith, avocats, ananas, jus de pomme, yogourt et miel Mint, Granny Smith, avocado, pineapple, apple juice, yogurt and honey



Miami Smoothie

CA\$7.49

Mangues, fraises, oranges, yogourt et miel Mango, strawberries, oranges, yogurt and honey

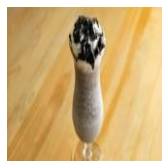


Smoothie Bleu / Blue Smoothie

CA\$7.49

Fraises, bleuets, pomme, yogourt et miel Strawberry, blueberry, apple, yogurt and honey

Boisson & Frappes



Lait Frappe Oreo

CA\$8.49

Biscuit oreo, chocolat, crème fouettée, crème glacée, lait et miel Oreo cookies, chocolate, whipped cream, ice cream, milk and honey



Jus d'orange fraîchement pressé / Freshly Squeezed Orange Juice

CA\$5.99

Bright and refreshing juice made from freshly squeezed oranges.



Jus de pomme / Apple Juice

CA\$5.49

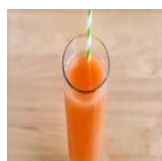
Freshly pressed apple juice with a naturally sweet and crisp flavor.



Eau / Water

CA\$1.99

Pure bottled water.



Jus de pamplemousse fraîchement pressé / Freshly Squeezed Grapefruit Juice

CA\$5.99

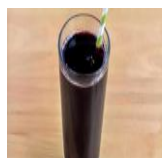
Refreshing freshly squeezed grapefruit juice, offering a tangy and invigorating start to your day.



Jus d'orange

CA\$5.49

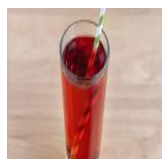
Freshly squeezed orange juice with a vibrant, citrus flavor.



Jus de raisin / Grape Juice

CA\$5.49

Deep purple grape juice with a rich, natural sweetness.

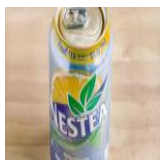


Jus de canneberge / Cranberry Juice

CA\$5.49

A refreshing glass of tart cranberry juice.

Menu A.M Déjeuner Dîner



Thé glacé / Ice Tea

Refreshing iced tea made from real tea leaves, offering a natural lemon flavor.

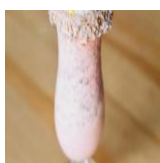
CA\$4.49



San pellegrino pétillant / Sparkling San Pellegrino

Effervescent sparkling water with a crisp, clean taste.

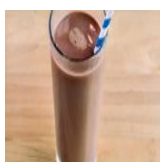
CA\$7.99



Lait Frappe Smarties

Morceaux Smarties, chocolat, crème fouettée, crème glacée, lait et miel Pieces of Smarties, chocolate, whipped cream, ice cream, milk and honey

CA\$8.49



Lait au chocolat / Chocolate Milk

Rich and creamy blend of milk and chocolate, smooth and refreshing.

CA\$4.99

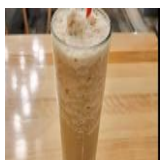


Lait / Milk

A refreshing glass of milk.

CA\$3.99

Café / Coffee



Cafe Glace

A smooth blend of coffee topped with a light, frothy foam, finished with a cherry garnish.

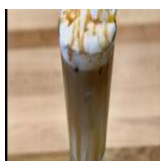
CA\$7.08+



Matcha Latte

Creamy latte infused with finely ground matcha green tea, topped with a frothy layer and a sprinkle of matcha powder.

CA\$8.08+



Caramel Machiato Glace

Rich espresso layered with velvety milk, topped with frothy cream and drizzled with caramel.

CA\$7.08+

Menu A.M Déjeuner Dîner



Café filtre aux grains d'europe / Filter Coffee with European Beans **CA\$2.99**

Brewed with premium European beans for a rich, aromatic experience.



Café au lait à la vanille française / Latte French Vanilla Caffee **CA\$7.08+**

Rich coffee blended with steamed milk and infused with French vanilla flavoring, topped with a smooth layer of foam.



Cappuccino glacé / Iced Cappuccino **CA\$7.08+**

Glacé. Avec crème glacée. Iced. With Ice cream



Caramel Macchiato **CA\$7.08+**

Glacé. / Iced.



Chocolat chaud / Hot Chocolate **CA\$6.08+**

Rich hot chocolate topped with whipped cream and chocolate chips.



Dulce de leche **CA\$8.08+**

Rich coffee topped with whipped cream, drizzled with caramel-like dulce de leche, and sprinkled with crunchy toffee bits.



Espresso **CA\$3.99**

Rich, concentrated coffee with a robust flavor and a smooth, intense finish.



Mocaccino **CA\$7.08+**

Rich espresso blended with steamed milk, topped with a swirl of whipped cream and drizzled chocolate.



Thé régulier / Regular Tea **CA\$2.99**

A classic tea made with Tetley tea bags, offering a smooth and comforting beverage.

Menu A.M Déjeuner Dîner



Thé vert / Green Tea

Thé spécialisé. / Specialty tea.

CA\$3.99



Cappuccino

Rich espresso topped with a thick layer of creamy, foamed milk.

CA\$5.58+



Esspresso Allonge

A rich, smooth espresso with a slightly longer extraction time, resulting in a balanced, full-bodied coffee.

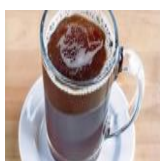
CA\$3.99



Café au lait / Coffee with Milk

A harmonious blend of rich coffee and creamy milk, topped with a frothy layer.

CA\$6.08+

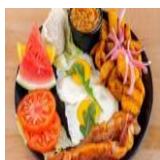


Americano

Rich, robust espresso diluted with hot water for a smooth, balanced coffee experience.

CA\$4.49

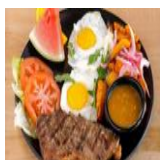
Oeufs / Eggs



Traditionnel / Traditional

Deux oeufs avec un choix de bacon, jambon, saucisses, avec fèves au lard, et creton. Servi avec, fruits frais, tomates, pommes de terre, et rôties. / Two eggs with a choice of bacon, ham, sausages, with baked beans, and creton. Served with fresh fruit, tomatoes, potatoes, and toast.

CA\$17.99



Steak et Oeufs/Steak n Eggs

Servi avec feves au lard, pommes de terre, fruits, et roties. Served with beans, breakfast potatoes, fruits and toast.

CA\$24.99



2 Oeufs Bacon

Deux oeufs avec bacon. Servi avec fruits frais, tomates, pommes de terre et rôties. Two eggs with bacon. Served with fresh fruit, tomatoes, potatoes and toast.

CA\$15.99

Menu A.M Déjeuner Dîner



Deux oeufs jambon maison

CA\$17.99

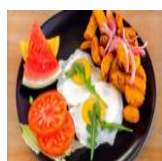
Deux oeufs avec jambon. Servis avec fruits frais, tomates, pommes de terre, et rôties. Two eggs with ham. Served with fresh fruit, tomatoes, potatoes, and toast.



Deux oeufs avec bol de fruits frais / Two Eggs with Fresh Fruit Bowl

CA\$15.99

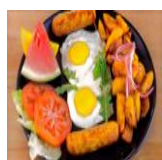
Servis avec, fruits frais, tomates, pommes de terre, et rôties. / Served with fresh fruit, tomatoes, potatoes, and toast.



Deux oufs / Two Eggs

CA\$12.99

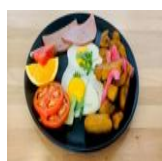
Servis avec fruits frais, tomates, pommes de terre, et rôties. / Served with fresh fruit, tomatoes, potatoes, and toast.



2 Oeufs Saucisses /2 Eggs with Sausages

CA\$15.99

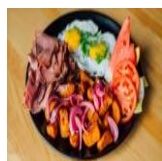
Deux oeufs avec saucisses. Servis avec fruits frais, tomates, pommes de terre et rôties. Two eggs with sausages. Served with fresh fruit, tomatoes, potatoes and toast.



2 oeufs jambon

CA\$15.99

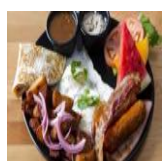
Deux oeufs avec jambon. Servis avec fruits frais, tomates, pommes de terre et rôties. Two eggs with ham. Served with fresh fruit, tomatoes, potatoes and toast.



2 OEUFS VIANDE FUMEE

CA\$18.99

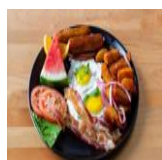
Two eggs with smoked meat. Wide range of egg preparations, toast types, and potato options.



Geante/Giant

CA\$20.99

Deux oeufs, bacon, jambon, saucisses, creton, fèves au lard et un choix (pancake, pain doré, gaufre ou crêpe) pommes de terre, fruits, tomates et roties, / Two eggs, bacon, ham, sausage, creton, beans and choice of batter (pancake, french toast, waffle or crepe, breakfast potatoes, fruits, tomatoes and toast

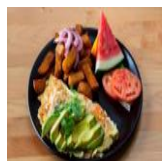


Fans de viandes / Meat Fans

CA\$17.99

Deux oeufs avec trois viandes: bacon, jambon, et saucisses. Servis avec fruits frais, tomates, pommes de terre, et rôties. / Two eggs with three meats: bacon, ham, and sausages. Served with fresh fruit, tomatoes, potatoes, and toast.

Omelettes avec viande / Omelettes with Meat



Omelette au saumon fumé / Smoked Salmon Omelette

CA\$22.49

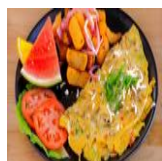
Avocat, câpres, oignons, et fromage à la crème. Omelettes à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Avocado, capers, onions, and cream cheese. Omelette with three-eggs. Served with fresh fruit, tomatoes, potatoes, and toast.



Western Omelette

CA\$20.49

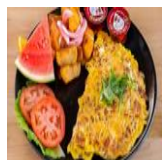
Piments, oignons, jambon, et tomates fraîches. Omelettes à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Peppers, onions, ham, and fresh tomatoes. Omelette with three-eggs. Served with fresh fruit, tomatoes, potatoes, and toast.



Manhattan Omelette

CA\$21.49

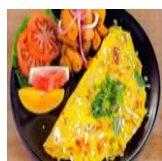
Steak Philly, piments, oignons, et fromage mozzarella. Omelettes à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Steak Philly, peppers, onions, and mozzarella cheese. Omelette with three-eggs. Served with fresh fruit, tomatoes, potatoes, and toast.



Omelette québécoise / Quebec Omelette

CA\$19.49

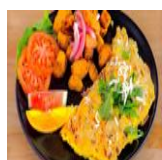
Jambon maison et sirop d'érable. Omelette à trois oeufs sont servies avec fruits frais, tomates, pommes de terre, et rôties. / House ham and maple syrup. Omelette with three-egg omelets are served with fresh fruit, tomatoes, potatoes, and toast.



Omelette Jambon & Cheddar

CA\$20.49

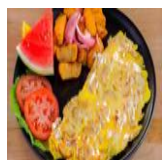
Omelettes à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Omelette with three-eggs. Served with fresh fruit, tomatoes, potatoes, and toast.



Omelette à la Viande fumée effilochée avec from suisse/Pulled Smoked Meat Swiss

CA\$21.49

Garnie de cornichons. Omelettes à trois oeuf avec fromage suisse. Servies avec fruits frais, tomates, pommes de terre, et rôties Topped with pickles. Omelette with three-eggs with swiss cheese. Served with fresh fruit, tomatoes, potatoes, and toast.



Omelette fans de viandes / Meat Fans Omelette

CA\$21.49

Bacon, jambon, saucisses et fromage cheddar fort. Omelette à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Bacon, ham, sausages and cheddar cheese. Omelette with three-eggs. Served with fresh fruit, tomatoes, potatoes, and toast.

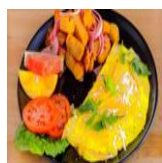


Bacon & Cheddar Omelette

CA\$20.49

Omelettes à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Omelette with three-eggs. Served with fresh fruit, tomatoes, potatoes, and toast.

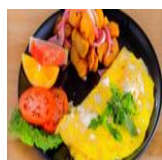
Omelettes végétariennes / Vegetarian Omelettes



Omelette aux trois fromages / Three Cheese Omelette

CA\$19.49

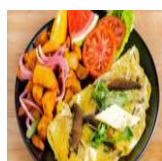
Omelette à trois oeufs avec fromage cheddar fort, mozzarella et caciocavallo. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Omelette with three eggs with cheddar, mozzarella and caciocavallo cheese. Served with fresh fruit, tomatoes, potatoes, and toast.



Omelette nature / Plain Omelette

CA\$15.49

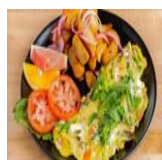
Omelette à trois oeufs. Servies avec Deco fruits, tomates, pommes de terre, et rôties. / Omelette with three eggs. Served with fruit, tomatoes, potatoes, and toast.



Omelette de brie et portobello / Brie and Portobello Omelette

CA\$21.49

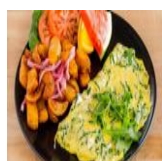
Champignons portobellos et fromage brie. Omelette à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Portobello mushrooms and brie cheese. Omelette with three eggs. Served with fresh fruit, tomatoes, potatoes, and toast.



Omelette jardinière / Garden Omelette

CA\$20.49

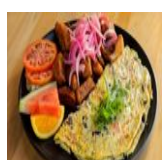
Piments rouges et verts, épinards, champignons, oignons, tomates, et fromage cheddar fort. Omelette à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Red and green peppers, spinach, mushrooms, onions, tomatoes, and Cheddar cheese. Omelette with three eggs. Served with fresh fruit, tomatoes, potatoes, and toast.



Omelette d'épinards et cheddar / Spinach and Cheddar Omelette

CA\$19.49

Omelette à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties. / Omelette with three eggs. Served with fresh fruit, tomatoes, potatoes, and toast.



Omelette Grecque

CA\$21.49

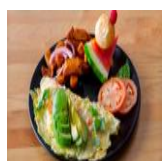
Omelette à trois oeufs, tomates, fromage feta, olives kalamata, oignons et origan



Omelette Euphoria

CA\$23.49

4 blancs d'oeufs, épinards, tomates, avocat et fromage cheddar, servi avec déco tomates et un bol de fruits 4 egg whites, spinach, tomatoes, avocado, and cheddar cheese, served with tomato deco and a bowl of fruits

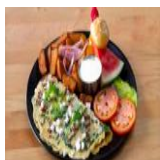


Omelette plage sud / South Beach Omelette

CA\$20.49

Avocat, tomates, et fromage mozzarella. Omelettes à trois oeufs. Servies fruits frais, tomates, pommes de terre, et rôties Avocado, tomatoes, and mozzarella cheese. Omelette with three eggs. Served with fresh fruit, tomatoes, potatoes, and toast

Menu A.M Déjeuner Dîner



Omelette californie / California Omelet

CA\$21.49

Épinards, fromage de chèvre, et tomates séchées. Servie avec crème sure. Omelettes à trois oeufs. Servies avec fruits frais, tomates, pommes de terre, et rôties
Spinach, goat cheese, and sun-dried tomatoes. Served with sour cream. Omelette with three eggs. Served with fresh fruit, tomatoes, potatoes, and toast

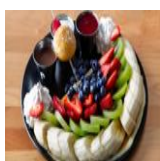
Crêpes / Crepes



Crepe Duo Palermo

CA\$22.99

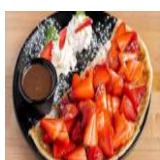
Crème de pistache importée d'Italie, fraises, bananes, pistaches Pistachio cream imported from Italy, strawberries, bananas, pistachios



Crêpe arc-en-ciel / Rainbow Crepe

CA\$21.99

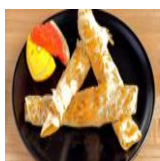
Kiwis, bananes, fraises et bleuets, crème anglaise, chocolat aux noisettes et coulis aux framboises



Strawberry Delight avec fraises et chocolat noisette / Strawberry Delight with straw

CA\$20.99

Une énorme crêpe mince farcie de fraises et chocolat aux noisettes. / A huge thin pancake stuffed with strawberries and chocolate with hazelnuts.



Crêpe nature / Plain Crepe

CA\$15.99

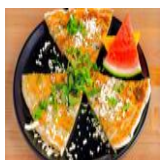
Delicate, thin crepes served with a side of fresh watermelon, orange, and cantaloupe slices.



Crêpe au jambon et suisse / Ham and Swiss Crepe

CA\$20.99

Avec sauce hollandaise. / with hollandaise sauce.



Crêpe aux épinards et cheddar / Spinach and Cheddar Crepe

CA\$19.99

Filled with spinach and cheddar cheese, garnished with fresh greens and served with a slice of watermelon.

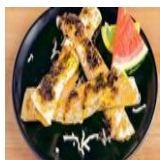


Crêpe rougemont / Rougemont Crepe

CA\$20.99

Pommes sautées avec cannelle, caramel, et noix de grenoble. / Sautéed apples with cinnamon, caramel, and walnuts.

Menu A.M Déjeuner Dîner



Crêpe au bacon et cheddar / Bacon and Cheddar Crepe

CA\$20.99

Avec marmelade de bacon With bacon marmalade



Crêpe aux fruits frais / Fresh Fruits Crepe

CA\$19.99

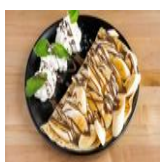
Avec crème anglaise. / With custard.



Crêpe aux fruits des champs / Wild Berries Crepe

CA\$21.99

Fruits des champs avec crème anglaise et coulis aux framboises. / wild berries with custard and raspberry coulis.



Crêpe au banana crazy / Crazy Banana Crepe

CA\$19.99

Une énorme crêpe mince farcie de bananes et chocolat aux noisettes. / a huge thin pancake stuffed with bananas and chocolate with hazelnuts.

Oeufs bénédictines / Eggs Benedict



Oeufs bénédictine au saumon fumé / Smoked Salmon Benedict

CA\$23.99

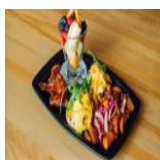
Saumon fumé, oignons, câpres, et fromage à la crème. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais, / Smoked salmon, onions, capers, and cream cheese. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Oeufs bénédictine notre jambon maison / Our Homemade Ham Eggs Benedict

CA\$21.99

Avec marmelade de bacon, et sauce hollandaise. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais With bacon marmalade and hollandaise sauce. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Oeufs bénédictine La Poule Mouillée

CA\$23.99

2 morceaux de poulet croustillant, miel épicé 2 pieces of crispy chicken drizzled with hot honey



Oeufs bénédictine fans de viandes / Meat Fans Eggs Benedict

CA\$21.99

Bacon, saucisses, et jambon. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. / Bacon, sausage and ham. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.

Menu A.M Déjeuner Dîner



Bene Bacon de Luxe

CA\$21.99

Avocats, bacon cheddar Avocado, bacon, cheddar cheese



Oeufs bénédicte florentine / Florentine Eggs Benedict

CA\$20.99

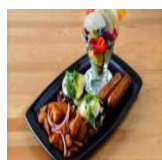
Épinards et cheddar. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. / Spinach and Cheddar. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Oeufs bénédicte lady marmalade / Lady Marmalade Eggs Benedict

CA\$21.99

Jambon, fromage suisse, marmelade de bacon, et sauce hollandaise. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. Ham, Swiss cheese, bacon marmalade, and hollandaise sauce. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Oeufs bénédicte cavallo/ Cavallo Eggs Benedict

CA\$21.99

Champignons portobello, oignons caramélisés, fromage Caciocavallo et sauce hollandaise. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. / Portobello mushrooms, caramelized onions, Caciocavallo cheese and hollandaise sauce. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Oeufs bénédicte south beach / South Beach Eggs Benedict

CA\$21.99

Avocat, tomates, et fromage mozzarella. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. / Avocado, tomatoes, and mozzarella cheese. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Oeufs bénédicte med / Med Eggs Benedict

CA\$21.99

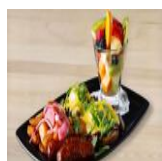
Roquette, fromage feta, champignons portobellos, coulis balsamique aux figes, et sauce hollandaise. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais Arugula, feta cheese, portobello mushrooms, balsamic coulis with figs, and hollandaise sauce. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit



Oeufs bénédicte montréal / Montreal Eggs Benedict

CA\$22.99

Viande fumée et fromage suisse, et moutarde à l'ancienne. Servis avec 2 oeufs pochés, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. / Smoked meat and Swiss cheese, and old-fashioned mustard. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Bene Philly Steak

CA\$23.99

Piments, oignons sautés, champignons portobellos, steak Philly, fromage mozzarella Peppers, sauteed onions, Portobello mushrooms, Philly steak, mozzarella cheese

Menu A.M Déjeuner Dîner



Oeufs b nedictine croquettes de crabe / Crab Croquettes Eggs Benedict **CA\$22.99**

Servis avec 2 oeufs poch s, avec piments marin s et roquette sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. Served with 2 poached eggs, marinated peppers and arugula hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.



Oeufs b nedictine hollywood / Hollywood Eggs Benedict **CA\$21.99**

Fromage de ch vre, b b   pinards, jambon, et sauce hollandaise. Servis avec 2 oeufs poch s, sauce hollandaise sur muffin anglais avec un choix de viande, pommes de terre, fruits frais. / Goat cheese, baby spinach, ham, and hollandaise sauce. Served with 2 poached eggs, hollandaise sauce on an English muffin with a choice of meat, potatoes, fresh fruit.

Pancakes



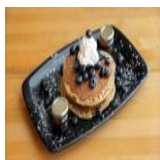
Pancake nature / Plain Pancake **CA\$16.99**

Fluffy stack of plain pancakes topped with powdered sugar, fresh watermelon slice, and orange segments, accompanied by dollops of whipped cream.



Pancake aux fruits frais / Fresh Fruits Pancake **CA\$19.99**

Avec cr me anglaise. / With custard.



Pancake Sous-bois **CA\$22.99**

Farcies et garnies de bleuets frais et cr me fouett e, servi avec vrai sirop d' rable Filled with fresh blueberries & garnished with blueberries and whipped cream, served with real maple syrup



Pancake aux fruits des champs / Wild Berries Pancake **CA\$21.99**

Avec cr me anglais et coulis aux framboises. / With English cream and raspberry coulis.



Black Jack Flap Jack Pancake **CA\$21.99**

P pites de chocolat, fraises, bananes et notre fameux chocolat noisette Chocolate chips, strawberries, bananas and our famous chocolate.

Les Colosses / Colossus



Colosses 3 **CA\$19.49**

Deux oeufs avec 1 choix de viande et choix de cr pe bleuets, framboises, fraises ou banane avec cr me anglaise. Servi avec, roties et pommes de terre. / Two eggs with 1 choice of meat and choice of blueberry, raspberry, strawberry or banana crepe with custard. Served with, toast and potatoes.

Menu A.M Déjeuner Dîner



Colosses 4

CA\$20.49

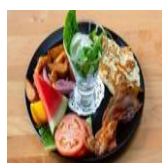
Deux oeufs avec 1 choix de viande et une crêpe fruits des champs avec coulis framboise et creme anglaise. Servi avec, roties et pommes de terre. / Two eggs with 1 choice of meat and a berry fruits crepe, raspberry coulis and english creme. Served with, toast and potatoes.



Colosse 7

CA\$22.49

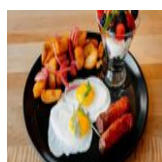
Deux oeufs avec 1 choix de viande & 1 pain doré banane et fraises avec chocolat Two eggs with 1 choice of meat & 1 French toast with bananas, strawberries, and chocolate



Colosses 5

CA\$19.49

Deux oeufs avec 1 choix de viande et une crêpe épinards et cheddar. Servi avec, roties, tomates, et pommes de terre. / Two eggs with 1 choice of meat and a spinach and Cheddar pancake. Served with, toast, tomatoes, and potatoes.



Colosses 6

CA\$19.49

Deux oeufs avec 1 choix de viande, yogourt grec, fruits des champs, noix de grenoble, et miel. Servi avec roties et pommes de terre. / Two eggs with 1 choice of meat, Greek yogurt, wild berries, walnuts, and honey. Served with toast and potatoes.



Colosses 2

CA\$19.49

Deux oeufs avec 1 choix de viande et 1 crêpe aux fruits frais avec crème anglaise. Servi avec , roties et pommes de terre. / Two eggs with 1 choice of meat and 1 fresh fruit pancake with custard. Served with , toast and potatoes.



Colosses 1

CA\$17.49

Deux oeufs avec 1 choix sucré (pancake, pain doré, gaufre, ou crêpe). Servi avec, roties, tomates, et pommes de terre Two eggs with 1 sweet choice (pancake, French toast, waffle, or pancake). Served with, toast, tomatoes, and potatoes.

Poutine Déjeuner /Breakfast Poutine



Poutine Miel-icieuse

CA\$22.99

Patates déjeuner, steak "Philly", champignons, échalotes, fromage mozzarella, rondelles d'oignons, oeuf, sauce hollandaise et miel épicé Breakfast potatoes, "Philly" Steak, Mushrooms, Green Onion, Mozzarella Cheese, Onion Rings, Egg, Hollandaise Sauce and Hot Honey



Poutine classique / Classic Poutine

CA\$16.99

Servi avec pomme de terre a déjeuner, Fromage mozzarella, sauce hollandaise, échalotes avec un oeuf. Served with breakfast potatoes, mozzarella cheese, hollandaise sauce, shallots and one egg.

Menu A.M Déjeuner Dîner



Poutine viande fumée effilochée

CA\$21.99

Servi avec pomme de terre à déjeuner, Fromage mozzarella, sauce hollandaise, échalotes avec un œuf, garnie de moutarde à l'ancienne Served with breakfast potatoes, mozzarella cheese, hollandaise sauce, shallots and one egg, garnished with old fashion mustard



Poutine Fan de Viandes

CA\$18.99

Servi avec pommes de terre à déjeuner, bacon, jambon saucisse, fromage mozzarella, sauce hollandaise, échalotes avec un œuf. Served with breakfast potatoes, bacon, ham, sausage, mozzarella cheese, hollandaise sauce, shallots and one egg.



Poutine Jambon Maison/Poutine House ham

CA\$19.99

Servi avec pommes de terre à déjeuner, jambon maison, fromage mozzarella, sauce hollandaise, échalotes avec un œuf. Served with breakfast potatoes, house ham, mozzarella cheese, hollandaise sauce, shallots and one egg.

Les Poêlées / Pan-Fried



Poêlées AM

CA\$22.49

Oeufs, jambon maison, marmelade de bacon, poivrons sautés, oignons rouges sautés et fromage mozzarella. Servies avec roties, salsa, crème sûre, et pommes de terre déjeuner.



Poêlées mélanger / Mix Pan-Fried

CA\$21.49

Oeufs, jambon, poivrons grillés, champignons portobellos, oignons, et fromage mozzarella. Servies avec roties, salsa, crème sûre, et pommes de terre déjeuner. / Eggs, ham, grilled peppers, portobello mushrooms, onions, and mozzarella cheese. Served with toast, salsa, sour cream, and breakfast potatoes.



Poêlées steak philly / Steak Philly Pan-Fried

CA\$22.49

Oeufs, steak philly, champignons, poivrons grillés, oignons rouges, et fromage mozzarella. Servies avec roties, salsa, crème sûre, et pommes de terre déjeuner. / Eggs, philly steak, mushrooms, grilled peppers, red onions, and mozzarella cheese. Served with toast, salsa, sour cream, and breakfast potatoes.



Poêlées régal / Feast Pan-Fried

CA\$19.49

Omelette Nature, poivrons grillés, oignons rouges, et fromage mozzarella. Servies avec roties, salsa, crème sûre, et pommes de terre déjeuner. / Plain omelette, grilled peppers, red onions, and mozzarella cheese. Served with toast, salsa, sour cream, and breakfast potatoes.



Poêlées fans de viandes / Meat Fans Pan-Fried

CA\$22.49

Oeufs, bacon, saucisses, jambon, poivrons grillés, oignons rouges, et fromage mozzarella. Servies avec roties, salsa, crème sûre, et pommes de terre déjeuner. / Eggs, bacon, sausages, ham, grilled peppers, red onions, and mozzarella cheese. Served with toast, salsa, sour cream, and breakfast potatoes.

Menu A.M Déjeuner Dîner



Poêlées d'avocat & bacon / Avocado & Bacon Pan-Fried

CA\$22.49

Oeufs, poivrons grillés, oignons rouges, et fromage mozzarella. Servies avec roties, salsa, crème sûre, et pommes de terre déjeuner. / Eggs, grilled peppers, red onions, and mozzarella cheese. Served with toast, salsa, sour cream, and breakfast potatoes.

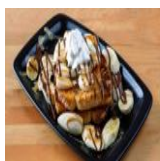
Pains dorés / French Toast



Pain Dore Dulce Vita

CA\$24.99

doré croustillant, crème de pistache importée d'Italie, framboises, pistaches
Crispy French toast, pistachio cream imported from Italy, raspberries, pistachios



Bananes twist / Bananas Twist

CA\$20.99

Pain doré croustillant, bananes, beurre d'arachide, et chocolat. / Crispy French toast, bananas, peanut butter, and chocolate.



Parisien

CA\$21.99

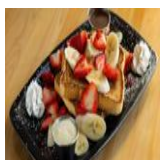
Pain doré croustillant avec pommes chaudes et fromage brie servi avec dulce de leche et amandes. / Crispy French toast with hot apples and brie cheese served with dulce de leche and almonds.



Sucre salé / Sweetly Salty

CA\$21.99

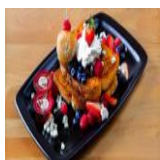
Pain doré croustillant, sirop d'érable, jambon, fromage suisse, oeuf poché, et sauce hollandaise. / Crispy French toast, maple syrup, ham, Swiss cheese, poached egg, and hollandaise sauce.



Pain Dore Mont Blanc

CA\$21.99

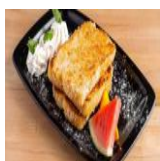
Topped with fresh strawberries and banana slices, this French toast is served with whipped cream and a side of chocolate and cream sauces.



Malibu

CA\$21.99

Pain doré croustillant avec mélanges de fruits des champs et fromage de chèvre, servi avec vrai sirop d'érable
Crispy French toast with mixes of wild berries and goat cheese, served with real maple syrup



Pain Dore Croustillant Nature / Crispy French toast Plain

CA\$16.99

Golden-brown crispy French toast, lightly dusted with powdered sugar, served with a side of fresh fruit and a dollop of whipped cream.

Menu A.M Déjeuner Dîner



Pain Dore Amalfi

Délicieux pain doré croustillant, fromage de chèvre, bacon fumé aux pommes, avocat et miel épicé Delicious crispy French toast, goat cheese, smoked applewood bacon, avocado and spicy honey

CA\$22.99

Gaufres / Waffles



Gaufre aux fruits frais / Fresh Fruits Waffle

Avec crème anglaise. / With custard.

CA\$19.99



Gaufre passion / Passion Waffle

Fraises et bananes. Servie avec crème anglaise. / Strawberries and bananas. Served with custard.

CA\$20.99



Gaufre monaco / Monaco Waffle

Pommes chaude avec cannelle , fromage brie, noix de grenoble, et marmelade de bacon. Servie avec oeuf Hot cinnamon Apples, brie cheese, walnuts, and bacon marmalade. Served with egg

CA\$21.99



Gaufre nature / Plain Waffle

Crispy plain waffle slices garnished with powdered sugar, served with fresh fruit slices and a dollop of whipped cream.

CA\$16.99



Gaufre Oreo

Crispy waffles topped with sliced bananas, crushed Oreo cookies, and a dollop of whipped cream, dusted with powdered sugar.

CA\$21.99



Gaufre aux fruits des champs / Wild Berries Waffle

Champs aux fruits des champs avec crème anglaise et coulis aux framboises Field fruits fields with custard and raspberry coulis

CA\$21.99



Gaufre gourmand / Gourmet Waffle

Pépites de chocolat, fraises, bananes, guimauves, et chocolat. / Chocolate chips, strawberries, bananas, marshmallows, and chocolate.

CA\$20.99

Menu A.M Déjeuner Dîner

Bagel



Bagel B.O.L.T

CA\$20.99

Bacon, oeuf, laitue, tomates, fromage jaune, servi avec coupe de fruits frais & pommes de terre à déjeuner Bacon, egg, lettuce, tomato, yellow cheese, served with fresh fruits & breakfast potatoes



Bagel au saumon fumé / Smoked Salmon Bagel

CA\$21.99

Saumon fumé, oignons, câpres, avocat, tomates & fromage à la crème, servi avec coupe de fruits frais & pommes de terre à déjeuner Smoked salmon, onions, capers, avocado, tomatoes with cream cheese, bowl of fruits and breakfast potatoes

Nutritifs / Nutritious



Yogourt aux fraises et bananes / Yogurt Strawberry and Banana

CA\$18.99

Grenoble, miel, croque nature. Servies avec bagel et fromage à la crème. / Walnuts, honey and croque nature. Served with bagel and cream cheese.



Yogourt aux fruits des champs / Wild Berries Yogurt

CA\$20.99

Grenoble's ,miel, croque nature.Servies avec bagel et fromage à la crème. / Walnuts, honey, croque nature.Served with bagel and cream cheese.



Santé / Healthy

CA\$18.99

Coupe de fruits frais, oeuf poché, et bagel. / Cup of fresh fruit, poached egg, and bagel.



Yogourt et fruits frais / Yogurt and Fresh Fruits

CA\$17.99

Grenoble's, miel, croque nature. Servies avec bagel et fromage à la crème. / Walnuts, honey, croque nature. Served with bagel and cream cheese.

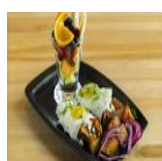
Tartinades d'avocat



Tartinade Brie Amandes Miel Epice

CA\$20.99

Servi avec pomme de terre dejeuner et bol de fruit Served with breakfast potatoes and bowl of fruit



Tartinade Bacon Fromage de Chevre

CA\$20.99

Servi avec pomme de terre dejeuner et bol de fruit Served with breakfast potatoes and bowl of fruit

Menu A.M Déjeuner Dîner



Tartinade Epinard

CA\$19.99

Servi avec pomme de terre déjeuner et bol de fruit Served with breakfast potatoes and bowl of fruit



Tartinade Tomate

CA\$18.99

Servi avec pomme de terre déjeuner et bol de fruit Served with breakfast potatoes and bowl of fruit



Tartinade Saumon

CA\$21.99

Servi avec pomme de terre déjeuner et bol de fruit Served with breakfast potatoes and bowl of fruit

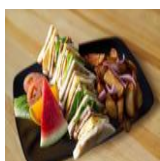
Sandwich Dejeuner



Wrap Dejeuner

CA\$20.99

Oeuf brouillé, bacon, avocat, tomates, laitue, mayonnaise épicée Scrambled egg, bacon, avocado, lettuce, tomato, spicy mayo



Club Dejeuner/Breakfast club

CA\$19.99

Oeuf,bacon,fromage,laitue et tomate..Egg,bacon,cheese,lettuce and tomato.

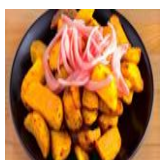


Montecristo SUB

CA\$21.99

Baguette au levain, fromage suisse, oignons, champignons, poivrons, steak «Philly», oeufs style omelette et mayo épicée Sourdough baguette, Swiss cheese, onions, mushrooms, peppers, Philly steak, omelet style eggs, spicy mayo

Extras



Pommes de terre / Potatoes

CA\$4.49

Golden roasted potatoes topped with pickled red onions.



Rondelles d'oignons

CA\$5.99

Crispy, golden-brown onion rings with a crunchy exterior and tender, flavorful onion inside.

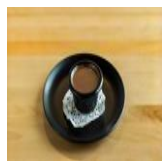
Menu A.M Déjeuner Dîner



XTR CRETONS

A rich and savory pork spread, seasoned with spices and herbs, perfect for complementing your breakfast.

CA\$3.49



Chocolat-noisette / Chocolate-Hazelnut

Rich chocolate-hazelnut spread, smooth and creamy, perfect for adding to your breakfast favorites.

CA\$4.49

XTR SAUCE HOLLANDAISE

Emulsion of egg yolk, melted butter, and lemon juice.

CA\$4.49



Creme Anglaise

Smooth, rich custard sauce made with cream, egg yolks, and vanilla.

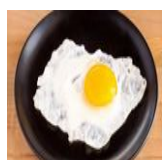
CA\$4.49



Feves au Lard

Tender white beans simmered in a savory tomato sauce with diced pork.

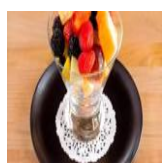
CA\$3.49



Extra Oeuf

Extra oeuf Various cooked egg options such as sunny side up, lightly turned, scrambled, omelette, or egg whites.

CA\$1.99



Bol de fruits frais / Fresh Fruit Bowl

A mix of strawberries, blackberries, pineapple, grapes, and melon, offering a refreshing and colorful fruit assortment.

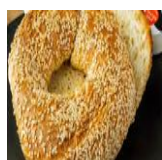
CA\$5.99



Marmelade de Bacon

Sweet and savory bacon marmalade with caramelized onions and a hint of citrus zest.

CA\$4.49

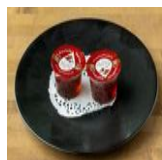


Bagel

Topped with sesame seeds, this bagel offers a chewy texture and a subtly nutty flavor.

CA\$3.49

Menu A.M Déjeuner Dîner



Sirop d'érable pur / Pure Maple Syrup

50 mL.

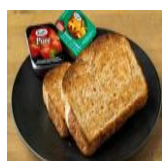
CA\$4.99



Jambon maison / House ham

Tender, shredded house-cured ham with a savory, smoky flavor.

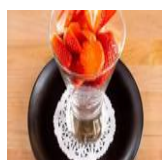
CA\$5.99



Roties/Toast

Selection of bread options: white, brown, and various miche or club varieties.

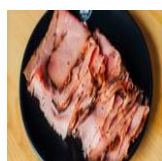
CA\$2.49



Bol de fruits des champs / Bowl of Wild Berries

A mix of fresh strawberries, perfect for adding a burst of natural sweetness to your breakfast.

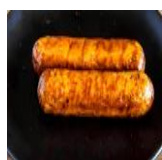
CA\$7.99



Extra Smoke Meat

Thinly sliced smoked meat with a rich, smoky flavor.

CA\$7.99



Saucisses

Two savory sausages, perfectly browned and seasoned.

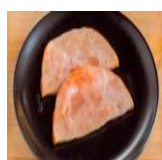
CA\$4.99



Coulis/Coulis

Framboises / Raspberry

CA\$4.49



Jambon / Ham

Thinly sliced, tender ham.

CA\$4.99

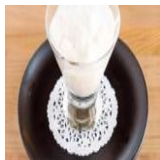


Extra Fromage

Slices of cheese served on a bed of fresh lettuce.

0,00 \$

Menu A.M Déjeuner Dîner



Yogourt

Creamy, smooth yogurt.

CA\$3.99



Pain sans gluten / Gluten-Free Bread

Soft and airy gluten-free bread slices, ideal for a light breakfast or snack.

CA\$3.49



Muffin anglais / English Muffin

Toasted English muffin halves, served with butter.

CA\$2.49



Multigrain

Slices of hearty multigrain bread with a blend of seeds and grains.

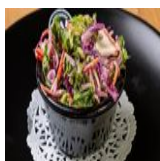
CA\$3.79



XTR BLANC D'OEUF

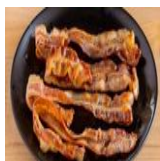
Lightly seasoned egg whites, cooked to a fluffy texture.

CA\$1.99



Extra Kale Choux

CA\$3.99



Bacon

Crispy strips of bacon, cooked to perfection.

CA\$4.99



Extra Nid d'Amour

Fraises, chocolat noisette, crème de pistache importée d'Italie et flocons croustillants de phyllo Strawberries, hazelnut chocolate, pistachio cream imported from Italy and crispy phyllo flakes

CA\$7.99

Menu A.M Déjeuner Dîner

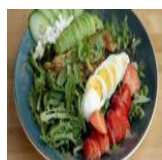
Salade / Salad



Salade Rosemere

CA\$21.99

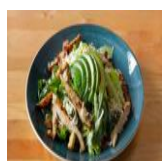
Verdures mixtes, poulet grillé, avocat, tomates cerises, fromage feta, concombre, oeufs a la coque, et vinaigrette italienne maison Mixed greens, grilled chicken, avocado, cherry tomatoes, feta cheese, cucumber, hard boiled eggs, and Italian house dressing



SALADE COBB

CA\$22.99

Verdures mixtes, poulet grillé, avocat, fromage de chèvre, 1 oeuf à la coque, fraises, concombres avec vinaigrette italienne maison Mixed greens, grilled chicken, avocado, goat cheese, 1 hard boiled egg, strawberries & cucumbers with Italian house dressing

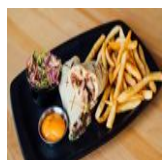


Salade Poulet Cesar Cremeuse

CA\$21.99

Laitue, poulet grillé, avocat, bacon, et croutons. Servie avec notre sauce César maison Lettuce, grilled chicken, avocado, bacon, and croutons. Served with our Caesar house dressing

Wraps



WRAP AU STEAK PHILLY

CA\$21.99

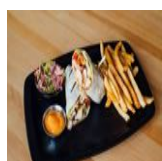
Champignons portobellos, oignons sautés, poivrons sautés, fromage mozzarella, mayonnaise épicée. Servis avec kale & salade de chou. Portobello mushrooms, sauteed onions, sauteed peppers, mozzarella cheese, spicy mayo. Served with kale & coleslaw



WRAP CROQUETTE DE CRABE

CA\$22.99

Roquette, mayonnaise régulière et épicée, piments marinés. Servis avec kale & salade de chou. Arugula, regular and spicy mayo, marinated peppers. Served with kale & coleslaw



WRAP POULET GRILLÉ

CA\$21.99

Avocat, bacon, poivrons sautés, oignons sautés, laitue, fromage mozzarella, sauce César maison. Servis avec kale & salade de chou. Avocado, bacon, sauteed peppers, sauteed onions, lettuce, mozzarella cheese, house Caesar dressing. Served with kale & coleslaw.



WRAP POULET CROUSTILLANT

CA\$21.99

Sauce maison A.M. BBQ à l'érable, avocat, mayonnaise, laitue, jalapeno, fromage mozzarella. Servis kale & salade de chou. A.M. BBQ maple house sauce, avocado, mayonnaise, lettuce, jalapeno, mozzarella cheese. Served with kale & coleslaw.

Hamburger

Menu A.M Déjeuner Dîner



Burger Cowboy

CA\$21.99

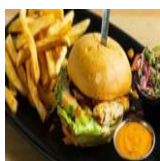
Boeuf, laitue, tomates, oignons caramélisés, bacon, fromage suisse, sauce maison A.M. B.B.Q. à l'érable. Servis avec salade de fèves et choix de pommes de terre à déjeuner ou frites. / Beef, lettuce, tomatoes, caramelized onions, bacon, swiss cheese, A.M. B.B.Q. Maple sauce. Served with bean salad and choice of breakfast potatoes or fries.



A.M. Burger

CA\$21.99

Boeuf, laitue, tomates, cornichon, fromage cheddar jaune, sauce signature A.M. légèrement épicée. Servis avec kale & salade de chou. Beef, lettuce, tomatoes, pickles, medium spiced A.M. signature sauce and cheddar cheese. Served with kale & coleslaw.

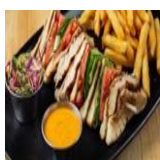


Burger de poulet / Chicken Burger

CA\$19.99

Laitue, tomates, avocat, mayonnaise épicée. Servis avec kale & salade de chou. Lettuce, tomatoes, avocado and spicy mayonnaise. Served with kale & coleslaw.

Sandwich



Sandwich club au poulet grillé / Grilled Chicken Club Sandwich

CA\$21.99

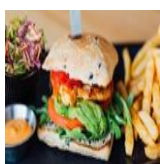
Bacon, laitue, et tomates. Servis avec kale & salade de chou. Bacon, lettuce, and tomatoes. Served with kale & coleslaw.



Med Gourmet Sandwich

CA\$20.99

Poivrons marinés, champignons portobellos, concombres, fromage de chèvre, roquette, et coulis balsamique aux figes. Servi sur pain ciabatta aux olives noires. Servis avec kale & salade de chou. Marinated peppers, portobello mushrooms, cucumbers, goat cheese, arugula, and balsamic coulis with figs. Served on ciabatta bread with black olives. Served with kale & coleslaw.



Sandwich au poulet grillé et avocat / Grilled Chicken and Avocado Sandwich

CA\$21.99

Poivrons marinés, tomates, roquette, mayonnaise épicée, et servi sur un pain ciabatta aux olives noires. Servis avec kale & salade de chou. Marinated peppers, tomatoes, arugula, spicy mayonnaise, and served on a ciabatta bread with black olives. Served with kale & coleslaw.



A.M. Sandwich

CA\$20.99

Avocat, épinards, tomates, piments jalapenos, mayonnaise épicée, et servi sur pain ciabatta olives noires. Servis avec kale & salade de chou. Avocado, spinach, tomatoes, jalapeno peppers, spicy mayonnaise, and served on black olive ciabatta bread. Served with kale & coleslaw.