

## Menu

# African Restaurant Fresh Kitchen MTL

7056 Rue Allard, Lasalle QC H8N 0E1, Canada | (438) 725-1020

## Most Ordered



### Egusi Soup with beef

CA\$34.99+

Ground melon seeds cooked with leafy greens and tender meat, served with a side of pounded yam.



### Ukazi Soup with beef & pomo

CA\$34.99+

Tender meat chunks and leafy greens simmered in a rich, savory broth with vibrant yellow peppers.



### Ogbono Soup with beef

CA\$37.99+

Rich, thick soup made from ground ogbono seeds, featuring assorted meats and leafy greens, served with fufu.



### Spicy Banga Soup with beef

CA\$39.99+

Rich palm nut soup with tender meat pieces, infused with traditional African spices and herbs.



### Malt

CA\$5.50

Non-alcoholic malt beverage with a rich, dark color and a slightly sweet, malty flavor.



### Bitterleaf Soup with assorted meat

CA\$34.99+

Tender pieces of meat and leafy greens simmered in a rich, earthy broth with bitterleaf.



### Moi Moi and egg

CA\$9.99

Steamed bean pudding made from blended black-eyed peas, onions, and spices.

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### Okra, Soup with beef

CA\$34.99+

Savory soup with okra, vegetables, shrimp, and fish. Choice of fufu: pounded yam, oat wheat fufu, garri/eba, or plantain fufu.



### Tilapia pepper soup

CA\$34.99+

Catfish pepper soup served with rice. Choose from pounded yam, plantain fufu, or garri/eba.

## Sauces/Soups (Toutes les sauces viennent avec du boeuf/All the soups come with beef)



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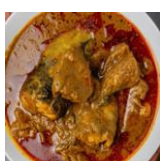
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### Egusi Soup with beef

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## Viandes épicés/Spicy Meats



### Tilapia pepper soup

Catfish pepper soup served with rice. Choose from pounded yam, plantain fufu, or garri/eba.

CA\$34.99+

## Collations/Snacks



### Moi Moi and egg

Steamed bean pudding made from blended black-eyed peas, onions, and spices.

CA\$9.99

## Boissons/Beverages

### Pepsi

Classic, refreshing cola soda.

CA\$3.00

### Coca Cola

Classic, refreshing soda with a timeless taste.

CA\$3.00

### Ginger Ale

Refreshing, crisp ginger-flavored carbonated soft drink.

CA\$2.00

### Iced tea (Fuze)

Chilled, Refreshing Brewed Tea, Perfectly Balanced for a Hot Day

CA\$2.00



### Malt

Non-alcoholic malt beverage with a rich, dark color and a slightly sweet, malty flavor.

CA\$5.50

### water/eau Eska

CA\$3.00

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## 7up

CA\$3.00

Crisp, refreshing lemon-lime soda, perfectly carbonated for a delightful sip.

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