

Menu

J&G SUYA SPOT & RESTOBAR

1484 Boulevard Shevchenko Lasalle A, Montréal, QC H8N | (514) 458-8248

Mains

Jollof Rice (Riz Jollof)

38,00 \$

Savoury one-pot dish made with rice and spices.

Okro and Pounded Yam

41,00 \$

Okra and pounded yam dish.

Egusi Soup and Akpu (Soupe de Melon et Akpu)

41,00 \$

Traditional West African soup made with ground melon seeds and served with akpu.

Fried Yam and Vegetable Eggs

41,00 \$

Crispy fried yam paired with eggs cooked with vegetables.

Goat Meat Pepper Soup (Soupe de Viande de Chevre aux Poivrons)

26,00 \$

Tender goat meat in a rich pepper soup.

Suya and Fried Plantain

28,00 \$

Savory plantain paired with spicy suya.

Suya Beef Stick (Boeuf Suya Stick)

22,00 \$

Tender beef skewers with a rich, savoury flavour.

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Fried Plantain and Beans with Meat

40,00 \$

Plantain and beans paired with meat for a satisfying meal.

Ogbono Soup and Pounded Yam

41,00 \$

Traditional Nigerian dish featuring Ogbono seeds in a rich soup served with pounded yam.

Fish Pepper Soup (Soup au Poivre et au Poisson)

19,99 \$

Flavourful fish soup with a peppery twist.

Fried Rice and Chicken (Riz Frit et Poulet)

38,00 \$

Flavourful fried rice with tender chicken.

Afang Soup Pounded Yam

54,99 \$

Traditional Nigerian soup made with pounded yam and Afang leaves.

Suya Wrap

30,00 \$

Savory West African-inspired wrap filled with tender meat.

Okro Soup and Eba (Soupe de Gombo et Eba)

41,00 \$

Traditional West African okra-based stew served with eba, a thick cornmeal paste.

Oha Soup and Pounded Yam

45,00 \$

Traditional Nigerian dish featuring Oha leaves and served with pounded yam.

White Rice and Stew (Riz Blanc et Ragocut)

40,99 \$

Traditional West African-inspired dish featuring white rice and stew.

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Black Soup and Starch (Soupe Noire et Amidon)

50,00 \$

Traditional West African dish featuring black soup served with starch.

Moi-moi

8,00 \$

Steamed bean pudding wrapped in leaves.

Pepper Gizzard

42,00 \$

Spicy gizzard dish with a kick of pepper.

Fried Plantain and Beans with Fish

40,00 \$

Plantain and beans paired with fish in a flavorful combination.

Black Soup and Pounded Yam (Soupe Noire et Ingame Pilee)

43,00 \$

Traditional West African dish featuring black soup served with pounded yam.

Cow Foot (Nkwobi) (Pied de Vache)

42,99 \$

Tender cow foot dish with rich flavours.

Yam and Porridge (Bouillie d'igname)

40,00 \$

Traditional West African dish made with yam and porridge.

Okro and Semolina

41,00 \$

Traditional West African okra-based soup served with semolina.

Yam and Beans (Haricots et Ingame)

43,99 \$

Yam and beans in a traditional West African-inspired dish.

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Vegetable Soup and Pounded Yam

44,00 \$

Hearty soup made with mixed vegetables, served with pounded yam.

Pepper Cowfoot

42,99 \$

Tender cowfoot infused with pepper.

Goat-head (Isiewu) (Tete de Chevre)

56,99 \$

Traditional Nigerian dish made with goat's head.

Chicken and Salad (Salade de Poulet)

18,00 \$

Tender chicken served on a bed of fresh salad.

Oatmeal and Eguchi

41,00 \$

Oatmeal served with Eguchi soup, a traditional West African pairing.

Yam and Owo (Soupe d'huile de Palm et Igname)

51,99 \$

Traditional West African dish featuring palm oil soup served with yam.

Yam and Vegetable (Legumes et Ingame)

43,00 \$

Yam and legumes in a hearty vegetable dish.

Fried Plantain and Egg (Plantain Frit et Oeuf)

30,00 \$

Crispy fried plantain served with egg.

Boiled Plantain and Owo Soupe de Plantain Bouillet et Huile de Palm

47,00 \$

Boiled plantain served in a flavorful palm oil broth.

Snail and Fries (Escargots et Frites)

49,99 \$

Snails served with crispy fries.
