



Menu

La Fraicheur Tropicale (Anjou)

La Fraicheur Tropicale, 6700 Boulevard Joseph-Renaud, Montréal, QC H1K 3V4, Canada | (514) 303-6700

Most Ordered



Légumes / Vegetables

CA\$20.25

A medley of sautéed vegetables with vibrant bell peppers and a rich, savory sauce, served alongside fluffy white rice.



Poulet /Chicken

CA\$20.25

Chicken available in large size.



Dinde / Turkey

CA\$23.00

Marinated turkey pieces grilled to perfection, served with sliced red onions and bell peppers.



Tassot de boeuf / Tassot of Beef

CA\$27.00

Tender, marinated beef chunks, fried to a crisp, served with fried plantains, white rice, and a side of creamy macaroni salad.



Tassot de cabrit / Goat Tasso

CA\$37.50

Tender pieces of marinated and fried goat, garnished with sliced green and red peppers, and served with red onion slices.



Lalo (jeudi et vendredi) / Lalo (Thursday and Friday)

CA\$23.00

Tender crab claws in a savory, dark green sauce, served with a side of fluffy white rice.

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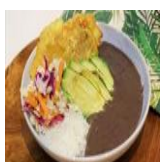
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Extra sauce pois

CA\$2.50

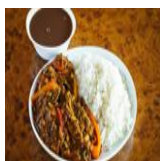
Smooth black bean puree topped with fresh avocado slices, crispy plantain chips, and a colorful slaw of shredded carrots, cabbage, and radishes.



Extra sauce

CA\$1.00

Grilled wrap filled with sautéed mushrooms, avocado, and melted cheese, served with three types of dipping sauces.



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