



## Menu

# Poké Bol Mont-Royal E.

2294 Avenue du Mont-Royal E, Montréal, QC H2H 1K6, Canada | (514) 527-1551

## Most Ordered



### 08. Poké au Saumon Epicé / Spicy Salmon Poke

CA\$19.95

Saumon épicé et caviar. / Spicy salmon and caviar.



### 01. Poké de Luxe / Luxury Poke

CA\$21.45

Thon, saumon, crevette tempura, et caviar. / Tuna, salmon, tempura shrimp, snapper and caviar.



### 04. POKÉ au Poulet Katsu / Katsu Chicken Pie

CA\$18.95

Cooked katsu chicken and cherry tomatoes. / Poulet cuit au katsu et tomates cerises.



### Dumplings Frits (4 Mcx.) / Fried Dumplings (4Pcs)

CA\$6.95

Golden-brown fried dumplings filled with a savory mixture, served with a side of fresh greens, shredded carrots, and a lemon slice.



### Dumplings au Beurre D'arachide (4 Mcx.) / Peanut Butter Dumplings (4Pcs)

CA\$6.95

Each order comes with four dumplings.



### 10. Poké Crevette tempura/ Tempura Shrimp Poke

CA\$18.95

Bol poké cuit avec tempura de crevettes et caviar. / A poké bowl cooked with shrimp tempura and caviar.



### 02. Poké au Sashimi / Sashimi Poke

CA\$21.45

Thon, saumon, crevette, et caviar.

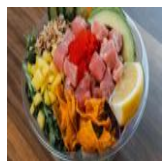
## Menu Poké Bol Mont-Royal E.



### 07. Poké au Saumon Flamboyant/ Flaming Salmon Poke

CA\$20.75

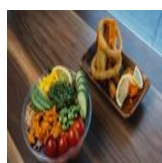
Saumon flambé et caviar. / Slightly torched salmon and caviar.



### 05. Poké au Thon / Tuna Poke

CA\$19.95

Thon. / Tuna

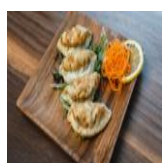


### 11. Poké Végé Tempura / Vegetarian Tempura Poke

CA\$16.95

Bol poké cuit avec aubergines, courgettes, patates douces et salade d'algues. / A poké bowl cooked with eggplant, zucchini, sweet potatoes, and seaweed salad.

## Entrées / Appetizers



### Dumplings Frits (4 Mcx.) / Fried Dumplings (4Pcs)

CA\$6.95

Golden-brown fried dumplings filled with a savory mixture, served with a side of fresh greens, shredded carrots, and a lemon slice.



### Dumpling frit(Végétarien)/ Fried dumpling(Vegetarian)

CA\$6.45

Crispy fried dumplings filled with a savory vegetarian mix, served with a side of shredded carrots and a lemon slice.



### Dumplings au Beurre D'arachide (4 Mcx.) / Peanut Butter Dumplings (4Pcs)

CA\$6.95

Each order comes with four dumplings.



### Dumpling au beurre d'arachide(Végétarien)

CA\$6.45

Delicate dumplings drizzled with peanut butter sauce, served on a bed of greens.

## Bols Poké / Poke Bowls



### 01. Poké de Luxe / Luxury Poke

CA\$21.45

Thon, saumon, crevette tempura, et caviar. / Tuna, salmon, tempura shrimp, snapper and caviar.

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### 03. Poké à l'Anguille grillée / Grilled Eel Poke

CA\$21.00

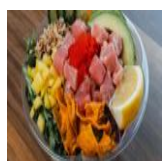
Anguille grillée et caviar. / Grilled eel and caviar.



### 04. POKÉ au Poulet Katsu / Katsu Chicken Pie

CA\$18.95

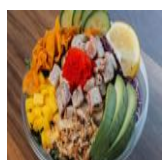
Cooked katsu chicken and cherry tomatoes. / Poulet cuit au katsu et tomates cerises.



### 05. Poké au Thon / Tuna Poke

CA\$19.95

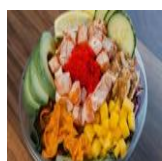
Thon. / Tuna



### 06. Poké au Thon Flambé/ Flaming Tuna Poke

CA\$20.75

Flamed tuna cubes with avocado, mango, crispy onions, cucumber slices, sweet potato chips, red cabbage, and a lemon wedge, topped with tobiko.



### 07. Poké au Saumon Flamboyant/ Flaming Salmon Poke

CA\$20.75

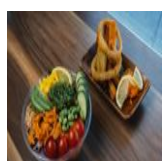
Saumon flambé et caviar. / Slightly torched salmon and caviar.



### 08. Poké au Saumon Épicé / Spicy Salmon Poke

CA\$19.95

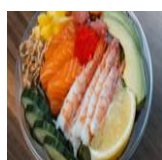
Saumon épicé et caviar. / Spicy salmon and caviar.



### 11. Poké Végé Tempura / Vegetarian Tempura Poke

CA\$16.95

Bol poké cuit avec aubergines, courgettes, patates douces et salade d'algues. / A poké bowl cooked with eggplant, zucchini, sweet potatoes, and seaweed salad.



### 02. Poké au Sashimi / Sashimi Poke

CA\$21.45

Thon, saumon, crevette, et caviar.



### 10. Poké Crevette tempura/ Tempura Shrimp Poke

CA\$18.95

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### Extra

Legumes tempura/Tempura vegetable

CA\$5.00



#### Sauce maison/ House Sauce

CA\$1.95

Creamy, herb-infused house sauce with hints of lemon and mustard, complemented by a touch of honey and fresh thyme.



#### Saumon/Salmon

CA\$9.00

Thinly sliced salmon garnished with capers, fresh greens, and a lemon wedge, topped with a crisp bread slice.

Spicy Mayonaise

CA\$1.95

1 Crevette tempura/1 Tempura shrimp

CA\$2.50

Anguille/Eel

CA\$9.00



#### Avocat/Avocado

CA\$4.00

Creamy avocado halves, freshly sliced, offering a smooth texture and rich flavor.

Mayonnaise épicée/Spicy mayonnaise

CA\$1.95

# Menu Poké Bol Mont-Royal E.

Thon/Tuna

CA\$9.00



## Salade d'algue/Seaweed salad

CA\$4.95

Delicate, marinated seaweed with a hint of sesame, creating a refreshing and light salad.



## Poulet katsu/Katsu chicken

CA\$7.25

Crispy breaded chicken cutlet, sliced and garnished with fresh green onions.

## Disposable Items

Chopsticks

0,00 \$

Utensils

0,00 \$