

# Menu

## La Belle Cayenne

4274 Boulevard Henri-Bourassa E, Montreal, QC H1H 1L6 | (450) 286-0320

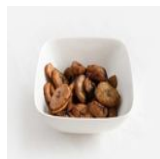
### Entrées / Appetizers



#### Salade de Macaroni / Macaroni Salad

4,99 \$

Tender macaroni tossed in a creamy dressing, a simple and satisfying appetizer.



#### Plantain Alloco

5,99 \$

Golden fried plantain slices, lightly caramelized, served warm as an appetizer.



#### Pâté Jamaïcain / Jamaican Pate

2,99 \$

Flaky Jamaican pastry filled with savoury seasoned meat.



#### Pâté Haïtien / Haitian Pate

2,49 \$

Traditional Haitian pastry filled with spices and meat.



#### Frites / Fries

2,99 \$

Crispy, golden sticks served hot.

#### Accra (4)

7,99 \$

Crispy, golden savoury fritters with herbs and spices. 4 pieces.

#### Banane Plantain / Plantain Banana

5,49 \$

Plantain, a starchy banana, served as an appetizer.

# Menu La Belle Cayenne

---

## Marinade (5)

6,99 \$

Savoury Haitian fritters, served in a set of five.

---

## Pogo

2,99 \$

## Croquette de poulet 6

5,99 \$

Crispy chicken bites filled with flavour.

---

## Croquette de poulet 10

9,99 \$

Tender chicken croquettes with a delicate flavour.

---

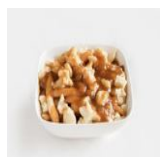
## Croquette de poulet 20

19,99 \$

Tender chicken croquettes with a delicate flavour.

---

## Poutines



### Poutine Régulier / Regular Poutine

9,99 \$

French fries topped with cheese curds and brown gravy.

---

### Poutine Chèvre (Cabrit) / Goat Poutine (Cabrit)

15,99 \$

Tender goat served over crispy fries with cheese curds and rich gravy.

---

### Poutine Saucisse / Sausage Poutine

11,99 \$

Savoury sausage served on top of crispy fries, smothered in a rich gravy.

---

# Menu La Belle Cayenne

---

## Poutine Garni / Garnished Poutine

10,99 \$

French fries topped with cheese curds and garnishes.

---

## Poutine au Poulet / Chicken Poutine

12,99 \$

Tender chicken, crispy fries, and creamy cheese curds.

---

## Poutine au Griot / Poutine with Griot

12,99 \$

Haitian pork griot over crispy fries with cheese curds and gravy.

---

## Poutine à la Dinde / Turkey Poutine

13,99 \$

Turkey, cheese curds, and gravy over French fries.

---

## Poutine au Bouf / Beef Poutine

14,99 \$

Tender beef, crispy fries, and rich gravy come together in a classic Canadian comfort dish.

---

## Pâtes / Pasta



### Spaghetti au Poulet / Chicken Spaghetti

14,49 \$

Tender chicken and spaghetti in a rich, savoury sauce.

---

### Spaghetti Saucisse / Spaghetti Sausage

14,49 \$

Savoury sausage served with spaghetti.

---

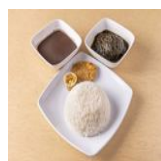
### Spaghetti au griot

14,49 \$

Tender spaghetti in a rich griot sauce.

---

## Plats de Riz / Rice Dishes



### Lalo

Riz, Banane plantain et pikliz. / Rice, plantain, and pikliz.

21,99 \$



### Poulet Frit / Fried Chicken

Tender and juicy chicken served with rice.

16,49 \$



### Tasso Dinde / Tasso Turkey

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

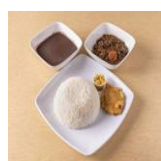
16,49 \$



### Cailles / Quails

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

20,99 \$



### Légumes / Vegetables

Riz, Banane plantain et pikliz. / Rice, plantain, and pikliz.

21,99 \$



### Poisson Tilapia / Tilapia Fish

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

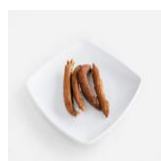
24,99 \$



### Côtes Levées / Ribs

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

24,99 \$



### Lambi Haïtien / Haitian Queen Conch

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

24,99 \$

# Menu La Belle Cayenne



## Tasso Bouf / Tasso Beef

24,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Crevettes Sautées à l'Ail / Fried Shrimp with Garlic

27,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Poisson Rose / Pink Fish

34,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

## Griot

16,49 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

## Tasso Cabrit (Chèvre) / Tasso Cabrit (Goat)

26,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Rice, macaroni salad, plantain, pikliz, sweet sauce, and onion vinaigrette on the meat.

## Fritay



## Fritay Cailles / Fritay Quail

22,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Fritay Griot / Griot Fritay

21,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Fritay Poulet Frit / Fritay Fried Chicken

21,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.

# Menu La Belle Cayenne



## Fritay Côte Levées / Fritay Ribs

26,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Fritay Crevettes Sautées à l'Ail / Garlic Sauteed Shrimp Fritay

26,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Fritay Lambi / Lambi Fritay

26,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Fritay Poisson Tilapia / Tilapia Fish Fritay

26,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.



## Fritay Poisson Rose / Pink Fish Fritay

36,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.

## Fritay Tasso Cabrit Chèvre / Fritay Tasso Cabrit Goat

27,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.

## Fritay Tasso Dinde / Fritay Tasso Turkey

22,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.

## Fritay Tasso Bouf / Fritay Tasso Beef

26,99 \$

Banane ou frites épicée, marinades, accra, pikliz, sauce douce et vinaigrette d'oignon sur la viande. / Banana, or spicy fries, marinades, accra, pikliz, sweet sauce, and onion vinaigrette on the meat.

## Pour Deux (2) Personnes / For Two (2) People

### Tasso Bouf pour (2) / Tasso Beef for (2)

48,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

### Poulet pour (2) / Chicken for (2)

37,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

### Dinde pour (2) / Turkey for (2)

39,49 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

### Cailles pour (2) / Quail for (2)

39,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

### Tasso Cabrit (Chèvre) pour (2) / Tasso Cabrit (Goat) for (2)

49,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

### Cotes Levées pour (2) / Ribs for (2)

48,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

### Lalo pour (2) / Lalo for (2)

41,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

### Légumes pour (2) / Vegetables for (2)

41,99 \$

Assortment of vegetables for two people.

# Menu La Belle Cayenne

## Poisson Tilapia pour (2) / Tilapia Fish for (2)

47,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

## Poisson Rose pour (2) / Pink Fish for (2)

65,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

## Lambi Haïtien pour (2) / Haitian Queen Conch for (2)

49,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

## Crevettes Sautées à l'Ail pour (2) / Sauteed Shrimps with Garlic for (2)

49,99 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et deux canettes. / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and two cans.

## Pour Quatre (4) Personnes / For Four (4) People

### Griot pour (4) / Griot for (4)

63,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

### Poulet pour (4) / Chicken for (4)

63,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

### Ailes de Poulet pour (4) / Chicken Wings for (4)

63,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

### Dinde pour (4) / Turkey for (4)

66,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

# Menu La Belle Cayenne

---

## Cailles pour (4) / Quail for (4)

65,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

## Tasso Bouf pour (4) / Tasso Beef for (4)

89,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

## Cotes Levées pour (4) / Ribs for (4)

77,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

## Lalo pour (4) / Lalo for (4)

79,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

## Légumes pour (4) / Vegetables for (4)

79,98 \$

Assortment of fresh vegetables for four people.

---

## Poisson Tilapia pour (4) / Tilapia Fish for (4)

79,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

## Poisson Rose pour (4) / Pink Fish for (4)

119,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

## Lambi Haïtien pour (4) / Haitian Queen Conch for (4)

87,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

## Crevettes Sautées à l'Ail pour (4) / Sauteed Shrimps with Garlic for (4)

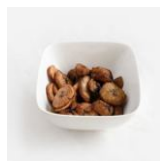
87,98 \$

Riz, salade macaroni, banane plantain, pikliz, sauce douce, vinaigrette d'oignon sur la viande et boisson (2lt). / Rice, macaroni salad, plantain, pikliz, sweet sauce, onion vinaigrette on the meat, and drink (2lt).

---

# Menu La Belle Cayenne

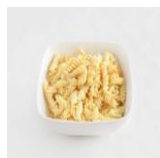
## Extras



### Plantain Aloco

Crispy fried plantains served as a side dish.

5,99 \$



### Salade de Macaroni / Macaroni Salad

Classic macaroni mixed with a blend of ingredients.

4,99 \$



### Frites / Fries

Crispy, golden sticks served hot.

2,99 \$

### Griot

Traditional Haitian stew made with tender meat.

6,99 \$

### Sauce Douce / Sweet Sauce

Sweet and tangy condiment to elevate your dish.

0,99 \$

### Pâté Haïtien / Haitian Pate

Traditional Haitian pastry filled with spices and meat.

2,49 \$

### Pâté Jamaïcain / Jamaican Pate

Flaky Jamaican pastry with a savoury spiced filling.

2,89 \$

### Banane Plantain / Plantain

Ripe plantain, a starchy and sweet fruit.

4,99 \$

# Menu La Belle Cayenne

---

## Vinaigrette Oignon / Onion Vinaigrette

0,99 \$

Tangy and sweet onion dressing.

---

## Acra (4)

6,99 \$

Traditional Haitian savoury fritters, crispy and golden. 4 pieces.

---

## Marinade (5)

6,99 \$

Five savoury Haitian fritters (marinad), a tasty side to complement your meal.

---

## Sauce Piquante / Hot Sauce

0,99 \$

Side of hot sauce to add piquant heat to your dish.

---

## Poulet / Chicken

4,99 \$

Tender and juicy chicken.

---

## Purée de Pois Noir / Black Pea Puree

4,99 \$

Smooth black pea puree.

---

## Pogo

1,99 \$

---

## Croquettes de Poulet (6mcx) / Chicken Nuggets (6pcs)

5,99 \$

Tender chicken bites, served in a pack of 6.

---

## Croquettes de Poulet (10mcx) / Chicken Nuggets (10pcs)

9,99 \$

Tender chicken bites, served in a pack of 10.

---

# Menu La Belle Cayenne

---

## Croquettes de Poulet (20mcx) / Chicken Nuggets (20pcs)

14,99 \$

Tender chicken bites, perfect for snacking.

---

## Riz Blanc / White Rice

4,99 \$

Steamed white rice, a classic accompaniment to any meal.

---

## Boissons / Drinks

### Cola Couronne

2,99 \$

Soft drink with a cola flavour.

---

### Malta

1,99 \$

Carbonated non-alcoholic malt drink.

---

### Bouteille d'Eau / Bottle of Water

1,50 \$

---

### Cola Couronne (2lt)

4,99 \$

---

### 7 Up

1,99 \$

---

### Arizona

2,49 \$

---

# Menu La Belle Cayenne

---

**Pepsi** 1,99 \$

---

**Canada Dry** 1,99 \$

---

**Coke** 1,99 \$

---

**Sprite** 1,99 \$

---

**Crush** 1,99 \$

---

**Crème Soda / Cream Soda** 1,99 \$

Fizzy soda with a sweet and creamy taste.

---

**Limonade / Lemonade** 2,99 \$

Tangy lemonade with bright citrus notes.

---

**Cola Makaya** 2,99 \$

Fizzy cola-flavoured drink.

---

**Tropik Splash** 2,99 \$

Tropical fruit-flavoured drink.

---

## Spécial spécial spécial

### Plat de poulet

22,99 \$

Poulet servi avec riz collé, riz djondjon ou riz blanc sauce pois, salade de pâte, banane plantain, pikliz, vinaigrette d'oignons.

---

### Plat de griot

22,99 \$

Griot de porc servi avec riz collé, riz djondjon ou riz blanc sauce pois, salade de pâte, banane plantain, pikliz, vinaigrette d'oignons.

---

### Plat de légumes haitien

22,99 \$

Servi avec riz collé, riz djondjon ou riz blanc sauce pois, salade de pâte, banane plantain, pikliz, vinaigrette d'oignons.

---