

Menu

Traiteur Délicieux Inc.

7200 Rue Sherbrooke Est Montréal, Quebec H1n 1e7 Canada, | (514) 926-7447

Déjeuner Peruvien - Déjeuners/Desayunos

2. Porc Frit / Chicharron

10,99 \$

Crispy fried pork rinds served with a side of Peruvian-style chicharron.

3. Patate Douce Frite / Sweet Potato fries / Camote

8,99 \$

Sweet potato fries.

4. Pain / Pan

3,99 \$

Traditional Peruvian bread.

5. Café, Te O Leche / Coffe, Tea or Milk

3,75 \$

Coffee, tea or milk beverage

Tamal au porc / Peruvian Pork Tamal

9,99 \$

Tamal péruvien au porc fondant, assaisonné d'épices traditionnelles et cuit à la vapeur dans une feuille de bananier / Peruvian pork tamal, tender and seasoned with traditional spices, steamed in a banana leaf

Déjeuner péruvien classique / Peruvian classic breakfast / Desayuno peruano clasico

Tamal au poulet ou au porc, chicharrón croustillant, pain frais, frites de patate douce sucrées et café chaud. Chicken or pork tamal, crispy chicharrón, fresh bread, sweet potato fries & hot coffee. Tamal de pollo o cerdo, chicharrón crujiente, pan fresco, camote frito dulce y café caliente.

Boissons gazeuses // Soft drinks



Inca Kola (2L)

9,99 \$

Menu Traiteur Délicieux Inc.



Inca Kola (Canette / Can)

3,65 \$

Pepsi (Canette / Can)

2,99 \$

Pepsi Diète / Diet Pepsi (Canette / Can)

2,99 \$

Perrier (Eau gazeuse / Sparkling water)

3,95 \$

Crush à l'orange / Orange Crush

2,99 \$

Coca Cola (Canette / can)

2,99 \$

Coca Cola diète / Diet Coca Cola (Canette / can)

2,99 \$

Canada Dry (Canette / Can)

2,99 \$

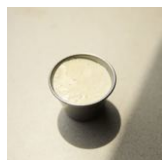
Sauces



Sauce épicée péruvienne / Spicy peruvian sauce

3,99 \$

A traditional Peruvian sauce with a bold and vibrant flavor, crafted to complement a variety of dishes.



Mayonnaise maison fraîche / Fresh homemade mayonnaise

3,99 \$

Smooth and creamy sauce crafted in-house, perfect for enhancing your dishes.

Déjeuner À La Carte the Lunch Break - Omelettes / Lunch Break A La Carte



Omelette Nature / Plain Omelette

16,99 \$

Trois oufs. / Three eggs.



Omelette Végé / Vegetarian Omelette

17,95 \$

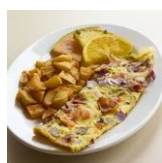
Trois oufs, oignons, poivrons, tomates et fruits. / Three eggs, peppers, tomatoes, roasted potatoes, and fruits.



Omelette Western / Western Omelette

18,95 \$

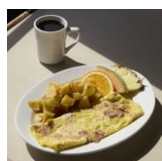
Avec jambon, oignons et poivrons verts. / With ham, onions and green peppers.



Omelette Eastern / Eastern Omelette

18,95 \$

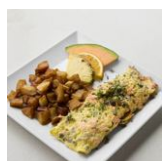
Avec bacon, tomates et oignons. / With bacon, tomatoes and onions.



Omelette Jambon / Ham Omelette

18,95 \$

Trois oufs, jambon avec fromage cheddar. / Three eggs with ham and cheddar cheese.



Omelette Atlantide / Atlantis Omelette

21,95 \$

Avec saumon fumé, oignons, carpes, fromage à la crème. / With smoked salmon, onions, carps, and cream cheese.



Omelette Bucheron / Lumberjack Omelette

21,75 \$

Saucisse, bacon, jambon et fromage cheddar. / Sausage, bacon, ham, and cheddar cheese.

Poulet / Chicken - Pollo a la brasa



1/4 Poulet (Cuisse) / 1/4 Chicken (Thigh)

15,99 \$

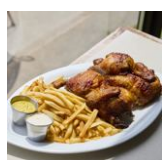
Servi avec frites abondantes maison, salade du chef et accompagné d'une variété des sauces péruviennes. / Served with generous homemade fries, chef's salad, and a variety of Peruvian sauces.



1/4 Poulet (Poitrine) / 1/4 Chicken (Breast)

16,99 \$

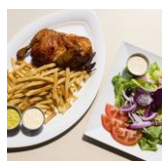
Servi avec frites abondantes maison, salade du chef et accompagné d'une variété des sauces péruviennes. / Served with generous homemade fries, chef's salad, and a variety of Peruvian sauces.



1 Poulet / 1 Chicken

44,99 \$

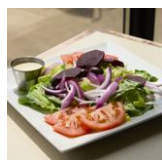
Servi avec frites abondantes maison, salade du chef et accompagné d'une variété des sauces péruviennes. / Served with generous homemade fries, chef's salad, and a variety of Peruvian sauces.



1/2 Poulet - 1/2 Chicken

25,99 \$

Servi avec frites abondantes maison, salade du chef et accompagné d'une variété des sauces péruviennes. / Served with generous homemade fries, chef's salad, and a variety of Peruvian sauces.



Salade fraîche avec sauce maison / Fresh Salad with House Dressing 8,89 \$

Mixed greens served with a signature house dressing.

Frites / French fries

5,99 \$

Classic crispy golden fries, a simple and popular accompaniment.

Déjeuner À La Carte the Lunch Break - Pain Doré Et Gaufres / A La C



Pain Doré Nature / Natural French Toast

16,79 \$

French toast served in its natural state.

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Pain Doré Aux Fruits Avec Crème Anglaise / French Toasts with Fruits and English Cream

French toast topped with fruits and served with English cream.

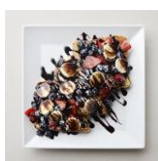
~~12,99 \$~~
13,99 \$



Pain Doré Avec Fraises, Bleuets, Framboises Et Crème Anglaise / French Toast with Strawberries, Blueberries, Raspberries, and English Cream

French toast topped with strawberries, blueberries, raspberries, and English cream.

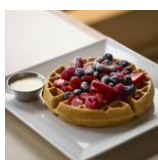
~~12,99 \$~~
13,99 \$



Pain Doré Avec Chocolat / French Toasts

Trois tranches de pain doré au choix et fruits. / Three slice of french toasts choices and fruits.

18,99 \$



Gaufres Nature / Natural Waffles

Avec sirop d'érable et fruits. / With maple syrup and fruits.

18,95 \$

Sandwiches



Sandwich Butifarra / Butifarra Sandwich

Sandwich au jambon de porc assaisonné, avec oignons marinés, coriandre et piment doux dans un pain croquant. / Seasoned pork ham sandwich with marinated onions, cilantro, and mild chili in a crusty bun.

8,95 \$



Sandwich Steak / Steak Sandwich

Steak, oignons sautes, piment et tomates. / Steak, sautéed onions, chili pepper, and tomatoes.

8,95 \$



Sandwich au Porc / Pork Sandwich

Porc grillé, oignons citronnés, piment, laitue, persil et oignons frais. / Grilled pork, lemon onions, chili pepper, lettuce, parsley, and spring onions.

9,95 \$



Sandwich aux Saucisses Italiennes / Italian Sausage Sandwich

Saucisses italiennes grillées, piment fort et oignons. / Grilled Italian sausages, hot chili pepper, and onions.

7,95 \$

Sandwich au Poulet / Chicken Sandwich

9,95 \$

Poulet grillé, laitue, tomates et mayonnaise. / Grilled chicken, lettuce, tomatoes, and mayonnaise.

Chips à la patate douce maison / Homemade sweet potato chips

7,99 \$

Crisp, thinly sliced sweet potato chips with a natural texture and subtle taste.

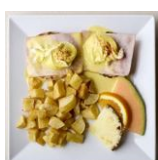
Les Oufs Bénédictins / Eggs Benedict



Bénédictine / Benedictine

18,69 \$

Deux oufs pochés avec jambon recouvert de sauce hollandaise. / Two poached eggs with ham covered in hollandaise sauce.



Royal

19,69 \$

Deux oufs pochés avec épinards, fromage cheddar et sauce hollandaise. / Two poached eggs with spinach, cheddar cheese and hollandaise sauce.

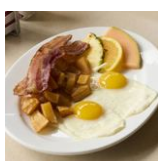
Coupon / Tickets



Santé / Health

17,59 \$

Céréales, yaourt, lait et fruits frais. / Cereals, yogurt, milk, and fresh fruits.



Bacon

17,99 \$

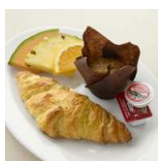
Deux oufs, bacon fruits, pommes de terre rissolées et rôties. / Two eggs, bacon, fruit, hash browns, and toast.



Saucisses / Sausages

17,95 \$

Deux oufs, saucisses, fruits, pommes de terre rissolées et rôties. / Two eggs, sausage, fruit, hash browns, and toast.

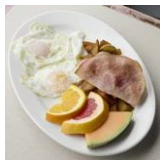


Continantal / Continental

16,99 \$

Muffin, croissant et fruits. / Muffin, croissant and fruits.

Menu Traiteur Délicieux Inc.



Jambon / Ham

Deux ufs, Jambon, fruits, pommes de terre rissolées et rôties. / Two eggs, ham, fruit, hash browns, and roasted potatoes.

17,49 \$



Pain Doré / French Toast

Trois pains dorés avec sirop de table et fruits. / Three French toasts with table syrup and fruit.

17,49 \$

Viennoiseries / Pastries



Muffin

Flaky pastry treat.

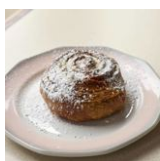
3,59 \$



Croissant

Flaky, buttery pastry.

3,95 \$



Brioche / Bun

Rich, buttery pastry.

3,99 \$



Baguette

Rôties avec beurre et confiture. / Toasted with butter and jam.

6,95 \$

French Bread

Toast avec du beurre. / Toast with butter.

6,95 \$

Royal Casseroles



Viking

Saucisse, jambon, bacon, tomates, champignon, patates, fromage suisse, sauce hollandaise et ouf. / Sausage, ham, bacon, tomatoes, mushrooms, potatoes, swiss cheese, hollandaise sauce, and egg.

19,95 \$



Gaulois Gallic / Gaulish Gallic

19,95 \$

Poivrons vert, oignons, bacon, jambon, fèves au lard, sirop érable, patates, fromage suisse, sauce hollandaise et ouf. / Green peppers, onions, bacon, ham, baked beans, maple syrup, potatoes, swiss cheese, hollandaise sauce, and egg.



Inca

20,95 \$

Poivrons rouge et vert tomates, épinard oignons, champignons, saucisses jambon, bacon, patate, fromage suisse, sauce hollandaise et ceuf. / Red and green peppers, tomatoes, spinach, onions, mushrooms, sausages ham, bacon, potato, swiss cheese, hollandaise sauce, and egg.

Crêpes / Pancakes



Crêpes Nature / Natural Pancakes

16,39 \$

Thin French-style pancakes.



Crêpes Américaines / American Pancakes

18,59 \$

Crêpes nappées de sirop d'érable et servis avec fruits frais. / Pancakes covered with maple syrup and served with fresh fruits.



Crêpes Versailles / Versailles Pancakes

18,49 \$

Avec fraises, framboises, bleuets, bananes et crème pâtissière. / With strawberries, raspberries, blueberries, bananas and pastry cream.



Crêpes Royales / Royal Pancakes

18,69 \$

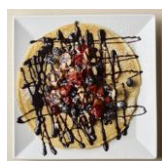
Fraises, chocolat et crème pâtissière. / Strawberries, chocolate and pastry cream.



Crêpes Aux Fruits / Pancakes with Fruits

18,69 \$

Avec sirop d'érable et fruits. / With maple syrup and fruits.

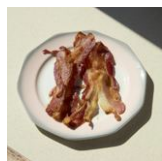


Crêpes Bananas Et Chocolat / Banana and Chocolate Crepes

18,69 \$

Thin French-style pancakes filled with bananas and chocolate.

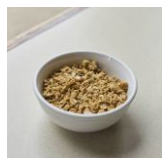
Les Extras / Extras



Bacon (4)

Crispy strips of smoked pork belly.

6,99 \$



Céréales / Cereals

Assorted breakfast cereals.

4,99 \$



1 Crêpes / 1 Pancakes

Thin French-style pancakes or delicate crepes.

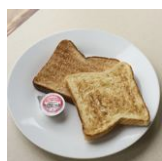
6,25 \$



Sirop Érable / Syrup Maple

Pure Canadian maple syrup

4,95 \$



Rôtis / Toasts (2)

Two slices of bread, perfect for pairing with your meal.

4,95 \$



Verre de Lait / Glass of Milk

Cold milk served in a glass.

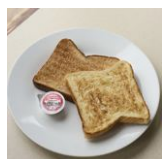
3,95 \$



Croissant

Flaky, buttery pastry.

3,95 \$



1 Rôtis / 1 Toast

Crusty bread, perfect for pairing with your meal.

2,99 \$



B-MATIN SAUCISSES

5,99 \$

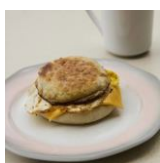
CHOIX DE MUFFIN ANGLAIS , BAGEL OU CROISSANTS



B-MATIN BACON

5,99 \$

CHOIX DE PAIN : MUFFIN ANGLAIS OU BAGEL OU CROISSANT OU TOAST



B-MATIN OEUFS

5,99 \$

CHOIX DE PAIN: BAGEL OU MUFFIN ANGLAIS OU TOAST OU CROISSANT



B-MATIN BLT

5,99 \$

CHOIX DE PAIN: MUFFIN ANGLAIS OU CROISSANT OU PAIN TRANCHE OU BAGEL

Saucisses / Sausages (4)

5,99 \$

Four juicy sausages, perfect as an accompaniment.

Jambon / Ham (2)

5,95 \$

Thinly sliced cured ham.

Gruau / Groats

5,95 \$

Whole grain cereal made from wheat, oats, or other grains.

Patates / Potatoes

5,55 \$

Crunchy, flavorful potatoes.

1 Oeuf / 1 Eggs

2,95 \$

One egg.

Menu Traiteur Délicieux Inc.

1 Assiette de Fruits / 1 Plate of Fruits

10,99 \$

Fresh seasonal fruits arranged on a plate.

Extras

Soupe au Poulet / Chicken Soup

5,99 \$

Tender chicken in a comforting broth.

Salade Mixte / Mixed Salad

6,99 \$

Simple mixed greens to accompany your meal.

Desserts / Desserts

6,50 \$

Assorted desserts to complement your meal.

Breuvages / Beverages



Café / Coffee 12 Oz

3,59 \$

Rich and smooth coffee, expertly brewed in 12 oz cup.



Thé Vert / Green Tea

3,85 \$

Steeped in tradition, this Japanese-inspired tea offers a subtle, refreshing taste.



Tisane / Herb Tea

3,95 \$

Soothing herbal infusion.



Chocolat Chaud / Hot Chocolate

4,95 \$

Rich, velvety hot chocolate to warm your day.

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Jus d'Orange / Orange Juice

3,75 \$

Freshly squeezed orange juice.



Jus de Pomme / Apple Juice

3,75 \$

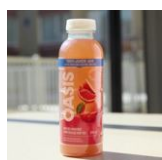
Freshly squeezed apple juice.



Jus d'Ananas / Pineapple Juice

4,95 \$

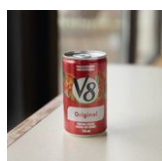
Fresh pineapple juice.



Jus de Pamplemousse / Grapefruit Juice

3,25 \$

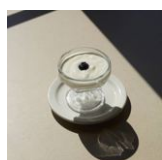
Freshly squeezed juice from grapefruit.



Jus de Tomate V-8 / V-8 Tomato Juice

3,95 \$

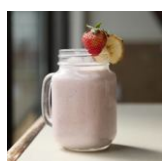
Tomato juice made from V-8.



Yaourt / Yogourt

3,95 \$

A creamy and refreshing dairy treat.



Frappé aux Fraises / Strawberry Shake

6,95 \$

Rich and creamy strawberry milkshake.



Frappé aux Bananes / Bananas Shake

6,95 \$

Rich and creamy banana shake.



Frappé aux Ananas / Pineapple Shake

6,95 \$

Creamy pineapple blended to a refreshing drink.



Frappé aux Fraises et Bananes / Shake Mix

Strawberry and banana blended mix.

6,99 \$
