



## Menu

# tonmtonm restaurant

TonmTonm Restaurant | Cuisine caraibéenne et Haitienne, 778 Rue Fréchette, Longueuil, QC J4J 5C9, Canada | (514) 558-9953

## Most Ordered

### Griot

CA\$18.99

Les plats sont servis Riz collé ou blanc sauce poids, banane plantain, sauce, pikliz, salade Macaroni ou The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie or lettuce.

### Griot

CA\$6.60

Les plats sont servis riz collé ou blanc sauce poids banane plantain sauce pikliz salade macaroni ou laitue.

### Lalo

CA\$23.80

NB: Les plats sont servis riz collé, banane plantain, sauce, pikliz, salade Macaroni. / The plates are served with pasted rice, plantain, sauce, pikliz, Macaroni salad.

### Légume / Vegetable

CA\$22.80

NB: Les plats sont servis riz collé, banane plantain, sauce, pikliz, salade Macaroni. / The plates are served with pasted rice, plantain, sauce, pikliz, Macaroni salad.

### Tassot bouf / Beef Tassot

CA\$23.80

Les plats sont servis Riz collé ou blanc sauce poids, banane plantain, sauce, pikliz, salade Macaroni ou The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie or lettuce.

### Poulet / Chicken

CA\$18.99

Les plats sont servis Riz collé ou riz blanc sauce poids, ou riz djondjon ou riz poids congo banane plantain, sauce, pikliz, salade Macaroni / The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie

### Macaronie / Macaroni

CA\$6.50

Creamy macaroni pasta with fresh herbs, garnished with a sprig of parsley.

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## Acra

CA\$6.75

Acra is made from malanga roots, seasoned and deep-fried, often accompanied by pikliz for added flavor.

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## Légume au bouf / Vegetables with Beef

CA\$9.00

Beef and a variety of vegetables, typically including carrots, broccoli, and onions, sautéed together.

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## Repas familiale griot / Griot Family Meal

CA\$50.99

Servis avec riz collé, banane plantain, salade Macaroni, sauce, pikliz. / Served with pasted rice, plantain, Macaroni salad, sauce, pikliz.

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## Boisson / Drink

### Tropik Splash

CA\$4.15

A refreshing blend of tropical fruits, typically includes mango, strawberry, and banana, harmonized with a hint of citrus.

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### Cola couronne / Crown Cola

CA\$3.75

A carbonated drink with a unique blend of flavors, offering a distinctive take on the classic cola experience.

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### 7up

CA\$3.00

Carbonated lemon-lime soda with natural citrus flavors.

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### Cola banane / Banana Cola

CA\$3.75

Carbonated beverage blending the classic cola taste with a hint of banana flavor.

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### Cola banane 2L / Banana Cola 2L

CA\$6.60

A carbonated beverage blending the classic cola flavor with a hint of banana, served in a 2-liter bottle.

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### Cola couronne 2L / Crown Cola 2L

CA\$6.60

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### Crush

CA\$3.00

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### Eau / Water

CA\$2.00

Pure, refreshing hydration

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### Coca Cola

CA\$3.00

Carbonated soft drink with a classic cola flavor.

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### Pepsi

CA\$3.00

Carbonated soda with a refreshing cola flavor.

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### MALTA CREOLE

CA\$3.00

Malta Creole: A unique beverage complemented by a side of macaroni salad.

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## Poisson / Fish

### Poisson fritay / Fried Fish

CA\$34.80

N.B: Les plats Fritay sont servis, banane plantain, acra, sauce, pikliz, salade Macaroni , The fried plates are served with plantain, acra, sauce, pikliz,

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### Poisson / Fish

CA\$33.80

Les plats sont servis Riz collé ou riz blanc sauce poids, ou riz poids congo ou riz djondjon banane plantain, sauce, pikliz, salade Macaroni. / The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie .

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## Plats divers / Various Plates

### Petit Bocal Pikliz / Small Bocal Pikliz

CA\$6.50

A tangy Haitian relish featuring shredded cabbage, carrots, and scotch bonnet peppers, marinated in vinegar and spices.

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### Bocal Pikliz

CA\$16.50

Bocal pikliz is a spicy pickled vegetable medley, typically including cabbage, carrots, and peppers, seasoned with vinegar and spices.

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## Viande / Meat

### Tassot bouf / Beef Tassot

CA\$23.80

Les plats sont servis Riz collé ou blanc sauce poids, banane plantain, sauce, pikliz, salade Macaroni ou The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie or lettuce.

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### Griot fritay / Fried Griot

CA\$19.50

N.B: Les plats Fritay sont servis, banane plantain, acra, sauce, pikliz, salade Macaroni ou The fried plates are served with plantain, acra, sauce, pikliz,

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### Tassot bouf (fritay) / Fried Beef Tassot

CA\$24.80

N.B: Les plats Fritay sont servis, banane plantain, acra, sauce, pikliz, salade Macaroni ou The fried plates are served with plantain, acra, sauce, pikliz,

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### Griot

CA\$18.99

Les plats sont servis Riz collé ou blanc sauce poids, banane plantain, sauce, pikliz, salade Macaroni ou The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie or lettuce.

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### Petit plat griot / Small Griot Plate

CA\$13.99

NB: Les plats sont servis riz collé, banane plantain, sauce, pikliz, salade Macaroni, The plates are served with pasted rice, plantain, sauce, pikliz, Macaroni salad.

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## Riz / Rice

### Riz Djondjon / Black Mushroom Rice

CA\$11.80

Vous devriez le choisir avec un plats.

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## Extra

### Légume au bouf / Vegetables with Beef

CA\$9.00

Beef and a variety of vegetables, typically including carrots, broccoli, and onions, sautéed together.

### Acra

CA\$6.75

Acra is made from malanga roots, seasoned and deep-fried, often accompanied by pikliz for added flavor.

### Griot

CA\$6.60

Les plats sont servis riz collé ou blanc sauce poids banane plantain sauce pikliz salade macaroni ou laitue.

### Macaronie / Macaroni

CA\$6.50

Creamy macaroni pasta with fresh herbs, garnished with a sprig of parsley.

### Poulet / Chicken

CA\$6.60

Les plats sont servis riz collé ou blanc sauce poids banane plantain sauce pikliz salade macaronie ou laitue. / the dishes are served pasted rice or white sauce weight plantain sauce pikliz salad macaronie or lettuce.

### Banane plantain (2) / Plantain (2)

CA\$1.50

Two pieces of plantain, typically fried, offering a sweet or savory addition to enhance the meal experience.

### Sauce (petite / Small)

CA\$2.00

A small portion of sauce, typically crafted to complement chicken dishes, enhancing the overall flavor.

### Pikliz

CA\$1.30

Pikliz is a Haitian condiment consisting of shredded cabbage, carrots, and spicy peppers pickled in a tangy vinegar base.

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### Sauce (grande / Large)

CA\$5.00

A generous serving of our specially crafted sauce, designed to complement chicken dishes with its rich and savory profile.

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### Dinde / Turkey

CA\$9.00

Les plats sont servis riz collé ou blanc sauce poids banane plantain sauce pikliz salade macaronie ou laitue. / the dishes are served pasted rice or white sauce weight plantain sauce pikliz salad macaronie or lettuce.

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### Riz Djondjon / Black Mushroom Rice

CA\$12.50

Vous devriez le choisir avec un plats.

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### Riz collé / pasted rice

CA\$19.99

Riz collé, also known as pasted rice, is traditionally prepared with a blend of rice and beans, often seasoned with a hint of Creole spices.

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### Sauce poids / Weight Sauce

CA\$6.60

An additional serving of sauce, typically balanced for enhancing the main dish's flavors.

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### Tassot bouf / Beef Tassot

CA\$14.20

Les plats sont servis riz collé ou blanc sauce poids banane plantain sauce pikliz salade macaronie ou laitue. / the dishes are served pasted rice or white sauce weight plantain sauce pikliz salad macaronie or lettuce.

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## Repas familiale / Family Meals

### Repas familiale griot / Griot Family Meal

CA\$50.99

Servis avec riz collé, banane plantain, salade Macaroni, sauce, pikliz. / Served with pasted rice, plantain, Macaroni salad, sauce, pikliz.

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### Repas familiale poulet / Chicken Family Meal

CA\$50.99

Servis avec riz collé, banane plantain, salade Macaroni, sauce, pikliz. / Served with pasted rice, plantain, Macaroni salad, sauce, pikliz.

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## Menu tonmtonm restaurant

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### Repas familiale griot fritay / Fried Griot Family Meal

CA\$53.99

Servis avec banane plantain, acra, salade Macaroni, sauce, pikliz / Served with plantain, acra, Macaroni salad, sauce, pikliz.

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### Repas familiale poulet fritay / Fried Chicken Family Meal

CA\$53.99

Servis avec banane plantain, acra, salade Macaroni, sauce, pikliz / Served with plantain, acra, Macaroni salad, sauce, pikliz.

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## Poulet / Chicken

### Extra ailes de poulet (6) / Extra Chicken Wings (6)

CA\$8.80

Six whole chicken wings, typically seasoned and fried.

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### Petit plat poulet / Small Chicken Plate

CA\$13.99

NB: Les plats sont servis riz collé, banane plantain, sauce, pikliz, salade Macaroni. / The plates are served with pasted rice, plantain, sauce, pikliz, Macaroni salad.

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### Poulet / Chicken

CA\$18.99

Les plats sont servis Riz collé ou riz blanc sauce poids, ou riz djondjon ou riz poids congo banane plantain, sauce, pikliz, salade Macaroni / The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie

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### Poulet fritay / Fried Chicken

CA\$19.50

N.B: Les plats Fritay sont servis, banane plantain, acra, sauce, pikliz, salade Macaroni ou The fried plates are served with plantain, acra, sauce, pikliz, Macaroni salad or lettuce.

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### Ailes de poulet (6) / Chicken Wings (6)

CA\$19.50

Les plats sont servis Riz collé ou blanc sauce poids, banane plantain, sauce, pikliz, salade Macaroni ou The dishes are served Pasted rice or white sauce weight, plantain, sauce, pikliz, salad Macaronie or lettuce.

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### Ailes de poulet fritay (6) / Fried Chicken Wings (6)

CA\$19.50

N.B: Les plats Fritay sont servis, banane plantain, acra, sauce, pikliz, salade Macaroni ou The fried plates are served with plantain, acra, sauce, pikliz, Macaroni salad or lettuce.

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### Légume / Vegetable

#### Lalo

CA\$23.80

NB: Les plats sont servis riz collé, banane plantain, sauce, pikliz, salade Macaroni. / The plates are served with pasted rice, plantain, sauce, pikliz, Macaroni salad.

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#### Légume / Vegetable

CA\$22.80

NB: Les plats sont servis riz collé, banane plantain, sauce, pikliz, salade Macaroni. / The plates are served with pasted rice, plantain, sauce, pikliz, Macaroni salad.

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