



# Menu

## Eggspres

2151 Av. du Marché, Saint-Lin - Laurentides, QC J5M 2G4, Canada | (450) 302-1441

### Most Ordered

#### Gourmandise / Gourmet

CA\$20.95

2 oufs, bacon, saucisse, jambon, crêpe, fèves au lard et cretons. / 2 eggs, bacon, sausage, ham, pancake, baked beans, and cretons.

#### Trois-rois / Three-Course Meal

CA\$20.95

Bacon, saucisse et jambon. /Bacon, sausage, and ham.

#### 2 oufs et 3 choix / 2 Eggs and 3 Choices

CA\$20.50

Two eggs with options for preparation style; accompanied by three choices of meat or alternatives like pancakes, crêpes, or tomatoes. Selection of homemade potatoes and toast type available.

#### Club déjeuner / Breakfast Club

CA\$17.25

ouf, fromage cheddar, tomates, laitue et bacon. / Egg, cheddar cheese, tomatoes, lettuce, and bacon.

#### Wrap l'eggspres / Eggspres Wrap

CA\$18.95

oufs brouillés, avocats, bacon, fromage cheddar, tomates, jalapenos et mayonnaise. / Scrambled eggs, avocado, bacon, cheddar cheese, tomatoes, jalapenos, and mayonnaise.

#### L'eggspres / Eggspres

CA\$19.50

2 oufs, bacon, saucisse, jambon et crêpe. / 2 eggs, bacon, sausage, ham, and pancake.

#### Construction

CA\$22.25

3 oeufs, bacon, saucisse, jambon, cretons, fèves aux lards et demi-gaufre. / 3 eggs, bacon, sausage, ham, creton, baked bean and half waffle.

## Menu Eggspress

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### 2 oufs et 2 choix / 2 Eggs and 2 Choices

CA\$16.95

Two eggs with choice of cook style, including poached, scrambled, or oeuf miroir. Pair with two meat selections like bacon, sausage, or crepe. Includes homemade potato and toast options.

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### Cappuccino glacé / Iced Cappuccino

CA\$5.25

Espresso and milk foam, typically includes a hint of sweetness, served over ice.

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### Lendemain / the Day After

CA\$21.95

2 oufs, bacon, jambon, saucisse et servi avec poutine eggspress au bacon. /2 eggs, bacon, ham, sausage, and served with eggspress poutine with bacon.

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## Les Gourmands / Foodies

### Lendemain / the Day After

CA\$21.95

2 oufs, bacon, jambon, saucisse et servi avec poutine eggspress au bacon. /2 eggs, bacon, ham, sausage, and served with eggspress poutine with bacon.

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### Bûcheron / Woodcutter

CA\$21.95

2 oufs, bacon, jambon, saucisse et fèves aux lards & saucisse italienne. / 2 eggs, bacon, ham, sausage, and baked beans & italian sausage.

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### L'eggspress / Eggspress

CA\$19.50

2 oufs, bacon, saucisse, jambon et crêpe. / 2 eggs, bacon, sausage, ham, and pancake.

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### Tourbillon

CA\$19.95

2 oeufs, bacon, pain doré et une montagne de fruits frais. 2 eggs, bacon, french toasts et fresh fruits.

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### Soleil levant / Rising Sun

CA\$17.75

2 oufs avec une crêpe farcie de jambon et fromage suisse. / 2 eggs with a crepe stuffed with ham and swiss cheese.

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# Menu Eggspress

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## Marguerite

CA\$19.50

Brioche coupée en deux, 1 œuf à votre goût, bacon, montagnes de fruits. / Brioche cut in two, 1 egg to your liking, bacon, fruit mountains.

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## L'éveil / The Éveil

CA\$19.25

œuf crevé, jambon, fromage suisse entre deux tranches de pain doré, servi avec fruits frais. / Creme egg, ham, swiss cheese between two slices of french toast, served with fresh fruit.

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## CACHOTTERIE

CA\$18.25

3 saucisses roulées au sarrasin avec fromage cheddar servies avec fruits frais, pommes de terre et melasse. / 3 sausage rolled in buckwheat crepes with cheddar cheese served with fresh fruits, potatoes and molasse.

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## Construction

CA\$22.25

3 œufs, bacon, saucisse, jambon, cretons, fèves aux lards et demi-gaufre. / 3 eggs, bacon, sausage, ham, creton, baked bean and half waffle.

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## Gourmandise / Gourmet

CA\$20.95

2 œufs, bacon, saucisse, jambon, crêpe, fèves au lard et cretons. / 2 eggs, bacon, sausage, ham, pancake, baked beans, and cretons.

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## Bénédictines / Benedictine

### Classique / Classic

CA\$18.95

2 œufs pochés et jambon. / 2 poached eggs and ham.

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## Avocat / Avocado

CA\$22.95

2 œufs pochés, fromage cheddar, bacon et avocat. / 2 poached eggs, cheddar cheese, bacon, and avocado.

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## Le gourmet / Gourmet

CA\$21.95

2 œufs pochés, épinards, bacon et fromage feta. / 2 poached eggs, spinach, bacon, and feta cheese.

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# Menu Eggspress

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## 1 viande 1 fromage / 1 Meat 1 Cheese

CA\$20.50

2 oufs pochés, choix de bacon, saucisses ou jambon, choix de fromage cheddar, suisse ou brie. / 2 poached eggs, choice of bacon, sausage or ham, choice of cheddar, and swiss or brie cheese.

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## Champignons brie / Brie Mushroom

CA\$20.50

2 oufs pochés, champignons et fromage brie. / 2 poached eggs, mushrooms, and brie cheese.

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## Mykonos

CA\$20.95

2 oufs pochés, fromage feta, poivrons, champignons et tomates. / 2 poached eggs, feta cheese, peppers, mushrooms, and tomatoes.

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## Saumon fumé / Smoked Salmon

CA\$22.95

2 oufs pochés, saumon, oignons rouges et câpres. / 2 poached eggs, salmon, red onions, and capers.

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## Les 3 rois / the 3 Kings

CA\$22.95

2 oufs pochés, jambon, bacon, saucisse et fromage cheddar. / 2 poached eggs, ham, bacon, sausage, and cheddar.

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## Pommes et brie

CA\$22.95

2 oufs pochés, pommes caramélisées, bacon et fromage brie. / 2 poached eggs, caramelized apples, bacon and brie cheese.

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## Calabraise / Calabrese

CA\$20.95

2 oufs pochés, saucisses italiennes, champignons et cheddar. / 2 poached eggs, italian sausage, mushrooms, and cheddar.

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## Florentine

CA\$20.00

2 oufs pochés, cheddar et épinards. / 2 poached eggs, cheddar cheese, and spinach.

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## Montréalais / Montrealese

CA\$24.95

2 oufs pochés, viande fumée et fromage suisse. / 2 poached eggs, smoked meat, and swiss cheese.

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## Menu Eggspress

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### Philly steak

CA\$22.95

2 oufs pochés, fromage suisse, steak, champignons et oignons. / 2 poached eggs, swiss cheese, steak, mushrooms, and onions.

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## Délices sucrés / Sweet Delights

### Crêpe fraises-choco-banane / Strawberry-Choco-Banana Crepe

CA\$19.50

Avec noix. / With nuts.

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### Belle hélène

CA\$19.50

Crêpe roulée farcie de crème champêtre banane, fruits des champs et coulis de framboises. / Rolled pancake filled with banana country cream, field fruits, and raspberry coulis.

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### Crêpe fraises et chocolat / Strawberry and Chocolate Crepe

CA\$19.95

Avec noix. / With nuts.

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### L'oasis / the Oasis

CA\$18.50

2 crêpes et pain doré sous une montagne de fruits frais. / 2 pancakes and french toast under a mountain of fresh fruit.

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### Grandiose

CA\$18.50

Crêpe remplie de fruits frais et crème anglaise. / Pancake filled with fresh fruit and custard.

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### Brioche de rêve / Brioche of Dreams

CA\$19.25

Avec noix. Brioche caramélisée à la cannelle, yogourt vanille et fruits frais & noix de grenoble. / With nuts. Caramelized cinnamon brioche, vanilla yogurt, and fresh fruit & walnuts.

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### 2 muses

CA\$20.50

2 crêpes, crème champêtre, fruits des champs, coulis de fraises et framboises. / Vegetarian. 2 pancakes, country cream, field fruits, and strawberry & raspberry coulis.

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# Menu Eggspress

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## Crêpe choco-banane / Chocolate Banana Pancake

CA\$17.50

Avec noix. / With nuts.

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## Panier / Basket

CA\$19.50

Avec noix. Crêpe géante remplie de fruits frais, chocolat, crème anglaise et coulis de framboises.  
/ With nuts. Giant crepe filled with fresh fruit, chocolate, custard, and raspberry coulis.

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## Nos Sucrés Salés / Our Sweet and Salty

### Oreo

CA\$19.50

Avec noix. Bananes, chocolat et crème anglaise & oréos. / With nuts. Bananas, chocolate, and custard & oreos.

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### Le Strudel

CA\$20.50

Pommes caramélisées et caramel/ Caramelized apples and caramel sauce.

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### Sucré Salé Banane et chocolat/ Banana & Chocolate

CA\$19.25

Banane et chocolat/ Banana & Chocolate Avec noix. / With nuts.

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### Bananes royale / Royal Bananas

CA\$19.75

Avec noix. Bananes, crème anglaise, caramel et pacanes. / With nuts. Bananas, custard, caramel, and pecans.

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### L'Eggspression

CA\$19.95

Fraises et chocolat. Strawberry and chocolate. Avec noix. / With nuts.

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### Le Deluxe / the Deluxe

CA\$21.50

Avec noix. Fraises, bananes, crème anglaise et chocolat. / With nuts. Strawberries, bananas, custard, and chocolate.

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## Menu Eggspress

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### Le Suprême

CA\$22.75

Bananes, fruits de champs, crème champêtre et coulis de framboise. / Bananas, field berries, fresh cream and raspberry coulis.

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## Poutines

### Montréalaise / Montrealaise

CA\$24.50

Viande fumée et oignons rouges. / Smoked meat and red onions.

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### Végétarienne / Vegetarian

CA\$19.95

Végétarien. Poivrons, oignons rouges, échalotes, tomates, champignons et épinards. / Vegetarian. Peppers, red onions, shallots, tomatoes, mushrooms, and spinach.

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### Philly steak

CA\$22.50

Steak, champignons et oignons. / steak, mushroom and onions.

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### Trois-rois / Three-Course Meal

CA\$20.95

Bacon, saucisse et jambon. / Bacon, sausage, and ham.

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### Paysanne / Country

CA\$20.95

Bacon, jambon, saucisse et fèves aux lards. / Bacon, ham, sausage, and baked beans.

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## Crêpes farcies / Stuffed Pancakes

### Crêpe steak / Pancake Steak

CA\$19.95

Crêpe avec oufs, steak, fromage suisse, oignons et champignons. Servi avec mayonnaise épicée. / Pancake with eggs, steak, swiss cheese, onions, and mushrooms. Served with spicy mayonnaise.

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### Bacon et cheddar / Bacon and Cheddar

CA\$18.95

Stuffed pancake filled with crispy bacon and melted cheddar. Choice of homemade potatoes: classic, au gratin, mini poutine options or without potatoes, accompanied by ram or tomato.

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## Menu Eggspress

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### Jambon effiloché et suisse / Pulled Ham and Swiss

CA\$18.95

Stuffed pancake with ham and Swiss cheese, accompanied by a choice of homemade potatoes: traditional, au gratin, mini poutine options, or alternatives without potatoes.

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### Épinards et cheddar avec sarrasin / Spinach and Cheddar with Buckwheat

CA\$18.50

Avec sarrasin. / With sarrasin.

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### Pommes et cheddar / Apple and Cheddar

CA\$18.25

Crêpes avec pommes caramélisées et fromage cheddar.

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## Tartinade à l'avocat / Avocado Spread

### TARTINADE NORVÉGIEN

CA\$24.50

Tartinade d'avocat sur pain multigrain, avec oeufs pochés, saumon fumé, câpres, oignons, tomates et fromage cottage. / Multigrain bread with avocado spread with poached eggs, smoked salmon, capers, onions, tomatoes, and cottage cheese.

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### Bacon deluxe

CA\$20.50

Bacon maison émietté, oignons rouges, tomates et fromage de feta. / Crumbled house bacon, red onions, tomatoes, and feta cheese.

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### Santé / Health

CA\$19.25

Oignons, tomates et fromage cottage. / Onions, tomatoes, and cottage cheese.

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## Gaufre / Waffles

### Fraises et chocolat / Strawberries and Chocolate

CA\$20.50

Avec noix. / With nuts.

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### Champêtre / Country

CA\$19.95

Crème champêtre, fraises et coulis de framboises/ Country-style cream, strawberries, and raspberry coulis.

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# Menu Eggspress

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## Nature / Plain

CA\$15.95

A plain waffle, typically served with pure maple syrup.

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## Choco-banane / Choco-Banana

CA\$19.25

Avec noix. / With nuts.

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## Oreo

CA\$19.50

Avec noix. Chocolat, crème anglaise, bananes et oréo. / With nuts. Chocolate, custard, banana, and oreo.

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## Bananalicieux / Bananalicious

CA\$20.25

Avec noix. Bananes, caramel, pacanes et crème anglaise. / With nuts. Bananas, caramel, pecans, and custard.

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## Fruits des champs / Field Fruit

CA\$20.95

Fruits des champs et coulis de framboises. / Field fruit and raspberry coulis.

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## Fruits / Fruit

CA\$17.95

Fruits frais mélangés. / Mixed fresh fruit.

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## Wraps

### Wrap l'eggspress / Eggspress Wrap

CA\$18.95

oufs brouillés, avocats, bacon, fromage cheddar, tomates, jalapenos et mayonnaise. / Scrambled eggs, avocado, bacon, cheddar cheese, tomatoes, jalapenos, and mayonnaise.

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### Wrap 3 rois / 3 Kings Wrap

CA\$19.50

oufs brouillés, bacon, jambon, saucisse, fromage cheddar et mayonnaise épicée. / Scrambled eggs, bacon, ham, sausage, cheddar cheese, and spicy mayonnaise.

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## Menu Eggspress

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### Wrap végétarien / Vegetarian Wrap

CA\$18.95

oufs brouillés, champignons, oignons poivrons, tomates et servi avec fromage cheddar. / Scrambled eggs, mushrooms, onions, peppers, tomatoes, and served with cheddar cheese.

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### Wrap philly steak / Philly Steak Wrap

CA\$20.50

oufs brouillés, steak, champignons, oignons, fromage suisse et mayonnaise épicée. / Scrambled eggs, steak, mushrooms, onions, swiss cheese, and spicy mayonnaise.

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### Wrap viande fumée / Smoked Meat Wrap

CA\$22.95

oufs brouillés, viande fumée, fromage suisse et moutarde. / Scrambled eggs, smoked meat, swiss cheese, and mustard.

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## Pain Doré

### Choco-Banane/Banana-choco

CA\$18.25

Bananes et coulis de chocolat/ Banana et chocolate coulis.

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### Fruits des champs/ Wildberry

CA\$19.95

Fruits des champs et coulis de framboises./Wildberry and raspberry coulis.

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### Nature

CA\$15.50

French toast served in its simplest form, typically consisting of slices of bread soaked in eggs and milk, then pan-fried.

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### Fruits/Fruits

CA\$16.95

Fruits frais mélangés./Mixed fresh fruits.

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### Fraises et chocolat/ Strawberry and chocolate

CA\$19.50

Fraise et coulis de chocolat/ Strawberry and chocolate coulis.

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# Menu Eggspress

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## Bananalicieux/Bananalicious

CA\$19.25

Bananes, caramel, pacanes et crème anglaise. /Banana, caramel, pacane and custard.

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## Santé / Healty Choices

### Le bouquet / the Bouquet

CA\$19.50

Coupe de fruits frais, crème anglaise ou yogourt servi avec bagel et fromage à la crème. / Fresh fruit cup, custard or yogurt served with bagel, and cream cheese.

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### Virgin rail

CA\$18.50

2 oufs pochés, fromage cottage, pain multigrain et fruits frais. / 2 poached eggs, cottage cheese, multigrain bread, and fresh fruit.

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### Tramway

CA\$20.50

Avec noix. Fruits frais mélangés avec yogourt vanille, crème anglaise, garni de céréales croustillantes, servi avec bagel et fromage à la crème. / VWith nuts. Fresh fruit mixed with vanilla yogurt, custard, topped with crunchy cereal, served with bagel, and cream cheese.

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### Déjeuner santé parfait / Perfect Healthy Breakfast

CA\$19.25

Avec noix. 2 oufs pochés, fruits des champs, yogourt grec, croque nature mélangés dans une coupe et servi avec pain multigrain. / With nuts. 2 poached eggs, berries, greek yogurt, plain crunch in a bowl, and served with multigrain bread.

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### Keto coco / Keto Coco

CA\$20.95

2 oufs, bacon, saucisse, jambon. Servi avec avocat, laitue et tomates. / 2 eggs, bacon, sausage, ham. Served with avocado, lettuce, and tomatoes.

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### Le fox / the Fox

CA\$23.95

Bagel, fromage à la crème, saumon fumé, tomates, oignons, câpres et bol de fruits frais. / Bagel, cream cheese, smoked salmon, tomatoes, onions, capers, and fresh fruit bowl.

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### Wrap santé / Healthy Wrap

CA\$19.95

Blanc d'ouf, épinards, tomate, avocat, fromage feta et bol de fruits frais. / Egg white, spinach, avocado, tomatoes, feta cheese, and a bowl of fresh fruit.

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## Menu Eggspress

### Sandwichs / Sandwiches

#### Bagel déjeuner / Breakfast Bagel

CA\$15.50

Baguel ouf, bacon, fromage cheddar, laitue, tomates ./ Egg, bacon, cheddar cheese, lettuce, tomatoes, and on bagel.

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#### Club déjeuner / Breakfast Club

CA\$17.25

ouf, fromage cheddar, tomates, laitue et bacon. / Egg, cheddar cheese, tomatoes, lettuce, and bacon.

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#### Sandwich western

CA\$15.50

ouf, jambon, poivrons, tomates et oignons. / Egg, ham, peppers, tomatoes, and onions.

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### 3 crêpes / 3 Pancakes

#### Choco-pépites / Choco-Pepites

CA\$17.95

Avec noix/With nuts

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#### Babeure

CA\$15.50

A babeure crepe typically includes a light, tender crepe made with buttermilk, offering a slightly tangy flavor, often complemented by a selection of fresh fruits or sweet fillings.

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#### Bananes / Bananas

CA\$15.50

A crêpe filled with fresh bananas, often accompanied by a light dusting of powdered sugar or a drizzle of honey for added sweetness.

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#### Sarrasin / Buckwheat

CA\$15.25

Three buckwheat crepes, typically served with a light dusting of powdered sugar to enhance their natural, nutty flavor.

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#### Bleuets / Blueberries

CA\$17.95

Blueberry crepes typically include a delicate, thin batter, filled with sweet blueberries, often accompanied by a light dusting of powdered sugar or a drizzle of syrup.

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## Menu Eggspress

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### Nature (minces) / Plain (Thin)

CA\$15.50

Delicate thin crêpes dusted with powdered sugar, served with a side of fresh fruit.

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### Le trio / the Trio

CA\$17.95

Crêpes bleuets, pépites de chocolat et bananes. / Blueberry, chocolate chip and banana pancakes.

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## Cocorico

### 2 oeufs avec 2 crêpes pépites de chocolat / 2 Eggs with 2 Chocolate Chip Pancakes

CA\$19.95

Two eggs served with chocolate chip pancakes. Egg preparation options include lightly scrambled to poached, with white or whole eggs. Choose from homemade potatoes to mini poutine. Toast options range from white to multigrain.

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### 2 oeufs et 1 choix / 2 Eggs and 1 Choice

CA\$13.25

Two eggs with choice of cooking style including poached, scrambled, and sunny-side up. Options for 1st meat choice like bacon, sausage, or ham. Homemade potatoes or mini poutine selection. Toast variety available.

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### 1 oeuf et 1 choix / 1 Egg and 1 Choice

CA\$12.25

1 egg paired with your choice of cooked style: soft-scrambled, firm, over easy, poached, or whites only. Select from bacon, sausage, ham, beans, or pancakes. Choose a potato variety or tomato. Toast options include white, brown, multigrain, or none.

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### 2 oeufs avec viande fumée / 2 Eggs with Smoked Meat

CA\$20.95

Two eggs with smoked meat, choice of egg cooking style (from lightly scrambled to poached), homemade potatoes or alternatives, toast selection (from white to multigrain).

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### 2 oeufs avec saucisse italienne / 2 Eggs with Italian Sausage

CA\$16.50

Two eggs paired with Italian sausage. Egg preparation options include lightly scrambled to fully cooked, poached, or served "à la coq" style. Choose from a variety of homemade potatoes and toast types.

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### 2 oeufs avec un bol de fruits

CA\$15.50

Eggs with a bowl of fruit. Choice of homemade potatoes or no potatoes, variety of toast options, various egg cooking styles.

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## Menu Eggspress

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### 2 oufs et 3 choix / 2 Eggs and 3 Choices

CA\$20.50

Two eggs with options for preparation style; accompanied by three choices of meat or alternatives like pancakes, crêpes, or tomatoes. Selection of homemade potatoes and toast type available.

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### 2 oufs et 2 choix / 2 Eggs and 2 Choices

CA\$16.95

Two eggs with choice of cook style, including poached, scrambled, or oeuf miroir. Pair with two meat selections like bacon, sausage, or crepe. Includes homemade potato and toast options.

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## Omelettes / Omelets

### 3 Fromages/3 cheeses

CA\$18.95

Brie/Cheddar/Suisse

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### Californienne / Californian

CA\$19.95

Avocats, bacon, cheddar et champignons. / Avocado, bacon, cheddar, and mushrooms.

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### Végétarienne / Vegetarian

CA\$18.50

Végétarien. Champignons, oignons, tomates, épinards, échalotes et poivrons. / Vegetarian. Mushrooms, onions, tomatoes, spinach, shallots, and peppers.

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### Popeye

CA\$17.50

Épinards et fromage cheddar. / Spinach and cheddar cheese.

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### Classique / Classic

CA\$15.50

3 oufs avec fromage cheddar râpé. / 3 eggs with shredded cheddar cheese.

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### Mexicana

CA\$18.95

Jalapeños, poivrons, oignons, tomates et fromage cheddar servi avec salsa. / Jalapeños, peppers, onions, tomatoes, and cheddar cheese served with salsa.

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## Menu Eggspress

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### Meli melo

CA\$18.95

Choix de bacon ou saucisse et choix de fromage cheddar ou suisse. / Choice of bacon or sausage and choice of cheddar or swiss cheese.

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### Western

CA\$18.00

Jambon, poivrons, oignons et tomates. / Ham, peppers, onions, and tomatoes.

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### Fanatic de philly / Philly Fanatic

CA\$19.50

Steak, fromage suisse, champignons et oignons. / Steak, swiss cheese, mushrooms, and onions.

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### Méditerranéenne / Mediterranean

CA\$17.95

Fromage feta, champignons, poivrons et tomates. / Feta cheese, mushrooms, peppers, and tomatoes.

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### San francisco

CA\$17.95

Champignons, tomates, échalotes et fromage brie./ mushrooms, tomatoes, shallots and brie cheese.

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### 3 viandes / 3 Meats

CA\$19.50

Bacon, saucisse, jambon et fromage cheddar. / Bacon, sausage, ham, and cheddar cheese.

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### Dix garnitures / Ten Toppings

CA\$20.50

Bacon, saucisse, jambon, échalotes, tomates, épinards, poivrons, oignons, champignons et fromage cheddar. / Bacon, sausage, ham, shallots, tomatoes, spinach, peppers, onions, mushrooms, and cheddar cheese.

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## Fromage grillé / Grilled Cheese

### Classique / Classic

CA\$13.95

3 oufs avec fromage cheddar râpé. / 3 eggs with shredded cheddar cheese.

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# Menu Eggspress

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## Deluxe

CA\$15.50

Cheddar et bacon. / Cheddar and bacon.

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## 3 rois / 3 Kings

CA\$19.95

Bacon, jambon et saucisse papillon & cheddar. / Bacon, ham, and butterfly sausage & cheddar.

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## Petit appétit / Small Appetizer

### Rôties et fromage / Toast and Cheese

CA\$7.00

Choix de cheddar ou suisse. / Choice of cheddar or swiss.

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### Gruau / Oatmeal

CA\$9.95

Oatmeal served with a choice of toast: white, brown, multigrain, rye, club, or option without toast.

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### Assiette cretons / Greens Plate

CA\$9.95

Servi avec pommes de terre et rôties. / Served with potatoes and toast.

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### Bagel et café / Bagel and Coffee

CA\$6.50

Servi avec pommes de terre. / served with potatoes.

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### Rôties et café / Toast and Coffee

CA\$6.00

Servi avec pommes de terre. / served with potatoes.

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### Assiette fèves aux lards / Baked Beans Plate

CA\$8.95

Servi avec pommes de terre et rôties. / Served with potatoes and toast.

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## Menu Eggspress

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### **Bagel fromage à la crème / Cream Cheese Bagel**

**CA\$8.00**

Servi avec pommes de terre. / served with potatoes.

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## **Smoothies**

### **Lime twist**

**CA\$6.50**

Framboises, ananas, mangues et lime. / Raspberries, pineapple, mango, and lime.

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### **Popeye**

**CA\$6.50**

Ananas, pêches et épinards. / Pineapple, peaches, and spinach.

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### **Pêché mignon / Peach Cute**

**CA\$6.50**

Pêches et framboises. / Peaches and raspberries.

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### **Fruits des champs / Field Berry**

**CA\$6.50**

Fraises, bleuets, framboises et yogourt. / Strawberries, blueberries, raspberries, and yogurt.

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### **Mango à gogo / Mango Galore**

**CA\$6.50**

Mangues, ananas et yogourt. / Mango, pineapple, and yogurt.

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### **Pink lady**

**CA\$6.50**

Fraises, bananes et yogourt. / Strawberries, bananas, and yogurt.

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### **Banana mama**

**CA\$6.50**

Ananas, bananes et coconut. / Pineapple, banana, and coconut.

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# Menu Eggspress

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## Milk shake

### Oréo

Avec noix. / With nuts.

CA\$6.95

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### Fraises / Strawberries

Avec noix. / With nuts.

CA\$6.95

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### Pina-colada

Avec noix. / With nuts.

CA\$6.95

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### Bananes-caramel / Banana-Caramel

Avec noix. / With nuts.

CA\$6.95

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### Choco-framboises / Choco-Raspberry

Avec noix. / With nuts.

CA\$6.95

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## Cafés spéciaux / Specialty Coffees

### Cappuccino glacé / Iced Cappuccino

Espresso and milk foam, typically includes a hint of sweetness, served over ice.

CA\$5.25

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### Café au lait / Cafe Latte

Café au lait paired with cannelé choice: cinnamon, chocolate, plain.

CA\$5.25

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### Vanille française / French Vanilla

French Vanilla Coffee, available with Cannelé Choco in cinnamon, chocolate, or plain varieties.

CA\$5.00

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# Menu Eggspress

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## Café / Coffee Livraison

CA\$1.00

A freshly brewed coffee, typically served as a straightforward, classic cup without additional flavors or embellishments.

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## Mochaccino

CA\$5.00

Espresso and chocolate steamed with milk. Options: cinnamon, chocolate, or plain cannelé.

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## Cappuccino

CA\$4.25

Cappuccino with choice of cannelé: cinnamon, chocolate, or plain.

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## Espresso

CA\$3.75

Rich, flavorful cup of espresso brewed to perfection.

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## Breuvages / Beverages

### Chocolat chaud / Hot Chocolate

CA\$4.25

Hot chocolate, optional whipped cream or without.

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### COKE

CA\$2.95

Classic, refreshing carbonated beverage.

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### Jus d'orange / Orange Juice

CA\$4.95

Freshly squeezed orange juice. Options include apple, grape, cranberry, and tropical juice.

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### Lait / Milk

CA\$3.95

Milk, a simple and traditional beverage, typically includes regular cow's milk.

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# Menu Eggspress

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## PEPSI

CA\$2.95

Classic, refreshing cola soda.

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## DIET COKE

CA\$2.95

A sugar-free cola, offering a light and crisp taste, often served as a refreshing beverage option.

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## 7 UP

CA\$2.95

Crisp, refreshing lemon-lime soda, perfectly carbonated for a delightful sip.

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## Jus Pomme/ Apple Juice

CA\$4.95

Apple juice, typically made from a blend of various apple varieties to achieve a balanced taste.

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## Thé / Tea

CA\$2.95

A soothing beverage prepared by steeping dried tea leaves, often available in various flavors to cater to different preferences.

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## Tisane / Herbal Tea

CA\$2.95

A soothing blend of herbs steeped to create a calming beverage, typically without caffeine.

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## Lait au chocolat / Chocolate Milk

CA\$4.25

Chocolate milk with optional whipped cream topping.

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## Jus orange frais pressé/Fresh squeezed orange juice

CA\$6.50

Freshly squeezed orange juice made from ripe oranges, offering a naturally sweet and vibrant flavor.

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# Menu Eggspress

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## Les Extras

### Ramequin de fruits/Fruits ramekin

CA\$4.95

A ramequin de fruits typically includes a selection of fresh fruits, neatly arranged in a small dish, offering a variety of tastes and textures.

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### Fèves aux lards/Baked beans

CA\$5.00

Baked beans typically include a sweet and savory sauce, often cooked with ingredients like bacon or pork for added depth of flavor.

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### Cretons/Creton

CA\$5.00

Cretons, a traditional pork spread, typically includes onions, breadcrumbs, and spices, served as an accompaniment.

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### Bacon

CA\$5.00

Crispy thick-cut, smoked to perfection.

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### Bologne/Bologna

CA\$4.50

Sliced bologna, typically prepared as part of a breakfast dish, may include ingredients like eggs or bread.

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### Fromage cottage/Cottage cheese

CA\$3.95

Cottage cheese, a soft, white cheese made from soured milk curds, typically enjoyed for its mild flavor and creamy texture.

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### Jambon/Ham

CA\$5.00

Sliced or portioned ham, typically served as a savory addition to breakfast dishes.

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### Fromage Brie/Brie Cheese

CA\$6.00

3 tranches de fromage brie./ 3 slices of brie cheese

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## Menu Eggspress

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### **Saumon fumé**

**CA\$8.50**

Smoked salmon, typically paired with capers, red onions, and a slice of lemon.

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### **Saucisse/sausage**

**CA\$5.00**

Sausage, expertly seasoned and typically served as a complement to a variety of breakfast dishes.

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