



# Menu

## Sushi Saba Poke

187 Rue Saint-Charles O, Longueuil, QC J4H 1C8, Canada | (450) 332-3327

### Most Ordered

#### (C) Saumon (6) / Salmon (6)

CA\$14.55

Saumon, laitue, avocat, tempura, mayo-épicé, masago-rouge. / Salmon, lettuce, avocado, tempura, spicy-mayo, red-masago.

#### Takoyaki 6 mcx

CA\$9.50

Chou, farine de blé, pieuvre, oeuf, sucre, sel, poudre en bonite, amidon de maïs.

#### (P) Thon / Tuna

2 for CA\$24.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Thon / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Tuna

#### (P) Saumon / Salmon

CA\$19.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Saumon / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Salmon

#### (H) Avocat / Avocado

CA\$5.80

Fresh avocado slices wrapped in seasoned sushi rice, garnished with sesame seeds.

#### Oeil de Dragon (5mcx)/ Dragon Eye (5pcs)

CA\$14.95

Saumon échalotes masago-rouge.

#### (F) Saumon épicé / Spicy Salmon (5)

CA\$11.65

Concombre, Tempura, Mayo Épicée, Saumon / Cucumber, Tempura, Spicy Mayo, Salmon

## Menu Sushi Saba Poke

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### 20 mcx / 20 pcs

10 futomakis, 6 hosomakis, 4 nigiris.

CA\$26.95

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### 40 mcx / 40 pcs

12 HOSOMAKIS / 8 MAKIS / 15 FOTOMAKIS / 1 PIZZA(6 MCX)

CA\$59.25

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### 28 mcx / 28 pcs

12 futomakis, 12 hosomakis, 4 nigiris.

CA\$41.65

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## Couverts / Place Settings

### Nombre d'ustensiles requis / Number of Plastic Cutlery

0,00 \$

Cette commande servira combien de personnes? / how many people will be eating from this order?

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## Entrée / Appetizer

### Takoyaki 6 mcx

Chou, farine de blé, pieuvre, oeuf, sucre, sel, poudre en bonite, amidon de maïs.

CA\$9.50

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### Okonomiyaki / Crêpes de légumes

Crêpes de légumes

CA\$8.95

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### Ravioli au Poulet frit

Crispy fried chicken ravioli, delicately seasoned and wrapped in a golden, crunchy shell, served atop fresh lettuce.

CA\$6.90

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### Edamame

Lightly salted, steamed young soybeans in their pods.

CA\$6.65

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## Menu Sushi Saba Poke

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### Crevettes Tempura 2mcx / Tempura Shrimp 2pcs

CA\$5.95

Lightly battered and crispy fried shrimp, served in pairs.

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### Daifuku

CA\$5.55

Mochi.

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### Soupe Miso Japonaise / Japanese Miso Soiup

CA\$3.95

Tofu, oignon vert, edamame.

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### Rouleaux Impériaux 2mcx / Imperial Rolls 2pcs

CA\$4.25

Legumes melanges.

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### Ravioli Frit Vege

CA\$6.90

Crispy fried vegetable ravioli, served on a bed of fresh lettuce.

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### Frites de Patates Sucrées / Yam Fries

CA\$6.95

Crispy sweet potato fries served with a side of creamy dipping sauce.

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### Salade Wakame / Seaweed Salad

CA\$7.60

Crisp seaweed mixed with sesame seeds and a light dressing.

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## Nigiri / Sashimi ( 2mcx )

### Saumon Nigiri/ Salmon

CA\$6.95

Salmon, available as nigiri or sashimi.

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## Menu Sushi Saba Poke

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### Crevette Cuit (Ebi) / Cooked Shrimp (Ebi)

CA\$6.50

Cooked shrimp (ebi), available as nigiri or sashimi.

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### Thon Nigiri / Tuna

CA\$7.65

Tuna, available as nigiri or thinly sliced sashimi.

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### Izumidai

CA\$6.85

Tilapia.

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### Saumon Fumé / Smoked Salmon

CA\$7.35

Smoked salmon available as nigiri or sashimi.

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### Tofu Inari

CA\$5.85

Sac de tofu mariné.

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### Anguille / Eel

CA\$8.35

Eel prepared as either nigiri or sashimi, based on choice.

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### Sake Yaki Grillee

CA\$7.40

Salmon, sauce teriyaki.

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## Hosomaki (6mcx / 6pcs)

### Salmavo

CA\$7.55

Saumon, Avocat

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## Menu Sushi Saba Poke

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### Yaha

Yam, Gingembre

CA\$6.55

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### Kappa Phili

Concombre, Fromage Phila

CA\$5.30

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### (H) Saumon regulier/ Salmon

Fresh salmon wrapped in seasoned sushi rice and nori. Six pieces per serving.

CA\$7.90

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### Sake Kika

Saumon, Tempura, Sriracha

CA\$7.65

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### Tekka Kika

Thon, Tempura, Sriracha

CA\$7.95

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### Phila Saumon

Saumon, Fromage Phila

CA\$7.65

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### (H) Avocat / Avocado

Fresh avocado slices wrapped in seasoned sushi rice, garnished with sesame seeds.

CA\$5.80

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### (H) Thon regulier / regulier Tuna

Fresh tuna wrapped in seasoned sushi rice and seaweed, cut into six bite-sized pieces.

CA\$8.35

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## Menu Sushi Saba Poke

### Maki ( 8 mcx / 8 pcs )

#### Tuna Lover

CA\$13.95

Imitation de Crabe, Mayo Épicée, Tempura. /Thon, Masago, Mayo Épicée / Imitation Crab Stick, Spicy Mayo, Tempura. / Tuna, Masago, Spicy Mayo

#### Roi de la Jungle

CA\$13.95

Saumon, Imitation de Crabe, Concombre. /Anguille, Avocat, Sauce Teriyaki, Tempura / Salmon, Imitation Crab Stick , Cucumber. / Eel, Avocado, Teriyaki Sauce, Tempura

#### TORPIDO PIQUANT

CA\$13.65

Crevette Frite, Yam. /Fromage, Jalapeno, Mayo Epicée / Fried Shrimp, Yam. / Cheese, Jalapeno, Spicy Mayo

#### Tigre

CA\$13.65

Concombre, Avocat, Crabe. /Masago, Saumon, Sauce Teriyaki, Sésame sur le dessus / Cucumber, Avocado, Crab. / Masago, Salmon, Teriyaki Sauce, Sesame on top

#### Saba

CA\$13.55

Crevette Frite, Fromage Phila, Imitation de Crabe. /Tilapia, Mayo Épicée, Sauce Teriyaki, Tempura, Masago Rouge sur le dessus / Fried Shrimp, Phila Cheese, Imitation Crab. / Tilapia, Spicy Mayo, Teriyaki Sauce, Tempura, Red Masago on top

#### Sakura

CA\$12.55

Avocat, Crabe, Tempura, Mayo Épicé. /Masago Rouge, Tempura sur le dessus / Avocado, Crab, Tempura, Spicy Mayo. / Masago Red, Tempura on top

### Futomaki (5mcx / 5pcs)

#### (F) Crevette Tempura / Shrimp Tempura (5)

CA\$11.65

Concombre, Crevette frite, Yam, Salade, Mayo Épicée, Masago Rouge sur le dessus / Cucumber, Fried shrimp, Yam, Salad, Spicy Mayo, Red Masago on top

#### (F) Thon épicé / Spicy Tuna (5)

CA\$12.75

Concombre, Tempura, Mayo Épicée, Thon / Cucumber, Tempura, Spicy Mayo, Tuna

## Menu Sushi Saba Poke

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### **(F) Québécois / Quebecor (5)**

**CA\$11.85**

Concombre, Avocat, Saumon Fumé, Fromage Phila, Oshinko / Cucumber, Avocado, Smoked Salmon, Phila Cheese, Oshinko

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### **(F) Saumon épicé / Spicy Salmon (5)**

**CA\$11.65**

Concombre, Tempura, Mayo Épicée, Saumon / Cucumber, Tempura, Spicy Mayo, Salmon

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### **Rouleau Fermier**

**CA\$10.75**

Concombre, Poulet frit, Sauce Teriyaki, Salade

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### **Végé**

**CA\$10.75**

Concombre, Avocat, Oshinko, Piment Rouge, Tofu mariné, Gingembre / Cucumber, Avocado, Oshinko, Red Pepper, Marinated Tofu, Ginger

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### **(F) Californie / California (5)**

**CA\$10.55**

Concombre, Avocat, Imitation de Crabe, Tamago, Masago sur le dessus / Cucumber, Avocado, Imitation Crab Stick, Tamago, Masago on top

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### **(F) Boston (5)**

**CA\$11.35**

Concombre, Masago Rouge, Imitation de Crabe, Mayo, Crevette cuite, Salade / Cucumber, Red Masago, Imitation Crab, Mayo, Cooked Shrimp, Salad

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### **(F) Kamikaze (5)**

**CA\$11.65**

Concombre, Avocat, Tempura, Mayo Épicée, Masago Rouge, Imitation de Crabe, Saumon / Cucumber, Avocado, Tempura, Spicy Mayo, Red Masago, Imitation Crab stick, Salmon

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### **(F) Anguille Teriyaki / Eel Teriyaki (5)**

**CA\$12.50**

Concombre, Tamago, Imitation de Crabe, Anguille, Sauce Teriyaki / Cucumber, Tamago, Imitation Crab Stick, Eel, Teriyaki Sauce

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## Menu Sushi Saba Poke

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### Maki-frit / Fried Maki

#### Oeil de Dragon (5mcx)/ Dragon Eye (5pcs)

CA\$14.95

Saumon échalotes masago-rouge.

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#### Queue du Dragon / Dragon Tail

CA\$14.95

Crevette Tempura, Viande de crabe, Masago Rouge, Avocat

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### Sushi Pizza ( 6 mcx )

#### Pizza Capitain Crabe

CA\$14.55

Riz frit, Fromage, Sauce Teriyaki Avocat, Crabe, Mayo Épicée, Crevette

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#### Pizza Saumon / Salmon Pizza

CA\$14.95

Riz frit, Fromage, Sauce Teriyaki, Saumon, Mayo Épicée, Masago Rouge

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### Maki Cristal

#### Crystal au Crevette

CA\$13.95

Salade, Avocat, Tempura, Mayo Épicée, Masago Rouge, Crevette Cuite / Salad, Avocado, Tempura, Spice-Mayo, Red-Masago., Cooked Shrimp

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#### Crystal au Crabe

CA\$13.95

Salade, Avocat, Tempura, Mayo Épicée, Masago Rouge, Crabe / Salad, Avocado, Tempura, Spicy-Mayo, Red Masago., Crab meat

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#### (C) VégéFu (6) / VegeFu (6)

CA\$12.95

Inari-tofu, oshinko, poivron-rouge, laitue, avocat, tempura, mayo-épicé. / Inari-tofu, oshinko, red bell pepper, lettuce, avocado, tempura, spicy-mayo.

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#### (C) Saumon (6) / Salmon (6)

CA\$14.55

Saumon, laitue, avocat, tempura, mayo-épicé, masago-rouge. / Salmon, lettuce, avocado, tempura, spicy-mayo, red-masago.

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## Menu Sushi Saba Poke

### (C) Thon (6) / Tuna (6)

CA\$14.95

Thon, laitue, avocat, tempura, mayo-épicé, masago-rouge. / Tuna, lettuce, avocado, tempura, spicy-mayo, red masago.

### Poké bowl

#### (P) Saumon / Salmon

CA\$19.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Saumon / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Salmon

#### Poké Hawaii

CA\$19.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Crevette cruite, Imitation de Crabe, Masago Rouge, Saumon Mariné, Ananas / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Cooked Shrimp, Imitation Crab, Red Masago, Marinated Salmon, Pineapple

#### (P) Crevettes Tempura / Tempura Shrimp

CA\$19.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Crevette Tempura / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Tempura Shrimps

#### (P) Poulet Thaï Végétalien / Vegan Thai Chicken

CA\$18.75

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Poulet Thaï Végétarien / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Vegetarian Thai Chicken

#### Saumon-Thon

CA\$19.75

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Saumon, Thon / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Salmon, Tuna

#### (P) Poulet Végétalien / Vegan Chicken

2 for CA\$23.55

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Poulet Végétarien Sel/Poivre / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Vegetarian Pepper-Salt Chicken

#### Poké au crevette

CA\$19.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Crevette cuite, Imitation de Crabe, Masago Rouge, Sauce Sriracha / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Cooked Shrimp, Imitation Crab, Red Masago, Sriracha Sauce

## Menu Sushi Saba Poke

### Poke Bokaka

CA\$19.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Poulet Frit / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Fried Chicken

### (P) Patates Sucrées / Yam

CA\$18.45

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Yam/ Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Yam

### (P) Thon / Tuna

2 for CA\$24.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Thon / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Tuna

### (P) Rouleaux Impériaux / Imperial Rolls

CA\$17.95

Riz à Sushi, Tempura, Sauce Teriyaki, Mayo Épicée, Salade, Oshinko, Mangue, Piment Rouge, Sauce Poké Maison, Rouleaux Impériaux / Sushi Rice, Tempura, Teriyaki Sauce, Spicy Mayo, Salad, Oshinko, Mango, Red Pepper, Homemade Poké Sauce, Spring Roll

## Sushi combo

### 60 mcx / 60 pcs

CA\$82.75

12 HOSOMAKIS / 8 MAKIS / 25 FOTOMAKIS / 10 NIGIRIS/ 1 PIZZA(6 MCX)

### 40 mcx / 40 pcs

CA\$59.25

12 HOSOMAKIS / 8 MAKIS / 15 FOTOMAKIS / 1 PIZZA(6 MCX)

### 28 mcx / 28 pcs

CA\$41.65

12 futomakis, 12 hosomakis, 4 nigiris.

### 12 mcx / 12 pcs

CA\$15.95

6 futomakis, 6 hosomakis.

## Menu Sushi Saba Poke

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### 14 mcx Végétarien

CA\$17.75

6 HOSOMAKIS / 6 FOTOMAKIS / 2 NIGIRIS

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### 75 mcx / 75 pcs

CA\$99.75

12 HOSOMAKIS / 16 MAKI / 30 FOTOMAKIS / 12 NIGIRIS/ 1 PIZZA(6 MCX)

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### 100 mcx / 100 pcs

CA\$141.95

18 HOSOMAKIS / 24 MAKIS / 40 FOTOMAKIS / 12 NIGIRIS / 1 PIZZAS (6MCX)

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### 14 mcx / 14 pcs

CA\$19.55

6 futomakis, 6 hosomakis, 2 nigiris.

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### 20 mcx / 20 pcs

CA\$26.95

10 futomakis, 6 hosomakis, 4 nigiris.

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## Boissons / Drinks

### Coke Diet

CA\$1.99

355ml

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### 7-Cup

CA\$1.99

355ml

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### Canada Dry

CA\$1.99

355ml

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# Menu Sushi Saba Poke

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## Coke

355 ml

CA\$1.99

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## Eau / Water

500ml

CA\$1.50

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## Etras

### Ginger

A carbonated soft drink flavored with ginger.

CA\$1.75

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### Mango Sauce

A sweet and tangy sauce made from pureed mango, typically used to enhance the flavor of sushi dishes.

CA\$1.45

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### Soy Sauce

Soy sauce, a traditional condiment typically made from fermented soybeans and wheat, offering a salty, umami-rich flavor.

CA\$1.45

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### Sweet Chili Sauce

A thick and glossy sauce combining the sweetness of sugar with the gentle heat of chilies, typically used as a condiment or glaze.

CA\$1.45

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### Wasabi

Green spicy paste typically used as a condiment for sushi, sashimi, and rolls.

CA\$1.75

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### Mayo Epicee

Spicy mayo typically used as an accompaniment or topping for various sushi dishes, enhancing flavors with its creamy and spicy profile.

CA\$1.45

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## Menu Sushi Saba Poke

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### Wafu Sauce

CA\$1.45

Wafu sauce is a Japanese-style dressing, blending soy sauce, rice vinegar, and sesame oil, commonly used for salads or as a dipping sauce.

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