



Menu

# Jugo Juice

1515 Rue Sainte-Catherine Ouest S2-201, Montréal, QC H3G 2W1 | (514) 266-8837

## NEW!!! MORNING FUEL - PROTEIN PANCAKES

### RISE & SHINE PROTEIN

16,95 \$

Two pancakes, chopped bacon, soft boiled egg, hot honey, fresh avocado

### BERRY BURST PROTEIN

16,95 \$

Two pancakes, strawberries, shredded coconut, greek yogurt, banana, blueberries, honey, chia seeds, granola

## CLASSIC SMOOTHIES

### Small/Petit Jugo Classico®

7,95 \$

Strawberry, Banana, Apple Juice, Orange Juice

### Regular/Régulier Jugo Classico®

9,95 \$

Strawberry, Banana, Apple Juice, Orange Juice

### Small/Petit Mango Magic

7,95 \$

Mango, Orange Juice, Tropical Juice

### Regular/Régulier Mango Magic

9,95 \$

Mango, Orange Juice, Tropical Juice

### Small/Petit Blushing Mango

7,95 \$

Mango, Raspberry, Tropical Juice

## Menu Jugo Juice

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### Regular/Régulier Blushing Mango

9,95 \$

Mango, Raspberry, Tropical Juice

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### Small/Petit Summer Strawberry

7,95 \$

Strawberry, Peach, Apple Juice, Cranberry Juice

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### Regular/Régulier Summer Strawberry

9,95 \$

Strawberry, Peach, Apple Juice, Cranberry Juice

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### Small/Petit Frosted Lemonade

7,95 \$

Pineapple, Mango, Fresh Lemon, Lemonade

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### Regular/Régulier Frosted Lemonade

9,95 \$

Pineapple, Mango, Fresh Lemon, Lemonade

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### Peanut Butter Chocolate

7,95 \$

Banana, All Natural Peanut Butter, Chocolate Almond Milk,

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## FRESH ENERGY SMOOTHIES

### Blue Crush

11,95 \$

Pineapple, Banana, Blue Spirulina, Greek Yogurt, Fresh Lemon, Apple Juice

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### Berry Banana

11,95 \$

Strawberry, Blueberry, Banana, Greek Yogurt, Apple Juice

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### Mighty Kale

11,95 \$

Fresh Kale, Fresh Spinach, Mango, Pineapple, Orange Juice, Apple Juice

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### Green Glow

11,95 \$

Fresh Kale, Avocado, Banana, Pineapple, Tropical Juice, Coconut Water

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### Coco Island

11,95 \$

Pineapple, Dragonfruit, Coconut Milk, Coconut Water

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### Choco-Coco Bliss

11,95 \$

Banana, Dragonfruit, Coconut Milk, Coconut Water

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## PROTEIN SMOOTHIES

### Mocha Protein

12,75 \$

Banana, Dates, Iced Coffee Concentrate, Chocolate Whey Protein, Almond Milk

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### Peanut Butter Protein

12,75 \$

Chocolate Whey Protein, Banana, All Natural Peanut Butter, Chocolate Almond Milk

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### Big Blue Protein

12,75 \$

Vanilla Whey Protein, Blueberry, Banana, Frozen Yogurt, Apple Juice

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### Tropical Green Protein

12,75 \$

Vanilla Whey Protein, Fresh Kale, Mango, Pineapple, Tropical Juice

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### **Pink Power Protein**

12,75 \$

Vanilla Whey Protein, Dragonfruit, Strawberry, Frozen Yogurt, Apple Juice

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### **Mango Protein**

12,75 \$

Mango, Orange Juice, Tropical Juice, Vanilla Protein

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## **FRESH PRESSED JUICE**

### **Apple**

12,25 \$

Apples

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### **Orange**

12,95 \$

Oranges

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### **Carrot**

12,25 \$

Carrots

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### **Orange/Apple/Carrot**

12,25 \$

Oranges, Apples, Carrots

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### **Stay Up Beet**

12,25 \$

Beets, Apples, Carrots, Lemon, Ginger Root

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### **Kale Aid**

12,25 \$

Kale, Apples, Spinach, Celery, Lemon, Ginger Root

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### SMOOTHIE BOWLS

#### **PB Delight**

16,75 \$

Banana, Chocolate Almond Milk, All Natural Peanut Butter, Banana, Strawberry, Blueberry, Granola, Shredded Coconut

#### **Pink Oasis**

16,75 \$

Dragonfruit, Pineapple, Mango, Strawberry, Oat Milk, Blueberry, Granola, Shredded Coconut

#### **Acai Paradise**

16,75 \$

Banana, Pineapple, Strawberry, Blueberry, Acai, Coconut Milk, Granola, Shredded Coconut

#### **NEW!! Blue Fuel Protein 27g**

17,25 \$

27 grams protein Banana, Blueberry, Oat Milk, Frozen Yogurt, Vanilla Protein Toppings: Dragonfruit, Diced Mango, Chia Seeds, Coconut Flakes, Granola

#### **NEW!! Spicy Mango Protein 27g**

17,25 \$

27 grams protein Mango, Coconut Water, Coconut Milk, Turmeric, Cardamom, Vanilla Protein Toppings: Dragonfruit, Diced Mango, Chia Seeds, Coconut Flakes, Granola

#### **NEW!! Mighty Green Protein 27g**

17,25 \$

27 grams protein Coconut Water, Coconut Milk, Mango, Pineapple, Spinach, Kale, Vanilla Protein Toppings: Dragonfruit, Diced Mango, Chia Seeds, Coconut Flakes, Granola

### BUBBLE TEA

#### **Moka Fusion**

8,95 \$

Black Oolong Tea, Chocolate Almond Milk, Iced Coffee Concentrate, Non-Dairy Cream Powder, Tapioca Pearls

#### **Salted Caramel Bliss**

8,95 \$

Black Oolong Tea, Oat Milk, Salted Caramel Syrup, Non-Dairy Creamer, Tapioca Pearls

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### Twilight Black Tea

8,95 \$

Black Oolong Tea, Oat Milk, Black Sugar Syrup, Non-Dairy Creamer, Tapioca Pearls

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### Dragon Fruit Coconut Dream

8,95 \$

Coconut Milk, Orange Juice, Blue Curacao Syrup, Dragonfruit

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### Green Tea Guava & Dragon Fruit

8,95 \$

Green Tea, Lemonade, Guava Syrup, Passion Fruit Syrup, Dragonfruit, Strawberry Popping Pearls

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### Taro Fantasy

8,95 \$

Black Oolong Tea, Oat Milk, Vanilla Syrup, Non-Dairy Creamer, Taro Powder, Tapioca Pearls

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### Matcha Made In Heaven

8,95 \$

Oat Milk, Vanilla Syrup, Green Tea Matcha Powder, Tapioca Pearls

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## GREEN TEA LEMONADES

### Grape Green Tea Lemonade

8,45 \$

Lemonade, Green Tea, Grape Syrup, Strawberry Popping Pearls

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### Red Heart Guava Green Tea Lemonade

8,45 \$

Lemonade, Green Tea, Guava Syrup, Passionfruit Popping Pearls

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### Passionfruit Green Tea Lemonade

8,45 \$

Lemonade, Green Tea, Passionfruit Syrup, Passionfruit Popping Pearls

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### Mango Green Tea Lemonade

8,45 \$

Lemonade, Green Tea, Mango Syrup, Strawberry Popping Pearls

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### Cranberry Green Tea Lemonade

8,45 \$

Lemonade, Green Tea, Cranberry Syrup, Passionfruit Popping Pearls

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### Blue Sky Green tea Lemonade

8,45 \$

Lemonade, Green Tea, Blue Curacao Syrup, Strawberry Popping Pearls

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## VITAMIN 'C' SPARKLERS

SPARKLE, SIP, AND GLOW WITH VITAMIN 'C'

### Mango Surge

8,45 \$

Lemonade, Sparkling Water, Dragonfruit, Mango Syrup, Fresh Slice of Lemon

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### Guava Sparkle

8,45 \$

Lemonade, Sparkling Water, Dragonfruit, Guava Syrup, Fresh Slice of Lemon

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### Blue Boost

8,45 \$

Lemonade, Sparkling Water, Dragonfruit, Blue Curacao Syrup, Fresh Slice of Lemon

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### Citrus Shine

8,45 \$

Lemonade, Sparkling Water, Dragonfruit, Fresh Slice of Lemon

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## SNACKS

### Granola Parfait

6,95 \$

Vanilla Yogurt, Blueberries, Granola

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### **NEW!! Mango Coconut Protein Parfait 20g**

**8,75 \$**

20 grams protein Mango, Vanilla Protein, Greek Yogurt, Coconut Flakes, Granola, Vanilla Syrup

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### **NEW!! Banana PB Protein Parfait 23g**

**8,75 \$**

23 grams protein Banana, All Natural Peanut Butter, Greek Yogurt, Vanilla Syrup, Chocolate Proteine, Granola

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### **NEW!! Dragonfruit & Mango Chia Protein Pudding 14g**

**8,75 \$**

14 grams protein Mango, Chia Seeds, Coconut Milk, Greek Yogurt, Dragonfruit, Coconut Flakes

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## **WRAPS/SANDWICHES**

### **Tuna Avocado Wrap**

**11,95 \$**

Tuna, Avocado, Dijon Mustard, Romaine Lettuce, Whole Wheat Tortilla

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### **Chicken Avocado Wrap**

**11,95 \$**

Chicken Strips, Avocado, Lemon Juice, Tomato, Mozzarella, Spicy Mayo, Romaine Lettuce, Whole Wheat Tortilla

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### **BBQ Chicken Wrap**

**11,95 \$**

Chicken Strips, BBQ Sauce, Romaine Lettuce, Provolone, Whole Wheat Tortilla

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### **Chicken & Caramelized Onion Focaccia**

**12,95 \$**

Chicken Strips, Mozzarella, Caramelized Onion, Fresh Spinach, Olive Oil & Herb Focaccia

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### **Southwestern Beef Wrap**

**11,95 \$**

Seasoned Beef Strips, Corn, Black Beans, Quinoa Mix, Spicy Greek Yogurt

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### Veggie Fuel Wrap

11,95 \$

Provolone, Avocado, Tomato, Cucumber, Shredded Carrot, Micro Greens, Hummus, Spicy Greek Yogurt

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### Three Cheese Dippers

11,95 \$

Cheddar, Mozzarella, Provolone, Mayonnaise

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### Spicy Tuna Focaccia

12,95 \$

Spicy Tuna Mix (Tuna, Greek Yogurt, Hot Sauce, Seasoning), Avocado, Mozzarella, Cucumber

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### Veggie Hummus Focaccia

12,95 \$

Avocado, Cucumber, Tomato, Roasted Red Pepper, Hummus, Micro Greens, Goa Dressing

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### Morning Power Bowl

14,95 \$

Quinoa Mix, Soft Boiled Egg, Cucumber, Tomato, Shredded Carrots, Spinach, Bacon, Spicy Greek Yogurt

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## GRAB AND GO

### Marshmallow bar

5,00 \$

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### GF Brownie

5,00 \$

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## BOTTLED BEVERAGES

### Smart Water 591ml

5,00 \$

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## Menu Jugo Juice

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Dasani

4,00 \$

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### COLD PRESSED JUICE

**Immunity Shot**

5,45 \$

Ginger, Turmeric, Lemon

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