



Menu

Frerot cuisine and bar

78 Bd Gréber, Gatineau, QC J8T 3P8, Canada | (819) 561-0505

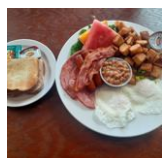
Most Ordered



Surlonge & Oeuf

Trois oufs servis avec un steak de surlonge.

CA\$31.50



Le Géant

Deux oufs servis avec bacon, jambon, saucisses, fèves au lard et des crétons

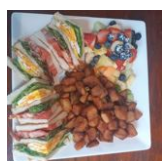
CA\$23.10



Montréal Béné

Bacon, viande fumée et fromage suisse

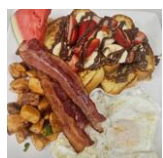
CA\$23.10



Club Déjeuner

Sandwich à trois étages avec oufs crevés, tomates, bacon, laitue, fromage

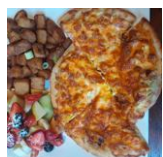
CA\$22.05



Le Frerot

Deux oufs avec pain doré au banane, fraises, fraises, nutella et choix de bacon, jambon, saucisse ou baloney

CA\$25.20



Méga Viande Pizza

Petite pizza avec sauce hollandaise, oufs brouillé, Bacon, jambon, saucisse et fromage Monterey, servie avec patates à déjeuner et bol de fruits frais

CA\$24.15

Méga Viande Poutine

Bacon, jambon, saucisse

CA\$23.10

Menu Frerot cuisine and bar

Réveil Matin 3 Choix

CA\$23.10

2 oufs et 3 choix de bacon / jambon / saucisses / baloney / cretons / fèves au lard

Réveil Matin 2 Choix

CA\$18.90

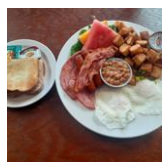
2 oufs et 2 choix de bacon / jambon / saucisses / baloney / cretons / fèves au lard

Réveil Matin 1 Choix

CA\$14.70

2 oufs et 1 choix de bacon / jambon / saucisses / baloney / cretons / fèves au lard

OEUFS & PLUS



Le Géant

CA\$23.10

Deux oufs servis avec bacon, jambon, saucisses, fèves au lard et des crétons



La Mémère

CA\$23.10

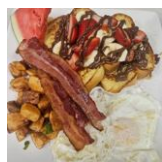
Deux oufs avec crêpe aux pépites de chocolat et choix de bacon, jambon, saucisse ou baloney



Surlonge & Oeuf

CA\$31.50

Trois oufs servis avec un steak de surlonge.



Le Frérot

CA\$25.20

Deux oufs avec pain doré au banane, fraises, fraises, nutella et choix de bacon, jambon, saucisse ou baloney

La Soeurette

CA\$25.20

Deux oufs avec bretonne au banane, nutella, amandes et choix de bacon, jambon, saucisse ou baloney

Menu Frerot cuisine and bar

Réveil Matin 3 Choix

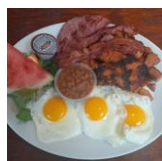
CA\$23.10

2 oufs et 3 choix de bacon / jambon / saucisses / baloney / cretons / fèves au lard

Porc & Oeuf

CA\$22.05

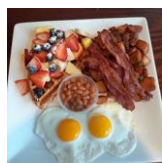
Rôti de porc et trois oufs



Bûcheron

CA\$26.25

Trois oufs servis avec, bacon, jambon, saucisses italienne, fèves au lard et des crétons



Le Gatinois

CA\$25.20

Deux oufs avec gaufre aux fruits et choix de bacon, jambon, saucisse ou baloney

Le Pépère

CA\$25.20

Deux oufs avec bretonne, fromage à la crème, coulis aux fruits des champs, granola et choix de bacon, jambon, saucisses ou baloney

L'ITALIENNE

CA\$22.05

Trois oufs brouillés avec du fromage mozzarella servi avec de la saucisse italienne

Le Délice

CA\$23.10

Deux oufs servis avec de la viande fumée et le choix du bacon ou du jambon ou de la saucisse



Méditerranéenne

CA\$23.10

Trois oufs, tomates, concombres, oignons, poivrons, olives, fromage feta

Réveil Matin 1 Choix

CA\$14.70

2 oufs et 1 choix de bacon / jambon / saucisses / baloney / cretons / fèves au lard

Menu Frerot cuisine and bar

Réveil Matin 2 Choix

CA\$18.90

2 oufs et 2 choix de bacon / jambon / saucisses / baloney / cretons / fèves au lard

OMELETTES

3 Choix Omelette

CA\$22.05

A light and fluffy tri-choice omelette, bursting with a symphony of savory flavors. Served with crispy potato gems and your choice of bread, it's a delightful start to any day.

Champignon & Brie Omelette

CA\$21.00

A delightful marriage of earthy mushrooms and creamy Brie, nestled in a fluffy omelette, served with a side of crisp, golden potatoes and your choice of fresh-baked bread.

Jambon, Épinards & Suisse Omelette

CA\$22.05

A delectable omelette layered with savory ham, fresh spinach, and melted Swiss cheese, served with your choice of golden potato wedges or a selection of artisanal breads.

Végé Omelette

CA\$23.10

Tomates, oignons, champignons, poivrons, épinards, asperges, brocoli et fromage brie

Poulet Épicé Omelette

CA\$23.10

Poulet épicé, champignons, oignons et fromages Monterey

Brisket Omelette

CA\$22.05

Viande fumée, champignons et fromage suisse

Western Omelette

CA\$21.00

Poivrons, oignons et jambon

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Béné Omelette

CA\$23.10

Jambon, fromage en grains garni de sauce hollandaise

Mega Viande Omelette

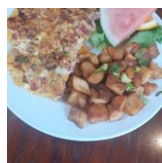
CA\$22.05

Jambon, bacon, saucisse et fromage Monterey

Italienne Omelette

CA\$23.10

Saucisse italienne, tomates, oignons et fromage mozzarella



Mish-Mash Omelette

CA\$22.05

Poivrons, oignons, jambon, bacon, saucisse et viande fumée

Steak Philly Omelette

CA\$23.10

Tranches de boeuf, champignons, oignons et fromage suisse

1 Choix Omelette

CA\$17.85

A delightful blend of fluffy eggs, crisp potatoes, and your choice of savory fillings, all wrapped in a golden-brown omelette. Served with a selection of freshly baked breads, this dish promises a satisfying and indulgent start to your day.

2 Choix Omelette

CA\$19.95

A mouthwatering omelette crafted with your choice of savory fillings, accompanied by fluffy potatoes and your selection of freshly baked bread, creating a harmonious balance of flavors and textures.

POUTINE DÉJEUNER

Méga Viande Poutine

CA\$23.10

Bacon, jambon, saucisse

Menu Frerot cuisine and bar



Mexicain Poutine

Haricots, maïs, oignons, poivrons, avocates

CA\$23.10

Végé Poutine

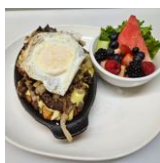
Tomates, oignons, poivrons, champignons, épinards, asperges, brocoli

CA\$23.10

Poulet Poutine

Poulet croustillant, oignons, champignons

CA\$23.10



Steak Philly Poutine

Tranches de bouf, champignons, oignons

CA\$23.10

Traditionnelle Poutine

Patates à déjeuner avec du fromage en grains nappées de sauce hollandaise.

CA\$19.95

PIZZA DÉJEUNER

Steak Philly Pizza

Petite pizza avec sauce hollandaise, oufs brouillé, Tranches de bouf, champignons, oignons et fromage Monterey, servie avec patates à déjeuner et bol de fruits frais

CA\$25.20

Végé Pizza

Petite pizza avec sauce hollandaise, oufs brouillé et fromage Monterey, Tomatoes, oignons, poivrons, champignons, épinards, asperges, brocoli, servie avec patates à déjeuner et bol de fruits frais

CA\$24.15



Méga Viande Pizza

Petite pizza avec sauce hollandaise, oufs brouillé, Bacon, jambon, saucisse et fromage Monterey, servie avec patates à déjeuner et bol de fruits frais

CA\$24.15

FRÉROTS RATATOUILLE

Végé Ratatouille

CA\$22.05

Tomates, oignons, poivrons, champignons, épinards, asperges, brocoli et sauce hollandaise.

Poulet Ratatouille

CA\$22.05

Poulet croustillant, oignons, champignons et sauce hollandaise

Mexicain Ratatouille

CA\$22.05

Haricots, maïs, oignons, poivrons, avocates et salsa

Méga Viande Ratatouille

CA\$22.05

Bacon, jambon, saucisse et sauce hollandaise

BÉNÉDICTINES



Montréal Béné

CA\$23.10

Bacon, viande fumée et fromage suisse



3 Choix Béné

CA\$23.10

Oignons / Poivrons / Champignons / Épinards / Asperges / Tomates / Brocoli / Olives / Bacon / Jambon / Saucisse / Baloney / Viande fumée / Saucisse italienne / Saumon fumé / Poulet / Jalapeños / Mozzarella / Cheddar / Suisse / Feta / Brie / Monterey



Avocat Béné

CA\$23.10

Avocats, bacon, oignons, poivrons et fromages suisses

Jambon, Épinards & Suisse Béné

CA\$23.10

A harmonious blend of savory ham, fresh spinach, and decadent Swiss cheese, elevated by perfectly poached eggs and nestled atop a bed of crisp potato hash.

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Champignon & Brie Béné

CA\$22.05

Delicate sautéed mushrooms and creamy brie nestled on a fluffy English muffin, crowned with perfectly poached eggs and a drizzle of hollandaise - a harmonious fusion of flavors and textures.

Végé Béné

CA\$23.10

Tomates, asperges, épinards, champignons, brocoli, poivrons, oignons et fromage brie

Philly Steak Béné

CA\$23.10

Tender slices of Philly steak nestled atop a fluffy English muffin, crowned with a perfectly poached egg and served alongside crispy golden hash browns, creating a symphony of flavors and textures.



LOX BÉNÉDICTINE

CA\$23.10

Tranches de boeuf, champignons, oignons et fromage suisse

2 Choix Béné

CA\$21.00

A rich and indulgent brunch dish, the 2 Choix Béné features perfectly poached eggs and hollandaise sauce atop a bed of crispy potatoes, offering a harmonious balance of savory and velvety textures.

1 Choix Béné

CA\$18.90

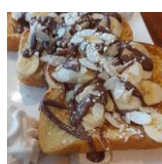
Oignons / Poivrons / Champignons / Épinards / Asperges / Tomates / Brocoli / Olives / Bacon / Jambon / Saucisse / Baloney / Viande fumée / Saucisse italienne / Saumon fumé / Poulet / Jalapeños / Mozzarella / Cheddar / Suisse / Feta / Brie / Monterey

SUCRÉ

3 Choix Sucré

CA\$23.10

Banane / Fraise / Framboise / Mûre / Bleuets / Avocat / Poire / Brownie / Nutella / Beurre d'arachide / Caramel / Costade / Noix de pins / Amande



La Chocolatine

CA\$23.10

Banane, Nutella et Amandes

Menu Frerot cuisine and bar

Banane & Baies

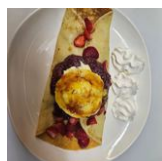
CA\$23.10

Caramelized bananas and wild berries typically served with a sweet topping.

Framb. Brownies & Choco Blanc

CA\$24.15

White chocolate and raspberry brownies typically include a rich chocolate base and are topped with fresh raspberries and white chocolate drizzle.



Crème Brulée

CA\$23.10

Fraise, coulis de petits fruits et crème brûlée

La Pépité

CA\$22.05

Pépites de chocolat

Avocat, Miel & Noix Pin

CA\$23.10

Avocat écrasé, miel, noix de pin sucrées.

Le Parfait

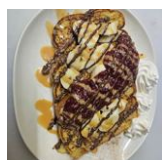
CA\$23.10

Fromage à la crème, coulis aux fruits des champs et granola

Adoré Sucré

CA\$23.10

Banane, fraises, nutella



DÉLICE PB&J

CA\$23.10

Banane, fruits des champs coulis, chocolat et beurre d'arachide

Poires, Brie & Caramel

CA\$23.10

Pears, creamy brie, and sweet caramel typically combined in a delightful dessert.

Menu Frerot cuisine and bar

Fruits Frais

CA\$23.10

Fresh fruit: A variety of seasonal fruits, typically including strawberries, blueberries, and melon.

2 Choix Sucré

CA\$21.00

Banane / Fraise / Framboise / Mûre / Bleuets / Avocat / Poire / Brownie / Nutella / Beurre d'arachide / Caramel / Costade / Noix de pins / Amande

1 Choix Sucré

CA\$18.90

Banane / Fraise / Framboise / Mûre / Bleuets / Avocat / Poire / Brownie / Nutella / Beurre d'arachide / Caramel / Costade / Noix de pins / Amande

SANTÉ / SANDWICHS

Cabane à Sucre

CA\$22.05

A rich, maple-kissed journey for the senses, the Cabane à Sucre enchants with its warm, woody aromas and silky smooth textures, a true celebration of nature's sweetest offering.

Sandwich BLT

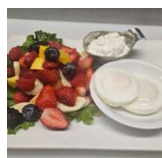
CA\$11.55

Bacon, laitue et tomates sur pain baguette

Sandwich Western

CA\$11.55

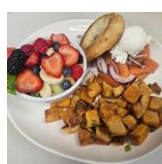
Mélange de poivrons, d'oignons, de jambon et d'oufs sur pain baguette



Assiette Santé

CA\$21.00

Deux oufs pochés servis avec des fruits frais, du fromage cottage et rôties



Bagel Saumon Fumé

CA\$22.05

Bagel au saumon fumé, oignons, câpres et fromage à la crème servi avec patates à déjeuner et bol de fruits frais

Menu Frerot cuisine and bar

Sandwich Croissant

CA\$13.65

Croissant au beurre avec oufs, viande fumée et fromage suisse

Sandwich Muffin Anglais

CA\$10.50

Muffin anglais aux oufs, saucisses et fromage cheddar

Omelette Santé

CA\$23.10

4 blancs d'oufs, tomates, poivrons, oignons, champignons, épinards, asperges, brocolis, servis avec des fruits frais et rôties

Bagel Fromage Crème & Fruits Frais

CA\$19.95

Bagel with cream cheese and fresh fruits.

Burger Déjeuner

CA\$27.30

Boulette au viande avec confiture, ouf, bacon, fromage cheddar et saucisse italienne servie avec des patates à déjeuner



PAIN DORÉ CLUB

CA\$23.10

Bagel style pain doré, jambon, bacon, saucisse, oufs, fromage suisse et sirop d'érable, servis avec fruits frais

Ass. Saumon Fumé

CA\$23.10

Mélange de laitue garni de tomates, d'oignons, de poivrons, de concombres, de saumon fumé et de câpres, servi avec du fromage à la crème et du bagel

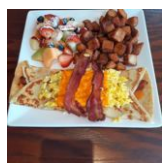
Ass. Fruits Frais

CA\$21.00

Montagne de fruits frais servie avec votre choix de yogourt, fromage cottage, nutella ou crème pâtissière

Menu Frerot cuisine and bar

SALÉ



3 Choix Salé

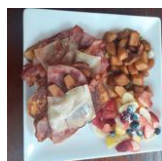
CA\$23.10

Oignons / Poivrons / Champignons / Épinards / Asperges / Tomates / Brocoli / Olives / Bacon / Jambon / Saucisses / Baloney / Viande fumée / Saucisse italienne / Poulet / Jalapenos / Mozzarella / Cheddar / Suisse / Feta / Brie / Monterey

Saumon Fumé Salé

CA\$24.15

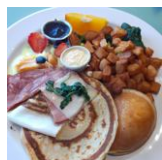
Saumon fumé et fromage suisse



Mega Viande Salé

CA\$24.15

Bacon, jambon, saucisse et fromage suisse



Jambon, Épinards & Suisse Salé

CA\$23.10

Ham, spinach, and Swiss cheese, typically served with a mix of fresh greens and a light dressing.

Végé Salé

CA\$24.15

Tomates, oignons, poivrons, champignons, épinards, asperges, brocoli et fromage brie

Steak Philly Salé

CA\$24.15

Tranches de bouf, champignons, oignons et fromage suisse

1 Choix Salé

CA\$18.90

Oignons / Poivrons / Champignons / Épinards / Asperges / Tomates / Brocoli / Olives / Bacon / Jambon / Saucisses / Baloney / Viande fumée / Saucisse italienne / Poulet / Jalapenos / Mozzarella / Cheddar / Suisse / Feta / Brie / Monterey

2 Choix Salé

CA\$21.00

Oignons / Poivrons / Champignons / Épinards / Asperges / Tomates / Brocoli / Olives / Bacon / Jambon / Saucisses / Baloney / Viande fumée / Saucisse italienne / Poulet / Jalapenos / Mozzarella / Cheddar / Suisse / Feta / Brie / Monterey

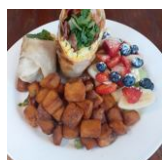
SANDWICHES COMBO



Club Déjeuner

Sandwich à trois étages avec œufs crevés, tomates, bacon, laitue, fromage

CA\$22.05



Wrap Déjeuner

Laitue, tomates, bacon, fromage et œufs, enveloppé dans un tortilla

CA\$22.05

Déjeuner Western

Mélange de poivrons, d'oignons, de jambon, d'œufs et de cheddar dans une baguette

CA\$22.05



Bagel Déjeuner

Bagel aux œufs, fromage cheddar, laitue, tomates et bacon

CA\$22.05

Wrap Méga Viande

Bacon, jambon, saucisse, œufs et fromage, enveloppé dans un tortilla

CA\$22.05

Wrap Mexicain

Avocats, haricots, maïs, œufs, fromage et salsa, enveloppé dans un tortilla

CA\$22.05

Wrap Western

Mélange de poivrons, champignons, d'oignons, de jambon, d'œufs et de fromage Monterey enveloppé dans un tortilla

CA\$22.05

BAGELETTE

Sandwich à trois étages avec œufs crevés, tomates, bacon, laitue, fromage

CA\$22.05

Menu Frerot cuisine and bar

Wrap Végé

CA\$22.05

Tomates, oignons, champignons, épinards, asperges, brocolis, et fromages brie enveloppé dans un tortilla

Wrap Philly

CA\$23.10

Tranches de bouf, champignons, oignons, oufs, laitue, tomates et fromage suisse

yogourt

YOGOURT FRUITS

CA\$14.70

Yogourt fruits: Yogurt typically accompanied by an assortment of fresh fruits and granola.

YOGOURT BAN&BAI

CA\$14.70

Yogurt typically includes bananas and berries, layered with granola for a delightful crunch.

YOGOURT NATURE

CA\$12.60

Plain yogurt, typically enjoyed for its creamy texture and subtle tanginess.

YOGOURT BLEUET

CA\$14.70

Blueberry yogurt typically includes creamy yogurt mixed with fresh blueberries.

YOGOURT FRAISE

CA\$14.70

Creamy yogurt typically includes fresh strawberries and granola.

PAIN DORÉ/BRETONNE/GAUFRE/CRÊPE

EXTRA GAUFRE

CA\$6.30

A classic waffle typically includes a light, crispy texture, often served with powdered sugar and a hint of vanilla.

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EXTRA CRÊPE

CA\$6.30

A plain crêpe, typically served as an additional crepe option.

EXTRA PAIN DORÉ

CA\$6.30

Thick slices of French toast typically served with powdered sugar and maple syrup.

EXTRA BRETONNE

CA\$6.30

Crepe filled with ham, bacon, chicken sausage, onions, mushrooms, avocado, cheddar-jack cheese, sour cream, and chives.

EXTRA

EXTRA INGREDIENTS

0,00 \$

Extra ingredients typically include sauces, egg, bacon, mushrooms, caramelized onions, and avocado.

EXTRA SYROP ERABLE

CA\$3.15

Extra syrop érable: Additional portion of maple syrup, typically used to enhance the sweetness of your burger or other dishes.

EXTRA FRUITS

0,00 \$

Typically includes a mix of seasonal fruits like watermelon, cantaloupe, and grapes.

EXTRA CREME ANGLAIS

CA\$3.15

Extra crème anglaise: A smooth, vanilla-flavored custard sauce, typically served to complement desserts.

SIDE NUTELLA

CA\$3.15

Additional portion of creamy Italian Nutella spread, perfect for enhancing your favorite dishes.

Menu Frerot cuisine and bar

SIDE YOGOURT

CA\$3.15

Extra Yogurt: Smooth, creamy yogurt, ideal for enhancing your burger experience.

SIDE COTTAGE

CA\$3.15

Cottage cheese made from soured milk curds, often served as a creamy side.

EXTRA CREME FOUETTEE

CA\$3.15

Whipped cream, typically includes vanilla and sugar.

EXTRA VIANDE

0,00 \$

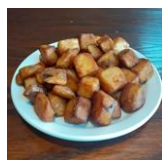
Extra meat typically includes additional beef patty, chicken, or other proteins to enhance your burger.

EXTRA FROMAGE

CA\$3.15

A portion of cheese typically used to add extra flavor to your burger.

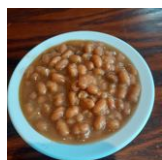
COTE



ORDRE PATATES

CA\$5.25

Hand-cut, deep-fried potato wedges, typically seasoned with salt.



FEVE S AU LARD

CA\$3.15

Beans cooked with pork, typically includes molasses and spices for a rich, savory flavor.

SAUCE HOLLANDAISE

CA\$3.15

Hollandaise sauce: Smooth blend of fresh eggs, butter, and lemon juice, typically used as a rich, creamy topping for burgers.

Menu Frerot cuisine and bar

ONION CUIT

CA\$2.10

Typically includes caramelized onions, prepared to a tender and sweet consistency.

OEUF

CA\$2.10

Typically includes eggs, often prepared in various styles.

PAIN

CA\$4.75

Grilled bread typically includes a mix of tomatoes, onions, olives, cheese, oil, and spices.

BAGEL & FROMAGE

CA\$9.45

Bagel with cheese, typically includes a selection of toppings such as tomato, spinach, and mayonnaise.

BOLE DE FRUITS

CA\$7.35

A medley of fresh seasonal fruits such as cantaloupe, honeydew, pineapple, strawberries, and grapes.

ORDRE VIANDE

0,00 \$

Ordre viande: Typically includes various cuts of meat, often served with fries, coleslaw, and pickles.

SAUCISSE ITALIAN

CA\$6.30

Grilled Italian sausage typically served with sautéed peppers and onions on a fresh roll.

JUS / LAIT

JUS POMME

CA\$3.70

Freshly pressed apple juice, typically made from a blend of sweet and tart apples.

Menu Frerot cuisine and bar

JUS ANANAS

CA\$3.70

Freshly blended pineapple juice typically includes ripe, sweet pineapple for a refreshing tropical drink.

JUS ORANGE

CA\$3.70

Freshly squeezed orange juice typically made from ripe oranges, providing a naturally sweet and tangy flavor.

JUS CANNEBERGE

CA\$3.70

Cranberry juice: A refreshing beverage typically made from tart cranberry extract.

LAIT CHOCOLAT

CA\$3.70

A creamy blend of milk and chocolate, evoking childhood memories with each sip.

LAIT

CA\$3.70

Fresh milk, a classic beverage typically enjoyed for its creamy texture and essential nutrients.

ESPRESSO & CAPPUCCINO

CHOCOLAT CHAUD

CA\$3.15

Rich cocoa typically mixed with steamed milk, topped with whipped cream and chocolate shavings.

Latte Original

CA\$5.25

Shot of espresso with steamed milk and a light layer of foam.

Cappuccino Vanille

CA\$6.30

A shot of espresso with steamed milk, a layer of milk foam, and a hint of vanilla.

Menu Frerot cuisine and bar

Latte Vanille

CA\$6.30

Espresso with steamed milk and a hint of vanilla.

Cappuccino Épice Citrouille

CA\$6.30

Pumpkin spice cappuccino typically includes a shot of espresso, steamed milk, and a layer of foam, infused with pumpkin spice flavors.

Latte Épice Citrouille

CA\$6.30

Espresso with steamed milk, pumpkin spice, and a touch of foam.

Cappuccino Noisette

CA\$6.30

Espresso with a touch of steamed milk and a hint of hazelnut flavor.

Latte Noisette

CA\$6.30

Espresso with steamed milk and a hint of hazelnut flavoring.

Cappuccino Caramel Salé

CA\$6.30

A shot of espresso with steamed milk, a layer of milk foam, and a touch of salted caramel.

Latte Caramel Salé

CA\$6.30

Espresso with steamed milk and a hint of salted caramel.

Espresso

CA\$3.15

Espresso: A double shot of our rich signature blend, topped with a light film of espresso cream.

Espresso Double

CA\$5.25

Double shot of espresso, delivering a rich and robust coffee experience.

Menu Frerot cuisine and bar

Cappuccino Original

CA\$5.25

Espresso with steamed milk and a layer of milk foam.

CAFE

CA\$3.15

Double shot of our house espresso.

THE

CA\$3.15

Double shot of our house espresso blend, offering rich and bold flavors.

BOISSON GAZEUSE

ICE TEA

CA\$4.15

Refreshing chilled tea, perfectly brewed for a revitalizing experience.

LIMONADE

CA\$4.15

Water, sugar, lemon juice, and lemon pulp typically combine to create this refreshing lemonade.

AQUAFINA

CA\$3.15

Aquafina - Flavored Water: Typically includes pure water with natural flavors for a refreshing taste.

CRUSH

CA\$4.15

Refreshing citrus soda

DINER

Ailes de Poulet

CA\$17.85

Chicken wings typically served with fries and BBQ, ranch, or hot sauce.

Menu Frerot cuisine and bar

Burger Bacon & Fromage

CA\$22.05

Bacon and cheese burger. Lunch potatoes as fries, sweet potato fries, onion rings, or poutine. Brown sauce or spice-free options available.

Baguette Philly Steak

CA\$21.00

Philly steak on a baguette with your choice of side: fries, sweet potato fries, onion rings, poutine, or brown sauce.

Lasagne Maison

CA\$23.10

Fresh pasta layered with bolognese sauce, bechamel, and cheese.

Spaghetti Bolognese

CA\$21.00

Spaghetti pasta with seasoned ground beef, tomato sauce, and parmesan cheese.

Steak Haché

CA\$24.15

Ground beef patty typically served with sautéed onions, gravy, and fries.

SOUPE DU JOUR

CA\$6.85

Chef's choice, made in-house daily. Call for today's soup selection.

Crevettes Gratinées

CA\$15.75

Broiled shrimp typically topped with a creamy cheese sauce.

Bâtonnets de Zucchini

CA\$15.75

Deep-fried zucchini sticks, lightly breaded for a crisp texture, typically accompanied by a creamy dipping sauce.

Bâtonnets de Fromage

CA\$14.70

Breaded cheese sticks typically served with marinara sauce.

Menu Frerot cuisine and bar

Pain Ail, Bacon et Fromage

CA\$15.75

Garlic bread with bacon and cheese: Crisp garlic bread typically topped with melted cheese and crispy bacon.

Rondelles Oignon

CA\$13.65

Onion rings: Typically includes crispy, golden-brown breaded onion rings.

Frites Pommes Terres Rouge

CA\$10.50

Hand-cut red potatoes, double-fried for a crispy exterior and fluffy interior, typically seasoned with salt and pepper.

Patate Douce Frites

CA\$14.70

Sweet potato fries typically seasoned with a light blend of spices, offering a balance of sweet and savory.

Club Poulet Grillé

CA\$22.05

Grilled chicken club sandwich with lunch potatoes (fries, no spice, brown sauce, poutine, sweet potato, or onion rings).

Fish & Chips

CA\$26.25

Crispy fish served with a variety of potato sides including fries, no spices, brown sauce, poutine, sweet potato or onion rings.

Crevettes Papillon

CA\$30.45

Butterflied shrimp, typically served with a light seasoning or sauce.

Salade César

CA\$13.65

Romaine lettuce, garlic croutons, freshly grated parmesan, and creamy caesar dressing.

Salade Grecque

CA\$14.70

Cucumber, tomato, red onion, olives, and feta cheese with a Greek dressing.

Menu Frerot cuisine and bar

Salade Jardin

CA\$12.60

Lettuce, tomatoes, cucumbers, red onions, and green bell peppers.

Pizza Québécoise

CA\$22.05

Tomato sauce, cheese, pepperoni, mushrooms, green peppers, and bacon.

Pizza Toute Garnie

CA\$21.00

Pepperoni, mushrooms, and green peppers on a classic pizza crust.

Contre-Filet Bifteck 10oz

CA\$40.95

Grilled 10oz sirloin steak, typically served with mashed potatoes and sautéed vegetables.

Souvlaki au Poulet

CA\$28.35

Grilled marinated chicken with lettuce, tomato, onion, and tzatziki sauce, wrapped in pita bread.

Fajitas Boeuf

CA\$29.40

Grilled beef strips with sautéed onions, bell peppers, and tomatoes, typically served with tortillas.

Fajitas Poulet

CA\$29.40

Grilled chicken, sautéed onions, bell peppers, guacamole, sour cream, salsa, and cheddar cheese wrapped in warm flour tortillas.

Souvlaki au Porc

CA\$27.30

Grilled pork skewers marinated in lemon and oregano, served with pita bread, tzatziki, onions, and tomatoes.

Menu Frerot cuisine and bar

SMOOTHIES

Fraise Smoothie

CA\$7.35

Typically includes fresh strawberries, yogurt, and milk, blended to a smooth consistency.

Avocat, Miel & Noix Pins Smoothie

CA\$7.35

Avocado, honey, and pine nuts blended with yogurt and milk.

Banane & Fraise Smoothie

CA\$7.35

Blended bananas and strawberries with yogurt and honey.

Mangue Smoothie

CA\$7.35

Blended mango, yogurt, banana, and coconut water.

Baies Sauvages Smoothie

CA\$7.35

Blended wild berries, banana, yogurt, and milk.
