



Menu

Poké Poki-Ste-Catherine

1580 Bd des Écluses, Sainte-Catherine, QC J5C 2B4, Canada | (450) 632-1111

Most Ordered



P1. Poké Saumon

CA\$20.40

Salmon poke bowl with sushi rice, avocado, edamame, shredded carrots, purple cabbage, mixed greens, and seaweed strips.



P9. Le Général Poulet

CA\$21.60

10mcx poulet frit



P6. Poké Poki

CA\$22.80

A vibrant poke bowl featuring fresh tuna, salmon, avocado, mango, seaweed, and mixed greens, topped with sesame seeds and roe.



21. Hosomaki Avocat(6mcx)

CA\$6.00

Avocado wrapped in sushi rice and seaweed, creating a simple hosomaki roll with six pieces.



50. Dragon Eye(Fried) Futomaki(5pcs)

CA\$12.90

Crispy fried futomaki roll with layers of rice, seaweed, and vibrant fillings, served in five pieces.



6. Crevette tempura (3mcx)

CA\$7.80

Crispy shrimp tempura with shredded carrot and cabbage, served in a set of three pieces.



20. Hosomaki Concombre(6mcx)

CA\$5.40

Thinly rolled sushi with fresh cucumber, wrapped in seaweed and rice, topped with sesame seeds. Six pieces per serving.

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32.Poulet Chicken Katsu Maki(8pcs)

CA\$9.60

Crispy chicken katsu wrapped with rice, seaweed, cucumber, and garnished with sesame seeds. Eight pieces per serving.

Sushi Combo 4 (20pcs)

CA\$23.40

Assortment of salmon and shrimp nigiri, kamikaze and dynamite rolls, with avocado and cucumber pieces. 20 pieces total.

Sushi Combo 5 (47pcs)

CA\$57.60

Assortment of 47 sushi pieces: includes variety of rolls like Dynamite, Kamikaze, California, and more. Features both classic and unique selections suitable for sharing.

Ramune



Ramune Original

CA\$7.20

Soft Drink

Coke

CA\$2.40

Classic, refreshing carbonated beverage.

Poke Bowl



P9.Le Général Poulet

CA\$21.60

10mcx poulet frit



P6.Poké Poki

CA\$22.80

A vibrant poke bowl featuring fresh tuna, salmon, avocado, mango, seaweed, and mixed greens, topped with sesame seeds and roe.



P3.Poké Poulet katsu

CA\$20.40

Crispy chicken katsu atop rice, accompanied by avocado, mixed greens, shredded carrots, purple cabbage, corn, cucumber, and a sprinkle of sesame seeds.

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P4. Poké Crabe et crevette

CA\$20.40

Crispy crab and shrimp atop sushi rice, with avocado, edamame, shredded cabbage, and seaweed garnish.



Spécial Général Poulet + Thé de Mangue

CA\$24.00

Crispy chicken slices on rice with fresh vegetables, drizzled with a savory sauce, accompanied by a mango tea.

P19. Jumbo Crevette

CA\$21.60

4mcx crevette tempura



P7. Poké Saumon et Crevette

CA\$21.60

Crispy shrimp and salmon atop sushi rice, with avocado, edamame, mixed greens, and shredded cabbage, garnished with sesame seeds.



P5. Poké Végé

CA\$18.00

A vibrant bowl featuring avocado, edamame, shredded carrots, cabbage, cucumber, and sweet potato fries on a bed of rice.



P8. Poké Thon et Crevette

CA\$22.80

Crispy shrimp, fresh tuna, avocado, edamame, shredded carrots, purple cabbage, and diced mango on a bed of rice.



P11. Le Géant

CA\$24.60

Crevette Tempura (2), Petoncles (2), Poulet frit (6)

P21. Le Tofu

CA\$19.20

15mcx tofu frit



P10. Le Printemps

CA\$21.60

Tofu frit(10), patate douce, wakame

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P12.La Mer

Saumon,Thon,Crevette(4pcs)

CA\$24.60

P20.La Crevette

6mcx jumbo crevettes

CA\$21.60



P1.Poké Saumon

Salmon poke bowl with sushi rice, avocado, edamame, shredded carrots, purple cabbage, mixed greens, and seaweed strips.

CA\$20.40



P2.Poké Thon

Fresh tuna with avocado, edamame, seaweed, shredded cabbage, cucumber, and fish roe over rice, garnished with sesame seeds.

CA\$21.60

Nouveau Au Menu

P15.L'Atlantique

thon mariné, poulet frit (6 mcx)

CA\$25.80

P16.Poke Fish 'n Chips

saumon, thon et frites

CA\$24.60

P13."Smokey" Poke

saumon fumé, frites

CA\$24.60

P14.Le Pacifique

saumon, poulet frit (6 mcx)

CA\$25.80

Nouveau Poke Tropical

P17.Boeuf grillé

boeuf grille

CA\$24.60

P18.Poulet grillé

poulet grille

CA\$24.60

Extras Pour Poke Bols



Edamame

Tender green soybeans, shelled and ready to enhance your poke bowl with a fresh, nutty flavor.

CA\$3.00

Tofu frit (8 mcx)

CA\$3.00

Poulet frit (3 mcx)

CA\$4.80

Thon épicé

CA\$5.40

Thon mariné

CA\$5.40

Avocat

CA\$3.00

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Concombre

CA\$3.00

Pineapple

CA\$3.00

Saumon épicé

CA\$4.20

Saumon mariné

CA\$4.20

Poke & Boba Tea(M)



PB3.Chicken Katsu Poke&Boba(M)

CA\$25.80

Chicken katsu poke bowl served with your choice of signature milk tea or passion fruit tea, both with tapioca pearls.



PB4.Crab and Shrimp Poke&Boba(M)

CA\$25.80

Crab and shrimp poke bowl paired with a choice of boba drinks like milk tea or passion fruit tea, both with tapioca pearls.



PB1.Salmon Poke&Boba(M)

CA\$25.80

Salmon poke bowl paired with your choice of boba tea, featuring signature milk tea or passion fruit tea with tapioca pearls.



PB2.Tuna Poke&Boba(M)

CA\$27.00

Tuna poke paired with choice of boba. Options: Signature Milk Tea or Passion Fruit Tea with Tapioca Pearls.

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Sushi & Boba Tea(M)

SB1.Sushi Combo 1 (14 pcs)&Boba(M)

CA\$24.60

14-piece sushi selection featuring avocado, cucumber, mini-California, and mini-Kamikaze rolls. Includes medium-sized boba tea options: signature milk tea or passion fruit tea with tapioca pearls.

SB2.Sushi Combo 2 (14 pcs)&Boba(M)

CA\$27.00

Assorted sushi with 2 pieces of salmon and shrimp nigiri, mini California, Vancouver, and Twice Salmon rolls. Choice of medium milk or passion fruit boba tea with tapioca pearls.

Appetizers

6.Crevette tempura (3mcx)

CA\$7.80



Crispy shrimp tempura with shredded carrot and cabbage, served in a set of three pieces.

5.Gyoza Frit (3mcx)

CA\$6.30



avec sauce yuzu

8.Frites de patates douce

CA\$5.40



Crispy sweet potato fries, lightly seasoned, paired with shredded carrots and cabbage.

4.Edamame

CA\$5.10



Tender young soybeans, lightly salted, served shelled.

3.Wakame

CA\$6.00



Marinated seaweed salad with a hint of sesame seeds, offering a fresh, oceanic taste and a slightly crunchy texture.

7.Poulet katsu (6mcx)

CA\$8.40



Crispy fried chicken pieces with shredded carrots and red cabbage.

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9.Tapas Mixtes

CA\$10.80

10.Tapas mix supreme

CA\$15.60



2.Pétoncle frit (4 mcx)

CA\$6.90

Crispy fried scallops served on a bed of shredded carrots and purple cabbage. Four pieces per serving.



1.Rouleau Impérial (2mcx)

CA\$4.50

Crispy spring rolls filled with vegetables, served with shredded carrots and cabbage.

Nigiri

12.Nigiri Crevette(1mcx)

CA\$3.00



17.Nigiri Saumon flambé(1mcx)

CA\$3.90



13.Nigiri Goberge(1mcx)

CA\$3.00



14.Nigiri Tamago-Omelette(1mcx)

CA\$3.00



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15.Nigiri Inari-Tofu frit(1mcx)

CA\$3.00



16.Nigiri Thon flambé(1mcx)

CA\$4.50



11.Nigiri Saumon(1mcx)

CA\$3.30



10.Nigiri Thon(1mcx)

CA\$3.60

Hosomaki

26.Hosomaki Saumon épicé(6mcx)

CA\$7.80

22.Hosomaki Saumon(6mcx)

CA\$7.20



Thin sushi roll with fresh salmon wrapped in seasoned rice and seaweed, garnished with sesame seeds. Six pieces per serving.

27.Hosomaki Thon épicé(6mcx)

CA\$8.40

25.Hosomaki Crevette cuite(6mcx)

CA\$6.60



Cooked shrimp with cucumber wrapped in rice and seaweed, topped with sesame seeds. Six pieces per serving.

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24.Hosomaki Goberge(6mcx)

CA\$5.40

Imitation crab wrapped in rice and seaweed, garnished with sesame seeds.



23.Hosomaki Thon(6mcx)

CA\$7.80

Tuna wrapped in sushi rice, rolled in seaweed, and garnished with sesame seeds, served in six pieces.



21.Hosomaki Avocat(6mcx)

CA\$6.00

Avocado wrapped in sushi rice and seaweed, creating a simple hosomaki roll with six pieces.



20.Hosomaki Concombre(6mcx)

CA\$5.40

Thinly rolled sushi with fresh cucumber, wrapped in seaweed and rice, topped with sesame seeds. Six pieces per serving.

Sushi Combo

Sushi Combo 4 (20pcs)

CA\$23.40

Assortment of salmon and shrimp nigiri, kamikaze and dynamite rolls, with avocado and cucumber pieces. 20 pieces total.

Sushi Combo 5 (47pcs)

CA\$57.60

Assortment of 47 sushi pieces: includes variety of rolls like Dynamite, Kamikaze, California, and more. Features both classic and unique selections suitable for sharing.

Sushi Combo 3 (14pcs)

CA\$20.40

Assortment of 14 sushi pieces. Includes Nigiri with salmon and shrimp, diverse sushi rolls, and avocado maki.

Sushi Combo 1 (14pcs)

CA\$18.00

Assortment of rolls including avocado, cucumber, mini-California, and mini-Kamikaze, totaling 14 pieces.

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Sushi Combo 2 (14pcs)

CA\$20.40

Includes a selection of nigiri with salmon and shrimp, plus mini California rolls, Vancouver rolls, and twice salmon rolls. Total of 14 pieces.

Maki

35.Ebi Maki(8mcx)

CA\$9.60



Shrimp roll wrapped in seaweed, filled with rice, avocado, and crab stick, cut into eight pieces.

32.Poulet Chicken Katsu Maki(8pcs)

CA\$9.60



Crispy chicken katsu wrapped with rice, seaweed, cucumber, and garnished with sesame seeds. Eight pieces per serving.

34.Deux Saumon/ Twice Salmon Maki(8pcs)

CA\$12.60

33.Mini Kamikaze Maki(8pcs)

CA\$10.80



Sushi roll with fresh tuna, avocado, and crispy tempura bits, wrapped in seaweed and rice.

31.Vancouver Maki(8pcs)

CA\$9.30



Crab, avocado, and cream cheese wrapped in rice, topped with bright red tobiko and sprinkled with black sesame seeds.

30.Mini California Maki(8pcs)

CA\$9.30



Crab stick, cucumber, and avocado wrapped in sushi rice and seaweed, topped with sesame seeds and fish roe. Eight pieces per serving.

Futomaki

50.Dragon Eye(Fried) Futomaki(5pcs)

CA\$12.90



Crispy fried futomaki roll with layers of rice, seaweed, and vibrant fillings, served in five pieces.

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45.Futomaki Crevette Tempura(5mcx)

CA\$10.80

Tempura shrimp wrapped in rice and seaweed, filled with cucumber and greens, topped with fish roe.



51.Fire Ball(Fried) Futomaki(5pcs)

CA\$12.30

Crispy fried futomaki filled with rice, cucumber, and fish roe, wrapped in seaweed. Five pieces per serving.



43.Dynamite Futomaki(5pcs)

CA\$9.90

Thick sushi roll with rice, avocado, cucumber, and fish roe wrapped in seaweed.



44.New York Futomaki(5pcs)

CA\$10.80

Nori-wrapped roll with sushi rice, tuna, cucumber, and tamago (Japanese omelette), offering a balanced combination of textures and flavors in five pieces.



47.Hawaii Futomaki(5pcs)

CA\$10.20

Thick sushi roll with shrimp, cucumber, crab, and lettuce wrapped in seaweed and rice. Five pieces per serving.



49.Rainbow Futomaki(5pcs)

CA\$12.30

A vibrant sushi roll with crab, avocado, and assorted fish, wrapped in rice and seaweed.



48.Poki Maki Futomaki(5pcs)

CA\$11.70

Thick sushi roll with tuna, avocado, cucumber, and topped with fish roe and sesame seeds. Five pieces per serving.



42.Ume Futomaki(5pcs)

CA\$10.20

A thick sushi roll with crab, avocado, cucumber, mango, and lettuce, wrapped in seaweed and rice.



46.Vegan Maki Futomaki(5pcs)

CA\$10.20

A roll filled with rice, avocado, cucumber, lettuce, mango, and carrot, wrapped in seaweed.

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41.Kamikaze Futomaki(5pcs)

CA\$11.40

Thick sushi roll with rice, seaweed, and fillings like tuna, avocado, and tempura flakes. Five pieces per serving.



40.California Futomaki(5pcs)

CA\$8.70

Crab, avocado, and cucumber wrapped in rice and seaweed, topped with fish roe. Five pieces per serving.

Sauce

Sauce Sriracha

CA\$1.80

Sauce Ponzu

CA\$1.80

Gingembre

CA\$1.80

Wasabi

CA\$1.80

Sauce Soya

CA\$1.80

Mayo Epicee

CA\$1.80

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Sauce Sesame

CA\$1.80

Nos Top 8



Latte au sucre roux avec des peales de Tapioca

CA\$8.40

Brown sugar bubble tea with tapioca pearls. Available in medium or large sizes.



Thé au fruit de la passion (avec de tapioca et gel)

CA\$8.40

Passion fruit tea with tapioca and jelly options. Available in medium or large sizes.



Latté à la fraise (avec crème fouettée)

CA\$8.40

Strawberry coffee latte topped with whipped cream. Available in medium or large sizes.



Thé a la peche avec gelée de noix de coco

CA\$8.40

Peach tea with coconut jelly. Available in medium or large sizes.

The au Litchi avec boules de jus de litchi

CA\$8.40

Lychee drink with lychee juice pearls. Available in medium or large.

Thé à la mangue avec boba à la mangue

CA\$8.40

Mango tea with mango boba. Sizes: Medium or Large.



Signature thé au lait avec perles de tapioca

CA\$8.40

Bubble tea with choice of medium or large size, featuring tapioca pearls.

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Thé au pamplemousse avec gelée de noix de coco

CA\$8.40

Grapefruit tea with coconut jelly. Available in medium or large sizes.

The Au Lait Avec Perles De Tapioca

T7.Taro au lait

CA\$7.80

Creamy taro bubble tea with tapioca pearls. Available in medium or large sizes.



T2.The vert au lait Jasmin

CA\$7.80

Jasmine green tea with milk and tapioca pearls, available in medium or large sizes.
Bubble tea.

T11.The au lait au sucre roux

CA\$7.80

Brown sugar milk tea with tapioca pearls; available in medium or large sizes.

T9.Mangue au lait

CA\$7.80

Served with sweet mango milk and chewy tapioca pearls. Available in medium or large sizes.

T6.Noix de coco au lait

CA\$7.80

Creamy coconut bubble tea with tapioca pearls, available in medium or large sizes.

T3.Chocolat au lait

CA\$7.80

Bubble tea with milk chocolate flavor, available in medium or large sizes.



T4.Matcha au lait

CA\$7.80

Matcha bubble tea with tapioca pearls. Available in Medium or Large sizes.

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T5.Litchi au lait

CA\$7.80

Litchi-flavored milk bubble tea with tapioca pearls; available in medium or large sizes.



T8.Fraise au lait

CA\$7.80

Bubble tea with strawberry and milk, available in medium or large sizes.

T10.Melon miel au lait

CA\$7.80

Melon honey milk tea with tapioca pearls. Available in medium or large sizes.

T1.Signature thé au lait

CA\$7.80

Signature milk tea with chewy tapioca pearls. Available sizes: medium or large.

The Aux Fruits



T18.Thé à la pêche

CA\$7.50

Peach tea available in medium or large sizes.

T17.Thé à la mangue

CA\$7.50

Mango-flavored tea, available in Medium or Large sizes.

T19.Thé aux bleuets

CA\$7.50

Refreshing blueberry tea available in medium or large sizes.

T20.Thé au noix de coco et fraise

CA\$7.50

Coconut and strawberry tea. Medium or large size options.

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T21.The au Fruit Litchi

CA\$7.50

Delicate lychee drink available in medium or large sizes.

T15.The au fruit de la passion

CA\$7.50

Passion fruit infused accompaniment. Available in Medium or Large sizes.

T16.Thé à la fraise

CA\$7.50

Strawberry tea, choice of medium or large.

Sparkling Series



S3.Fraise Sparkling

CA\$7.50

Medium or large sparkling water infused with delicate strawberry essence.

S5.Pêche Sparkling

CA\$7.50

Refreshing sparkling beverage with peach flavor. Available in medium or large sizes.

S4.Fruit de la passion Sparkling

CA\$7.50

Passion fruit-infused sparkling water. Medium or Large size choices available.



S6.Bleuet Sparkling

CA\$7.50

Effervescent touch with blueberry essence, available in medium or large sizes.



S1.Pamplemousse Sparkling

CA\$7.50

Refreshing sparkling water with grapefruit essence; available in medium and large sizes.

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S2.Mangue Sparkling

CA\$7.50

Refreshing blend with mango essence. Available in Medium or Large sizes.

Serie Latte



L3.Latté Au Sucre Roux Avec Perles De Tapioca

CA\$8.10

Brown sugar latte with tapioca pearls. Available in medium or large sizes.



L1.Latté à la fraise avec creme fouette

CA\$8.10

Strawberry coffee latte combined with whipped cream. Available in medium or large sizes.

L2.Latte a la mangue avec creme fouette

CA\$8.10

Mango-flavored coffee latte with whipped cream. Available in medium or large.
