

Most Ordered



Brunch Coco

CA\$25.25

Two eggs, beans, creton, fresh fruit, home style potatoes, bacon, ham, sausages, toast, crepe & french toast



Construction

CA\$21.95

Three eggs, beans or creton, bacon, ham, and sausages, fresh fruit, home style potatoes, and toast



CASSEROLE: Meat Lover's

CA\$23.05

Sausages, ham, bacon, potatoes, cheese, hollandaise sauce, 2 eggs & fresh fruits



2 eggs with 1 choice of meat:

CA\$13.15

Served with home style potatoes, fresh fruit and toast.



SMOOTHIES: Southlake

CA\$6.87

Bananas, mangoes, raspberries, pineapple juice, yogurt, and honey



Club Coco Frutti

CA\$19.75

Breakfast club sandwich with tomatoes, lettuce, yellow cheese and your choice of meat. Served with home style potatoes and fresh fruits

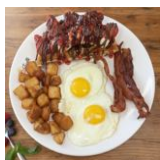


Extra bacon

CA\$6.05

Extra bacon

Menu Coco Frutti ????



The Popular

2 eggs, choice of meat, with half a waffle topped with strawberries and bananas, strawberry coulis and hazelnut chocolate, served with home style potatoes

CA\$20.85



Latte - Bowl

CA\$6.33

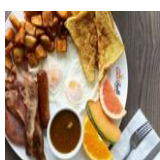


OMELETTE : Western

Peppers, onions, and ham omelette (5 eggs) served with home style potatoes, fresh fruits, and toast.

CA\$20.07

Eggs



Brunch Coco

Two eggs, beans, creton, fresh fruit, home style potatoes, bacon, ham, sausages, toast, crepe & french toast

CA\$25.25



2 eggs with 1 choice of meat:

Served with home style potatoes, fresh fruit and toast.

CA\$13.15



3 eggs with 1 choice:

Served with home style potatoes, fresh fruit and toast.

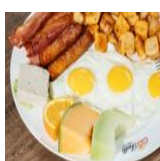
CA\$14.25



2014

Two eggs, choice of meat, crepe or french toast, beans, creton, fresh fruit, home style potatoes, and toast

CA\$20.85



Construction

Three eggs, beans or creton, bacon, ham, and sausages, fresh fruit, home style potatoes, and toast

CA\$21.95

Menu Coco Frutti ????



Two eggs with smoked sausage and crepe

CA\$17.55

Served with home style potatoes, fresh fruit and toast.



Super 1 : Rock Forest

CA\$21.95

2 eggs with smoked beef sausage and a banana crepe topped with hazelnut-chocolate spread and white chocolate served with home style potatoes, fresh fruits, and toast.



2 eggs with 2 choice of meat:

CA\$15.35

Served with home style potatoes, fresh fruit and toast.



3 eggs

CA\$13.15

Served with home style potatoes, fresh fruit and toast.



3 eggs with 2 choice:

CA\$16.77

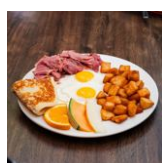
Served with home style potatoes, fresh fruit and toast.



Steak and Eggs

CA\$27.45

2 eggs, 8 oz steak served with baked beans served with home style potatoes, fresh fruits, and toast.



Two eggs with smoked meat and crepe

CA\$17.55

Served with home style potatoes, fresh fruit and toast



Super 2 : Magog

CA\$23.05

2 eggs with a half waffle topped with bananas, strawberries, and marshmallows covered in hazelnut-chocolate spread and English cream, along with a choice of meat served with home style potatoes, fresh fruits, and toast.



Super 3 : Old Port

CA\$25.25

A small meat skillet with one egg and hollandaise sauce, served with a half waffle, bananas, chocolate sauce, and peanut butter served with home style potatoes, fresh fruits, and toast.

Menu Coco Frutti ????



2 eggs

Served with home style potatoes, fresh fruit and toast.

CA\$12.05



1 egg

Served with home style potatoes, fresh fruit and toast.

CA\$9.85

Omelettes



OMELETTE : Western

Peppers, onions, and ham omelette (5 eggs) served with home style potatoes, fresh fruits, and toast.

CA\$20.07



OMELETTE : Bacon or Sausage and cheddar cheese

5 eggs, potatoes, fresh fruit & toast included.

CA\$21.17



OMELETTE : Meat lover's

Bacon, ham, sausage, Swiss cheese

CA\$22.55



OMELETTE : Healthy

Tomatoes, onions, peppers, cheddar cheese. 5 eggs, potatoes, fresh fruit & toast included.

CA\$18.65



OMELETTE : Western King

Peppers, onions, ham, cheddar cheese. 5 eggs, potatoes, fresh fruit & toast included.

CA\$21.17



OMELETTE : Mushrooms, shallots, onion & brie

5 eggs, potatoes, fresh fruit & toast included.

CA\$21.17

Menu Coco Frutti ?????



OMELETTE : Tomatoes and Avocado

CA\$21.95

Tomatoes, avocado, and mozzarella cheese omelette (5 eggs) served with home style potatoes, fresh fruits, and toast.



OMELETTE : Ham and Swiss cheese

CA\$20.85

5 eggs, potatoes, fresh fruit & toast included.



OMELETTE : Sabz

CA\$18.97

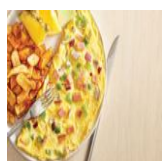
Spinach and cheddar cheese. 5 eggs, potatoes, fresh fruit & toast included.



OMELETTE : Veggie

CA\$18.97

Vegetarian omelette (5 eggs) served with home style potatoes, fresh fruits, and toast.



OMELETTE : Veggie King

CA\$20.85

Vegetarian and cheddar cheese. 5 eggs, potatoes, fresh fruit & toast included.



OMELETTE : Québécoise

CA\$21.17

Tomatoes, spinach, bacon, sausage, cheddar cheese. 5 eggs, potatoes, fresh fruit & toast included.



OMELETTE : Smoked salmon, shallots, and onions

CA\$26.35

Smoked salmon, shallots, and onions omelette (5 eggs) served with home style potatoes, fresh fruits, and toast.



OMELETTE : Smoke meat, shallots with Swiss cheese

CA\$23.05

5 eggs, potatoes, fresh fruit & toast included.



OMELETTE : The Exceptional

CA\$23.05

Sun-dried tomatoes, spinach, bacon, avocado, and cheddar cheese omelette (5 eggs) served with home style potatoes, fresh fruits, and toast.

Menu Coco Frutti ?????



OMELETTE : Plain

5 eggs, potatoes, fresh fruit & toast included.

CA\$14.85



OMELETTE : Yellow cheese

5 eggs, potatoes, fresh fruit & toast included.

CA\$16.45

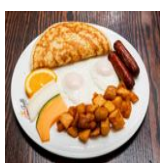
Friends & Family



The Niagara Falls

2 eggs, choice of meat, and crepe or french toast topped with bananas and hazelnut chocolate. Served with home style potatoes, fresh fruit and toast.

CA\$20.85



The Blainville

2 eggs, choice of meat, and crepe: apple cheddar or pear cheddar. Served with home style potatoes, fresh fruit and toast.

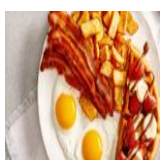
CA\$21.95



The FireStone

2 eggs, choice of meat, and crepe or french toast topped with custard, bananas, strawberries, blueberries and raspberries. Served with home style potatoes, fresh fruit and toast.

CA\$21.45

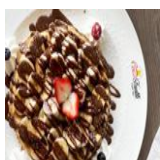


The Joliette

2 eggs, choice of meat, and crepe or french toast topped with custard and fresh fruit. Served with home style potatoes, fresh fruit and toast.

CA\$20.85

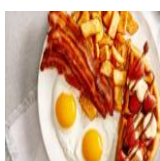
Pancakes, French toast or Waffles



Waffles Banana-Chocolate

Served with bananas and creamy hazelnut-chocolate

CA\$19.75



Waffles Mont Everest

Topped with a mountain of fruits and English cream

CA\$20.85

Menu Coco Frutti ????



FRENCH TOAST Plain

3 slices decorated with fresh fruit

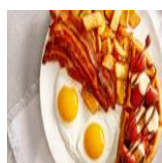
CA\$14.85



FRENCH TOAST Strawberry-Banana

Served with English cream

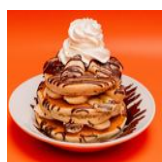
CA\$22.27



Waffles Plain

Decorated with fresh fruits

CA\$14.85



Pancakes Banana-Chocolate

Served with bananas and creamy hazelnut-chocolate

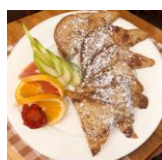
CA\$19.75



Pancakes Strawberry-Banana

Served with English cream

CA\$22.27



FRENCH TOAST Raisin Bread

3 slices of raisin bread decorated with fresh fruit

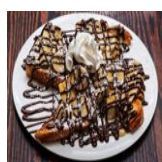
CA\$15.35



FRENCH TOAST Mount Everest

Topped with a mountain of fruit served with English cream

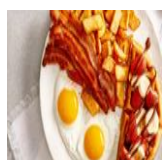
CA\$20.85



FRENCH TOAST Banana-Chocolate

Served with bananas and creamy hazelnut-chocolate

CA\$19.75



Waffles Strawberry-Banana

Served with English cream

CA\$22.27

Menu Coco Frutti ????



Pancakes Mont Everest

CA\$20.85

Topped with a mountain of fruits and English cream

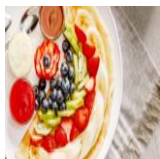


Pancakes Plain

CA\$14.85

Decorated with fresh fruits

Crepes



Crepe Magic

CA\$25.25

Crepe stuffed with bananas, blueberries, raspberries, strawberries, and marshmallows, topped with hazelnut-chocolate spread and white chocolate



CREPES Delicious

CA\$20.85

Apple, cheddar cheese, maple syrup.



CREPES Banane-Chocolate

CA\$19.75

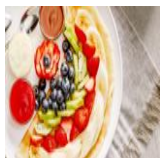
Crepe stuffed with bananas and home style pastry cream, drizzled with melted hazelnut-chocolate



Rainbow

CA\$25.25

Crepe with bananas, kiwis, strawberries, and blueberries, served with English cream, hazelnut-chocolate spread, and strawberry coulis



CREPES Bacon & Cheddar cheese

CA\$18.97



CREPES Plain

CA\$14.57

Menu Coco Frutti ????



CREPES Buckwheat

Three buckwheat crepes served with molasses

CA\$14.25



CREPES Frutti

Crepe stuffed with a delightful variety of fresh fruits and home style pastry cream

CA\$20.35



CREPES Three cheeses

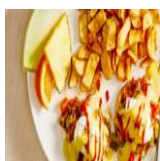
CA\$17.05



CREPES Asparagus, ham and Swiss cheese

CA\$19.25

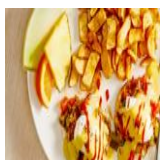
Eggs Benedict



BENEDICT: Zen

2 poached eggs with smoked salmon, red onions, and avocado, topped with hollandaise sauce. Served on an English muffin with home style potatoes, and fresh fruits.

CA\$26.35



BENEDICT: Bacon

2 poached eggs, bacon, melted cheese topped with hollandaise sauce. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.

CA\$20.85



BENEDICT: Coco

2 poached eggs, sautéed mushrooms, shallots & brie on English muffin topped with hollandaise sauce. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.

CA\$21.95



BENEDICT: The Shy

2 poached eggs and ham, topped with hollandaise sauce. Served on an English muffin with home style potatoes, and fresh fruits.

CA\$17.55

Menu Coco Frutti ????



BENEDICT: Tex-Mex

CA\$20.85

2 poached eggs, onions, tomatoes, guacamole, peppers and cheddar cheese, topped with Hollandaise sauce and Sriracha. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.



BENEDICT: Sweet 'N Salty

CA\$23.05

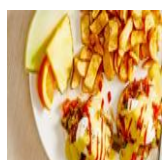
1 poached egg with bacon and cheddar, topped with Hollandaise sauce with choice of meat, accompanied by two crepes topped with fruit and hazelnut chocolate. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.



BENEDICT: Smoked Meat

CA\$23.05

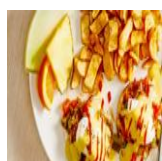
2 poached eggs, on English muffin with smoked meat, onion & Swiss cheese topped with hollandaise sauce. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.



BENEDICT: Heart Healthy

CA\$25.25

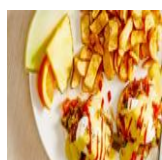
2 poached eggs and smoked salmon on a bagel, topped with Hollandaise sauce. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.



BENEDICT: European

CA\$21.95

2 poached eggs, tomatoes, bacon and cheddar topped with Hollandaise sauce and choice of meat. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.



BENEDICT: Palm Beach

CA\$23.05

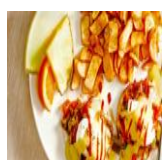
2 poached eggs with bacon, sun-dried tomatoes, and avocado, topped with hollandaise sauce. Served on an English muffin with home style potatoes, and fresh fruits.



BENEDICT: Classic

CA\$20.35

2 poached eggs, ham, Swiss cheese, topped with hollandaise sauce and choice of meat. Served on an English muffin with home style potatoes, and fresh fruits.

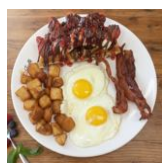


BENEDICT: Florentine

CA\$20.35

2 poached eggs, spinach and cheddar, topped with Hollandaise sauce, and your choice of meat. Served with home style potatoes, fresh fruit, toast. Choose to have your eggs benedict on English muffin, crepes or french toast.

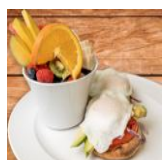
The Special Plates



The Popular

2 eggs, choice of meat, with half a waffle topped with strawberries and bananas, strawberry coulis and hazelnut chocolate, served with home style potatoes

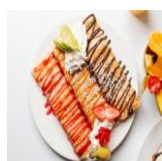
CA\$20.85



California

2 eggs, avocado, tomatoes, and red onions on multigrain bread or bagel, served with a bowl of fresh fruits

CA\$21.95



Mirna Plate

A small crepe filled with strawberries and strawberry coulis, a small crepe filled with bananas and chocolate coulis, and a small crepe filled with apples and caramel coulis

CA\$21.95



Special Crepes

One ham and Swiss cheese crepe, one bacon and cheddar cheese crepe, and one spinach and cheddar cheese crepe, served with a mountain of fresh fruits and home style potatoes

CA\$21.95



Healthy Golden Sandwich

French toast sandwich with ham, Swiss cheese, and an egg, served with a mountain of fresh fruits, home style potatoes, and home style English cream

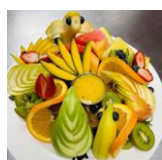
CA\$19.75



Healthy breakfast

Un oeuf au choix, fromage cottage et bol de fruits, bagel ou rôties

CA\$18.65

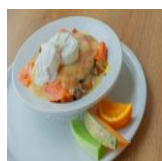


The Atlantic Excellence

Plate of smoked salmon served with salad, capers, onions, bagel, cream cheese, and fresh fruits

CA\$24.15

Our Popular Casseroles



CASSEROLE: Supreme

Smoked salmon, onions, mushrooms, potatoes, capers, hollandaise sauce & 2 eggs, fresh fruits and toast

CA\$25.25

Menu Coco Frutti ????



CASSEROLE: Deluxe

CA\$23.05

Red and green peppers, tomatoes, spinach, onions, mushrooms, sausages, ham, bacon, potatoes, cheese, hollandaise sauce, 2 eggs, fresh fruits and toast.



CASSEROLE: Avocado and bacon

CA\$24.15

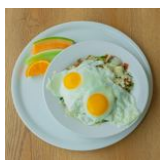
Half avocado, bacon, potatoes, onions, peppers, tomatoes, choice of cheese, hollandaise sauce, 2 eggs, fresh fruits and toast.



CASSEROLE: Meat Lover's

CA\$23.05

Sausages, ham, bacon, potatoes, cheese, hollandaise sauce, 2 eggs & fresh fruits



CASSEROLE: Vegetarian

CA\$20.35

Vegetable, potatoes, cheese, hollandaise sauce, 2 eggs, fresh fruits and toast

Healthy Fruits



Yogourt: Himalaya

CA\$18.65

Mountain of fruit in a plain yogurt - English cream mix, topped with Muslix and Granola. Served with bagel or toast.



Yogourt: Fresh fruit

CA\$13.47

Served with bagel or toast.



Yogourt: Classic

CA\$18.65

Vanilla or plain yogurt, mixed fruits, and Grano. Served with bagel or toast.



Yogourt: Field Fruits

CA\$20.85

Bananas, blueberries, raspberries, strawberries, plain yogurt, and home style English cream. Served with a bagel or toast.

Menu Coco Frutti ????

Sandwiches



Club Coco Frutti

CA\$19.75

Breakfast club sandwich with tomatoes, lettuce, yellow cheese and your choice of meat. Served with home style potatoes and fresh fruits



Croque-Monsieur

CA\$17.55

Egg, ham, tomatoes, lettuce, and Swiss cheese. Served with home style potatoes and fresh fruits.



Sandwich Norvégie

CA\$25.25

Smoked salmon on a bagel with cream cheese topped. Served with home style potatoes and fresh fruits



BLT with Egg

CA\$16.45

On an English muffin or bagel, one egg, bacon, tomatoes, lettuce. Served with home style potatoes and fresh fruits

For the Little Ones



Kids: Half waffle

CA\$13.15

Topped with bananas and marshmallows, covered with hazelnut-chocolate sauce.



Kids: crepe topped with fruit

CA\$10.95

crepe, or French toast, or Waffle topped with fruit



Kids: crepe topped with Banana-chocolate

CA\$10.95

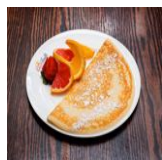
crepe, or French toast, or Waffle topped with Banana-chocolate



Kids: Plain Waffle

CA\$9.85

Menu Coco Frutti ????



Kids: Plain crepe

Plain crepe, or French toast, or Waffle

CA\$9.85



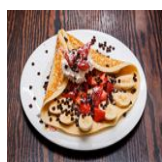
Kids: Plain French toast

CA\$9.85



Kids: Waffle topped with fruit

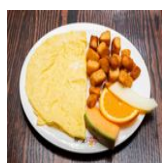
CA\$10.95



Kids: hazelnut chocolate chip crepe topped with strawberries and bananas

azelnut chocolate chip crepe topped with strawberries and bananas

CA\$10.95



Kids: Yellow cheese omelette

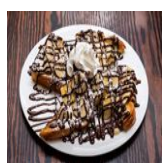
Omlette yellow cheese

CA\$9.07



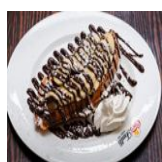
Kids: French toast topped with fruit

CA\$10.95



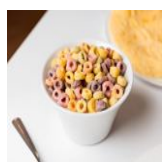
Kids: French toast topped with Banana-chocolate

CA\$10.95



Kids: Waffle topped with Banana-chocolate

CA\$10.95

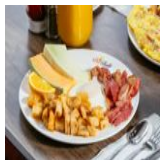


Kids: Cereal with toast

Cereal or oatmeal with toast

CA\$7.65

Menu Coco Frutti ????



Kids: 1 egg with 1 choice

CA\$9.85

Choose from: bacon, ham, sausages, cretons, baked beans, bologna, or turkey bacon.

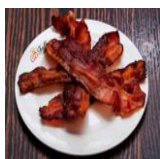
Extras



Toast and coffee

CA\$7.97

Toast and coffee



Extra bacon

CA\$6.05

Extra bacon



Extra whole avocado

CA\$7.97

whole avocado



Extra sausages

CA\$5.45

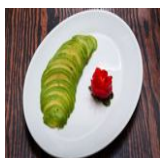
Extra sausages or ham



Extra cretons

CA\$4.67

Extra cretons or bologna



Extra half avocado

CA\$5.77

half avocado



Extra egg

CA\$4.35

Extra egg

Menu Coco Frutti ????



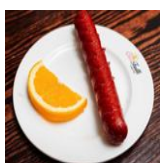
Assorted field fruits cup

Assorted field fruits cup

CA\$9.07

Coffee

CA\$3.25



Extra beef smoked sausage

beef smoked sausage

CA\$7.15



Toast, coffee, and cheese (1 slice)

Toast, coffee, and cheese (1 slice)

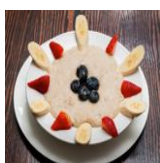
CA\$9.85



Toast, coffee, and cheese (2 slices)

Toast, coffee, and cheese (2 slices)

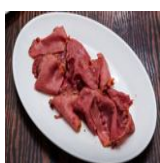
CA\$10.17



Oatmeal and toast

Oatmeal and toast .

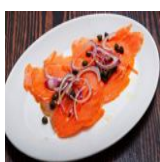
CA\$8.75



Extra smoked meat

smoked meat

CA\$7.15



Extra smoked salmon

smoked salmon

CA\$14.57



Extra ham

CA\$5.45

Menu Coco Frutti ????



Extra bologna

CA\$4.67



Fruits bowl

Fruits bowl

CA\$9.07



Fruits cup

Fruits cup

CA\$6.55

Smoothies & Milk Shakes



SMOOTHIES: Southlake

Bananas, mangoes, raspberries, pineapple juice, yogurt, and honey

CA\$6.87



Milk Shake Strawberry

Strawberries and strawberry sauce Milk Shake made with vanilla ice cream.

CA\$7.65



Milk Shake Banana Split

Bananas, chocolate, and strawberry sauce Milk Shake made with vanilla ice cream.

CA\$7.65



Milk Shake Oreo

Chocolate chips and Oreo cookies Milk Shake made with vanilla ice cream.

CA\$7.65

Milk Shake Chocolat

Chocolate chips and chocolate sauce Milk Shake made with vanilla ice cream.

CA\$7.65

Menu Coco Frutti ????



SMOOTHIES: Roanoke

Mangoes, raspberries, apple juice, yogurt, and honey

CA\$6.87



SMOOTHIES: (B&B)

Bananas, blueberries, pineapple juice, yogurt and honey

CA\$6.87

Coffee & Beverages



Latte - Bowl

CA\$6.33



Fresh squeezed orange juice (large)

CA\$7.65



Juices: Orange large

CA\$5.45

Latté

Latté

CA\$5.77



Juices: Apple large

CA\$5.45

Herbal tea

CA\$3.25

Menu Coco Frutti ????



Espresso

Espresso

CA\$4.35



Cappuccino

Cappuccino

CA\$5.45



Hot chocolate

Hot chocolate

CA\$3.85



Milk

Milk

CA\$3.85



Sparkling water

Bottled water

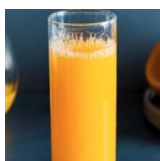
CA\$4.13



Freshly squeezed Grapefruit juice: Small

Freshly squeezed Orange or grapefruit juice: Small

CA\$6.55



Fresh squeezed orange juice (small)

CA\$6.55



Freshly squeezed Grapefruit juice Large

Freshly squeezed Orange or grapefruit juice Large

CA\$7.65

Juices: Pineapple small

Juices: Pineapple, apple, orange, cranberry, tomato: Small

CA\$3.25

Menu Coco Frutti ????



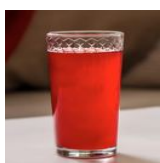
Juices: Apple small

CA\$4.35



Juices: Orange small

CA\$4.35



Juices: Cranberry small

CA\$4.35



Juices: Grape small

CA\$4.35

Juices: Tomato small

CA\$4.35

Juices: Pineapple large

CA\$5.45

Juices: Pineapple, apple, orange, cranberry, tomato Large:



Juices: Cranberry large

CA\$5.45



Juices: Grape large

CA\$5.45



Juices: Tomato large

CA\$5.45

Menu Coco Frutti ????

Coffee

CA\$3.25

Tea

Tea and tisane

CA\$3.25
