



# Menu

## Parma Cafe

505 Rue De La Gauchetière O, Montréal, NAMER H2Z 1Z5 | (514) 543-6002

### Panini



#### Panini Turkey Bacon Club

19,95 \$

dinde rôtie, bacon fumé maison, aioli à l'avocat, laitue iceberg, tomates fraîches, fromage mozzarella | roasted turkey, homemade smoked bacon, avocado aioli, iceberg lettuce, fresh tomatoes, mozzarella cheese



#### Panini charcuterie

17,95 \$

prosciutto cotto, salami, capocollo, fior di latte, roquette, tomates fraîches, jardinière hachée, réduction de balsamique | prosciutto cotto, salami, capocollo, fior di latte, arugula, fresh tomatoes, chopped jardinière, balsamic reduction



#### Panini Steak

18,95 \$

bifteck Spencer, oignons sautés, champignons, laitue, tomates, fromage mozzarella, vinaigrette | spencer steak, sautéed onions, mushrooms, lettuce, tomatoes, mozzarella cheese, vinaigrette



#### Panini poulet pané / Chicken Cutlet Panini

19,95 \$

aubergines marinées, laitue, mayonnaise | marinated eggplants, lettuce, mayonnaise



#### Panini À la gigi

19,95 \$

poitrine de poulet panée, champignons, prosciutto, sauce rosée, mozzarella Fior di latte, fromage parmesan | breaded chicken breast, mushrooms, prosciutto, rosée sauce, Fior di latte mozzarella, parmesan cheese



#### Parma Club

19,95 \$

poulet mariné grillé, laitue, tomates, pancetta, mayonnaise | grilled marinated chicken, lettuce, tomatoes, pancetta, mayonnaise



#### Panini végétarien / Vegetarian Panini

17,95 \$

aubergines, courgettes, poivrons, fior di latte, pesto au basilic | eggplants, zucchini, peppers, fior di latte, basil pesto

## Menu Parma Cafe



### Panini saucisse | Sausage Panini

18,95 \$

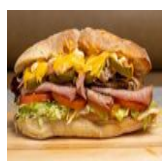
poivrons et oignons frits, fromage provolone, laitue, mayo épicée, légumes marinés  
| fried peppers & onions, provolone cheese, lettuce, spicy mayo, marinated vegetables



### Panini Porchetta

17,95 \$

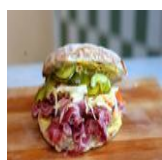
porchetta maison, fromage provolone, poivrons épicés, laitue iceberg | homemade parma porchetta, provolone cheese, spicy peppers, iceberg lettuce



### Steak Capocollo Épicé | Spicy Steak Capocollo

19,95 \$

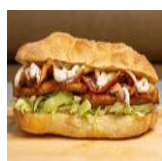
SPICY STEAK CAPOCOLLO Steak, capocollo, oignons rouges et jalapeno marinés, cheddar, mayo épicée, laitue, tomates | Steak, capocollo, marinated red onions and jalapeno, cheddar cheese, spicy mayo, lettuce, tomatoes.



### Panini Du Mois | P.O.T.M.

19,95 \$

Le Parma Smoke Meat Tout fait maison. Pain de seigle, viande fumée, salade de chou, moutarde miel épicée & cornichons | All homemade. Rye bread, smoked meat, coleslaw, spicy honey mustard & pickles.



### Panini poulet pané césar / Cesar Chicken Cutlet Panini

20,95 \$

escalope de poulet pané croustillante, bacon fumé maison, laitue iceberg, tomates fraîches, sauce césar maison | crispy breaded chicken cutlet, homemade smoked bacon, iceberg lettuce, fresh tomatoes, homemade Caesar dressing



### SMASH BURGER

19,95 \$

SMASH BURGER ITALIEN Pain ciabatta maison, deux galettes de bœuf, mozzarella fondue, capocollo, tartinade de mayonnaise à la giardiniera, piments forts longs, laitue et tomates | Homemade ciabatta bread, two beef patties, melted mozzarella, capocollo, giardiniera mayo spread, long hot peppers, lettuce, and tomatoes

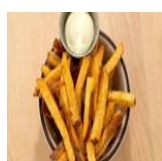


### Eggplant Parm

17,95 \$

Aubergines panées frites, sauce tomate, ricotta fraîche, mozzarella, épinards et pesto au basilic | Fried breaded eggplants, tomato sauce, fresh ricotta, mozzarella cheese, spinach & basil pesto

## Accompagnements / Sides

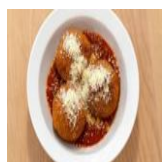


### Frites maison / Homemade Fries

6,95 \$

assaisonnement Italien avec mayonnaise à la truffe | Italian seasoning with truffle mayo

## Menu Parma Cafe



### Arancini

croquette de riz farcie au fromage | rice ball stuffed with cheese

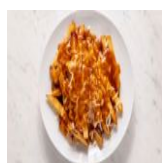
6,95 \$



### MAC & CHEESE

Sauce au fromage, parmesan, mezza rigatoni, chapelure grillée, huile de truffe.  
Cheese sauce, parmesan, mezza rigatoni, toasted breadcrumbs, truffle oil.

12,95 \$

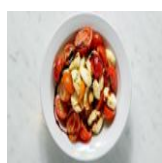


### PARMA POUTINE

frites, fromage mozzarella râpée, sauce brune | Fries, shredded mozzarella cheese, gravy

12,95 \$

## Salades / Salads



### Salade Caprese / Caprese Salad

tomates, bocconcini, basilic ,balsamique vieilli. | tomatoes, bocconcini, basil, aged balsamic.

9,95 \$



### Salade maison / House Salad

mélange saisonnier, carottes râpées, radicchio, tomates cerises, concombres, vinaigrette maison. | seasonal mix, tomatoes, cucumbers, shredded carrots, radicchio, homemade vinaigrette

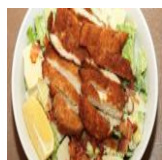
9,95 \$



### Salade poulet / Chicken Salad

mélange saisonnier, tomates, concombres, vinaigrette maison, poulet grillé | seasonal salad mix, tomatoes, cucumbers, homemade vinaigrette, grilled chicken

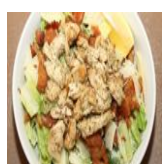
21,95 \$



### Salade César Poulet Grillé / Grilled Chicken Cesar Salad

salade césar, poulet mariné grillé | caesar salad, grilled marinated chicken

22,95 \$



### Salade César POULET GRILLÉ/ Grilled Chicken Cesar

salade césar, poulet pané croustillant | caesar salad, crispy breaded chicken

21,95 \$

## Menu Parma Cafe

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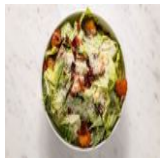


### Salade poulet Pané / Chicken Cutlet Salad

20,95 \$

mélange saisonnier, tomates, concombres, vinaigrette maison, poulet grillé |  
seasonal salad mix, tomatoes, cucumbers, homemade vinaigrette, grilled chicken

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### Salade César / Cesar Salad

10,95 \$

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## Pâtes / Pasta



### Fusilli Bolognese | Bolognese

15,95 \$

sauce à la viande (veau & boeuf) | meat sauce (veal & beef)

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## Desserts



### Corne Nutella | Nutella horn

4,25 \$

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### Banane Pepite de Chocolat/Banana Chocolate Chip

4,60 \$

Biscuit Sans Gluten// Gluten Free Cookie

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## Boissons / Drinks

Coke

2,75 \$

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Sprite

2,75 \$

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Coke diète / Diet Coke

2,75 \$

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## Menu Parma Cafe

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Eau / Water 2,25 \$

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Soda gingembre / Ginger Ale 2,75 \$

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Eau pétillante / Sparkling Water 2,75 \$

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### Cafe/Coffee

AMERICANO 3,00 \$

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CAFE FROID 4,00 \$

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CAFE LATTE 14 OZ 5,75 \$

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CAFE LATTE 8 OZ 3,75 \$

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CAPPUCCINO 3,75 \$

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## Menu Parma Cafe

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CHOCOLAT CHAUD 14 OZ 5,50 \$

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CHOCOLAT CHAUD 8OZ 3,25 \$

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MATCHA 6,00 \$

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MOCHA 14OZ 5,75 \$

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MOCHA 8OZ 4,00 \$

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## EPICERIE PARMA - PARMA GROCERY



AUBERGINES MARINEES PARMA 500 ML 8,99 \$

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AUBERGINES MARINEES PIQUANT PARMA 500 ML 8,99 \$

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Copy of MAYONNAISE TRUFFE 500 ML 12,99 \$

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**MAYONNAISE BOMBA 500 ML**

**10,99 \$**

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