



Menu

Parma Café

162 Jean-Talon Est, Montreal, QC H2R 1S7 | (514) 543-7477

Articles en vedette



Panini poulet pané | Chicken Cutlet Panini

19,95 \$

aubergines marinées ,laitue ,mayonnaise | marinated eggplants, lettuce , mayonnaise



Panini poulet pané césar | César Chicken Cutlet Panini

20,95 \$

escalope de poulet pané croustillante, bacon fumé maison, laitue iceberg, tomates fraîches, sauce césar maison | crispy breaded chicken cutlet, homemade smoked bacon, iceberg lettuce, fresh tomatoes, homemade Caesar dressing



Frites maison / Homemade Fries

6,95 \$

assaisonnement Italien avec mayonnaise à la truffe | Italian seasoning with truffle mayo



Panini Du Mois | Panini Of The Month

19,95 \$

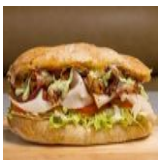
Le Parma Smoke Meat Tout fait maison. Pain de seigle, viande fumée, salade de chou, moutarde miel épicée & cornichons | All homemade. Rye bread, smoked meat, coleslaw, spicy honey mustard & pickles.



Parma Club

19,95 \$

poulet mariné grillé, laitue, tomates, pancetta ,mayonnaise | grilled marinated chicken, lettuce, tomatoes, pancetta ,mayonnaise



Panini Turkey Bacon Club

19,95 \$

dinde rôtie, bacon fumé maison, aioli à l'avocat, laitue iceberg, tomates fraîches, fromage mozzarella | roasted turkey, homemade smoked bacon, avocado aioli, iceberg lettuce, fresh tomatoes, mozzarella cheese



Panini Steak

18,95 \$

bifteck Spencer, oignons sautés, champignons, laitue, tomates, fromage mozzarella, vinaigrette | spencer steak, sautéed onions, mushrooms, lettuce, tomatoes, mozzarella cheese, vinaigrette

Menu Parma Café



Salade Poulet Grillé | Grilled Chicken Salad

20,95 \$

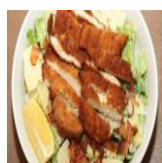
Salad maison avec poulet mariné grillé. | House salad, marinated grilled chicken.



Panini charcuterie

17,95 \$

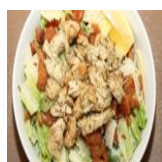
prosciutto cotto, salami, capocollo, fior di latte, roquette, tomates fraîches, giardiniera hachée, réduction de balsamique | prosciutto cotto, salami, capocollo, fior di latte, arugula, fresh tomatoes, chopped giardiniera, balsamic reduction



Salade César Poulet Pané | Chicken Cutlet Cesar Salad

22,95 \$

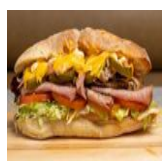
: salade maison, poulet pané croustillant | house salad, crispy breaded chicken



Salade César Poulet Grillé | Grilled Chicken Cesar Salad

21,95 \$

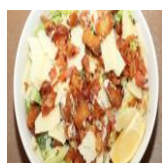
salade césar, poulet mariné grillé | caesar salad, grilled marinated chicken



Steak Capocollo Épicé | Spicy Steak Capocollo

19,95 \$

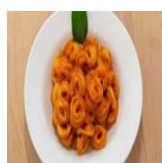
SPICY STEAK CAPOCOLLO Steak, capocollo, oignons rouges et jalapeno marinés, cheddar, mayo épicée, laitue, tomates | Steak, capocollo, marinated red onions and jalapeno, cheddar cheese, spicy mayo, lettuce, tomatoes.



Salade César / Cesar Salad

10,95 \$

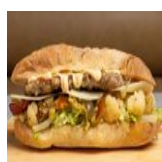
laitue romaine, croûtons, parmesan, chips de pancetta, vinaigrette césar | romaine lettuce, croutons, parmesan cheese, pancetta chips, cesar vinaigrette



Tortellini Rosé

15,95 \$

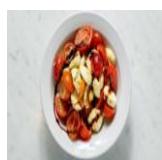
pâtes farcie au fromage, ricotta, sauce rose | pasta stuffed with cheese, ricotta, rose sauce



Panini saucisse / Sausage Panini

18,95 \$

poivrons et oignons frits, fromage provolone, laitue, mayo épicée, légumes marinés | fried peppers & onions, provolone cheese, lettuce, spicy mayo, marinated vegetables



Salade Caprese / Caprese Salad

9,95 \$

tomates, bocconcini, basilic, balsamique vieilli. | tomatoes, bocconcini, basil, aged balsamic.

Menu Parma Café



Salade maison / House Salad

9,95 \$

mélange saisonnier, carottes râpées, radicchio, tomates cerises, concombres, vinaigrette maison. | seasonal mix, tomatoes, cucumbers, shredded carrots, radicchio, homemade vinaigrette



Corne Nutella | Nutella horn

4,25 \$



Arancini

6,95 \$

croquette de riz farcie au fromage | rice ball stuffed with cheese



CRODO LIMONATA

4,00 \$

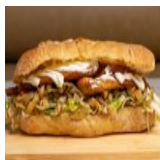
Panini



Parma Club

19,95 \$

poulet mariné grillé, laitue, tomates, pancetta ,mayonnaise | grilled marinated chicken, lettuce, tomatoes, pancetta ,mayonnaise



Panini poulet pané | Chicken Cutlet Panini

19,95 \$

aubergines marinées ,laitue ,mayonnaise | marinated eggplants, lettuce , mayonnaise



Panini Steak

18,95 \$

bifteck Spencer, oignons sautés, champignons, laitue, tomates, fromage mozzarella, vinaigrette | spencer steak, sautéed onions, mushrooms, lettuce, tomatoes, mozzarella cheese, vinaigrette



Panini charcuterie

17,95 \$

prosciutto cotto, salami, capocollo, fior di latte, roquette, tomates fraîches, giardiniera hachée, réduction de balsamique | prosciutto cotto, salami, capocollo, fior di latte, arugula, fresh tomatoes, chopped giardiniera, balsamic reduction

Menu Parma Café



Panini À la gigi

19,95 \$

poitrine de poulet panée, champignons, prosciutto, sauce rosée, mozzarella Fior di latte, fromage parmesan | breaded chicken breast, mushrooms, prosciutto, rosée sauce, Fior di latte mozzarella, parmesan cheese



Panini saucisse / Sausage Panini

18,95 \$

poivrons et oignons frits, fromage provolone, laitue, mayo épicée, légumes marinés | fried peppers & onions, provolone cheese, lettuce, spicy mayo, marinated vegetables



Panini Turkey Bacon Club

19,95 \$

dinde rôtie, bacon fumé maison, aïoli à l'avocat, laitue iceberg, tomates fraîches, fromage mozzarella | roasted turkey, homemade smoked bacon, avocado aioli, iceberg lettuce, fresh tomatoes, mozzarella cheese



Panini Porchetta

19,95 \$

porchetta maison, fromage provolone, poivrons épicés, laitue iceberg | homemade parma porchetta, provolone cheese, spicy peppers, iceberg lettuce



Panini végétarien | Vegetarian Panini

17,95 \$

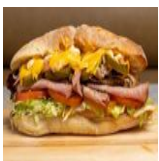
aubergines, courgettes, poivrons, fior di latte, pesto au basilic | eggplants, zucchini, peppers, fior di latte, basil pesto



Eggplant Parm

17,95 \$

Aubergines panées frites, sauce tomate, ricotta fraîche, mozzarella, épinards et pesto au basilic | Fried breaded eggplants, tomato sauce, fresh ricotta, mozzarella cheese, spinach & basil pesto



Steak Capocollo Épicé | Spicy Steak Capocollo

19,95 \$

SPICY STEAK CAPOCOLLO Steak, capocollo, oignons rouges et jalapeno marinés, cheddar, mayo épicée, laitue, tomates | Steak, capocollo, marinated red onions and jalapeno, cheddar cheese, spicy mayo, lettuce, tomatoes.



Panini poulet pané césar | César Chicken Cutlet Panini

20,95 \$

escalope de poulet pané croustillante, bacon fumé maison, laitue iceberg, tomates fraîches, sauce césar maison | crispy breaded chicken cutlet, homemade smoked bacon, iceberg lettuce, fresh tomatoes, homemade Caesar dressing



Panini Du Mois | Panini Of The Month

19,95 \$

Le Parma Smoke Meat Tout fait maison. Pain de seigle, viande fumée, salade de chou, moutarde miel épicée & cornichons | All homemade. Rye bread, smoked meat, coleslaw, spicy honey mustard & pickles.

Menu Parma Café

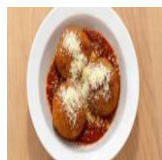


SMASH BURGER

19,95 \$

SMASH BURGER ITALIEN Pain ciabatta maison, deux galettes de bouf, mozzarella fondue, capocollo, tartinade de mayonnaise à la giardiniera, piments forts longs, laitue et tomates | Homemade ciabatta bread, two beef patties, melted mozzarella, capocollo, giardiniera mayo spread, long hot peppers, lettuce, and tomatoes

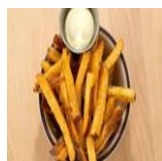
Accompagnements / Sides



Arancini

6,95 \$

croquette de riz farcie au fromage | rice ball stuffed with cheese



Frites maison / Homemade Fries

6,95 \$

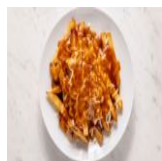
assaisonnement Italien avec mayonnaise à la truffe | Italian seasoning with truffle mayo



MAC & CHEESE

12,95 \$

Sauce au fromage, parmesan, mezza rigatoni, chapelure grillée, huile de truffe. Cheese sauce, parmesan, mezza rigatoni, toasted breadcrumbs, truffle oil.

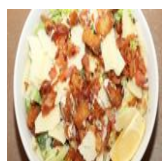


PARMA POUTINE

12,95 \$

frites, fromage mozzarella râpée, sauce brune | Fries, shredded mozzarella cheese, gravy

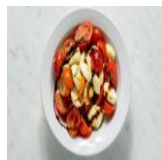
Salades / Salads



Salade César / Cesar Salad

10,95 \$

laitue romaine, croûtons, parmesan, chips de pancetta, vinaigrette césar | romaine lettuce, croutons, parmesan cheese, pancetta chips, cesar vinaigrette



Salade Caprese / Caprese Salad

9,95 \$

tomates, bocconcini, basilic, balsamique vieilli. | tomatoes, bocconcini, basil, aged balsamic.

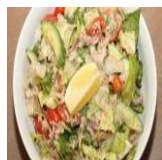


Salade maison / House Salad

9,95 \$

mélange saisonnier, carottes râpées, radicchio, tomates cerises, concombres, vinaigrette maison. | seasonal mix, tomatoes, cucumbers, shredded carrots, radicchio, homemade vinaigrette

Menu Parma Café



Salade de thon / Tuna Salad

19,95 \$

mélange saisonnier, tomates, concombres ,vinaigrette maison, thon, oignons rouge |
tuna, seasonal salad mix, tomatoes, cucumbers, homemade vinaigrette, red onions



Salade Poulet Grillé | Grilled Chicken Salad

20,95 \$

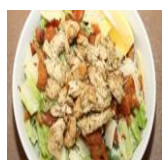
Salad maison avec poulet mariné grillé. | House salad, marinated grilled chicken.



Salade Poulet Pané | Chicken Cutlet Salad

21,95 \$

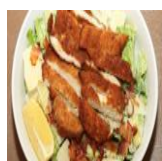
salade maison, poulet pané croustillant | house salad, crispy breaded chicken



Salade César Poulet Grillé | Grilled Chicken Cesar Salad

21,95 \$

salade césar, poulet mariné grillé | caesar salad, grilled marinated chicken



Salade César Poulet Pané | Chicken Cutlet Cesar Salad

22,95 \$

: salade maison, poulet pané croustillant | house salad, crispy breaded chicken

Pâtes / Pasta



Tortellini Rosé

15,95 \$

pâtes farcie au fromage , ricotta, sauce rose | pasta stuffed with cheese, ricotta,
rose sauce



Fusilli Bolognese | Bolognese

15,95 \$

sauce à la viande (veau & boeuf) | meat sauce (veal & beef)

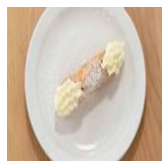


FUSILLI POMODORO

15,95 \$

fusilli sauce tomate maison | fusilli with homemade tomato sauce

Desserts



Cannoli

3,25 \$



Corne Nutella | Nutella horn

4,25 \$

Biscuit Amande / Amaretti Cookie

3,15 \$

Boissons / Drinks



Coke

3,25 \$



Brio

3,75 \$



Coke diète / Diet Coke

3,25 \$



Eau pétillante / Sparkling Water

3,25 \$



Soda gingembre / Ginger Ale

3,25 \$

Menu Parma Café



Sprite

3,25 \$



Eau / Water

2,75 \$



CRODO ARANCIATA

4,00 \$



CRODO LIMONATA

4,00 \$

Cafe/Coffee



Corne Nutella | Nutella horn

4,25 \$

Mocha 8oz

4,00 \$

Mocha 14oz

5,75 \$

Café glacé | Cold Cofee 12 oz

4,00 \$

Menu Parma Café

Caffe Latte 14oz

5,75 \$

Caffe Latte 8oz

3,75 \$

Biscuit Amande / Amaretti Cookie

3,15 \$

Épicerie Parma - Parma Grocery



AUBERGINES MARINEE PARMA 500 ML

8,99 \$



AUBERGINES MARINEES PIQUANT PARMA 500 MI

8,99 \$
