

## Menu

# Phyllo Bar Melina's

5733 Av du Parc, Montréal, QC H2V 4S8, Canada | (514) 270-1675

## Most Ordered



### Spanakopita

Feuilleté aux épinards et feta. / Spinach and feta phyllo pie.

CA\$7.95



### Tyropita

Feuilleté au feta et ricotta. / Feta and ricotta phyllo pie.

CA\$7.95



### Salade grecque / Greek Salad

Tomates, concombres, feta, huile d'olive extra vierge. / Tomato, cucumber, feta with extra virgin olive oil.

CA\$9.75



### Prassopita

Végétalien. Feuilleté en spirale aux poireaux et pommes de terre. / Vegan. Phyllo spiral stuffed with leek and potato.

CA\$7.95



### Melina

Demi baguette, tapenade feta poivrons épicée, houmous aux olives, concombre, tomat. / Half baguette with spicy feta and roasted red pepper spread, olive hummus, cucumber and tomato.

CA\$12.50



### Bougatsa (sucré) / Bougatsa (Sweet)

Feuilleté à la crème de vanille saupoudré de sucre et de cannelle. / Vanilla custard phyllo topped with powdered sugar and cinnamon.

CA\$7.95



### Phyllo, salade, boisson / Phyllo, Salad, Drink

Choix de phyllo, salade grecque et boisson. / Choice of phyllo, Greek salad and drink.

CA\$20.95

## Menu Phyllo Bar Melina's



### Boîte de 6 phyllos / Box of 6 Phyllos

CA\$47.70

Box of 6 phyllos with choice of tyropita, prassopita (vegan), spanakopita, and bougatsa (sweet). Customize each with your selection of savory and sweet fillings.



### Jules

CA\$12.50

Demi baguette, tomates séchés, aubergines marinées, houmous aux olives, concombre, tomat. / Half baguette with sundried tomato paste, marinated eggplants olive hummus, cucumber and tomato.

### Freddo espresso

CA\$4.75

Allongé double fouetté sur glace. / Double long espresso blended and frothed with ice.

## Phyllo



### Tyropita

CA\$7.95

Feuilleté au feta et ricotta. / Feta and ricotta phyllo pie.



### Prassopita

CA\$7.95

Végétalien. Feuilleté en spirale aux poireaux et pommes de terre. / Vegan. Phyllo spiral stuffed with leek and potato.



### Spanakopita

CA\$7.95

Feuilleté aux épinards et feta. / Spinach and feta phyllo pie.



### Bougatsa (sucré) / Bougatsa (Sweet)

CA\$7.95

Feuilleté à la crème de vanille saupoudré de sucre et de cannelle. / Vanilla custard phyllo topped with powdered sugar and cinnamon.

## Boîte de 6 phyllos SANS TAXES/Box of 6 Phyllos NO TAXES



### Boîte de 6 phyllos / Box of 6 Phyllos

CA\$47.70

Box of 6 phyllos with choice of tyropita, prassopita (vegan), spanakopita, and bougatsa (sweet). Customize each with your selection of savory and sweet fillings.

# Menu Phyllo Bar Melina's

## Sandwichs / Sandwiches



### Melina

Demi baguette, tapenade feta poivrons épicée, houmous aux olives, concombre, tomat. / Half baguette with spicy feta and roasted red pepper spread, olive hummus, cucumber and tomato.

CA\$12.50



### Jules

Demi baguette, tomates séchés, aubergines marinées, houmous aux olives, concombre, tomat. / Half baguette with sundried tomato paste, marinated eggplants olive hummus, cucumber and tomato.

CA\$12.50

## Salade / Salad et/and Soupe/Soup



### Salade grecque / Greek Salad

Tomates, concombres, feta, huile d'olive extra vierge. / Tomato, cucumber, feta with extra virgin olive oil.

CA\$9.75

### Soupe du jour

Soupe du jour végétalienne

CA\$7.00

## Trios



### Phyllo, salade, boisson / Phyllo, Salad, Drink

Choix de phyllo, salade grecque et boisson. / Choice of phyllo, Greek salad and drink.

CA\$20.95



### Sandwich, salade, boisson / Sandwich, Salad, Drink

Choix de sandwich, salade grecque et boisson. / Choice of sandwich, Greek salad and drink.

CA\$24.95

### Sandwich, soupe, boisson/Sandwich, soup, drink

Choix de sandwich, soupe du jour et boisson./ Choice of sandwich, soup of the day and drink.

CA\$22.50

# Menu Phyllo Bar Melina's

## Tapenades

### Jules Antipasto

CA\$2.50

Tapenade de tomates séchées, olives Kalamata et aubergines marinées

### Kaferi

CA\$2.50

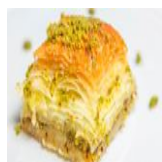
Feta, poivron rouge grillé, piment fort. / Feta, roasted red pepper, hot pepper.

### Hummus aux olives / Hummus with Olives

CA\$2.50

Pois chiches, olives kalamata, tahini, citron, ail. / Chickpeas, kalamata olives, tahini, lemon, garlic.

## Desserts



### Baklava

CA\$2.75

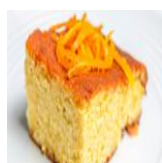
Baklava au beurre et pistaches. / Buttery baklava with pistachios.



### Biscuit miel et épices / Honey and Spice Cookie

CA\$4.00

Biscuit moelleux au miel et notre mélange d'épices chaude. / Soft honey cookie with our warm spice blend.



### Gâteau à l'orange / Orange Cake

CA\$4.75

Gâteau à l'orange arrosé d'un sirop léger aux agrumes. / Orange cake lightly drenched in citrus syrup.



### Biscuit choco-noix / Chocolate Walnut Cookie

CA\$4.00

Biscuit moelleux aux morceaux de chocolat noir et noix de grenoble. / Soft cookie with dark chocolate chunks and walnuts.

## Épicerie / Grocery

### Prasopita congelé (5 portions) / Frozen Prasopita (5 Portions)

CA\$33.00

## Menu Phyllo Bar Melina's

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**Bougatsa congelé (4 portions) / Frozen Bougatsa (4 Portions)** **CA\$30.00**

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**Spanakopita congelé (4 portions) / Frozen Spanakopita (4 Portions)** **CA\$30.00**

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**Tyropita congelé (4 portions) / Frozen Tyropita (4 Portions)** **CA\$30.00**

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### Boissons / Drinks

**Coke** **CA\$3.25**



**Coke diète / Diet Coke**

Sugar-free cola beverage with a crisp, refreshing taste.

**CA\$3.25**

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**Soda au gingembre / Ginger Ale** **CA\$3.25**

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**Eau Eska / Eska Water** **CA\$3.25**

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**Limonade maison / Home Made Lemonade** **CA\$5.25**

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# Menu Phyllo Bar Melina's

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**Le Seltzer - Vanille Orange**

**CA\$3.75**

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**Eau pétillante / Sparkling water**

**CA\$3.50**

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**Mastiqua**

**CA\$5.25**

Eau pétillante parfumé à la résine de mastique de chios. / Sparkling water scented with mastic resin from chios.

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## **Cafés et boissons chaudes / Coffee and Hot Drinks**

**Latté / Latte**

**CA\$4.25**

Coffee latte with customizable sugar level: 0, 1, 2, or 3.

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**Macchiato**

**CA\$3.65**

Espresso marked with a bit of steamed milk. Sugar level options: 0 to 3.

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**Allongé americano / Long Americano**

**CA\$3.95**

Long Americano coffee with customizable sugar level: 0 to 3 options.

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**Cappuccino**

**CA\$4.25**

Rich espresso topped with hot milk and steamed milk foam. Choose from 0, 1, 2, or 3 sugar levels.

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**Cortado**

**CA\$4.00**

Cortado with customizable sugar level (0 to 3).

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## Menu Phyllo Bar Melina's

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### Frappé chaud / Hot Frappe

CA\$4.50

Café mousseux et onctueux à base de café instantané. / Frothy and rich coffee made with instant.

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### Café grec / Greek Coffee

CA\$3.95

Greek coffee, drip style. Options for sugar level: 0 to 3.

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### Matcha latté

CA\$4.75

Matcha latté with customizable sugar levels (0 to 3). Warm, soothing green tea flavor.

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### Chocolat chaud / Hot Chocolate

CA\$4.25

Rich hot chocolate with customizable sugar levels (0 to 3).

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### Thé tisane / Herbal Tea

CA\$3.75

Herbal tea options including Earl Grey, Chai, Mountain. Choose from four sugar levels.

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### Espresso

CA\$3.25

Espresso with customizable sugar levels (0 to 3).

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### Allongé / Long

CA\$3.95

Long, espresso-based coffee with customizable sugar levels (0 to 3).

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## Cafés et boissons froides / Coffee and Cold Drinks

### Frappé grec / Greek Frappé

CA\$4.95

Café mousseux et onctueux à base de café instantané avec glace, eau et lait. / Frothy and rich iced coffee made with instant.

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# Menu Phyllo Bar Melina's

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## Freddo cappuccino

CA\$4.95

Allongé double sur glace avec une couche flottante de lait moussé. / Double espresso shot with a layer of floating, frothy milk.

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## Freddo espresso

CA\$4.75

Allongé double fouetté sur glace. / Double long espresso blended and frothed with ice.

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## Matcha glacé / Iced Matcha

CA\$5.95

Iced matcha with customizable sugar level: no sugar, little, medium, or sweet.

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## Thé glacé maison / Homemade Iced Tea

CA\$4.95

Homemade iced tea, choice of sugar level: no sugar, little, medium, sweet. Refreshing beverage option.

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## Limonade maison / Homemade Lemonade

CA\$4.95

Homemade lemonade, customizable sugar level from no sugar to sweet.

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## Chocolat glacé / Iced Chocolate

CA\$4.95

Iced chocolate with customizable sugar level options ranging from none to sweet.

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