



# Menu TESFA

4520 Av. Papineau, Montréal, QC H2H 1V3, Canada | (514) 527-4444

## Most Ordered



### Shawarma Pita

CA\$13.99

Chicken thigh, homemade spicy sauce, mango sauce (amba), hummus, tahini, salad, red cabbage, pickles, roasted onions.



### Kebab Pita

CA\$14.99

Grilled beef, tomatoes, roasted onion, lettuce, pickle, garlic mayo and homemade spicy sauce.



### Falafel Pita

CA\$15.35

6 balls of falafel, cabbage, chopped salad, pickles, hummus, tahini, homemade spicy sauce.



### Shawarma Plate

CA\$20.47

Chicken thigh, roasted onions, homemade spicy sauce, mango sauce (amba), hummus, tahini, salad, cabbage, pickles, with pita bread.



### 3 Falafel Balls

CA\$6.39

Garnished with hummus, tahini, homemade spicy sauce, and sumac.



### Falafel Plate

CA\$19.19

6 falafel balls garnished with hummus, tahini, homemade spicy sauce, and sumac, a pita bread with pickles, red cabbage and a small salad.



### Sweet Potato Fries

CA\$8.95

Crispy and flavorful fries made from sweet potatoes, a delightful twist on a classic favorite.

# Menu TESFA



## 5 Falafel Balls

Garnished with hummus, tahini, homemade spicy sauce, and sumac.

CA\$8.95

## Fries

Golden and crispy, seasoned to perfection.

CA\$7.03

## Sheed Pita

Grilled chicken breast, garlic mayo, lettuce, tomato, pickles, roasted onions.

CA\$14.99

## Starters



## 10 Falafel Balls

Without garnish.

CA\$11.51

## Small Hummus Plate With One Pita

Hummus typically includes chickpeas, tahini, garlic, and lemon juice, served with one pita.

CA\$7.67

## Small Smoked Eggplant

Garnished with tahini, sumac and one pita bread.

CA\$6.99



## 5 Falafel Balls

Garnished with hummus, tahini, homemade spicy sauce, and sumac.

CA\$8.95



## 3 Falafel Balls

Garnished with hummus, tahini, homemade spicy sauce, and sumac.

CA\$6.39

## Vegetarians and Vegans



### De Mama Pita

CA\$16.63

Smoked eggplant, raw tahini, hummus, homemade spicy sauce, chopped salad, roasted onions, pickles.



### Falafel Pita

CA\$15.35

6 balls of falafel, cabbage, chopped salad, pickles, hummus, tahini, homemade spicy sauce.



### Sabich Pita

CA\$17.28

Hard-boiled egg, fried eggplant, salad, pickles, homemade spicy sauce, hummus, tahini, mango sauce (amba).

## Pitas



### Shawarma Pita

CA\$13.99

Chicken thigh, homemade spicy sauce, mango sauce (amba), hummus, tahini, salad, red cabbage, pickles, roasted onions.

### Sheed Pita

CA\$14.99

Grilled chicken breast, garlic mayo, lettuce, tomato, pickles, roasted onions.

### Kebab Pita

CA\$14.99



Grilled beef, tomatoes, roasted onion, lettuce, pickle, garlic mayo and homemade spicy sauce.

### Pargit Pita

CA\$13.99

Chicken thigh, spicy mayo, homemade spicy sauce, pickles, tomatoes, lettuce, roasted onions.

## Plates



### Falafel Plate

CA\$19.19

6 falafel balls garnished with hummus, tahini, homemade spicy sauce, and sumac, a pita bread with pickles, red cabbage and a small salad.

# Menu TESFA



## Shawarma Plate

CA\$20.47

Chicken thigh, roasted onions, homemade spicy sauce, mango sauce (amba), hummus, tahini, salad, cabbage, pickles, with pita bread.



## Sabich Plate

CA\$19.19

Hard-boiled egg, fried eggplant, salad, pickles, homemade spicy sauce, hummus, tahini, mango sauce (amba), with pita bread.

## Salads

### Chicken Salad

CA\$20.47

Grilled chicken, breast, spring mix, chopped salad, red cabbage, pickles, mint, sumac, garlic mayo, homemade spicy sauce and one pita bread.

### Falafel Salad

CA\$19.19

Spring mix, cut salad, red cabbage, pickles, mint, sumac, tahini, with 6 falafel balls, homemade spicy sauce and one pita bread.

## Hummus Bowls

### Hummus And Kebab Bowl

CA\$20.47

Hummus-topped beef with roasted onions, garnished with homemade spicy sauce, sumac, a pita bread, pickles.

### Hummus And Falafel Bowl

CA\$19.19

Hummus, 4 falafel balls with homemade spicy sauce and sumac, a pita bread, pickles, chickpeas.

### Hummus And Shawarma Bowl

CA\$20.47

Hummus on chicken with roasted onions, garnished with tahini, homemade spicy sauce, and sumac, served with pita bread and pickles.

## Bowls

### Kebab Bowl

CA\$15.99

Grilled beef, onions, salad with garlic mayo and homemade spicy sauce, with pita bread.

# Menu TESFA

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## Pargit Bowl

CA\$15.99

Chicken thigh, homemade spicy sauce, spicy mayo, roasted onions, salad, with pita bread.

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## Side Dishes



### Sweet Potato Fries

CA\$8.95

Crispy and flavorful fries made from sweet potatoes, a delightful twist on a classic favorite.

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### Green Salad

CA\$8.31

Fresh mixed greens with seasonal vegetables

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### Fries

CA\$7.03

Golden and crispy, seasoned to perfection.

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### Pita Chips

CA\$6.39

Crispy, Golden Pita Chips Perfect for Dipping

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## Drinks

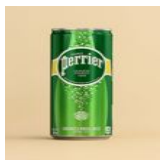


### San Pellegrino

CA\$3.84

Refreshing sparkling water. Choose from orange (Aranciata), lemon (Limonata), or blood orange (Rossa) flavors.

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### Perrier

CA\$3.84

Effervescent, crystal-clear sparkling water with a refreshing zest.

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### Soft Drinks

CA\$3.19

Coke, Diet Coke, Coke Zero, Nestea, Bubbly.

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# Menu TESFA

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## Water

Clear, refreshing bottled water.

CA\$2.49

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## Spice Shop

### Pitas (5 Pitas)

Soft and fluffy pita bread, typically served with various fillings like meats, cheeses, and vegetables.

CA\$6.39

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### Amba - (Mango Sauce)

A tangy mango sauce that typically includes pickled mangoes, vinegar, and spices, often used to add a burst of flavor to sandwiches.

CA\$14.08

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### Pita Chips

Crispy, Golden Pita Chips Perfect for Dipping

CA\$6.39

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### Z'hug (Homemade Spicy Sauce)

Homemade z'hug typically includes a blend of hot peppers, cilantro, garlic, and spices, creating a robust and spicy sauce. Ideal for adding a kick to sandwiches.

CA\$14.08

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### Hummus (250 ml)

Chickpeas blended with tahini, lemon juice, and garlic, typically served with olive oil.

CA\$8.95

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## Extras

### Extra Meat

Extra portion of meat

CA\$7.77

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### Extra Egg

An additional perfectly cooked egg to complement your meal.

CA\$2.55

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## Menu TESFA

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### Extra Roasted Onions

CA\$3.19

Roasted onions, typically prepared to enhance sweetness and add a savory depth.

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### Extra Z'hug (Homemade Spicy Sauce)

CA\$1.91

Homemade spicy sauce typically includes cilantro, garlic, and hot peppers.

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### Extra Garlic Mayo

CA\$1.92

A creamy blend of mayonnaise typically infused with fresh garlic.

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### Extra Hummus

CA\$1.71

Hummus: Purée of chickpeas blended with tahini, lemon juice, and garlic.

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### Extra Fried Eggplant

CA\$3.19

Breaded and fried slices of eggplant, typically served as an extra topping or side.

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### Extra Smoked Eggplant

CA\$3.19

Smoked eggplant, typically includes a rich, smoky flavor, perfect for adding depth to your sandwich.

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