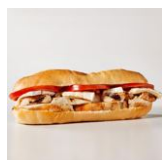


Menu

Muffin Plus

9172-3932 Quebec Inc, 1500 Av Atwater, Montréal, QC H3Z 1X5, Canada | (514) 931-7476

Most Ordered



Poulet et Brie / Chicken & Brie

CA\$10.50

Poulet, fromage brie, laitue, tomate, oignons rouge, mayonnaise, moutarde de Dijon
/ Chicken, brie cheese, lettuce, tomato, red onions, mayonnaise, Dijon mustard



Smoothie fraise banane / Strawberry Banana Smoothie

CA\$7.25

Base à la fraise, banane.



Sandwich Ouf fromage bacon / Egg Cheese and Bacon Sandwich

CA\$6.15



Sandwich omelette epinards fromage suisse / Spinach and swiss cheese omelette

CA\$6.15



Smoothie mangue / Mango Smoothie

CA\$7.25

Base à la mangue.



Smoothie Baie & Limonade / Berry Lemonade Smoothie

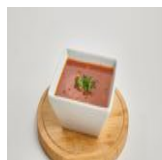
CA\$7.25



Sandwich B.L.T avec oeuf / B.L.T with egg sandwich

CA\$6.95

Menu Muffin Plus



Soupe du jour / Soup of the Day

CA\$5.75



Latté

CA\$5.15



Croissant aux amandes / Almond Croissant

CA\$4.50

Promotion Été



Piña Colada givrée / Frozen Pina Colada

CA\$7.75

Sans alcool / Alcohol free



Matcha Colada givré / Frozen Matcha Colada

CA\$7.75

Déjeuner / Breakfast Combo



Sandwich B.L.T avec oeuf / B.L.T with egg sandwich

CA\$6.95



Sandwich Ouf fromage bacon / Egg Cheese and Bacon Sandwich

CA\$6.95



Sandwich Ouf fromage jambon / Egg Cheese and Ham Sandwich

CA\$6.95

Menu Muffin Plus



Sandwich Ouf fromage saucisse / Egg Cheese and Sausage Sandwich **CA\$6.95**



Sandwich Ouf fromage / Egg and Cheese Sandwich **CA\$6.60**



Sandwich fromage grillé avec bacon / Bacon Grilled Cheese Sandwich **CA\$6.95**



Bagel fromage a la crème / Cream Cheese Bagel **CA\$6.60**



Rotie fromage / Toast and cheese **CA\$6.15**



Sandwich B.L.T / B.L.T sandwich **CA\$6.60**



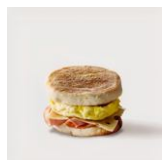
Sandwich omelette epinards et fromage suisse / Spinach and swiss cheese omelette **CA\$6.95**

Sandwich Déjeuner / Collations



Sandwich Ouf fromage bacon / Egg Cheese and Bacon Sandwich **CA\$6.15**

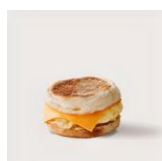
Menu Muffin Plus



Sandwich Ouf fromage jambon / Egg Cheese and Ham Sandwich CA\$6.15



Sandwich Ouf fromage saucisse / Egg Cheese and Sausage Sandwich CA\$6.15



Sandwich Ouf fromage / Egg and Cheese Sandwich CA\$5.65



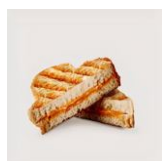
Sandwich fromage grillé avec bacon / Bacon Grilled Cheese Sandwich CA\$6.15



Bagel fromage a la crème / Cream Cheese Bagel CA\$5.30



Sandwich B.L.T / B.L.T sandwich CA\$5.65



Rotie et fromage / Toast and cheese CA\$4.80



Parfait au yogourt et petits fruits / Yogurt Parfait Field Berry CA\$5.95



Sandwich omelette epinards fromage suisse / Spinach and swiss cheese omelette CA\$6.15

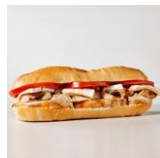
Menu Muffin Plus



Sandwich B.L.T avec oeuf / B.L.T sandwich with egg

CA\$6.15

Sandwich / Combos



Poulet et Brie / Chicken & Brie

CA\$10.50

Poulet, fromage brie, laitue, tomate, oignons rouge, mayonnaise, moutarde de Dijon
/ Chicken, brie cheese, lettuce, tomato, red onions, mayonnaise, Dijon mustard

Trio Wrap

CA\$17.60

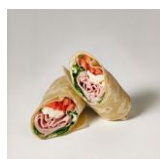
Votre choix de wrap accompagné de votre choix de soupe ou salade et une boisson / Your choice of wrap with your choice of soup or salad of the day and a drink of your choice.



Trio Sandwich / Sandwich Trio

CA\$17.90

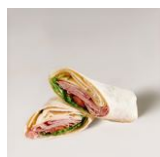
Votre choix de sandwich accompagné de votre choix de soupe ou salade et une boisson
/ Your choice of sandwich with your choice of soup or salad of the day and a drink
of your choice.



Jambon Brie / Ham & Brie

CA\$10.20

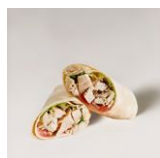
Jambon, fromage brie, tomate, laitue, sauce César / Ham, brie cheese, tomato,
lettuce, ceaser dressing



Wrap jambon fromage suisse / Ham and Swiss Cheese Wrap

CA\$10.20

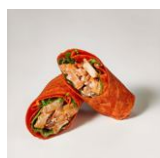
Jambon, fromage suisse, tomate, laitue, sauce feta grecque. / Ham, swiss cheese,
tomato, lettuce, Greek feta dressing.



Wrap poulet grillé

CA\$10.20

Poulet, fromage suisse, tomate, laitue, mayonnaise, sauce miel et Dijon. / Chicken,
swiss cheese, tomato, lettuce, mayonnaise, honey dijon dressing.












Wrap poulet cajun / Chicken Cajun Wrap

CA\$10.20

Poulet cajun, laitue, tomate, sauce César. / Cajun chicken, lettuce, tomatoes,
caesar dressing.

Menu Muffin Plus

	Italiano	CA\$10.50
	Sandwich prosciutto / Prosciutto Sandwich Prosciutto, fromage provolone, roquette, sauce pesto. / Prosciutto, provolone cheese, aragula, green pesto sauce.	CA\$10.50
	Sandwich Bocconcini / Bocconcini Sandwich Bocconcini, laitue, tomates, basilic, pesto vert. / Bocconcini, lettuce, tomatoes, basilic, green pesto.	CA\$10.50
	Sandwich Poulet BBQ / BBQ Chicken Poulet Pané, Salade de Chou, Fromage Suisse, Sauce BBQ	CA\$10.50
	Sandwich philly steak / Philly steak sandwich Steak, oignons, poivrons, fromage mozzarella et sauce piquante/ steak, onions, peppers, mozzarella cheese and spicy sauce.	CA\$10.50
	Poire, Brie et Noix / Pear, Brie & Nuts Poire, fromage brie, noix de Grenoble, épinards, miel / Pear, brie cheese, walnut, spinach, honey	CA\$10.50
	Bagel Saumon Fumé Bagel, fromage à la crème, câpres, oignon rouge et saumon fumé / Bagel, cream cheese, capres, red onions & smoked salmon	CA\$10.50
	Wrap salade de thon / Tuna Salad Wrap Salade de thon, pesto tomates séchées, tomates séchées, épinards. / Tuna salad, dry tomatoes pesto, dry tomatoes, spinach.	CA\$10.20
	Sandwich Club / Club Sandwich Dinde fumée, bacon, laitue, tomates, sauce féta grecque. / Turkey, bacon, lettuce, tomatoes, feta greek dressing.	CA\$10.50

Salades / Salads



Soupe du jour / Soup of the Day

CA\$5.75



Petite salade du Jour / Small Daily Salad

CA\$5.75



Salade quinoa, riz et chou frisé / Quinoa, Rice and Kale Salad

CA\$5.75

Mélange quinoa et riz, amandes, canneberges, féta, chou frisé, vinaigrette oignon et pavot. / Quinoa and rice mix, almonds, cranberries, feta, kale, onion and poppy seeds dressing.



Salade de chou frisé fraîche / Fresh Kale Salad

CA\$5.75

Chou frisé, canneberges séchées, amandes, mandarines, vinaigrette framboise. / Kale, dry cranberries, almonds, mandarines, raspberry dressing.



Salade César / Caesar Salad

CA\$5.75

Laitue romaine, bacon, croûtons, fromage parmesan, vinaigrette César. / Romaine lettuce, bacon, croutons, parmesan cheese, ceasar dressing.



Salade de betteraves / Beet Salad

CA\$5.75

Betteraves, pommes vertes, raisins rouges, vinaigrette framboise. / Beet, green apple, red grapes, raspberry dressing.



Salade de pâtes au pesto / Pesto Pasta Salad

CA\$5.75

Pâtes, oignon rouge, céleri, poivrons rouge et vert, persil, mayonnaise, pesto. / Pasta, red onion, celeri, red and green peppers, parsley, mayonnaise, pesto.

Salade Pommes, Poivrons Rouge et Pois Chiche / Apple, Red Peppers and Chickpea Salad

CA\$5.75

Pois chiches, pommes, oignons rouge, poivrons rouge, fromage cheddar / Chickpeas, apples, red onions, red peppers, cheddar cheese

Menu Muffin Plus



Salade de Pois Chiche et Chou-Fleur Indienne / Indian chick Pea & Cauliflower Sa

CA\$5.75

Pois chiches, chou-fleur, tomates cerises, oignon rouge, épinards, raisins secs, amandes, poudre de cari / Chickpeas, cauliflower, cherry tomatoes, red onions, spinachs, dry raisins, almonds, curry powder



Salade grecque / Greek Salad

CA\$5.75

Tomates, concombres, olives kalamata, oignon rouges, féta, origan, huile olive. / Tomatoes, cucumbers, kalamata olives, red onions, feta, origano, olive oil.



Salade asiatique chou frisé / Asian kale salad

CA\$5.75

Chou frisée, chou rouge, carottes, poivrons rouge, oignon rouge, coriandre, grains de sésame, vinaigrette / Kale, red cabbage, carrots, red pepppers, red onions, coriander, sesame seeds, dressing.

Sucreries / Sweets



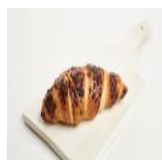
Croissant aux amandes / Almond Croissant

CA\$4.50



Croissant pur beurre / Butter Croissant

CA\$3.60



Croissant Choco-Noisette / Choco-Hazelnut Croissant

CA\$4.50



Galette d'avoine / Oatmeal Cookie

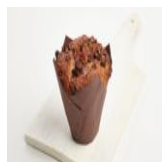
CA\$3.60



Biscuit Gourmet

CA\$5.35

Menu Muffin Plus



Muffin banane chocolat / Banana choco chip muffin

CA\$3.60

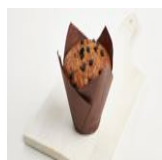


Muffin double chocolat / Double chocolate muffin

CA\$3.60

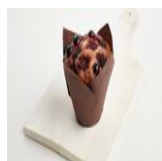
Muffin aux Carottes / Carrot

CA\$3.60



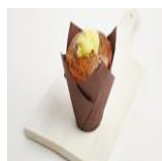
Muffin aux bleuets / Blueberry

CA\$3.60



Muffin fruits des champs / Field berry muffin

CA\$3.60



Muffin citron pavot / Lemon poppyseed muffin

CA\$3.60



Muffin aux brisures de chocolat / Chocolat chip muffin

CA\$3.60

Carrés aux dattes / Date Squares

CA\$4.50



Gâteau pommes et noix /Apple nut cake

CA\$4.50

Menu Muffin Plus



Muffin au son, dattes, noix / Dates & Nuts

CA\$3.60



Muffin "red velvet" / Red velvet muffin

CA\$3.60

Muffin "red velvet" / Red velvet muffin

Cafés / Coffees



Latté

CA\$5.15

Americano

CA\$3.45



Cappuccino

CA\$5.15

16 oz.

Mocha

CA\$5.55



Latté Aromatisé / Flavored Latte

CA\$5.55



Chai Latté

CA\$5.55

Menu Muffin Plus

Espresso

CA\$3.15

Café filtre /Filter coffee

CA\$3.05



Boite de café / Coffee Carafe

CA\$28.00



12 Cups. Carafe de café en carton de 12 tasses. Incluant lait, crème, sucre, tasses. / Coffee carafe for 12 persons. Including cream, milk, sugar and cups.

Smoothies / Frappé

Smoothie fraise banane / Strawberry Banana Smoothie

CA\$7.25



Base à la fraise, banane.

Smoothie Baie & Limonade / Berry Lemonade Smoothie

CA\$7.25



Cappuccino Frappé / Cappuccino Frappe

CA\$7.25



Lait, concentré espresso.

Mocha Frappé

CA\$7.25



Smoothie Mangue Fraise / Mango Strawberry Smoothie

CA\$7.25



Base Mangue et Fraise / Mango Strawberry Base

Menu Muffin Plus



Smoothie mangue / Mango Smoothie

CA\$7.25

Base à la mangue.



Smoothie vert tropical / Green Tropical Smoothie

CA\$7.25

Base mangue, yogourt vanille, épinards.

Boissons froides / Cold drinks



Thé Glacé à la Framboise Bleue avec Perles / Blue Raspberry Iced Tea with Pearls

CA\$5.20



Thé Glacé aux Fraise avec Perles / Strawberry Iced Tea with Pearls

CA\$5.20



Thé glacé pêche limonade / Peach lemonade iced tea

CA\$4.70



Limonade à l'ancienne / Old Fashioned Lemonade

CA\$4.70



Cold Brew Crémeux / Creamy Cold Brew

CA\$5.05



Latté Glacé / Iced Latte

CA\$5.55

Menu Muffin Plus



Latté Glacé Aromatisé / Iced Flavored Latte

CA\$6.35

Café infusé froide / Cold Brew

CA\$4.80



Thé glacé fruits de passion / Passion fruit iced tea

CA\$4.70



Limonade thé vert / Green tea lemonade

CA\$4.70

Chocolat Chaud / Hot Chocolate

Chocolat chaud

CA\$3.80



Thé / Tea

Infusion thé en feuilles/ Loose leaf tea infusion

CA\$3.05



Boissons / Drinks

Canette Pepsi

CA\$2.95



Pepsi Diète (Canette / Can)

CA\$2.95



Menu Muffin Plus



Canette 7UP

CA\$2.95



Montellier

CA\$3.50



Eau Eska

CA\$2.65

Rise Kombucha

CA\$6.40

Bubly Lime

CA\$3.60

Bubly pamplemousse

CA\$3.60

Bubly fraise

CA\$3.60



Tropicana Orange

CA\$4.65

Red Bull (Canette / Can)

CA\$3.95
