

Menu

Behesht Restaurant

6528 Rue St-Jacques, 105, Montreal, QC H4B 1T6 | (514) 489-8484

Gratuit avec achat d'un montant minimum de 20 \$

Maximum 1 article gratuit par commande

Soup

7,95 \$

Yellow lentil soup.

Appetizers



Mirza Ghasemi

13,95 \$

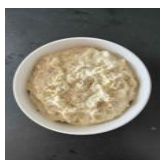
A delicious medley of BBQ eggplant mashed with garlic, tomato, and eggs.



Kashk-E Bademjan

13,95 \$

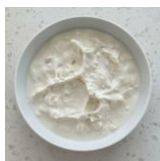
A medley of fire roasted eggplant, with creamy yogurt sauce, flavored with garlic, roasted dried mint, Persian whey, walnut, and topped with crispy onion.



Borani Bedemjan

13,95 \$

Delicious creamy yogurt blended with BBQ eggplant and fresh garlic, topped with fresh mints and dried rose flowers.



Must Moosir

13,95 \$

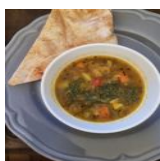
Plain yogurt mixed with Persian shallot dip.



Marinated Olives

13,95 \$

Marinated green olives in a pomegranate walnut sauce with a generous amount of fresh garlic and spices.



Torshi

6,95 \$

Made with garlic, chili peppers, celery, cauliflower, carrots, beets, shallots, cabbage, eggplant and ginger, and dried aromatic herbs pickled in vinegar and different spice mixture.

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Must Khiyar

13,95 \$

Delicious creamy yogurt chopped English cucumber, flavored with dried mint.

Hummus

8,95 \$

Cooked and pureed chickpeas blend with tahini, lemon, garlic, olive oil and crushed red pepper.

Sir Torshi

6,95 \$

A delicious side dish of garlic cloves and vinegar.

Kale Kebab

13,95 \$

A delicious combination of BBQ eggplant, walnuts, pomegranate sauce, and fresh garlic topped with pomegranate.

Soup

7,95 \$

Yellow lentil soup.

Salad

7,95 \$

Green salad.

Rice with Saffron

7,95 \$

Flavourful rice infused with saffron.

Baghali Rice

9,95 \$

Herbed rice with dill and lima beans.

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Family Plates



Toranj (For 2/3)

79,95 \$

A mix plate of koobideh, chicken koobideh, joojeh, and kebab chenjeh served with 2 rice, 2 soups or salads and hummus.



Darbari (For 3)

139,95 \$

A combination of 6 skewers from different kinds of meat served with 3 rice, 3 choices of soup or salad with hummus.

Behesht (For 4)

159,95 \$

A combination of 8 skewers from different kinds of meat served with 4 rice, 4 choices of soup or salad with hummus.

Shahani (For 5)

209,95 \$

A combination of 9 skewers from all kinds of meat served with 5 rice, 5 choices of soup or salad with hummus.

Menhel

114,95 \$

A mix of spicy koobideh, chicken koobideh, kebab chenjeh, crazy chicken and lamb shank, served with 1 baghali rice, 2 saffron rice with 3 soup or salad along sauce and hummus.

Kaseh Kebab (For 2)

84,95 \$

A mix plate of koobideh, chicken koobideh, joojeh, and kebab chenjeh served with 2 rice, 2 soups or salads and hummus.

Persian Grill



Koobideh

22,95 \$

Two skewers of juicy koobideh kebab (ground beef kebab made with Persian spices), served with basmati and saffron rice and grilled tomatoes.

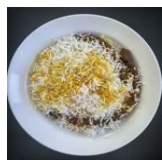


Chicken Koobideh

22,95 \$

Two skewers of juicy chicken kebab (ground chicken kebab made with Persian spices), served with basmati and saffron rice and grilled tomatoes.

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Spicy Koobideh

23,95 \$

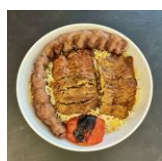
Spicy. Two skewers of juicy spicy koobideh kebab (ground beef kebab made with Persian spicy spices), served with basmati and saffron rice and grilled tomatoes.



Mixed Koobideh

23,95 \$

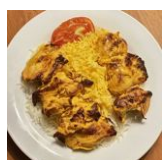
Two skewers of your choice between koobideh, spicy koobideh and chicken koobideh served with basmati and saffron rice and grilled tomatoes.



Sultani Barg

48,95 \$

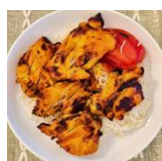
Combination of one skewer of barg and one skewer of your choice between koobidehs, served with basmati rice and saffron and grilled tomatoes.



Joojeh

28,95 \$

One skewer of boneless roasted chicken, served with basmati rice and saffron and grilled tomatoes.



Crazy Chicken

28,95 \$

One skewer of marinated chicken with bones served with basmati rice and saffron and grilled tomatoes.



Bakhtiari

57,95 \$

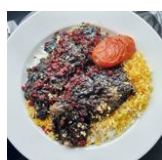
Combination of one filet mignon brochette in a traditional homemade marinated with Persian spices, oil and lemon and one skewer of boneless roasted chicken, served with basmati rice and saffron and grilled tomatoes.



Kebab Torsh

35,95 \$

Combination of torsh kebab skewer marinated in walnuts, pomegranate sauce and mints, served with basmati rice, saffron and grilled tomatoes.



Joojeh Torsh

33,95 \$

Combination of Joojeh Torsh skewer marinated in walnuts, pomegranate sauce and mints, served with basmati rice, saffron and grilled tomatoes.

Barg

43,95 \$

One filet mignon brochette in a traditional homemade marinated with Persian spices, oil and lemon served with rice, saffron and grilled tomatoes.

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Kebab Chenjeh

34,95 \$

One skewer of beef with green pepper and onion grilled in between, served with basmati rice and saffron and grilled tomatoes.

Soltani Kebab Chenjeh

39,95 \$

Combination of one skewer of shish kebab and one skewer of your choice between koobidehs, served with basmati rice and saffron and grilled tomatoes.

Vaziri

35,95 \$

Combination of one skewer chicken filet and one skewer of your choice between koobidehs, served with basmati rice and saffron and grilled tomatoes.

Salmon

36,95 \$

Fresh salmon fillet seasoned with Persian herbs and spices.

Grilled Shrimp

36,95 \$

Fresh marinated grilled shrimp, served with rice.

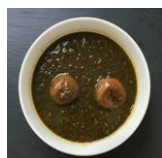
Stew



Gheymeh

24,95 \$

Fine pieces of beef cubes with split peas, eggplant and dried lime in a tasty tomato sauce served with basmati rice and saffron.



Ghormeh Sabzi

24,95 \$

Braised beef chunks sautéed in a blend of Persian herbs (parsley, fenugreek, coriander) red kidney beans, and dried lime, served with saffron rice.



Baghali Polo with Mahicheh

33,95 \$

A traditional lamb shank stew served with fava bean and dill rice. Served with an optional side of saffron sauce.

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Zereshk Polo Ba Morgh

23,95 \$

Saffron chicken leg served with barberry basmati rice.



Lamb Shank with Saffron Rice

30,95 \$

A traditional lamb shank stew served with saffron rice. Served with an optional side of saffron sauce.

Fesenjoon

27,95 \$

A traditional Persian stew with pomegranate paste, walnut and in-bone chicken thighs pieces served with basmati rice.

Vegetarian Plates

Mirza Ghasemi with Rice

20,95 \$

A delicious medley of BBQ eggplant mashed with garlic, tomato, and eggs served with rice.

Fesenjoon with Rice (Vegetarian)

24,95 \$

A traditional Persian stew with pomegranate paste, walnut served with basmati rice.

Kashk-E Bademjan with Rice

20,95 \$

A medley of fire roasted eggplant, with creamy yogurt sauce, flavoured with garlic, roasted dried mint, Persian whey, walnut, and topped with crispy onion served with rice.

Kilo and Extras



1 Kilo Koobideh

58,95 \$

7 skewers, your choice of beef or chicken.



Beef Koobideh Skewer

8,99 \$

Tender beef skewers, marinated in a blend of spices.

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Chicken Koobideh Skewer

8,99 \$

Tender chicken skewers, marinated in a blend of spices.

Spicy Koobideh Skewer

8,99 \$

Tender minced lamb skewers, infused with aromatic spices.

Barg Skewer

33,95 \$

One filet mignon brochette in a traditional homemade marinated with Persian spices, oil and lemon.

Kebab Chenjeh Skewer

26,95 \$

One skewer of tender lamb cubes (chenjeh), marinated with Persian spices and grilled.

Joojeh Skewer

24,95 \$

One skewer of boneless roasted chicken.

Crazy Chicken Skewer

23,95 \$

One skewer of marinated chicken with bones.

Kebab Torsh Skewer

28,95 \$

Combination of torsh kebab skewer marinated in walnuts, pomegranate sauce and mints.

Joojeh Torsh Skewer

26,95 \$

Combination of joojeh torsh skewer marinated in walnuts, pomegranate sauce and mints.

Gheymeh Only

19,95 \$

Traditional Persian lamb stew with split peas and dried lime.

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Ghormeh Sabzi Only

19,95 \$

Traditional Persian herb stew with beef or lamb, kidney beans, and dried lime. Stew only.

Fesenjoon Only

21,95 \$

Rich pomegranate sauce served with walnuts.

Lamb Shank Only

25,95 \$

Tender lamb shank, slow-cooked to fall-off-the-bone tenderness.

Beverages

Doogh

4,95 \$

A traditional Persian yogurt-based drink.

Soft Drinks

2,95 \$

Coke, Diet Coke, ginger ale, sprite or nestea.

Istak

4,95 \$

Perrier

3,95 \$

Sparkling water with a crisp, refreshing taste.

Juice

2,50 \$

Refreshing beverage made from a blend of fruits and vegetables.

Dessert

Baklava

2 pieces of fresh baklava.

5,95 \$
