

## Menu

# Coupe de Thon Sushi & Poke

537 Bd Rosemont, Montréal, QC H2S 1Z4, Canada | (514) 279-8882

## Most Ordered



### Raviolis frits au poulet et légumes

CA\$9.00

Golden-brown fried chicken and vegetable ravioli, garnished with fresh greens and cherry tomatoes.



### Boîte de 19 mcx / Box of 19 Pcs

CA\$24.00

Chef's choice 10 mcx de futomaki, 6 mcx de hosomaki, et 3 mcx de nigiri. / 10 Pcs of futomaki, 6 pcs of hosomaki, and 3 pcs of nigiri. Sushis au choix du chef, pourrait différer de la photo. choice might be different than photo Peut contenir mayo et sésame/ might contain mayo and sesame.



### Avocat saumon

CA\$10.95

Fresh salmon and creamy avocado wrapped in seasoned sushi rice and nori.



### Boîte pour 2 (36 mcx) / Box for 2 (36 Pcs)

CA\$45.00

choix du chef. 16 mcx de futomaki, 12 mcx de hosomaki, 4 mcx nigiri, et 4 mcx de sashimi. / 16 Pcs futomaki, 12 pcs of hosomaki, 4 pcs nigiri, and 4 pcs of sashimi. Peut contenir mayo et sésame/ might contain mayo and sesame.



### Boîte de 16 mcx / Box of 16 Pcs

CA\$20.00

choix du chef. 10 mcx de futomaki et 6 mcx of hosomaki. / 10 Pcs of futomaki and 6 pcs of hosomaki. Sushis au choix du chef, pourrait différer de la photo. choice might be different than photo Peut contenir mayo et sésame/ might contain mayo and sesame.



### Saumon / Salmon

CA\$8.90

Nigiri 2 mcx/ sashimi 3 mcx



### Avocat / Avocado

CA\$6.50

6 mcx. / 6 Pcs.

# Menu Coupe de Thon Sushi & Poke



## Combo saumon

CA\$43.00

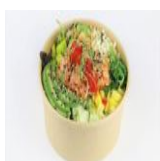
10 futomaki au saumon, 6 hosomaki au saumon, 8 mini deux saumon, 3 nigiri, 3 sashimi



## Takoyaki

CA\$8.50

4 boulettes de pieuvre, flocons de bonito, et mayonnaise. / 4 Octopus balls, bonito flakes, and mayonnaise.



## Bol poké au saumon / Salmon Poke Bowl

CA\$19.00

Riz du sushi, Saumon, concombre, mangue, avocat, oshinko, edamame, wakame, laitue, tempura, sésame, et tobiko. / sushi rice, salmon, cucumber, mango, avocado, oshinko, edamame, wakame, lettuce, tempura, sesame, and tobiko

## Most Ordered



## Boîte de 19 mcx / Box of 19 Pcs

CA\$24.00

Chef's choice 10 mcx de futomaki, 6 mcx de hosomaki, et 3 mcx de nigiri. / 10 Pcs of futomaki, 6 pcs of hosomaki, and 3 pcs of nigiri. Sushis au choix du chef, pourrait différer de la photo. choice might be different than photo Peut contenir mayo et sésame/ might contain mayo and sesame.



## Dynamite

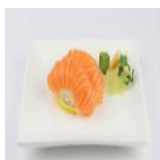
CA\$14.95

Feuille de soya, thon épicé, crevette, tempura, avocat, masago Peut contenir mayo et sésame/ might contain mayo and sesame.

## Boîte de 22 mcx

CA\$28.00

10 futo, 6 hosomaki, 3 nigiri, 3 sashimi. Sushis au choix du chef, pourrait différer de la photo. Peut contenir mayo et sésame/ might contain mayo and sesame.



## Saumon / Salmon

CA\$8.90

Nigiri 2 mcx/ sashimi 3 mcx



## Boîte de 16 mcx / Box of 16 Pcs

CA\$20.00

choix du chef. 10 mcx de futomaki et 6 mcx of hosomaki. / 10 Pcs of futomaki and 6 pcs of hosomaki. Sushis au choix du chef, pourrait différer de la photo. choice might be different than photo Peut contenir mayo et sésame/ might contain mayo and sesame.

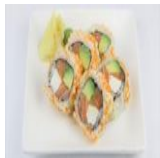
## Menu Coupe de Thon Sushi & Poke



### Dragon Eye Maki (Croustillant / fried roll)

CA\$12.95

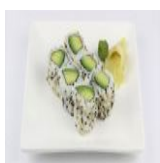
6 mcx. poisson, carotte, oignon vert, riz, tobiko. / 6 Pcs. Fish, carrot, green onion, rice, tobiko. Peut contenir mayo et sésame/ might contain mayo and sesame.



### Philly 5 mcx

CA\$8.95

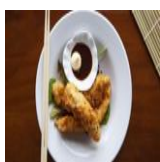
saumon, fromage à la crème, avocat, tempura, masago salmon, cream cheese, avocat, tempura flakes, masago



### Avocat / Avocado

CA\$6.50

6 mcx. / 6 Pcs.



### Poulet katsu / Chicken Katsu

CA\$10.50

Poitrine de poulet frite servie avec sauce tonkatsu. / Fried chicken breast served with tonkatsu sauce.



### Hosomaki au saumon épicé / Spicy Salmon Hosomaki

CA\$8.50

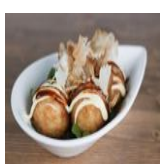
6 mcx. / 6 Pcs. contenir mayo et piment. Contain mayo and chili



### Boite pour 2 Maki seulement 33 mcx / Box for 2 only Maki

CA\$40.00

Choix du chef. 12 mcx de hosomaki, 15 mcx de futomaki et 6 maki spécial. les rouleaux de sushi peuvent être des choix différents de la photo. Peut contenir de la mayonnaise et sésame 12 pcs of hosomaki, 15 pcs of futomaki and 6 pcs special maki. the sushi rolls might be different choices from photo. Might contain mayonnaise and sesame



### Takoyaki

CA\$8.50

4 boulettes de pieuvre, flocons de bonite, et mayonnaise. / 4 Octopus balls, bonito flakes, and mayonnaise.

## Entrees/ Appertizers

### Tartare de saumon

CA\$16.95

saumon, avocat, mangue, tempura, tobiko, chips à la crevette

## Menu Coupe de Thon Sushi & Poke



### Thon sur thon

thon croustillant, thon épicé, oignon frits

CA\$18.95



### Sushi Pizza

6 galettes de riz katsu, saumon fumé, goberge, avocat, tobiko, et mayonnaise épicé.  
/ 6 katsu rice cakes, smoked salmon, pollock, avocado, tobiko, and spicy mayonnaise.

CA\$14.95



### Tataki de saumon

saumon flambé, laitue, mayo, ponzu, échalotes frits, tobiko

CA\$16.95



### Takoyaki

4 boulettes de pieuvre, flocons de bonito, et mayonnaise. / 4 Octopus balls, bonito flakes, and mayonnaise.

CA\$8.50



### Edamame

Edamame en cosse avec sel

CA\$7.00



### Rouleaux imperiaux 2 mcx

au porc et legume

CA\$7.50



### Tempura de crevettes / Shrimp Tempura

3 crevettes frites servies avec mayonnaise épicé. / 3 Fried shrimp served with spicy mayonnaise.

CA\$8.95



### Feuille d'automne

Tartare de thon, mangue, salade, tobiko, mayo, sesame

CA\$18.95

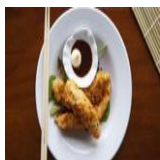


### Raviolis frites au poulet et légumes

Golden-brown fried chicken and vegetable ravioli, garnished with fresh greens and cherry tomatoes.

CA\$9.00

## Menu Coupe de Thon Sushi & Poke



### Poulet katsu / Chicken Katsu

CA\$10.50

Poitrine de poulet frite servie avec sauce tonkatsu. / Fried chicken breast served with tonkatsu sauce.

## Soupe et salades / Soup and Salad



### Salade sashimi

CA\$17.95

salade du chef, sashimi du jour, vinaigrette japonaise



### Soupe miso / Miso Soup

CA\$4.50

Tofu, algue, et oignon vert. / Tofu, seaweed, and green onion.



### Soupe wonton

CA\$7.00

Au porc/ With pork

### Soupe miso aux crevettes/ Shrimp Miso soup

CA\$6.50

Rich miso broth with tender shrimp, garnished with green onions and tofu.



### Salade jardinière / Garden Salad

CA\$8.50

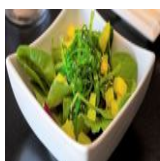
Laitue, carotte, concombre, tomate, et mangue. / Lettuce, carrot, cucumber, tomato, and mango.



### Salade de pieuvre / Octopus Salad

CA\$17.95

Salade du chef, pieuvre, et tobiko. / Chef's salad, octopus, and tobiko.



### Salade wakame / Wakame Salad

CA\$8.50

Salade d'algues wakame marinées et oshinko. / Salad of marinated wakame seaweed and oshinko.

## Menu Coupe de Thon Sushi & Poke



### Soupe miso aux fruits de mere/ Seafood Miso Soupe

CA\$8.50

Soupe miso avec poissons, crevettes, et imitation de chair de crabe/ Miso soup with fish, shrimp, and imitation crab meat

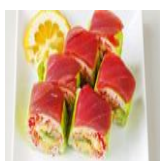
## spécialités maki /Maki Specialties



### Harmonie

CA\$15.95

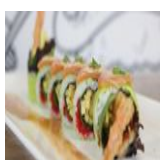
6 mcx feuille de soya, riz, saumon saisi, crevette tempura, crabe des neiges, tempura et tobiko Peut contenir mayo et sésame/ might contain mayo and sesame.



### Rouge

CA\$14.95

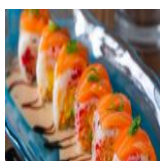
feuille de soya, thon, goberge, tempura, mangue, avocat, oignon frit et tobiko/ Soya paper, tuna, crab stick mixed with tempura, fried onion, and tobiko Peut contenir mayo et sésame/ might contain mayo and sesame.



### Beaubien

CA\$15.95

6 mcx. Feuille de soya, riz, saumon, anguille, crevette tempura, mangue, tempura épicé, et tobiko. / 6 Pcs. Soy leaf, rice, salmon, eel, tempura shrimp, mango, spicy tempura, and tobiko. Peut contenir mayo et sésame/ might contain mayo and sesame.



### Fanta Maki

CA\$13.95

6 mcx. Feuille de riz, riz, saumon, goberge, oignon frit, avocat, mangue, tempura, masago. / 6 Pcs. Rice leaf, salmon, pollock, fried onion, avocado, mango, tempura, and masago. Peut contenir mayo et sésame/ might contain mayo and sesame.



### Froma Maki (Croustillant / Crispy)

CA\$14.95

6 mcx. Saumon fumé, goberge, fromage à la crème léger, avocat, riz, et tobiko. / 6 Pcs. Smoked salmon, pollock, light cream cheese, avocado, rice, and tobiko. Peut contenir mayo et sésame/ might contain mayo and sesame.

### Maki d'atlantique / Atlantic Maki

CA\$13.95

6 mcx. Feuille de soya, riz, saumon, crevette tempura, avocat, oignon frit, et masago. / 6 Pcs. Soya leaf, rice, salmon, tempura shrimp, avocado, fried onion, and masago. Peut contenir mayo et sésame/ might contain mayo and sesame.

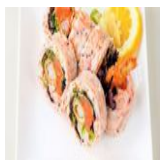


### Maki de Jardin / Garden Maki

CA\$8.95

6 mcx. Feuille de soya, légumes tempura, riz, avocat. / 6 Pcs. Soy leaf, tempura vegetables, avocado, rice. Peut contenir mayo et sésame/ might contain mayo and sesame.

# Menu Coupe de Thon Sushi & Poke



## Sublime

CA\$13.95

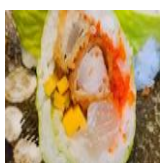
Feuille de riz, saumon, crevette, laitue, masago/ Rice paper, salmon, shrimp, masago. lettuce Peut contenir mayo et sésame/ might contain mayo and sesame.



## Fruiter

CA\$15.95

Hamachi, crevette, fraise, avocat, ananas, flocons de tempura, tobiko/ Hamachi, shrimp, strawberry, avocado, pineapple, tempura flakes, tobiko Peut contenir mayo et sésame/ might contain mayo and sesame.



## Océanie

CA\$15.95

Crispy tempura, fresh scallop, vibrant fish roe, and tamago wrapped in sushi rice and lettuce.



## Dragon Eye Maki (Croustillant / fried roll)

CA\$12.95

6 mcx. poisson, carotte, oignon vert, riz, tobiko. / 6 Pcs. Fish, carrot, green onion, rice, tobiko. Peut contenir mayo et sésame/ might contain mayo and sesame.



## Dynamite

CA\$14.95

Feuille de soya, thon épicé, crevette, tempura, avocat, masago Peut contenir mayo et sésame/ might contain mayo and sesame.



## Volcano 6 mcx

CA\$15.45

feuille de soya, poisson épicé saisi, goberge, mangue, avocat et tobiko Soya paper, seared spicy fish, crab stick, mango, avocado, and tobiko Peut contenir mayo et sésame/ might contain mayo and sesame.



## Rock & Roll Maki

CA\$14.95

6 mcx. Feuille de soya, thon rouge, crevette tempura, avocat, asperge, et tobiko. / 6 Pcs. Soybean leaf, bluefin tuna, tempura shrimp, avocado, asparagus, and tobiko. Peut contenir mayo et sésame/ might contain mayo and sesame.



## Souvenir (croustillant/ fried roll)

CA\$10.95

Légumes assortis et wakamé/ Veggies and wakame (vegetarienne/ Vege) Peut contenir mayo et sésame/ might contain mayo and sesame.



## Paradise

CA\$13.95

Crispy maki rolls filled with shrimp, avocado, asparagus, and a touch of spicy mayo, wrapped in seaweed and rice.

# Menu Coupe de Thon Sushi & Poke



## Printemps entier / Whole Spring Maki

CA\$13.95

Feuille de riz, riz, crevette tempura, patate douce tempura, mangue, salade mesclun et asperge. Rice paper, rice, shrimp tempura, sweet potato, mango, salade, and asparagus Peut contenir mayo et sésame/ might contain mayo and sesame.



## Le Lox Maki

CA\$14.95

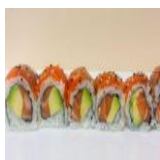
6 mcx. Feuille de soya, saumon fumé, crevette tempura, fromage à la crème, avocat, riz, tobiko. / 6 Pcs. Soy leaf, smoked salmon, tempura shrimp, cream cheese, avocado, rice, tobiko. Peut contenir mayo et sésame/ might contain mayo and sesame.

## Chumaki 8 mcx

### Geisha

CA\$14.95

Saumon épicé, anguille, mayo epice



## Mini deux saumon

CA\$13.95

Saumon fumé, saumon frais, avocat



## Vancouver

CA\$11.45

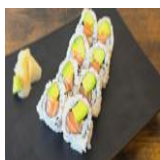
8 mcx: Saumon fumé, concombre



## Mini Cali

CA\$10.50

Goberge et avocat



## Avocat saumon

CA\$10.95

Fresh salmon and creamy avocado wrapped in seasoned sushi rice and nori.

## Toyama

CA\$11.95

Thon et avocat

# Menu Coupe de Thon Sushi & Poke

## Maki Printemp 2 mcx



### Maki de printemps aux crevettes

CA\$11.00

2 mcx: Feuille de riz, riz de sushi, crevette, goberge, mayo, sesame. tobiko, laitue, concombre 2 pcs: rice paper, sushi rice, shrimp, goberge. mayo, sesame, tobiko, lettuce, cucumber

### Printemp poulet

CA\$10.00

Chicken maki rolls with rice paper, lettuce, cucumber, carrot, and Japanese rice.

### Printemp thon

CA\$11.50

Tuna, crab stick, cucumber, avocado, lettuce, rice, and mayonnaise wrapped in rice paper.



### printemp Vege

CA\$9.50

Crisp vegetables, avocado, and rice wrapped in rice paper, garnished with sesame seeds and served with pickled ginger and radish slices.

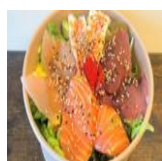
## Bols poké / Poke Bowls



### Bol poké végété-tofu mariné / Veggie-Marinated Tofu Poke Bowl

CA\$18.00

Riz du sushi, tofu mariné, avocat, edamame, wakame, concombre, laitue, poivron, oshinko, et sésame/ Sushi rice, marinated tofu, avocado, edamame, wakame, cucumber, lettuce, pepper, oshinko, and sesame.



### Poke sashimi

CA\$23.00

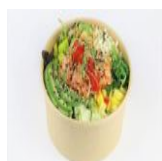
riz de sushi, sashimi de thon, saumon, albacore et crevette, concombre, mangue, avocat, jalapeno, edamame, wakame, laitue, tempura, sésame, tobiko



### Bol poké au poulet / Chicken Poke Bowl

CA\$19.00

riz de sushi, poulet croustillant, avocat, concombre, oshinko, edamame, laitue, mayo, sésame/ Sushi rice, crispy chicken, avocado, cucumber, oshinko, edamame, lettuce, mayo, sesame.



### Bol poké au saumon / Salmon Poke Bowl

CA\$19.00

Riz du sushi, Saumon, concombre, mangue, avocat, oshinko, edamame, wakame, laitue, tempura, sésame, et tobiko. / sushi rice, salmon, cucumber, mango, avocado, oshinko, edamame, wakame, lettuce, tempura, sesame, and tobiko

## Menu Coupe de Thon Sushi & Poke



### **Bol poké au saumon katsu/ Katsu Salmon Poke Bowl**

**CA\$20.00**

Riz du sushi, Saumon frit, concombre, mangue, avocat, oshinko, edamame, wakame, laitue, tempura, sésame, et tobiko. / sushi rice, fried salmon, cucumber, mango, avocado, oshinko, edamame, wakame, lettuce, tempura, sesame, and tobiko



### **Poke General Tao**

**CA\$19.00**

Poulet general tao, concombre, avocat, poivron, edamame, laitue et sésame.



### **Poké Poulet Hawaii**

**CA\$19.00**

Riz, Poulet katsu, laitue, ananas, carotte, mangue, edamame, concombre, sauce



### **Bol poké à l'anguille grillée / Grilled Eel Poke Bowl**

**CA\$20.00**

Anguille grillée, avocat, concombre, oshinko, edamame, laitue, sésame, et tobiko. Servi avec riz de sushi. / Grilled eel, avocado, cucumber, oshinko, edamame, lettuce, sesame, and tobiko. Served with sushi rice.



### **Poke crevette tempura**

**CA\$19.00**

riz sushi, shrimp tempura, salade, avocado, mango, edamame, oshinko, wakame, cucumber, tobiko, sauce, mayo, sésame



### **Poke Rainbow**

**CA\$22.00**

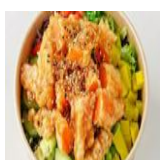
Riz, saumon, thon, goberge, jalapeno, concombre, avocat, wakame, mangue, melange de salade, tempura flakes, tobiko/ Brow rice, salmon, tuna, goberge, jalapeno, cucumber, avocado, wakame, mango, salad mix, tempura flakes, tobiko



### **Bol poké de l'atlantique / Atlantic Poke Bowl**

**CA\$21.00**

Riz du sushi, saumon, crevettes panées, concombre, mangue, avocat, oshinko, edamame, wakame laitue, tempura, sésame, et tobiko/ Sushi rice, salmon, breaded shrimp, cucumber, mango, avocado, oshinko, edamame, lettuce wakame, tempura, sesame, and tobiko



### **Bol poké végé-patate douce / Sweet Potato-Veggie Poke Bowl**

**CA\$17.00**

Riz du sushi, patate douce tempura, avocat, edamame, wakame, concombre, laitue, poivron, oshinko, et sésame/ Sushi rice, tempura sweet potato, avocado, edamame, wakame, cucumber, lettuce, pepper, oshinko, and sesame



### **Bol poké aux crustacés / Crustacean Poke Bowl**

**CA\$20.00**

Riz du sushi, crevette, goberge, concombre, mangue, avocat, oshinko, edamame, wakame, laitue, tempura, sésame, et tobiko/ Sushi rice, shrimp, pollock, cucumber, mango, avocado, oshinko, edamame, wakame, lettuce, tempura, sesame, and tobiko.

# Menu Coupe de Thon Sushi & Poke

## Poké Paradis

CA\$17.00

Riz, tofu mariné, salade, avocat, concombre, wakamé, carotte, gingembre mariné, oignon mariné, tempura flakes, sésame servis avec sauce soya Brown rice, marinated tofu, lettuce, avocado, cucumber, wakame, carrot, ginger, marinated onion, tempura flakes, soya sauce



## Poke Thon Et saumon/ Tuna and salmon

CA\$21.00

riz du sushi, thon et saumon, concombre, avocat, oshinko, edamame, wakame, laitue, tempura, sésame et masago

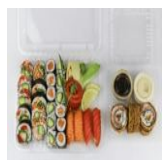


## Bol poké au thon / Tuna Poke Bowl

CA\$20.00

Riz du sushi, thon, concombre, mangue, avocat, oshinko, edamame, wakame, laitue, tempura, sésame, et tobiko / Sushi rice, tuna, cucumber, mango, avocado, oshinko, edamame, wakame, lettuce, tempura, sesame, and tobiko.

## Assortiments au choix du chef / Assortments Chef's Choice



### Boîte pour 2 (36 mcx) / Box for 2 (36 Pcs)

CA\$45.00

choix du chef. 16 mcx de futomaki, 12 mcx de hosomaki, 4 mcx nigiri, et 4 mcx de sashimi. / 16 Pcs futomaki, 12 pcs of hosomaki, 4 pcs nigiri, and 4 pcs of sashimi. Peut contenir mayo et sésame/ might contain mayo and sesame.

### Boite pour 4 - 69 mcx

CA\$89.00

69 mcx choix du chef: 1 sushi pizza, 12 mcx maki speciaux, 8 nigiri, 25 futo, 18 hoso Peut contenir mayo et sésame/ might contain mayo and sesame.



### Boîte de 16 mcx / Box of 16 Pcs

CA\$20.00

choix du chef. 10 mcx de futomaki et 6 mcx of hosomaki. / 10 Pcs of futomaki and 6 pcs of hosomaki. Sushis au choix du chef, pourrait différer de la photo. choice might be different than photo Peut contenir mayo et sésame/ might contain mayo and sesame.



### Boîte de 19 mcx / Box of 19 Pcs

CA\$24.00

Chef's choice 10 mcx de futomaki, 6 mcx de hosomaki, et 3 mcx de nigiri. / 10 Pcs of futomaki, 6 pcs of hosomaki, and 3 pcs of nigiri. Sushis au choix du chef, pourrait différer de la photo. choice might be different than photo Peut contenir mayo et sésame/ might contain mayo and sesame.



### Boite pour 2 Maki seulement 33 mcx / Box for 2 only Maki

CA\$40.00

Choix du chef. 12 mcx de hosomaki, 15 mcx de futomaki et 6 maki spécial. les rouleaux de sushi peuvent être des choix différents de la photo. Peut contenir de la mayonnaise et sesame 12 pcs of hosomaki, 15 pcs of futomaki and 6 pcs special maki. the sushi rolls might be different choices from photo. Might contain mayonnaise and sesame

# Menu Coupe de Thon Sushi & Poke

## Boîte de 22 mcx

CA\$28.00

10 futo, 6 hoso, 3 nigir, 3 sashimi. Sushis au choix du chef, pourrait différer de la photo. Peut contenir mayo et sésame/ might contain mayo and sesame.



### Sashimi Assortis

CA\$30.00

15 pieces of sashimi - choice of the chef. No rice The sashimi might be different from photo. 15 mcx de sashimi - choix du chef. Sans riz. Le sashimi peut être différent de la photo.

## Boîte végétarienne / Vegetarian Box

CA\$19.00

choix du chef 6 mcx de hosomaki et 10 mcx de futomaki. / 6 Pcs of hosomaki et 10 of pcs futomaki. Peut contenir mayo et sésame/ might contain mayo and sesame.



### Combo saumon

CA\$43.00

10 futomaki au saumon, 6 hoso au saumon, 8 mini deux saumon, 3 nigiri, 3 sashimi

## Boite 40 mcx

CA\$50.00

choix du chef: 6 mcs specialite, 14 mcx de futomaki, 12 mcx de hosomaki, 4 mcx nigiri, et 4 mcx de sashimi. les rouleaux de sushi peuvent être des choix différents de la photo choice of the chefs 6 pcs speciality, 14 Pcs futomaki, 12 pcs of hosomaki, 4 pcs nigiri, and 4 pcs of sashimi. Chef's choice might be different from the photo appeared. Peut contenir mayo et sésame/ might contain mayo and sesame.

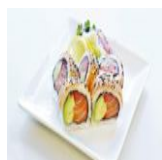
## Futomakis



### Tokyo

CA\$8.95

Thon, crevette tempura, avocat, sesame Tuna, shrimp tempura. avocado, sesame



### Deux saumon / Two Salmon 5 mcx

CA\$11.25

Saumon fumé, saumon, tempura, avocat et sésame. / Smoked salmon, salmon, tempura, avocado, and sesame.



### Aloha 5 mcx

CA\$9.75

Crevette panné, ananas, avocat, flocons de tempura, masago

## Menu Coupe de Thon Sushi & Poke



### **Boston 5 mcs**

**CA\$9.75**

crevette, goberge, concombre, laitue, tobiko et sesame/ shrimp, crab stick, cucumber, salade, tobiko, and sesame



### **Kamikaze 5 mcs**

**CA\$9.75**

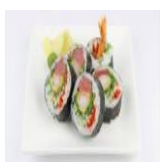
Saumon, concombre, laitue, tempura épicé, et masago. / Salmon, cucumber, lettuce, spicy tempura, and masago.



### **Végétarien 5 mcs**

**CA\$9.25**

Concombre, avocat, oshinko, laitue, carotte, poivron, asperge, et sésame. / Cucumber, avocado, oshinko, lettuce, carrot, pepper, asparagus, and sesame.



### **Titanic 5 mcs**

**CA\$10.75**

Thon épicé, crevette tempura, concombre, laitue, et tobiko. / Spicy tuna, shrimp tempura, cucumber, lettuce, and tobiko.



### **La volaille / Poultry 5 mcs**

**CA\$9.75**

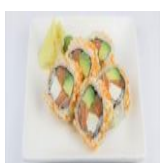
Poulet croustillant, concombre, laitue, tempura épicé, et sésame. / Crispy chicken, cucumber, lettuce, spicy tempura, and sesame.



### **Le Dragon 5 mcs**

**CA\$12.25**

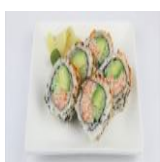
anguille, goberge, concombre, tempura, avocat, masago



### **Philly 5 mcs**

**CA\$8.95**

saumon, fromage à la crème, avocat, tempura, masago salmon, cream cheese, avocat, tempura flakes, masago



### **Californie 5 mcs**

**CA\$9.25**

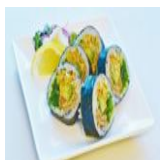
Goberge, concombre, avocat, masago, et sésame. / Pollock, cucumber, avocado, masago, and sesame.

### **Crabe alaska 5 mcs**

**CA\$8.95**

crabes des neiges, imitation de crabe (goberge), avocat, tempura, masago snow crab, imitation crab stick, avocado, tempura flakes, masago

## Menu Coupe de Thon Sushi & Poke



### Le Zen (Vege) 5 mcx

Tofu mariné, avocat, wakame, tempura, sésame

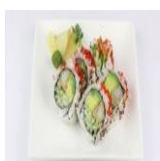
CA\$9.25



### Rainbow 5 mcx

Thon, saumon, goberge, tempura épicé, concombre, avocat, tobiko, et sésame. / Tuna, salmon, pollock, spicy tempura, cucumber, avocado, tobiko, and sesame.

CA\$12.25

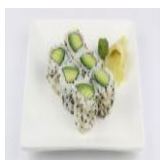


### Tempura Maki 5 mcx

Crevette tempura, concombre, avocat, et masago. / Tempura shrimp, cucumber, avocado, and masago.

CA\$9.25

## Hosomaki



### Avocat / Avocado

6 mcx. / 6 Pcs.

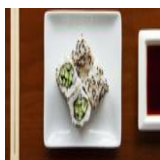
CA\$6.50



### Hosomaki au thon épicé / Spicy Tuna Hosomaki

6 mcx. / 6 Pcs. Contenir mayo et piment. Contain mayo and chili

CA\$9.00



### Hosomaki au concombre / Cucumber Hosomaki

6 mcx. / 6 Pcs.

CA\$5.50

### Hosomaki de patate douce / Sweet Potato Hosomaki

6 mcx. / 6 Pcs.

CA\$5.50

### Hosomaki au goberge / Pollock Hosomaki

6 mcx. / 6 Pcs.

CA\$6.50

## Menu Coupe de Thon Sushi & Poke



### Hosomaki au saumon / Salmon Hosomaki

6 mrx. / 6 Pcs.

CA\$8.00

### Hosomaki à la mangue / Mango Hosomaki

6 mrx. / 6 Pcs.

CA\$5.50



### Hosomaki au thon / Tuna Hosomaki

6 mrx. / 6 Pcs.

CA\$8.50



### Hosomaki au saumon épicé / Spicy Salmon Hosomaki

6 mrx. / 6 Pcs. contenir mayo et piment. Contain mayo and chili

CA\$8.50

## Breuvages / Beverages



### Fuze

Naturally flavored lemon iced tea with a refreshing citrus twist.

CA\$2.65



### Eau pétillante / Sparkling Water

Effervescent sparkling water, offering a refreshing and crisp hydration experience.

CA\$3.00



### Bouteille d Eau

A simple, refreshing bottled water.

CA\$2.00



### Coke

Carbonated soft drink with a classic cola flavor.

CA\$2.65

# Menu Coupe de Thon Sushi & Poke



## Coke Diet

Crisp and refreshing soda with zero calories.

CA\$2.65

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## Repas Chauds/ Hot dishes



## Poulet General Tao/ General tao chicken

Viande blanche frite servie avec légume, sauce maison et du riz

CA\$20.00

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## Extra

### Mayo epice

A blend of creamy mayonnaise infused with select spices to create a subtly spiced condiment, enhancing the flavors of various dishes.

CA\$1.95

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### Extra cremeuse epice

A rich, creamy sauce infused with a blend of spices, typically enhancing flavors in Japanese dishes.

CA\$1.95

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### Riz de sushi

Du riz mélangé avec du vinaigre

CA\$3.50

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### Extra siracha

A spicy condiment typically made from a blend of chili peppers, vinegar, garlic, sugar, and salt, designed to add heat and flavor.

CA\$1.95

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### Extra ginger

A supplemental serving of fresh ginger, typically used to enhance the flavor of various dishes.

CA\$1.95

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### Extra wafu

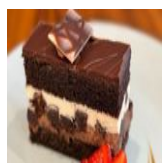
Crispy tofu served with a side of wafu dressing and a dollop of creamy sauce.

CA\$1.95

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# Menu Coupe de Thon Sushi & Poke

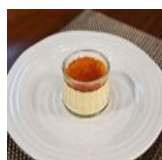
## Desserts



### Gateau chocolat

Might have nuts and dairy

CA\$6.50



### Creme Brulee

Smooth custard topped with a layer of caramelized sugar.

CA\$4.95

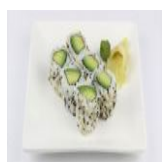
## Vegetarienne/ Vegetarian



### Maki de Jardin / Garden Maki

6 mcx. Feuille de soya, légumes tempura, riz, avocat. / 6 Pcs. Soy leaf, tempura vegetables, avocado, rice. Peut contenir mayo et sésame/ might contain mayo and sesame.

CA\$8.95



### Avocat / Avocado

6 mcx. / 6 Pcs.

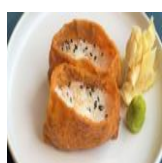
CA\$5.50



### Végétarien 5 mcx

Concombre, avocat, oshinko, laitue, carotte, poivron, asperge, et sésame. / Cucumber, avocado, oshinko, lettuce, carrot, pepper, asparagus, and sesame.

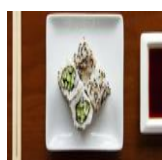
CA\$7.95



### Inari (Tofu mariné)

2 mcx Nigiri

CA\$5.95



### Hosomaki au concombre / Cucumber Hosomaki

6 mcx. / 6 Pcs.

CA\$6.00



### Soupe miso / Miso Soup

Tofu, algue, et oignon vert. / Tofu, seaweed, and green onion.

CA\$4.00

## Menu Coupe de Thon Sushi & Poke



### Souvenir (croustillant/ fried roll)

CA\$11.95

Légumes assortis et wakamé/ Veggies and wakame (vegetarienne/ Vege) Peut contenir mayo et sésame/ might contain mayo and sesame.

### Poké Paradis

CA\$17.00

Riz, tofu mariné, salade, avocat, concombre, wakamé, carotte, gingembre mariné, oignon mariné, tempura flakes, sésame servis avec sauce soya / Brown rice, marinated tofu, lettuce, avocado, cucumber, wakame, carrot, ginger, marinated onion, tempura flakes, soya sauce

### Boîte végétarienne / Vegetarian Box

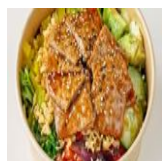
CA\$20.00

choix du chef 6 mcx de hosomaki et 10 mcx de futomaki. / 6 Pcs of hosomaki et 10 of pcs futomaki. Peut contenir mayo et sésame/ might contain mayo and sesame.

### Hosomaki à la mangue / Mango Hosomaki

CA\$4.95

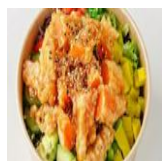
6 mcx. / 6 Pcs.



### Bol poké végé-tofu mariné / Veggie-Marinated Tofu Poke Bowl

CA\$17.00

Riz du sushi, tofu mariné, avocat, edamame, wakame, concombre, laitue, poivron, oshinko, et sésame/ Sushi rice, marinated tofu, avocado, edamame, wakame, cucumber, lettuce, pepper, oshinko, and sesame.



### Bol poké végé-patate douce / Sweet Potato-Veggie Poke Bowl

CA\$18.00

Riz du sushi, patate douce tempura, avocat, edamame, wakame, concombre, laitue, poivron, oshinko, et sésame/ Sushi rice, tempura sweet potato, avocado, edamame, wakame, cucumber, lettuce, pepper, oshinko, and sesame



### Salade jardinière / Garden Salad

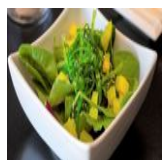
CA\$7.00

Laitue, carotte, concombre, tomate, et mangue. / Lettuce, carrot, cucumber, tomato, and mango.

### Buddha (vege) 5 mcx

CA\$7.50

tofu, oignon, poivron, shitake, avocado



### Salade wakame / Wakame Salad

CA\$8.50

Salade d'algues wakame marinées et oshinko. / Salad of marinated wakame seaweed and oshinko.

# Menu Coupe de Thon Sushi & Poke

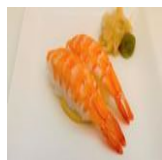
## Nigiri/ sashimi



### Saumon / Salmon

Nigiri 2 mcx/ sashimi 3 mcx

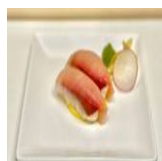
CA\$8.90



### Crevettes / Shrimp

Nigiri 2 mcx/ sashimi 3 mcx

CA\$7.75



### Hamachi

Thon à la queue jaune Nigiri 2 mcx Sashimi 3 mcx

CA\$9.44



### Masago

Nigiri 2 mcx/ sashimi 2 mcx

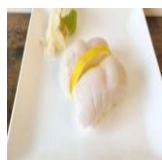
CA\$6.95



### Inari (Tofu mariné)

2 mcx Nigiri

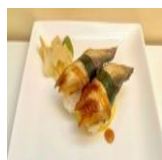
CA\$5.95



### Pétoncle / Scallop

Nigiri 2 mcx/ sashimi 3 mcx

CA\$11.95



### Anguille / Eel

Nigiri 2 mcx/ sashimi 3 mcx

CA\$8.94



### Saumon fumé / Smoked Salmon

2 mcx nigiri, 3 mcx sashimi

CA\$8.44

## Menu Coupe de Thon Sushi & Poke

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### Goberge / Pollock

2 mcx. / 2 Pcs.

CA\$6.50

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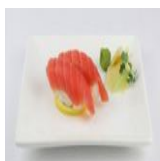


### Pieuvre / Octopus

Nigiri 2 mcx/ sashimi 3 mcx

CA\$8.44

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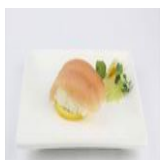


### Thon / Tuna

Nigiri 2 mcx/ sashimi 3 mcx

CA\$9.90

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### Albacore

Nigiri 2 mcx/ sashimi 3 mcx

CA\$8.44

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