



## Menu

# Jack Astor's Bar & Grill Laval

1820 Avenue Pierre-Péladeau, FA01, Laval, QC H7T 2Z1 | (450) 681-6683

## Articles en vedette

### Sauced & Tossed Chicken Fingers

26,81 \$

Fresh, signature chicken tenders breaded in-house and made to order. Served with ranch dip & sauce on the side, ready to toss at home. Comes with your choice of side.

### Naked and Afraid

22,96 \$

Fresh, signature chicken tenders breaded in-house and made to order. Served with plum sauce & your choice of side.

### Asiago Chicken Bow Ties

29,00 \$

Asiago-crusted chicken, bow-tie pasta, tossed in our creamy cheese sauce, semi-sundried tomatoes.

### 1 LB Chicken Wings

22,33 \$

Flour-dusted & deep fried. Served with your choice of sauce on the side, ready to toss at home. Comes with carrots & celery and blue cheese dip.

### 2 LB Chicken Wings

40,54 \$

Flour-dusted & deep fried. Served with your choice of sauce on the side, ready to toss at home. Comes with carrots & celery and blue cheese dip.

### Ye Olde Faithful Veggie Macho Nachos

31,07 \$

Tomato, red onion, jalapeño, nacho cheese sauce, three cheeses. Served with salsa & sour cream. (serves 2)

### Bacon Cheeseburger

27,85 \$

Bacon, American cheese, mayo, shredded iceberg, beefsteak tomato, onion.

# Menu Jack Astor's Bar & Grill Laval

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## Chicken & Goat Cheese Wrap

27,41 \$

Grilled chicken breast, iceberg, tomato, arugula, onion, garlic lemon aioli, grilled flour tortilla.

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## Holy Smoke BBQ Burger

28,84 \$

Smoked bacon, American cheese, smoky BBQ sauce, crispy fried onions, pickled jalapeño peppers, hickory mayo.

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## Cheeseburger

25,61 \$

American cheese, mayo, shredded iceberg, beefsteak tomato, onion.

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## Steak Frites

44,74 \$

10oz AAA NY striploin aged 28 days and served with russet fries, au jus

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## Chicken Fingers Kids

13,98 \$

Crispy chicken fingers with plum sauce and your choice of side.

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## Ye Olde Faithful Beef Macho Nachos

34,22 \$

Taco beef, tomato, red onion, jalapeño, nacho cheese sauce, three cheeses. Served with salsa & sour cream. (serves 2)

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## New York Truffle Striploin

53,73 \$

10oz NY striploin, blend of Bothwell's Black truffle cheese, semi sundried tomatoes, caramelized onion, roasted cremini mushrooms.

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## Hunter's Chicken

36,90 \$

Grilled double boneless chicken breast, roasted cremini mushrooms, roasted smashed potato, spiced truffle sauce with seasonal vegetables.

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## Fish Tacos

27,15 \$

Haddock, vodka soda batter, shredded cabbage, cilantro, Pico de Gallo, chipotle aioli, green onion.

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# Menu Jack Astor's Bar & Grill Laval

## Mexican Chicken Bowl

29,33 \$

Grilled chicken, avocado, cheddar cheese, pickled red onion, black beans, corn, tomatoes, dirty rice, salsa verde, tortilla chips, chipotle mayo, creamy lime dressing, habanero spice, fresh cilantro.

## Chicken Parmigiana

31,64 \$

Breaded chicken, tomato sauce, smoked mozzarella, linguine, creamy cheese sauce.

## Steak & Blue Cheese Salad

32,76 \$

Mixed greens, blue cheese, cucumbers, grape tomatoes, pickled red onion, smoked bacon, 6oz grilled steak, croutons, blue cheese & Dijon dressing.

## Cutlery and Condiments

We're eating with our hands and reducing waste with our 100% sustainable Bamboo Cutlery. Please only request these single use items if absolutely necessary.

### Condiments

0,00 \$

Need condiments? Condiments regularly served with the menu items in your order will be included.

### Bamboo Cutlery

0,28 \$

Would you like to add any bamboo cutlery sets to your order?

## JACK'D Up Sauce

Life's Better Jack'd Up

### JACK'D UP : HABANERO

13,44 \$

We've partnered with our friends at "Dawson's Hot Sauce", to create a habanero hot sauce - inspired by the flavours of Jack's. An approachable, spicy, sweet and refreshing sauce, you'll love it on and in anything! We like it all natural, with ingredients you can actually pronounce - Red Peppers, Habanero Peppers, Extra Virgin Olive Oil, White Vinegar, Garlic, Onion, Red Wine, Brown Sugar, Maple Syrup, Cayenne Pepper & Sea Salt. (155mL, Heat Scale - 5/10) #JackdUpSauce

## At Home Meal Kits

Skip the groceries and make signature items from scratch - it's FUN and delicious. Kits include only the freshest, restaurant quality ingredients.

### DIY Macho Nachos Kit for 4

27,98 \$

Our signature Macho Nachos-family sized. Build your own at home! We provide all of the fresh ingredients - you just build, bake & enjoy. Comes with recipe card.

# Menu Jack Astor's Bar & Grill Laval

## Bundles

### Dinner for 4 or Dinner & Leftovers

89,59 \$

It's dinner for the gang or dinner today & lunch tomorrow- you decide.

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### Jack's in a Box: Dinner for 4

72,79 \$

Let's be honest. You just can't fry 'em up the same way at home. Signature items that have made us famous for 30 years.

## Starters

### Ye Olde Faithful Veggie Macho Nachos

31,07 \$

Tomato, red onion, jalapeño, nacho cheese sauce, three cheeses. Served with salsa & sour cream. (serves 2)

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### Asian Wonton Nachos

19,01 \$

Crisp wontons, monterey jack, cheddar, mozzarella, red pepper, onion, lime cream, sriracha garlic, hoisin, white and black sesame, cilantro.

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### Ye Olde Faithful Beef Macho Nachos

34,22 \$

Taco beef, tomato, red onion, jalapeño, nacho cheese sauce, three cheeses. Served with salsa & sour cream. (serves 2)

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### Lobster and Crab Dip

25,73 \$

Atlantic lobster and crab meat, cream cheese, sautéed mushrooms, peppers, onions, nacho chips, pita triangles. (Serves 2)

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### Appetizer Caesar Salad

8,95 \$

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### Fresh Guacamole

18,20 \$

Crushed avocado, lime, cilantro, topped with fresh chopped avocado, tomato, red onion. (Serves 2)

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# Menu Jack Astor's Bar & Grill Laval

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## Fresh-Baked Cheese Garlic Pan Bread

14,54 \$

Smell that? We bake a fresh new batch every day! Fresh from the oven topped with Parmesan garlic butter and melted three-cheese blend. (Serves 2)

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## Sweet Potato Fries

12,30 \$

Chipotle mayo dip.

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## Fresh-Baked Garlic Pan Bread

12,30 \$

Smell that? We bake a fresh new batch every day! Fresh from the oven topped with Parmesan garlic butter. (Serves 2)

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## Appetizer House Salad

8,95 \$

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## Truffle Fries & Dip

12,30 \$

100% Canadian russet fries, truffle oil, Parmesan cheese, parsley, roasted garlic dip.

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## Thick-Cut Bruschetta

20,55 \$

Roma tomatoes, red onion, roasted garlic, feta, Parmesan, lemon garlic aioli, balsamic glaze. (Serves 2)

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## Ye Olde Faithful Chicken Tinga Macho Nachos

34,99 \$

Chicken, tomato, red onion, jalapeño, nacho cheese sauce, three cheeses. Served with salsa & sour cream. (serves 2)

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## Classic Poutine

17,68 \$

Fries, Quebec cheese curds, beef gravy.

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## Fully Loaded Poutine

18,80 \$

Fries, Quebec cheese curds, crispy bacon, gravy, cheddar, sour cream. (Serves 2)

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# Menu Jack Astor's Bar & Grill Laval

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## Fish Tacos - Two Tacos

18,20 \$

Haddock, vodka soda batter, shredded cabbage, cilantro, Pico de Gallo, chipotle aioli, green onion.

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## Street Chicken Taco - Two Tacos

18,20 \$

Roasted Achiote chicken, shredded cabbage, cheddar cheese, Pico de Gallo, green onion, chipotle aioli, honey lime vinaigrette, cilantro.

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## Calamari

23,49 \$

Hand-breaded calamari, fresh dill, jalapeños, onions, roasted garlic aioli.

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## Spinach & Artichoke Dip

23,74 \$

Feta, Parmesan, mozzarella, goat cheese and cream cheese blended with spinach and artichokes. Served with nacho chips.

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## Jack's Chicken

Jack's world famous fresh never frozen chicken fingers and wings.

### Naked and Afraid

22,96 \$

Fresh, signature chicken tenders breaded in-house and made to order. Served with plum sauce & your choice of side.

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### Sauced & Tossed Chicken Fingers

26,81 \$

Fresh, signature chicken tenders breaded in-house and made to order. Served with ranch dip & sauce on the side, ready to toss at home. Comes with your choice of side.

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### 1 LB Chicken Wings

22,33 \$

Flour-dusted & deep fried. Served with your choice of sauce on the side, ready to toss at home. Comes with carrots & celery and blue cheese dip.

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### 2 LB Chicken Wings

40,54 \$

Flour-dusted & deep fried. Served with your choice of sauce on the side, ready to toss at home. Comes with carrots & celery and blue cheese dip.

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# Menu Jack Astor's Bar & Grill Laval

## Handhelds

All our burgers are fresh, never frozen, ground beef smashed on a griddle at 450°F for maximized caramelization and juiciness. All Handhelds + Tacos come with your choice of standard side. Substitute a Gluten-Friendly bun (130 Cals) for +1.00.

**Crispy Chicken Sandwich** **26,52 \$**

Fresh baked potato bun, pickles, shredded lettuce, mayo.

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**Chicken Clubhouse Sandwich** **27,93 \$**

Grilled skin-on chicken, bacon, cheddar, tomato, chipotle mayo, onion, arugula, Italian focaccia.

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**Buffalo Chicken Sandwich** **28,32 \$**

Fresh fried chicken, potato bun, Buffalo sauce, shredded lettuce, blue cheese sauce.

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**Chicken & Goat Cheese Wrap** **27,41 \$**

Grilled chicken breast, iceberg, tomato, arugula, onion, garlic lemon aioli, grilled flour tortilla.

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**Hold the Beef** **27,16 \$**

Meatless, gluten-free black bean patty, goat cheese, marinated tomatoes, red onion, fresh arugula, roasted garlic lemon aioli.

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**Cheeseburger** **25,61 \$**

American cheese, mayo, shredded iceberg, beefsteak tomato, onion.

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**The OB (Original Boring) Burger** **23,44 \$**

Shredded iceberg, beefsteak tomato, red onion, pickle, mayo.

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**Bacon Cheeseburger** **27,85 \$**

Bacon, American cheese, mayo, shredded iceberg, beefsteak tomato, onion.

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# Menu Jack Astor's Bar & Grill Laval

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## Holy Smoke BBQ Burger

28,84 \$

Smoked bacon, American cheese, smoky BBQ sauce, crispy fried onions, pickled jalapeño peppers, hickory mayo.

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## Mushroom Truffle Cheeseburger

30,12 \$

Blend of creamy Bothwell's black truffle cheese, roasted cremini mushrooms, caramelized onion, semi-sundried tomatoes, arugula, green onion, tarragon, mayo.

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## Street Chicken Tacos

27,15 \$

Roasted Achiote chicken, shredded cabbage, cheddar cheese, Pico de Gallo, green onion, chipotle aioli, honey lime vinaigrette, cilantro.

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## Fish Tacos

27,15 \$

Haddock, vodka soda batter, shredded cabbage, cilantro, Pico de Gallo, chipotle aioli, green onion.

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## Greens & Bowls

ADD to any Salad or Bowl; Grilled Chicken with herb oil or Sweet & Spicy Tofu for +5.97. Add Asiago Crusted Chicken (+190 Cals) for +6.97 or Grilled 6oz Flat Iron Steak for +9.99

## Thai Coconut Curry Chicken Bowl

31,34 \$

Sautéed chicken, seasoned jasmine rice, yellow Thai coconut curry sauce, roasted turmeric cauliflower, sweet potato, carrot, cucumber, miso dressing, green onion, sesame seeds, peanuts, cilantro, fried taro root. (Gluten-friendly)

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## Chicken Pad Thai

29,05 \$

Sautéed chicken, thai rice noodles, egg, sautéed red peppers, onions, bean sprouts, peanut tamarind sauce, green onion, peanuts, cilantro. (Gluten-friendly)

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## Miso Glazed Salmon

34,71 \$

Grilled Atlantic salmon, quinoa, avocado, roasted turmeric cauliflower, grape tomatoes, pickled red onion, fresh arugula, seasoned jasmine rice, miso dressing, sesame seeds. (Gluten-friendly)

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## Epic Asiago Chicken Caesar

27,61 \$

Asiago-crusted chicken breast, crisp romaine, iceberg, creamy Caesar dressing, bacon, croutons, onion chips, shaved Parmesan, garlic toasted baguette.

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# Menu Jack Astor's Bar & Grill Laval

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## Buddha Salad

23,80 \$

Arugula, mixed greens, quinoa, cucumber, green apple, strawberries, dried fruit and nut blend, goat cheese, honey Dijon vinaigrette.

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## Fiesta Salad

23,80 \$

Mixed greens, arugula, avocado, black beans, corn, grape tomatoes, pickled red onion, salsa verde, crispy corn tortillas, feta cheese, creamy lime dressing.

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## Tuna Poké Salad

31,96 \$

Chili citrus marinated ahi tuna poké, arugula, cilantro, cabbage, cucumber, grape tomatoes, carrots, pickled red onions, apple, avocado, crispy onions, roasted peanuts, sesame seeds, fried taro root, sesame chili dressing.

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## Mexican Chicken Bowl

29,33 \$

Grilled chicken, avocado, cheddar cheese, pickled red onion, black beans, corn, tomatoes, dirty rice, salsa verde, tortilla chips, chipotle mayo, creamy lime dressing, habanero spice, fresh cilantro.

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## Apple & Kale Chicken Salad

28,28 \$

Fresh kale, grilled chicken, goat cheese, sliced apples, spicy pecans, dried cranberries, pickled red onion, Dijon dressing.

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## Steak & Blue Cheese Salad

32,76 \$

Mixed greens, blue cheese, cucumbers, grape tomatoes, pickled red onion, smoked bacon, 6oz grilled steak, croutons, blue cheese & Dijon dressing.

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## Mains

Signature mains and hand-crafted original bowls with fresh, vibrant ingredients.

### Asiago Chicken Bow Ties

29,00 \$

Asiago-crusted chicken, bow-tie pasta, tossed in our creamy cheese sauce, semi-sundried tomatoes.

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### Chicken Parmigiana

31,64 \$

Breaded chicken, tomato sauce, smoked mozzarella, linguine, creamy cheese sauce.

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# Menu Jack Astor's Bar & Grill Laval

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## Hunter's Chicken

36,90 \$

Grilled double boneless chicken breast, roasted cremini mushrooms, roasted smashed potato, spiced truffle sauce with seasonal vegetables.

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## Classic New York

48,13 \$

10oz AAA NY striploin aged 28 days and served with seasonal vegetables, baked potato.

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## The Memphis

52,61 \$

10oz NY striploin, cremini mushrooms, crispy fried onions, seasonal vegetables, baked potato, au jus.

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## Steak Frites

44,74 \$

10oz AAA NY striploin aged 28 days and served with russet fries, au jus

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## New York Truffle Striploin

53,73 \$

10oz NY striploin, blend of Bothwell's Black truffle cheese, semi sundried tomatoes, caramelized onion, roasted cremini mushrooms.

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## Cacio e Pepe Cheese Tortellini

30,52 \$

Large cheese stuffed fresh made tortellini, cacio e pepe sauce, grated pecorino cheese, peas and onions.

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## Crispy Buffalo Chicken Mac & Cheese

29,39 \$

Creamy gruyere and cheddar cheese, macaroni, tossed & sauced chopped chicken finger, sweet drop peppers, Jack's Medium sauce, onions, roasted garlic and Parmesan bread crumbs.

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## Desserts

### Chocolate Peanut Butter Cheesecake

12,30 \$

A rich chocolate peanut butter cheesecake with mini chocolate peanut butter cups and chocolate chunks throughout, chocolate sauce, roasted peanuts, whipped cream. (760 Cals; Serves 2)

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## Menu Jack Astor's Bar & Grill Laval

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### Chocolate Malted Brownie

13,42 \$

Warm iced chocolate brownie, chocolate sauce, caramel sauce, malted cream sauce, malted chocolates.

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### Lemon Blueberry Tart

12,30 \$

House-made lemon blueberry tart, lemon streusel, whipped cream, fresh blueberries.

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### My Cookie Ate Your Brownie

8,42 \$

A warm chocolate brownie stuffed inside a large house-baked chocolate chip cookie.

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## Kids Menu

### Chicken Fingers Kids

13,98 \$

Crispy chicken fingers with plum sauce and your choice of side.

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### Chicken Wings

13,98 \$

Chicken wings coated in BBQ sauce with carrot, celery and a ranch dip and your choice of side.

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### Burger

13,98 \$

Premium beef burger, your choice of side.

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### Kids Sauced-up Fingers

14,54 \$

Crispy chicken fingers tossed in wing sauce and your choice of side.

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### Cheesy Sauce Jack's Pasta

11,74 \$

Bow-tie pasta tossed in tomato sauce, cheese sauce, or butter with parmesan cheese.

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# Menu Jack Astor's Bar & Grill Laval

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## Cheese Pita Pit-Za

11,74 \$

Pita bread topped with tomato sauce and blend of cheese. Served with your choice of side.

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## Tomato Sauce Jack's Pasta

11,74 \$

Bow-tie pasta tossed in tomato sauce, cheese sauce, or butter with parmesan cheese.

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## Butter with Parmesan Cheese Jack's Pasta

11,74 \$

Bow-tie pasta tossed in tomato sauce, cheese sauce, or butter with parmesan cheese.

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## Cheeseburger

15,85 \$

Cheeseburger grilled and served on a toasted classic burger bun with your choice of side.

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## Sides

### Side Fries

4,45 \$

100% Canadian russet fries.

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### Classic Poutine

11,17 \$

100% Canadian russet fries, Quebec cheese curds, beef gravy.

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### Side of Beef Gravy

1,67 \$

### Side Seasonal Vegetables

4,45 \$

Green beans and red pepper.

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## Menu Jack Astor's Bar & Grill Laval

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### Non-Alcoholic Drinks

Ginger Ale 2,23 \$

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Iced Tea 2,23 \$

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Coke Zero 2,23 \$

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Sprite 2,23 \$

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Diet Coke 2,23 \$

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Large Still Water 7,56 \$

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Small Still Water 5,04 \$

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Tonic Water 2,23 \$

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## Menu Jack Astor's Bar & Grill Laval

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### Corona Sunbrew Corona Cero Non-Alcoholic

6,66 \$

330 mL, 0.0% ABV Non-Alcoholic Beer

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### Small Sparkling Water

5,04 \$

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### Large Sparkling Water

7,56 \$

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### Corona Sunbrew - 6 Pack Corona Cero Non-Alcoholic

39,98 \$

330 mL, 0.0% ABV Non-Alcoholic Beer

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### Dad's Root Beer

5,12 \$

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### Coke

2,23 \$

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### Club Soda

2,23 \$

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