

Menu

Pokai

5147a Chemin De La Côte-Des-Neiges, Montréal, QC H3T | (514) 344-3031

Poké / Poke

Poké au Saumon / Salmon Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poké mix / Mix Poke

24,00 \$

Salade mixte, mangue, pomme, wakame, kimchi, avocat, edamame, oeuf, carotte, poireau et sauce poké.
/ Mixed salad, mango, apple, wakame, kimchi, avocado, edamame, egg, carrot, leek and poké sauce.

Poké au thon / Tuna Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poké Unagi / Unagi Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poké au Poulet Grillé / Grilled Chicken Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poké aux Crevettes Tempura / Tempura Shrimp Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poké au Shitake Champignon / Shitake Mushroom Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

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Poké Tofu / Tofu Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poké aux Crevette Grillée / Grilled Shrimp Poke

21,00 \$

Riz Blanc, Salade Mixte, Mangue, Pomme, Wakame, Kimchi, Avocat, Edamame, Oeuf, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Rice, Mixed Salad, Mango, Apple, Wakame, Kimchi, Avocado, Edamame, Egg, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poké Triple Mélange / Triple Mix Poke

27,00 \$

Salade mixte, mangue, pomme, wakame, kimchi, avocat, edamame, oeuf, carotte, poireau et sauce poké. / Mixed salad, mango, apple, wakame, kimchi, avocado, edamame, egg, carrot, leek and poké sauce.

Bol Spécial

Unagi Lover

21,00 \$

Unagi (Anguille), Riz Blanc, Wakame, Edamame, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Unagi (Eel), Rice, Wakame, Edamame, Carrot, Cucumber & Homemade Poké Sauce (All included)

Poke Bol Saumon

25,00 \$

Saumon, Avocat, Carotte, Mangue, Edamame, Salade Mixte, Sésame & Ouf / Salmon, Avocado, Carrot, Mango, Edamame, Mixed Greens, Sesame & Egg

Salade Mixte / Mixed Salad

Salade Mixte Tofu / Tofu Mixed Salad

21,00 \$

Salade Mixte, Mangue, Pomme, Avocat, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Mixed Salad, Mango, Apple, Avocado, Carrot, Cucumber & Homemade Poké Sauce (All included)

Salade Mixte Saumon / Salmon Mixed Salad

21,00 \$

Salade Mixte, Mangue, Pomme, Avocat, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Mixed Salad, Mango, Apple, Avocado, Carrot, Cucumber & Homemade Poké Sauce (All included)

Salade Mixte Thon/ Tuna Mixed Salad

21,00 \$

Salade Mixte, Mangue, Pomme, Avocat, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Mixed Salad, Mango, Apple, Avocado, Carrot, Cucumber & Homemade Poké Sauce (All included)

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Salade Mixte Crevette / Shrimp Mixed Salad

21,00 \$

Salade Mixte, Mangue, Pomme, Avocat, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Mixed Salad, Mango, Apple, Avocado, Carrot, Cucumber & Homemade Poké Sauce (All included)

Salade Mixte Poulet / Chicken Mixed Salad

21,00 \$

Salade Mixte, Mangue, Pomme, Avocat, Carotte, Concombre & Sauce Poké Maison (Tout inclus) / Mixed Salad, Mango, Apple, Avocado, Carrot, Cucumber & Homemade Poké Sauce (All included)

Banh Mi / Sandwich

Bánh mì au Porc Vietnamien / Special Vietnamese Pork Bánh mì

11,50 \$

Carotte, coriandre, concombre, mayonnaise & sauce maison / Carrot, Coriander, Cucumber, Mayonnaise & Homemade Sauce

Bánh mì au Poulet / Chicken Bánh mì

11,50 \$

Carotte, coriandre, concombre, mayonnaise & sauce maison / Carrot, Coriander, Cucumber, Mayonnaise & Homemade Sauce

Bánh mì au Tofu / Tofu Bánh mì

11,50 \$

Carotte, coriandre, concombre, mayonnaise & sauce maison / Carrot, Coriander, Cucumber, Mayonnaise & Homemade Sauce

Rouleaux de Printemps / Spring Rolls

Crevettes Rouleaux de Printemps / Spring Roll Shrimp

10,00 \$

Salade Mixte, Carotte, Mangue, Pomme, Riz & Crevette / Mixed Salad, Carrot, Mango, Apple, Rice & Shrimp

Poulet Rouleaux de Printemps / Spring Roll Chicken

10,00 \$

Salade Mixte, Carotte, Mangue, Pomme, Riz & Poulet / Mixed Salad, Carrot, Mango, Apple, Rice & Chicken

Tofu Rouleaux de Printemps / Spring Roll Tofu

10,00 \$

Salade Mixte, Carotte, Mangue, Pomme, Riz & Tofu / Mixed Salad, Carrot, Mango, Apple, Rice & Tofu

Boissons / Drinks

Fuze 2,50 \$

Canada Dry Ginger Ale 2,50 \$

Bubly (Eau Gazeuse / Sparkling Water) 2,50 \$

Coca Cola Zero 2,50 \$

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