

## Menu

# Maman Sady Restaurant

1800 Avenue De L'Église, 1, Montreal, NAMER H4E 1G8 | (514) 765-0000

## Main

### Lamb Shank (Mahicheh)

37,00 \$

Lamb shank stewed to perfection served with fava dill rice.

### Meigoo Polow

30,00 \$

Marinated shrimp served with special herb, walnut and raisin rice.

### Gheimeh Nesar

31,00 \$

Traditional Persian beef stew with saffron rice, barberry, pistachio, almond and orange zest.

### Fesenjoon

28,00 \$

A rich Persian stew of slow-cooked chicken in a walnut and pomegranate sauce, served with saffron rice.

### Ghormeh Sabzi

41,00 \$

Traditional Persian herb stew with fenugreek, kidney beans, and dried lime.

## Kebab

### Saffron Chicken Kebab

28,00 \$

Boneless chicken breast marinated in saffron, mayonnaise sauce, lemon juice and special spices served with rice and grilled tomato.

### Koobideh Kebab

26,00 \$

Two skewers of specially spiced minced beef served with rice and grilled tomato.

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## Guilan Torsh Beef Kebab

47,00 \$

Marinated tenderloin with walnuts, pomegranate paste, olive oil, special spices and guilan local herbs served with rice and grilled tomato.

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## Vaziri Kebab

34,00 \$

A skewer of chicken breast and a skewer of koobideh served with rice and grilled tomato.

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## Koobideh Sandwich

18,00 \$

A skewer of Koobideh with tomato, onion and special herbs in a grilled pita bread

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## Chenjeh Kebab

43,00 \$

Chunks of beef tenderloin marinated onion juice, garlic, mayonnaise and spices, grilled to perfection, served with rice and grilled tomatoes.

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## Barg Kebab

45,00 \$

Slices of veal tenderloin marinated with saffron, onion juice, and spices, grilled to perfection, served with saffron rice and grilled tomatoes.

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## Soltani Kebab

54,00 \$

One skewer of barg kebab and one skewer of koobideh, grilled to perfection, served with saffron rice and grilled tomatoes.

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## Sandwichs

### Koobideh Sandwich

18,00 \$

A skewer of Koobideh with tomato, onion and special herbs in a grilled pita bread

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## Extra

### Special Herb Rice (Sabzi Polow)

12,00 \$

Flavourful rice dish infused with herbs.

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## Fava Dill Rice (Baghali Polow)

13,00 \$

Dill and fava bean rice (Baghali Polow) with a piece of crispy tahdig.

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## Saffron Rice

8,00 \$

Fragrant rice infused with saffron.

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## Saffron Barberry Rice (Zereshk Polow)

10,00 \$

Flavourful rice dish infused with saffron and barberry.

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## Koobideh Kebab (One Skewer)

14,00 \$

One skewer of Persian-style grilled ground meat (koobideh).

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## Saffron Chicken Kebab (One Skewer)

24,00 \$

Tender chicken skewer infused with saffron.

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## Side

### Mirza Ghasemi (1 LB)

16,00 \$

Grilled eggplant puree with egg, garlic and tomato.

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### Mast Bademjoon

9,00 \$

Grilled eggplant with yogurt, garlic and walnut.

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### Mast Moosir

8,00 \$

Yogurt with Persian diced shallots.

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## Zeytoon Parvarde

12,00 \$

Green olives marinated in pomegranate and walnut sauce.

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## Olive Salad

11,00 \$

Lettuce, tomato, cucumber with olive and feta cheese dressing.

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## Sir Torshi

5,00 \$

Traditional Persian pickled vegetables.

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## Spicy Mixed Pickled Vegetables (Torshi)

6,00 \$

Traditional Persian pickled vegetables.

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## Soup (1 LB)

12,00 \$

A rich and creamy traditional Persian soup with oats, milk, cream, chicken breast, carrots and special herbs

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## Kashk-O-Bademjoon (1 LB)

18,00 \$

Fried eggplant puree, whey, garlic, walnuts, and peppermint.

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## Dessert

### Homemade Cheesecake Baklava

13,00 \$

Creamy cheesecake layered with flaky baklava pastry, offering a delightful blend of textures and flavors.

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### Shol-e-zard

9,00 \$

Traditional Persian desert made with rice, saffron, rose water, cinnamon, almond and sugar.

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## Beverages

**Water** 2,50 \$

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**Coca-Cola** 4,00 \$

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**Pepsi** 4,00 \$

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**Sprite** 4,00 \$

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**Canada Dry** 4,00 \$

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**Coke Diet** 4,00 \$

A crisp, sugar-free cola beverage.

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**Yogurt Drink(Dough)- ABALI** 5,00 \$

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**Yogurt Drink (Dough)- AYRAN** 5,00 \$

A refreshing yogurt-based drink.

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## Istak (Lemon)

Lemon Beverage

6,00 \$

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## Istak (Pineapple)

Pineapple beverage

6,00 \$

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## Istak (Peach)

Peach beverage

6,00 \$

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## Istak (Apple)

Apple beverage

6,00 \$

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## Istak (Tropical Fruits)

Tropical fruits beverage

6,00 \$

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## BARBICAN (Pineapple)

Pineapple beverage

6,00 \$

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## Apple Juice (Oasis)

Apple juice

5,00 \$

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## Fanta (Pineapple)

4,00 \$

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