



Menu

Pain toasté

1310 Avenue Laurier Est, Montréal, NAMER H2J 1H3 | (514) 526-5111

Les Oufs / The Eggs

Plus Crêpes & Pain Doré / More Crêpes & French Toast

16,45 \$

2 Oufs, 1 viande, Crêpe & pain doré et 1 ouf, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / 2 Eggs, 1 meat, Crepe & French toast and 1 egg, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Plus Crêpes ou Gaufre / More Crepes or Waffles

20,25 \$

2 Oufs, 2 Viandes, Crêpe ou gaufre, garnie de bananes, coulis de petits fruits & choco-noisette, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / 2 Eggs, 2 Meats, Crepe or waffle, garnished with bananas, berry coulis & choco-hazelnut, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

3 Par 3 / 3 By 3

20,25 \$

3 Oufs, 3 viandes, 3 rôties, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / 3 Eggs, 3 meats, 3 roasts, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Brouilles / Scrambles

20,25 \$

2 Oufs brouillés au pesto & cheddar ou aux épinards & cheddar, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / 2 Scrambled eggs with pesto & cheddar or spinach & cheddar, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Poutine Déjeuner / Breakfast Poutine

24,00 \$

Patates rissolées, bacon, saucisses, légumes, fromage, cheddar, bacon, ouf sur pain de miche 2 oeufs pochés, sauce poutine ou hollandaise, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Hash browns, bacon, sausages, vegetables, cheese, cheddar, bacon, egg on loaf bread 2 poached eggs, poutine or hollandaise sauce, served with fresh fruit, hash browns & toast (except breakfast poutine) and coffee or tea.

Plus Crêpes aux Fruits / More Fruit Crepes

16,45 \$

2 Oufs, 1 Viande, Crêpe garnie de fruits frais et 1 ouf, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / 2 Eggs, 1 Meat, Crepe topped with fresh fruit and 1 egg, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Spécial Toasteur / Special Toaster

21,50 \$

2 Oeufs, 2 viandes, fèves au lard, crêpe & pain doré, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / 2 Eggs, 2 meats, baked beans, crepe & French toast, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

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Les Sandwichs Matin / Morning Sandwiches

Bénédictine aux Avocats, Bacon et Cheddar

24,00 \$

Avocado, crispy bacon, and melted cheddar on toasted bread.

Wrap au poulet avec salade et patate

24,00 \$

Tender chicken, crisp salad, and potato in a wrap.

Club Déjeuner / Lunch Club

21,50 \$

Ouf, bacon, cheddar, laitue, tomates, maya, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Egg, bacon, cheddar, lettuce, tomatoes, maya, served with fresh fruit, hash browns & roasts (except poutine for breakfast) and coffee or tea.

Bagel Saumon Fumé / Smoked Salmon Bagel

24,00 \$

Bagel, fromage à la crème, saumon fumé, oignon rouges, câpres, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Bagel, cream cheese, smoked salmon, red onions, capers, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Fromage Grillé de Luxe / Grilled-Cheese deLuxe

18,95 \$

Cheddar, bacon, ouf sur pain de miche, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Cheddar, bacon, egg on loaf bread, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Fromage Grillé / Grilled-Cheese

16,45 \$

Accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Accompanied by fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Sandwich Wester / Wester Sandwich

20,25 \$

Oufs brouillés, poivrons, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Scrambled eggs, peppers, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Club Saumon Fumé / Smoked Salmon Club

24,00 \$

Saumon fumé, fromage à la crème, oignons rouge, tomates, concombres, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Smoked salmon, cream cheese, red onions, tomatoes, cucumbers, served with fresh fruit, hash browns & roasts (except poutine for breakfast) and coffee or tea.

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Croque Déjeuner / Lunch Croque

21,50 \$

Ouf, jambon, cheddar, laitue, tomates sur muffin anglais, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Egg, ham, cheddar, lettuce, tomatoes on an English muffin, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Blt

16,45 \$

Bacon, laitue, tomates, mayo, accompagnés de fruits frais, patates rissolées & rôties (excepté poutine déjeuner) et café ou the. / Bacon, lettuce, tomatoes, mayo, served with fresh fruit, hash browns & roasts (except breakfast poutine) and coffee or tea.

Bénédictine Brocolet, Saucisse, Bacon, Jombon, et Cheddar

24,00 \$

Breakfast sandwich with Benedictine (Hollandaise-style) sauce, broccoli, sausage, bacon, ham, and cheddar.

Classique / Classic

2 Oufs, 2 Viandes / 2 Eggs, 2 Meats

17,70 \$

Two eggs paired with two meats.

1 Oufs, 1 Viandes / 1 Eggs, 1 Meats

12,65 \$

Eggs paired with a selection of meats.

1 Oufs, 2 Viandes / 1 Eggs, 2 Meats

16,45 \$

Eggs paired with two meats, a classic combination.

2 Oufs, 1 Viandes / 2 Eggs, 1 Meats

13,90 \$

Two eggs paired with a choice of meat.

2 Oufs / 2 Eggs

11,40 \$

Two eggs, served simply.

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Les Omelettes / Omelettes

Simplement Légumes / Simply Vegetables

21,50 \$

Fromage et choix de légumes : champignons, épinards, tomates, poivrons, oignons, accompagnés de fruits frais, patates rissolées et café ou thé. / Cheese and choice of vegetables: mushrooms, spinach, tomatoes, peppers, onions, served with fresh fruit, hash browns and coffee or tea.

Champêtre / Champetre

21,50 \$

Saucisse, champignons, fromage, accompagnés de fruits frais, patates rissolées et café ou thé. / Sausage, mushrooms, cheese, accompanied by fresh fruit, hash browns and coffee or tea.

Grecque / Greek

21,50 \$

Feta, tomates, olives, pesto, accompagnés de fruits frais, patates rissolées et café ou thé. / Feta, tomates, olives, pesto, served with fresh fruit, hash browns and coffee or tea. / Feta, tomates, olives, pesto, served with fresh fruit, hash browns and coffee or tea. / Feta, tomates, olives, pesto, served with fresh fruit, hash browns and coffee or tea.

Occidentale / Western

21,50 \$

Poivrons, oignons rouges, jambon, fromage, accompagnés de fruits frais, patates rissolées et café ou thé. / Peppers, red onions, ham, cheese, served with fresh fruit, hash browns and coffee or tea.

Campagnarde / Country

21,50 \$

Jambon, asperges, fromage, accompagnés de fruits frais, patates rissolées et café ou thé. / Ham, asparagus, cheese, served with fresh fruit, hash browns and coffee or tea.

Saumon Fumé / Smoked Salmon

24,00 \$

Saumon fumé, oignons rouges, hollandaise, accompagnés de fruits frais, patates rissolées et café ou thé. / Smoked salmon, red onions, hollandaise, served with fresh fruit, hash browns and coffee or tea.

Fromage / Cheese

15,20 \$

Rich and creamy cheese omelette.

Omelette au Pesto, Bacon et Cheddar

24,00 \$

Flavourful omelette filled with pesto, crispy bacon, and melted cheddar.

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Les Benés / The Benés

Traditionnelle / Traditional

21,50 \$

Jambon, cheddar, hollandaise, accompagnés de fruits frais, patates rissolées et café ou the, servis sur muffin anglais. / Ham, cheddar, hollandaise, served with fresh fruit, hash browns and coffee or tea, served on an english muffin.

Forestier / Forest

21,50 \$

Champignons, suisse, hollandaise, accompagnés de fruits frais, patates rissolées et café ou the, servis sur muffin anglais. / Mushrooms, Swiss, Dutch, accompanied by fresh fruit, hash browns and coffee or tea, served on an English muffin.

Saumon Fumé / Smoked Salmon

24,00 \$

Saumon fumé, oignons rouges, hollandaise, accompagnés de fruits frais, patates rissolées et café ou the, servis sur muffin anglais. / Smoked salmon, red onions, hollandaise, served with fresh fruit, hash browns and coffee or tea, served on an english muffin.

Asperges / Asparagus

22,75 \$

Asperges, cheddar, hollandaise, accompagnés de fruits frais, patates rissolées et café ou the, servis sur muffin anglais. / Asparagus, cheddar, hollandaise, served with fresh fruit, hash browns and coffee or tea, served on an English muffin.

Florentine

21,50 \$

Épinards, cheddar, hollandaise, accompagnés de fruits frais, patates rissolées et café ou the, servis sur muffin anglais. / Spinach, cheddar, hollandaise, served with fresh fruit, hash browns and coffee or tea, served on an english muffin.

Grecque / Greek

22,75 \$

Feta, tomates, olives, pesto, accompagnés de fruits frais, patates rissolées et café ou the, servis sur muffin anglais. / Feta, tomatoes, olives, pesto, served with fresh fruit, hash browns and coffee or tea, served on an english muffin.

Végé / Vegetarian

22,75 \$

Tofu grillé, suisse, épinards, tomates, hollandaise, accompagnés de fruits frais, patates rissolées et café ou the, servis sur muffin anglais. / Grilled tofu, swiss, spinach, tomatoes, hollandaise, served with fresh fruit, hash browns and coffee or tea, served on an english muffin.

Les Sucrées / The Sweet

Erable / Maple

17,70 \$

2 Crêpes & sirop d'érable, accompagnées de fruits frais et café ou thé avec rissolées. / 2 Pancakes & maple syrup, served with fresh fruit and coffee or tea with hash browns.

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Pomme D'amour / Love Apple

20,25 \$

Pommes, cannelle & sirop d'érable, sautées a la poêle, accompagnées de fruits frais et café ou thé avec rissolées. / Apples, cinnamon & maple syrup, sautéed in a pan, accompanied by fresh fruit and coffee or tea with hash browns.

Royale / Royal

20,25 \$

Banane, coulis de petits fruits, choco-noisette, accompagnées de fruits frais et café ou thé avec rissolées. / Banana, berry coulis, choco-hazelnut, served with fresh fruit and coffee or tea with hash browns.

Fruitée / Fruity

21,50 \$

Salade de fruits frais, choco noisette ou sirop d'érable, accompagnées de fruits frais et café ou thé avec rissolées. / Fresh fruit salad, hazelnut chocolate or maple syrup, served with fresh fruit and coffee or tea with hash browns.

Les Salées / The Salted

Campagnarde / Country

21,50 \$

Jambon, fromage, asperges. / Ham, cheese, asparagus.

Pomme D'adam / Adam's Apple

21,50 \$

Pommes, cheddar, bacon. / Apples, cheddar, bacon.

Champêtre

22,75 \$

Champignons, saucisses, oufs, fromage. / Mushrooms, sausages, eggs, cheese.

Simplement Légumes / Simply Vegetables

22,75 \$

Fromage & choix de légumes champignons, épinards, tomates, poivrons, oignons. / Cheese & choice of vegetables, mushrooms, spinach, tomatoes, peppers, onions.

Spécial Santé / Health Special

20,25 \$

1 Ouf poché, cheddar, yogourt & granolas. rôtie multigrains sans beurre & fruits frais, accompagnées de café ou thé avec rissolées. / 1 Poached egg, cheddar, yogurt & granolas. multigrain roast without butter & fresh fruit, served with coffee or tea with hash browns.

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Assiette de Fruits / Fruit Plate

Prix établi en fonction des ajouts

Accompagnées de café ou thé avec rissolées. / Accompanied by coffee or tea with hash browns.

Oufs & Gîtes / Oufs & Cottages

18,95 \$

2 Oufs pochés, cottage, rôties multigrains sans beurre & fruits frais, accompagnées de café ou thé avec rissolées. / 2 Pocket eggs, cottage, multigrain toast without butter & fresh fruit, served with coffee or tea with hash browns.

Les Pains Dorés & Gaufres / Golden Toast & Waffles

Combo 1/2-1/2

21,50 \$

Combo de gaufres et de pain doré & salade de fruits frais, accompagnés de coulis de petits fruits & sirop d'érable ou choco-noisette et café ou thé avec rissolées. / Combo of waffles and French toast & fresh fruit salad, served with berry coulis & maple syrup or chocolate-hazelnut and coffee or tea with hash browns.

Gaufre ou Pain Dorés / Waffle or French Toast

21,50 \$

Gaufres maison ou pains dorés & salade de fruits frais, accompagnés de coulis de petits fruits & sirop d'érable ou choco-noisette et café ou thé avec rissolées. / Homemade waffles or French toast & fresh fruit salad, served with berry coulis & maple syrup or chocolate-hazelnut and coffee or tea with hash browns.

Sandwich Spécial Toaster / Special Toaster Sandwich

18,95 \$

Jambon, cheddar & oeuf entre 2 tranches de pains dorés, garni de banane & de coulis de petits fruits, accompagnés de coulis de petits fruits & sirop d'érable ou choco-noisette et café ou thé avec rissolées. / Ham, cheddar & egg between 2 slices of French toast, garnished with banana & berry coulis, served with berry coulis & maple syrup or chocolate-hazelnut and coffee or tea with hash browns.

Les Burgers / Burgers

Fromage & Bacon / Cheese & Bacon

18,95 \$

Galette de bœuf, cheddar, bacon, laitue, tomates, mayo. / Beef patty, cheddar, bacon, lettuce, tomatoes, mayo.

Poulet / Cheese

18,95 \$

Poulet grillé, suisse, oignons rouges, épinards, tomates, mayo. / Grilled chicken, Swiss, red onions, spinach, tomatoes, mayo.

Végé / Vegetarian

18,95 \$

Tofu grillé, suisse, oignons rouges, champignons, épinards, tomates, mayo. / Grilled tofu, Swiss, red onions, mushrooms, spinach, tomatoes, mayo.

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Toasteur / Toaster

22,75 \$

Galette de bouf, fromage à la crème. bacon, champignons, oignons rouges, épinards, tomates, mayo. /
Beef patty, cream cheese. bacon, mushrooms, red onions, spinach, tomatoes, mayo.

Les Clubs / The Clubs

Club Sandwich

20,25 \$

Poulet grillé, bacon, laitue, tomates, mayo. / Grilled chicken, bacon, lettuce, tomatoes, mayo.

Club Végé / Veggie Club

20,25 \$

Tofu grillé, Swisse, champignons, oignons rouges, épinards, tomates, mayo. / Grilled tofu, Swisse,
mushrooms, red onions, spinach, tomatoes, mayo.

Club Toasteur / Toaster Club

22,75 \$

Poulet grillé, bacon, fromage à la crème champignons, oignons rouges, épinards, tomates, mayo. /
Grilled chicken, bacon, cream cheese, mushrooms, red onions, spinach, tomatoes, mayo.

Club Saumon Fumé / Smoked Salmon Club

24,00 \$

Saumon fumé, fromage à la crème, oignons rouges, tomates, concombre. / Smoked salmon, cream cheese,
red onions, tomatoes, cucumber.

Les Léve-Tot / The Léve-Tot

Fromage Grillée / Grilléd Cheese

11,40 \$

Melted cheese on toasted bread.

2 Oufs Brouillés au Pesto, Roties / 2 Scrambled Eggs with Pesto, Roasted

11,40 \$

Scrambled eggs infused with the rich flavour of pesto, served with roasted accompaniments.

2 Oufs, 1 Viande, Roties / 2 Eggs, 1 Meat, Roasted

11,40 \$

Two eggs paired with a choice of meat, served with toast.

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Crêpes & Pain Dorés, Sirop D'érable / Crepes & French Toast, Maple Syrup 11,40 \$

Thin French-style pancakes and French toast served with maple syrup.

Les Extras / The Extras

Viandes / Meat 5,00 \$

Bacon, saucisses, jambon, creton, feves au lard, tofu.

Crêpe, Pain Doré, Gaufre / Crepe, French Toast, Waffle 5,00 \$

Avec sirop d'érable ou choco noisette. / With maple syrup or hazelnut chocolate.

Patates Rissolées / Hash Browns 5,00 \$

Crispy shredded potatoes, perfect as a side dish.

Roties / Bagel / Toast / Bagel 5,00 \$

Rôties ou bagel en extra. / Toast or bagel as an extra.

Fruits Supplémentaires / Extra Fruits 7,60 \$

Additional fruits to customize your meal.

Oufs / Eggs 3,30 \$

Fresh eggs, perfect for adding to your meal.

Sirop D'érable, Miel, Choco Noisette / Maple Syrup, Honey, Choco Hazelnut 3,80 \$

Sweet and rich combination of maple syrup, honey, and hazelnut chocolate.

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Hollandaise, Sauce Poutine / Dutch, Poutine Sauce

5,00 \$

Rich Hollandaise or classic poutine sauce to complement your meal.

Yogourt / Yogurt

3,80 \$

Creamy yogurt, served as a side.

Granolas

2,50 \$

Crunchy, sweet, and nutritious topping for your favourite dishes.

Fromages / Cheese

5,00 \$

Cheddar, suisse, cottage, à la crème, feta. / Cheddar, swiss, cottage, cream, feta.

Légumes / Vegetables

5,00 \$

Fresh seasonal vegetables.

Les Smoothies / Smoothies

Le Tropical / The Tropical

7,60 \$

Jus d'ananas, jus d'orange, mangue et banane. / Pineapple juice, orange juice, mango and banana.

Le Rouge / The Red

7,60 \$

Jus de canneberge, fraises, framboises. / Cranberry juice, strawberries, raspberries.

Le Royale / The Royal

7,60 \$

Lait au chocolat, fraise et banane. / Chocolate, strawberry and banana milk.

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Les Baies / Berries

7,60 \$

Jus d'orange, mélange de petits (fraises, framboises, mûres, bleuets). / Orange juice, mixture of small (strawberries, raspberries, blackberries, blueberries).

Les Cafés / Coffees

Café au Lait / Coffee with Milk

6,30 \$

Rich and smooth coffee blended with milk.

Tisane

5,00 \$

Herbal infusion.

Espresso

3,80 \$

Rich and intense coffee shot.

Macchiato

5,00 \$

Rich and bold espresso shot topped with a dollop of frothed milk.

Cappuccino

6,30 \$

Rich and smooth espresso-style coffee drink.

Café Moka / Mocha Coffee

6,30 \$

Rich and smooth coffee blend with a hint of chocolate.

Chai Latté / Chai Latte

6,30 \$

Spiced black tea latte with a rich, creamy texture.

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Chocolat Chaud / Hot Chocolate

5,00 \$

Rich and creamy hot drink made with dark chocolate.

Café Filtre / Filter Coffee

5,00 \$

Classic hot filter coffee with a smooth, clean finish.

Thé / Tea

5,00 \$

Hot beverage made from tea leaves.
