



Menu

SARDINE ROSE

1480 Rue Ontario E, Montreal, QC H2L 1S3 | (514) 521-2221

Tapas

(E) Pieuvre Grillée / Grilled Octopus

19,95 \$

Tender grilled octopus.

(E) Calmars Grillés / Grilled Calamar

18,95 \$

Tender grilled squid.

Petites Sardines Frites / Small Fried Sardines (6)

8,95 \$

Small sardines, fried crisp and golden.

(E) Sardines Grillées / Grilled Sardines

8,95 \$

Grilled sardines with a smoky flavour.

Rissoles Canarao/ Entrée shrimp croquettes (2)

8,95 \$

Crispy pastry pockets filled with shrimp.

Petite Salade César / Small Caesar Salad

6,95 \$

Crunchy romaine lettuce tossed with croutons and parmesan cheese.

(E) Crevettes / Shrimps

15,95 \$

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Sardines en Boîte / Canned Sardines

7,95 \$

Classic canned sardines with a briny flavour.

Petite Salade Verte / Small Green Salad

6,95 \$

Small salad of assorted leafy greens.

Petite salade tomate, small tomato salad

7,95 \$

Small tomato salad, tapas portion.

Accompagnements / Side Ordres

Frites portugaises/ Fries

6,95 \$

Crispy fries with a fluffy center.

Soupe Caldo Verde / Caldo Verde Soup

7,75 \$

Traditional Portuguese soup made with potatoes, kale, and onions.

Olives Portugaises / Portuguese Olives

4,95 \$

Cured Portuguese olives with a bold, briny flavour.

Sauces (1)

2,95 \$

Bol Riz / Rice Bowl

6,95 \$

Bowl of steamed rice.

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Salades / Salads

Salade Calmars Grillés / Grilled Calamari Salad

28,95 \$

Tender grilled calamari served over salad.

Salade Tomate / Tomato Salad

14,95 \$

Salade Pieuvre Grillée / Grilled Octopus Salad

32,95 \$

Tender grilled octopus mixed with fresh greens.

Salade Poulet / Chicken Salad

17,95 \$

Tender chicken tossed with crisp greens.

Salade Verte / Green Salad

11,95 \$

Simple salad of assorted leafy greens.

Salade César / Caesar Salad

12,95 \$

Crunchy romaine lettuce tossed with croutons and parmesan cheese.

Salade Sardine en Boîte / Canned Sardine Salad

13,95 \$

Canned sardines mixed into a savoury salad.

Salade Chouriço / Chourico Salad

17,95 \$

Portuguese chouriço tossed with greens.

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Salade Chouriço César / Chourico Caesar Salad

18,95 \$

Crunchy romaine lettuce tossed with croutons, parmesan, and chouriço.

Salade Poulet César / Chicken Caesar Salad

18,95 \$

Chicken, romaine lettuce, and parmesan tossed in Caesar dressing.

Burgers à la Portugaise / Portuguese Burgers (inclus frites et salade)

Burger Poulet / Chicken Burger

18,95 \$

Tender and juicy chicken patty in a Portuguese-style burger.

Burger Chouriço / Chouriço Burger

17,95 \$

Chouriço sausage in a Portuguese-style burger.

Burger Bouf / Beef Burger

17,95 \$

Beef patty in a Portuguese-style burger.

Burger Saumon / Salmon Burger

18,95 \$

Salmon patty in a Portuguese-style burger.

Burger Porc / Pork Burger

17,95 \$

Pork patty in a Portuguese-style burger.

Poulet Portugais and Côté Levées / Portuguese Chicken and Ribs (Inclus frites et salade)

Demi Poulet / Half Chicken

29,95 \$

Tender and juicy half chicken, Portuguese-style.

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Mix Poitrine and Côté Levées Ribs / Mix Brest and Ribs 29,95 \$

Tender mix of chicken breast and ribs, Portuguese-style.

Poitrine de Poulet / Chicken Brest 18,95 \$

Tender and juicy chicken breast, Portuguese-style.

Cuisse Poulet / Chicken Thigh 17,95 \$

Tender and juicy chicken thigh, Portuguese-inspired.

Mix Cuisse and Côté Levées / Mix Thigh and Ribs 28,95 \$

Tender mix of chicken thigh and ribs.

Demi Côté Levées Ribs / Half Rack Ribs 20,95 \$

Tender, juicy half rack of pork ribs, Portuguese-style.

Full Côté Levées / Full Rack Ribs 29,95 \$

Les Steaks and la Viande / Steaks and Meat (Inclus Frites et salade v

Febras de Porc / Pork Febras 19,95 \$

Thin pork steaks, tender and full of flavour, Portuguese-style.

Terre et Mer / Earth and Sea 39,95 \$

Steak paired with seafood.

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Steak Surlonge / Surlonge Steak

33,95 \$

Tender, flavourful sirloin steak, cooked to your liking.

Steak Bavette / Steak Flank

32,95 \$

Flavourful bavette/flank steak with a rich beef flavour.

Plat Chouriço / Chourico Dish

19,95 \$

Savoury Portuguese sausage dish.

Fruits de Mer and Poissons / Seafood and Fish (frites, riz, salade verte)

Sardines Grillées / Grilled Sardines

19,95 \$

Delicate fish with a smoky flavour.

Pieuvre / Octopus

39,95 \$

Tender and flavorful octopus.

Calmars Grillés / Grilled Calamari

34,95 \$

Tender grilled squid rings.

Assiette de Poisson grillé/ Grilled Fish meal

29,95 \$

Delicate fish, prepared simply.

Assiettes Crevettes / Shrimps meal

29,95 \$

Tender shrimp with a delicate flavour.

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Poutines

Poutine la Classique Portugaise / Portuguese Classic Poutine

21,95 \$

French fries topped with cheese curds and Portuguese-inspired gravy. Frites, poulet, chouriço, fromage, sauce

Poutine l'Originale / The Original Poutine

14,95 \$

French fries topped with cheese curds. Frites, fromage, sauce

Desserts

Nata

3,00 \$

Traditional Portuguese custard tart.

Tarte Merengue Citron / Lemon Meringue Pie

5,95 \$

Tart filled with a tangy lemon filling topped with a fluffy meringue.

Breuvages / Beverages

Sumol Jus Pétillant Portugais / Portuguese Sparkling Juice

2,95 \$

Thé Noir / Black Tea

3,50 \$

Aromatic, full-bodied black tea.

Eau Naturelle / Natural Water

2,95 \$

Refreshing still water.

CaféAmericano / Americano Coffee

3,50 \$

Rich and smooth coffee made from espresso and hot water.

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Café Latté / Latte Coffee

4,95 \$

Espresso with steamed milk and a light layer of foam.

Chocolat Chaud / Hot Chocolate

4,95 \$

Rich, velvety hot chocolate to warm your day.

Thé Vert / Green Tea

3,50 \$

Aromatic green tea infusion.

Eau Pétillante / Sparkling Water

2,95 \$

Carbonated water with a clean, crisp finish.
