

# Menu

## Wilfrid PastaBar

1974 Boulevard Le Corbusier , Laval, QC H7S | (450) 973-9131

### Entrées / Appetizers

**Pain à l'Ail Gratiné / Garlic Bread au Gratin** **\$9.00**

Rich, buttery bread infused with garlic.

---

**Bruchetta** **\$8.00**

Toasted bread topped with fresh tomatoes and herbs.

---

**Coquille de Fruits de Mer / Shellfish** **\$10.00**

Assorted shellfish, appetizer portion.

---

**Salade César / Caesar Salad** **\$9.00**

Crunchy romaine lettuce, croutons, and parmesan cheese, tossed in a tangy dressing.

---

**Pain à l'Ail / Garlic Bread** **\$8.00**

Freshly baked bread infused with garlic.

---

**Saucisse Italienne / Italian Sausage** **\$9.00**

Savoury Italian-style sausage.

---

**Salade Wilfrid / Wilfrid Salad** **\$8.00**

Mixed greens with a variety of vegetables.

---

## Menu Wilfrid PastaBar

---

### Salade Jardiniere / Garden Salad

\$9.00

Fresh mixed greens with a variety of vegetables.

---

## Salades / Salads

### Salade César / Caesar Salad

\$17.00

Crunchy romaine lettuce, croutons, and parmesan cheese, tossed in a tangy dressing.

---

### Salade Wilfrid / Wilfrid Salad

\$17.00

Fresh mixed greens with a delightful combination of ingredients.

---

### Salade aux crevettes / Shrimp salad

\$22.00

Fresh shrimp mixed with greens.

---

### Salade César au Poulet / Chicken Caesar Salad

\$22.00

Tender grilled chicken, crisp romaine lettuce, and parmesan cheese, all tossed in a classic Caesar dressing.

---

### Salade Jardinière / Garden Salad

\$17.00

Fresh mix of greens.

---

### Salade au poulet / Chicken salad

\$22.00

Tender chicken mixed with fresh greens.

---

## Pâtes au Gratin / Pasta au Gratin

### Gratin au Fruits de Mer / Seafood Gratin

\$23.00

Spaghettini sauce à la crème, crevette, pétoncle, goberge et fromage / Spaghettini with cream sauce, shrimp, scallop, pollock, and cheese

---

## Menu Wilfrid PastaBar

---

### Gratin au Poulet / Chicken Gratin

**\$23.00**

Poulet, sauce champignon, oignons, ail, pâte au choix et fromage / Chicken, mushroom sauce, onions, garlic, paste of your choice, and cheese

---

### Lasagnes Régulière / Regular Lasagna

**\$19.00**

Pâtes blanches et sauce à la viande. / White pasta and meat sauce.

---

### Gratin au Jardin / Garden Gratin

**\$21.00**

Brocoli, champignon, sauce rosé, avec penne ou rigatoni et fromage / Broccoli, mushroom, rosé sauce, with penne, or rigatoni, and cheese

---

### Lasagnes Wilfrid / Wilfrid Lasagna

**\$20.00**

Wilfrid, pâtes aux épinards, sauce crème et sauce viande. / Wilfrid, spinach pasta, cream sauce, and meat sauce.

---

### Gratin Spaghettini / Spaghettini Gratin

**\$21.00**

Sauce viande et fromage / Meat and cheese sauce

---

### Cannelloni

**\$20.00**

Farcis à la viande / Stuffed with meat

---

## Pizza

### Pizza au Fromage / Cheese Pizza

**\$16.00**

Sauce tomate fromage. / Tomato cheese sauce.

---

### Pizza Toute Garnie / All Dressed Pizza

**\$19.00**

Sauce tomate, pepperoni, piments verts, champignons et fromage. / Tomato sauce, pepperoni, green peppers, mushrooms, and cheese.

---

## Menu Wilfrid PastaBar

---

### Pizza aux Tomates Fraîches / Fresh Tomato Pizza

\$17.00

Basilic, beurre à l'ail et fromage. / Basil, garlic butter, and cheese.

---

### Pizza Fruits de Mer / Seafood Pizza

\$20.00

Crevettes, crabe, pétoncles, sauce tomate et fromage. / Shrimp, crab, scallops, tomato sauce, and cheese.

---

### Pizza au Pepperoni / Pepperoni Pizza

\$17.00

Sauce tomate, pepperoni et fromage. / Tomato sauce, pepperoni, and cheese.

---

### Pizza aux Saucisses / Sausage Pizza

\$20.00

Saucisses Italiennes, basilic, fromage, oignons, champignons, piments verts et sauce Arabiatta. / Italian sausages, basil, cheese, onions, mushrooms, green peppers, and Arabiatta sauce.

---

### Pizza Jardinière / Pizza Planter

\$19.00

Oignons, champignons, piment verts, choux-fleurs, brocoli, tomates, zucchini et fromage. / Onions, mushrooms, green peppers, cauliflower, broccoli, tomatoes, zucchini, and cheese.

---

## Breuvages / Drinks

### Boisson gazeuses / Soft drinks

\$3.00

Cannettes 355ml / 355ml Cans

---

## Specialite / Specialty

### Pâtes et sauces au choix / Choice of Pasta and Sauces

\$19.00

Choose from a variety of pasta and sauces to create your perfect dish.

---

## Bar à Pâtes / Pasta Bar

### Bar à Pâtes / Pasta Bar

\$20.00

Pâtes, légumes frais, viandes et fruits de mer. / Pasta, fresh vegetables, meats, and seafood.

---

# Menu Wilfrid PastaBar

---

## Table d'Hote

**\$32.00**

Incluant: entrée au choix - dessert au choix - café ou thé / Includes: starter of your choice -  
dessert of your choice - coffee or tea

---