

LES GRIGNOTINES

Rôties et Confiture	4,95
Rôties et Fromage	5,95
Rôties et Crêton	5,95
Brioche et Café	7,50

FRUITS FRAIS

Coupe de Fruits Frais	7,95
Assiette de Fruits Frais avec yogourt	15,95 17,95
avec fromage cottage	17,95
avec crème anglaise	17,95

CÉRÉALES

Céréales Froides garnies de fruits	4,95 9,95
Gruau avec cassonade et rôties	6,95
Mueslix nature	6,95
Mueslix garni de fruits saisonniers servi avec yogourt	12,95 15,95
Croque Nature garni de fruits saisonniers, servi avec yogourt	15,95



Bol de chia

BAGELS, MUFFINS ANGLAIS OU CROISSANTS

Nature	4,95
Fromage	6,95
Oeuf, bacon, fromage	6,95
Oeuf, jambon, fromage	6,95
Western	8,95

LES TRADITIONNELS

Mamie	14,50
Coupe de fruits frais, crème anglaise ou yogourt nature, bagel, fromage à la crème et café	
Allô mon Coco*	14,50
Servi avec oeuf, bacon, jambon, saucisse et fromage *Pommes de terre incluses	
Atlantique*	18,95
Bagel nature, saumon fumé, oignons rouges, tomates, câpres et fromage à la crème	
*Pommes de terre incluses	
Lucky Luke*	13,95
Sandwich farci d'une omelette western	

DÉJEUNERS SANTÉ

2 oeufs pochés, muffin anglais, fromage cottage et coupe de fruits frais	15,95
2 oeufs pochés, bagel, yogourt et coupe de fruits frais	15,95
2 oeufs pochés, Mueslix aux fruits, servis avec miel et yogourt	15,95
☞ Toast à l'avocat, 2 oeufs pochés et salade de roquette servis avec fruits frais	15,95
☞ 2 oeufs pochés, bagel au saumon fumé, fromage à la crème, oignons rouges, câpres et coupe de fruits frais	18,95
☞ Bol de chia, muesli et yogourt Grec, servie avec fruits frais	15,95



Choco Coco

COCO BREAKFAST

Guzzler	14.75	Cochonnet	14.75
2 eggs, bacon, ham, sausage 2 buttermilk pancakes, potatoes, toast & coffee		2 eggs, buckwheat pancake filled with cheddar and sausage, potatoes, toast & coffee	
Maple Grove	14.75	Breakfast Steak Wrap	14.95
Regular omelet with bacon, ham, baked beans, maple tmap potatoes, toast, coffee		Scrambled eggs, steak, mayonnaise, caramelized onions and swiss cheese	
Logger	15.75	Breakfast Wrap	14.95
3 eggs, roast pork, bacon, creton, baked beans, potatoes, toast & coffee		Scrambled eggs, avocados, bacon, red onions, cheddar cheese and mayonnaise	
Sunshine	14.75	☞ Atlantic Wrap	16.95
2 eggs, bacon, baked beans, crêpe filled with fruit and english cream, potatoes, toast & coffee		Scrambled eggs, smoked salmon, cream cheese, red onions, tomatoes and capers	
Bon Matin	14.75	American (Steak n' Eggs)	20.95
2 slices of French toast, 2 buttermilk pancakes, fresh fruit cup, english cream & coffee		8 oz. Dine-cut AAA beef, 2 eggs, tomatoes, lettuce, potatoes, toast & coffee	
Good Morning	14.75	Special (Allô Mon Coco)	15.95
Cinnamon Danish cut in two (one side covered with bacon and 1 egg, the other with a mountain of fruit served with english cream), potatoes & coffee		2 eggs, bacon, ham, sausage, baked beans, creton, banana buttermilk pancake, potatoes & coffee	
Froma Fruits	15.95	Crepe Mon Coco	14.75
Cheese platter (cheddar, swiss, cottage, cream cheese), bagel, fresh fruit cup, potatoes & coffee		2 eggs, crepe stuffed with ham and swiss cheese, potatoes, toast & coffee	
Choco Coco	14.75	☞ Breakfast Club Mon Coco	14.75
2 eggs, bacon, crêpe filled with bananas and chocolate hazelnut spread, potatoes, toast & coffee		2 eggs, tomatoes, bacon, Kraft cheese, potatoes, toast & coffee	
☞ Breakfast Poutine	14.75	☞ Choco Coco Deluxe	16.95
Sausage, bacon, ham, breakfast potato, hollandaise sauce, cheese curds and 1 egg		2 eggs, bacon, generous portion of crêpe filled with strawberries, chocolate and English cream, potatoes, toast and coffee	
☞ Sweet & Salted Club	14.75	Add cheddar or Swiss cheese on our famous potatoes !	3.00
3 eggs punctured, with 3 slices of French toast, bacon, potatoes and yellow cheese			
Lac Saint-Jean	14.75		
2 eggs, bacon, baked beans, creton, generous blueberry buttermilk pancake, potatoes, toast & coffee			

* Our potatoes may contain traces of bacon fat *

* Please note that there are traces of tree nuts *



Crepes Nature

FRENCH TOAST OR HOUSE WAFFLES

Regular	11.95	TRADITIONAL	
Banana	13.95	Charly Special	15.50
Blueberries	15.95	2 slices of french toast filled with one egg, bacon and cheese, covered in a mountain of seasonal fruits and english cream	
Strawberries	15.95	Papy Special	15.50
Apples	14.50	1 slice of raisin-bread french toast, half waffle and 1 pancake, covered in a mountain of seasonal fruits and english cream	
Seasonal fruits	14.95	Waffle French toast	16.95
Wild berries	16.15	Waffle or french toast with banana, english cream, chocolat and peanut butter fruits and english cream	
Royal waffle	16.95	Maple syrup	2.95
ice cream, banana and chocolate hazelnut spread		Raisin bread	2.25
		Blueberry coulis	2.95
		Strawberry coulis	2.95
		Caramel Sauce	2.95
EXTRAS			
Chocolate hazelnut spread (contains nuts)	2.95		
English cream	2.95		
White Chocolate	3.95		
Whipped cream	2.95		

THIN CREPES

(French thin crepe, buttermilk or buckwheat thin crepe)

Nature	10.50
Banana with English cream	13.95
Blueberry with English cream	15.95
Strawberry with English cream	15.95
Buttermilk and chocolate chip or Blueberries	12.95
Apple with English cream	12.95
Apple and cheddar	13.95
Seasonal fruits with English cream	14.95
Wildberry with English cream	16.95


EXTRAS

Chocolate hazelnut spread (contains nuts)	2.95
English cream	2.95
Whipped cream	2.95
Maple syrup	2.95
White chocolate	3.95
Blueberry coulis	2.95
Strawberry coulis	2.95
Caramel Sauce	2.95

TRADITIONAL

Ham and cheese (swiss or cheddar)	14.25
Eggs, ham & cheese (swiss or cheddar)	15.25

FLAMBÉS

 Banana flambé, with Capt.Morgan rum served on french toast with walnuts, honey and English cream

Strawberry flambé, served on crepes bretonnes, garnished with whipped cream



Charly Special

Spinach & cheddar (buckwheat thin crepe)	14.25
Allô Mon Coco	16.95
Large thin crepe stuffed with a ham, bacon, sausage and cheese omelet (swiss or cheddar)	

* Please note that there are traces of tree nuts *







Grilled Cheese "Philly"

GOURMET GRILLED CHEESE

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|---|-------|--|-------|
|  Grilled Cheese "Philly"
with "Philly" Steak, egg, fried onions,
mushroom, swiss cheese and spicy mayonnaise | 16.95 |  B.L.T.
with bacon, lettuce, tomatoe
and swiss cheese
Served with potatoes and fruit | 15.95 |
|  Scrambled Egg
with avocado, red onions, cheddar cheese,
bacon and spicy mayonnaise
Served with potatoes and fruit | 15.95 |  Portobello Brie Cheese
with roasted red peppers,
marinated eggplant, red onions, arugula,
spicy mayonnaise and balsamic reduction
Served with potatoes and fruit | 15.95 |
|  Italian Sausage
with roasted red peppers, marinated eggplant,
mozzarella and balsamic reduction
Served with potatoes and fruit | 15.95 |  Apple, Bacon, Brie Cheese
and Balsamic Reduction
Served with potatoes and fruit | 15.95 |

COCO CASSEROLE

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|---|-------|--|-------|
|  Coco
with bacon, ham, sausage,
cheddar or swiss cheese
Served with fruits, potatoes, eggs of your choice,
sour cream and english muffin | 15.95 |  Vegetarian
with roasted peppers, onions, mushrooms,
tomatoes and shallots
Served with fruits, potatoes, eggs of your choice,
sour cream and english muffin | 15.95 |
|  Bacon, Cheddar and Shallots
Served with fruits, potatoes, eggs of your choice,
sour cream and english muffin | 15.95 |  Western Casserole
with ham, onions, peppers
swiss or cheddar cheese
Served with fruits, potatoes, eggs of your choice,
sour cream and english muffin | 15.95 |

DRINKS

Coffee or tea	1.95
Herbal organic tea	2.75
Bottled natural spring water	1.95
Perrier	1.95
Soft drink	1.95
Lemoncoco	3.50
Cold or hot chocolate milk	1.95
Expresso	2.50
Cappuccino	3.50
Café au lait	3.95
Café au lait bowl	4.95
French vanilla coffee	4.95
Coco-latte coffee	4.95
Café Mocha	4.95
Iced Mochacino	4.95
Iced Capuccino	4.95
Coconut iced Cappuccino	4.95

TRADITIONAL

	Smf.	Lrg.
Milk	1.95	3.25
Orange juice	3.50	4.50
Fresh orange juice	4.50	5.50
Apple juice	3.50	4.50
Cranberry juice	3.50	4.50
Grape juice	3.50	4.50
Fresh grapefruit juice	4.50	5.50
Fruit cocktail	4.50	5.50
Smoothie	4.50	5.75
Strawberry, Peach, Mango, Wild Berries		

MILKSHAKES

Vanilla	4.50
Banana	4.95
Strawberry, Banana and Chocolate	5.95
Chocolate	4.95
Strawberry	5.50

REFRESHMENTS (HOT OR COLD) 6.95

Mimosa	Sparkling wine, juice of your choice
Pink Mimosa	Prosecco rose, lychee juice
Lemon Mimosa	Sparkling wine, Lemoncoco
Coco Special	Frangelico, hot chocolate, whipped cream
Coretto Coffee	Barley's

Spanish Coffee	Triple sec, rum, Kahlua, coffee, whipped cream
Irish Coffee	Barley's, cognac
B-52 Coffee	Barley's, Grand Marnier
DiSaronno Coffee	Amaretto, coffee, whipped cream

* Please note that there are traces of tree nuts *



Club Sandwich

LUNCH MENU

Monday to Friday from 11am
except public holidays

Caesar Salad with grilled chicken breast	14.95	🍳 Chicken Fried Wrap with cheddar cheese, bacon, tomato, lettuce, spicy mayonnaise and peppers	14.95
Greek Salad with grilled chicken breast	14.95	🍳 Chicken Caesar Wrap with bacon, swiss cheese, fries and salad	14.95
Club Sandwich with fries and salad	14.95	🍳 Steak and Swiss Cheese Wrap caramelized onions with fries and salad	14.95
Grilled Chicken Breast Fillet with salad and potatoes	14.95	🍳 Crab 'Wrap avocado, crab cakes served with lettuce, tomato, fries, salad and tamar sauce	15.95
Chicken Tenders with honey mustard sauce	13.95	🍳 Fish & Chips with fries, salad and tartar sauce	15.95
Hamburger Steak with salad, caramelized onions, your choice of potatoes, salad and brown gravy	13.95	🍳 Smoke Meat Club Sandwich with Swiss cheese	14.95
Hamburger with fries and salad	12.95	🍳 Avocado Salad with Smoked Salmon with arugula, romaine salad, red onions, tomatoes, cucumbers, capers and balsamic vinegar	16.95
Cheeseburger with fries and salad	13.95	🍳 Chicken Farm Salad with arugula, romaine salad, red onions, sun dried tomatoes, goat cheese, walnuts, chicken and balsamic vinegar	14.95
Chickenburger with fries and salad	13.95	🍳 Chicken Coco with spring lettuce, cherry tomatoes, hearts of palm, artichokes, avocado, onions and black olives	15.95
🍳 Fried Chicken Ciabatta with roasted peppers, pesto and mozzarella cheese	14.95	🍳 Wild Smoked Salmon	4.95
🍳 Grilled Chicken Ciabatta avocado, bacon, tomatoes, swiss cheese, spicy mayonnaise with fries and salad	14.95	*Soup, coffee and dessert included	
🍳 Philly Ciabatta steak, sautéed mushrooms, caramelized onions, brie cheese, spicy mayonnaise, with fries, and salad	14.95	* Our potatoes may contain traces of bacon fat *	
🍳 Vegetarian Ciabatta roasted red peppers, marinated eggplant, avocado, arugula, goat cheese, djon mayonnaise with fries and salad	14.95		

KID'S MENU

(10 years and under)

Mamie Kid Fresh fruit salad cup and english cream with half-bagel and jam	6.25	Buttermilk and chocolate-chip pancake, topped with bananas, served with whipped cream	7.95
1 egg with choice of one ingredient	6.25	Cheese omelet, potatoes and toast	7.25
1 egg with choice of two ingredients	7.25	Half waffle covered with bananas and chocolate hazelnut spread	8.95
Thin crepe stuffed with seasonal fruits	7.95	* All children's meals include a small glass of juice or milk	
Thin crepe stuffed with bananas and chocolate hazelnut spread	8.95	**Chocolate milk	1.00 extra
Thin crepe stuffed with strawberries and chocolate hazelnut spread	9.95	* Our potatoes may contain traces of bacon fat *	

KIDS LUNCH MENU

Monday to Friday from 11am except public holidays

Chicken fingers with fries	9.95	Hamburger with fries	9.95	Grilled cheese with fries	8.95
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* Apple juice included *

Please note that there are traces of tree nuts