

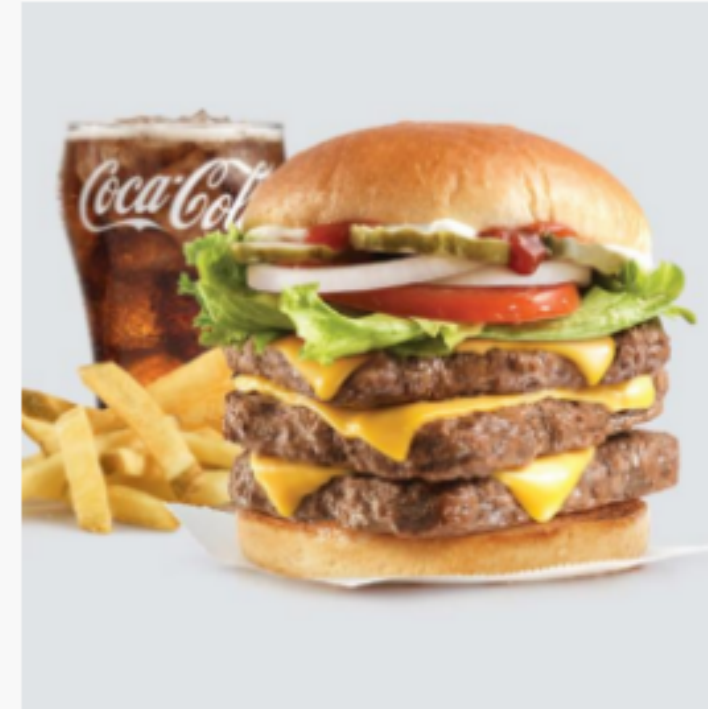
Combos



Dave's Single®
780-1,200 Cals.



Dave's Double®
1,020-1,440 Cals.



Dave's Triple®
1,310-1,720 Cals.



Bacon Deluxe
850-1,270 Cals.



Grilled Chicken Sandwich
570-990 Cals.



Spicy Chicken Sandwich
650-1,060 Cals.



Homestyle Chicken Sandwich
660-1,080 Cals.



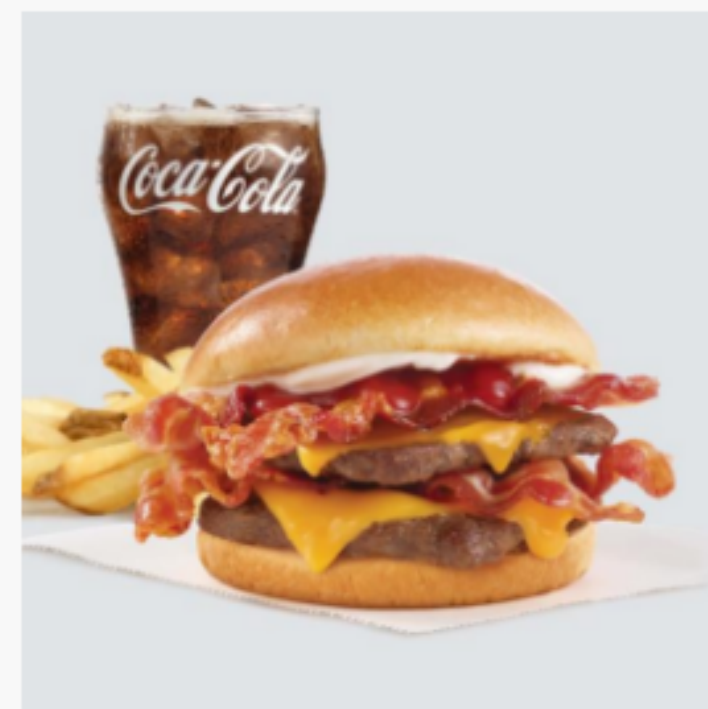
Chicken Strips
660-1,210 Cals.



Asiago Ranch Chicken Club
710-1,230 Cals.



Baconator®
1,160-1,570 Cals.



Son of Baconator®
840-1,260 Cals.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

Cheeseburgers



Bacon Portabella Mushroom Melt
680 Cals.



Dave's Single®
600 Cals.



Dave's Double®
860 Cals.



Dave's Triple®
1,170 Cals.



Baconator®
970 Cals.



Son of Baconator®
670 Cals.



Bacon Deluxe ¼ lb.* Single
650 Cals.



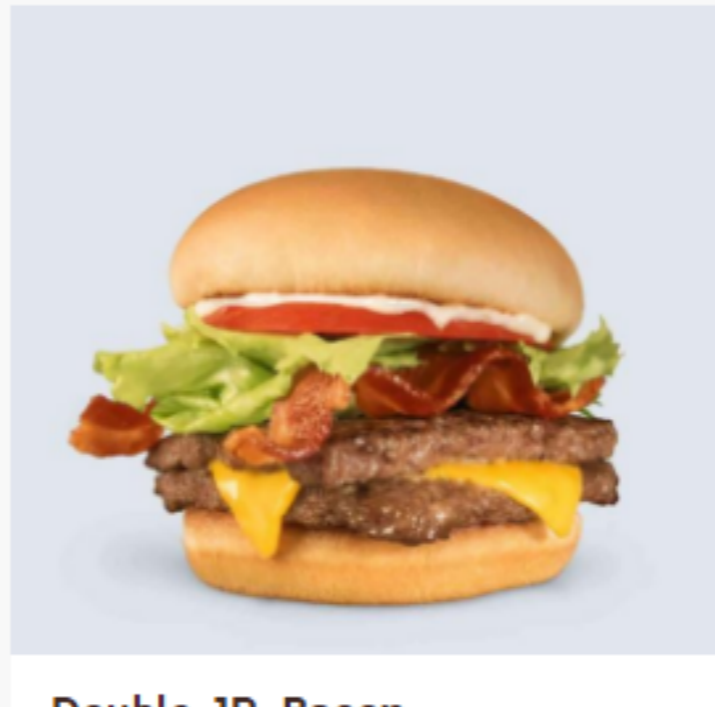
Bacon Deluxe ½ lb.* Double
920 Cals.



Bacon Deluxe ¾ lb.* Triple
1,220 Cals.



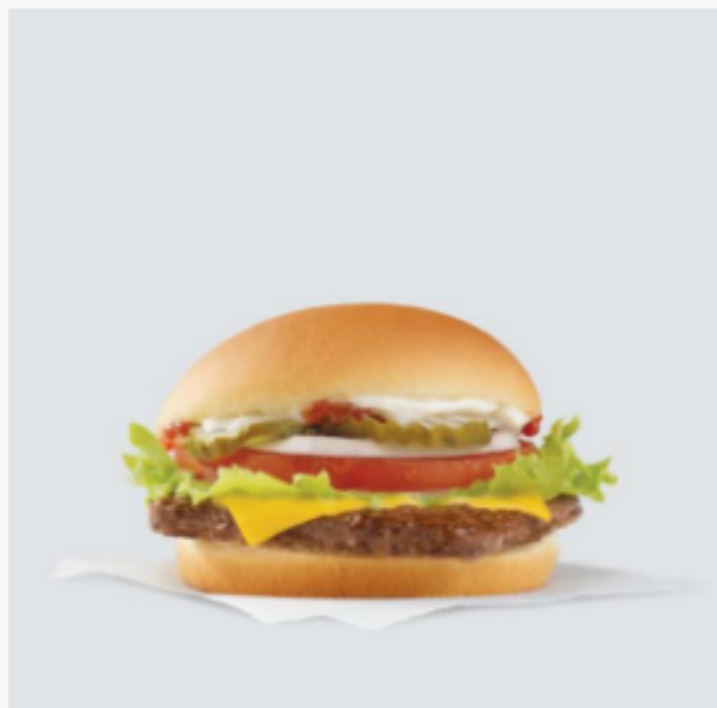
Double Stack™
440 Cals.



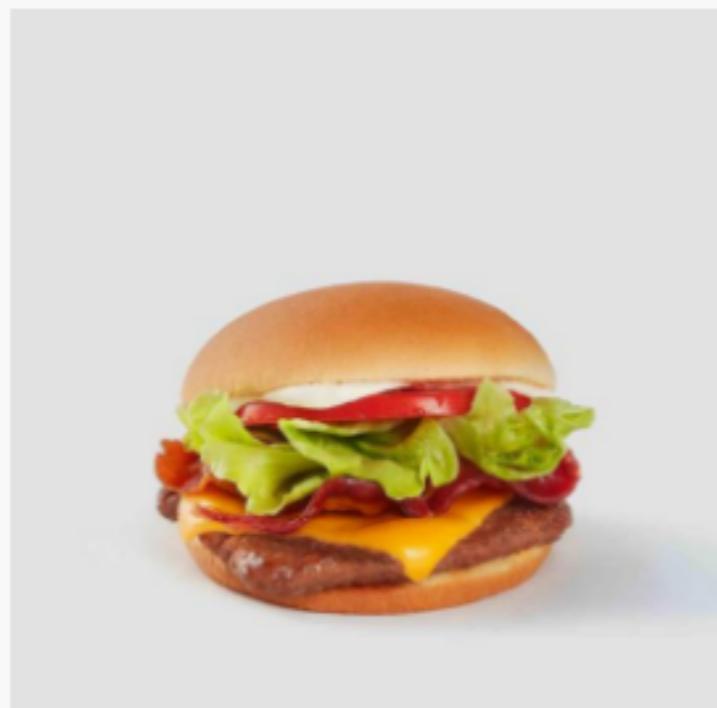
Double JR. Bacon Cheeseburger
530 Cals.



Jr. Hamburger Deluxe
320 Cals.



Jr. Cheeseburger Deluxe
360 Cals.



Jr. Bacon Cheeseburger
390 Cals.



Cheesy Cheddarburger
320 Cals.

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Chicken, Wraps & More



Spicy Chicken Sandwich

460 Cals.



Homestyle Chicken Sandwich

460 Cals.



Grilled Chicken Sandwich

340 Cals.



**Homestyle Asiago Ranch
Chicken Club**

590 Cals.



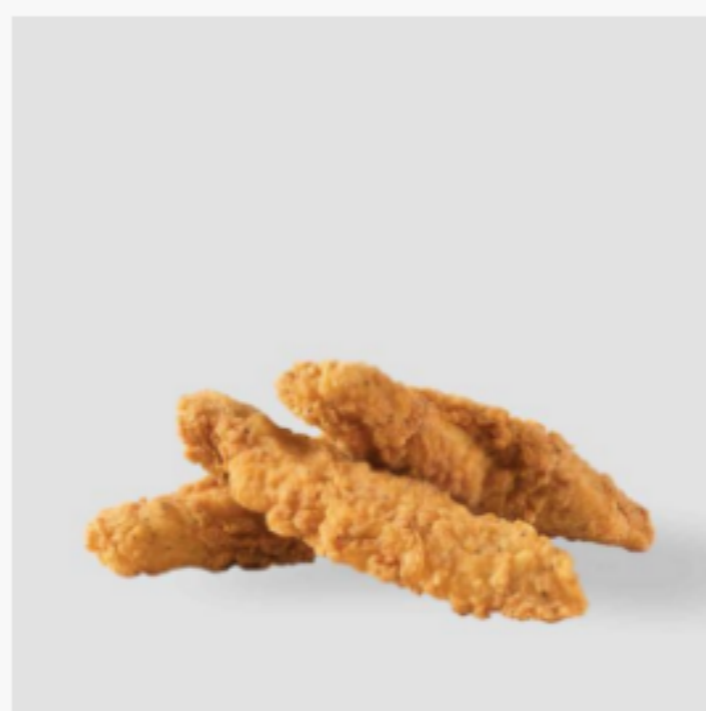
**Spicy Asiago Ranch Chicken
Club**

590 Cals.



**Grilled Asiago Ranch Chicken
Club**

480 Cals.



Homestyle Chicken Strips

380 Cals.



**5-Piece Crispy Chicken
Nuggets**

200 Cals.



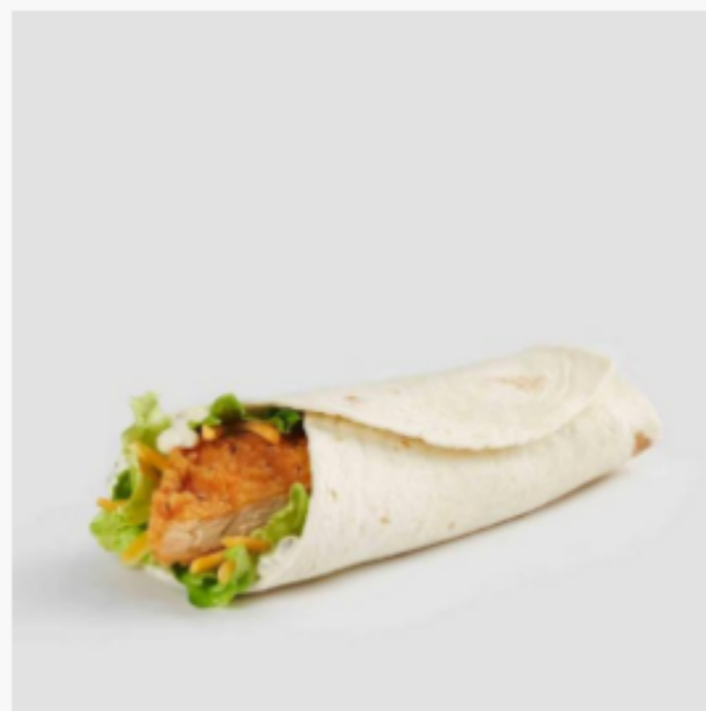
**10-Piece Crispy Chicken
Nuggets**

400 Cals.



Grilled Chicken Wrap

280 Cals.



Spicy Chicken Wrap

350 Cals.

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Fresh-Made Salads



Southwest Avocado Chicken Salad

320/640 Cals.



Taco Salad

480/660 Cals.



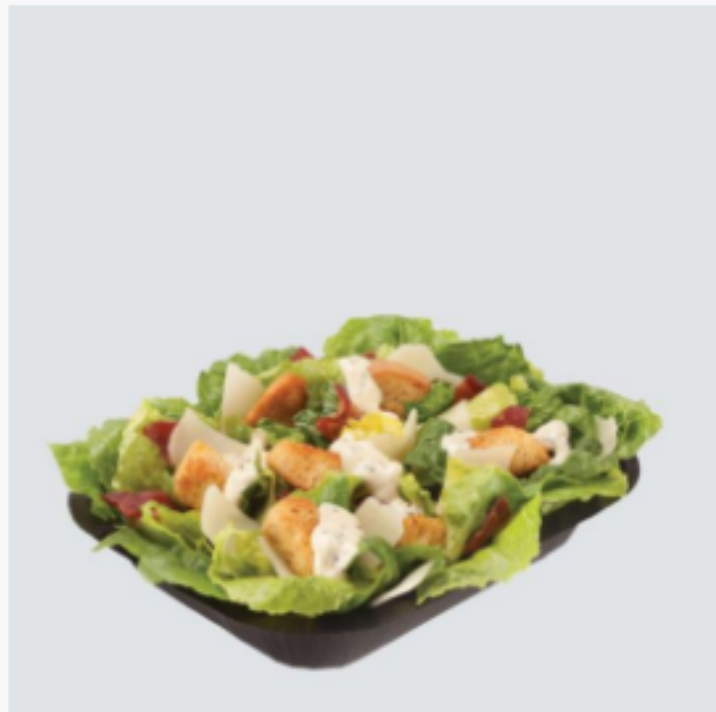
Apple Pecan Chicken Salad

330/550 Cals.



Grilled Caesar Salad

440/800 Cals.



Caesar Side Salad

340 Cals.

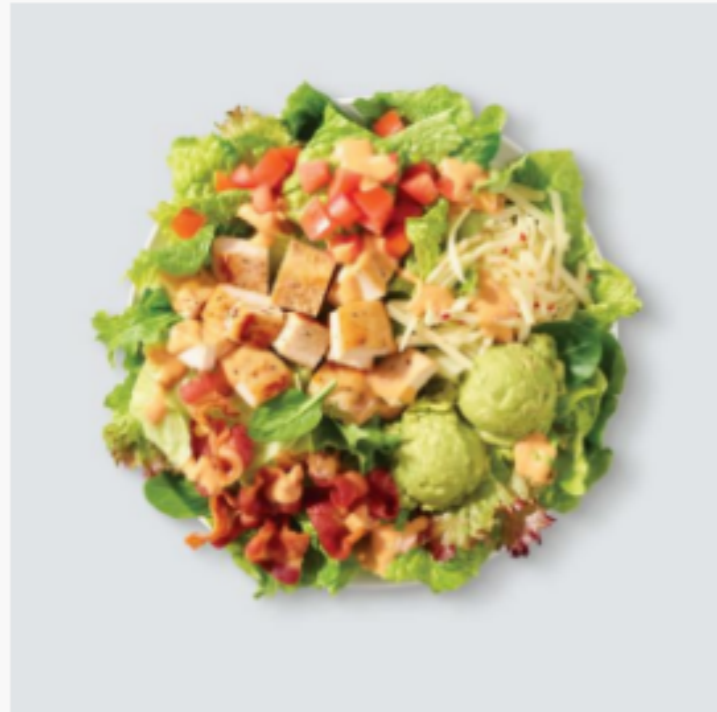


Garden Side Salad

200 Cals.

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Pair 2®



Pair 2 Southwest Avocado



Pair 2 Taco Salad



Pair 2 Apple Pecan Chicken Salad



Pair 2 Grilled Caesar

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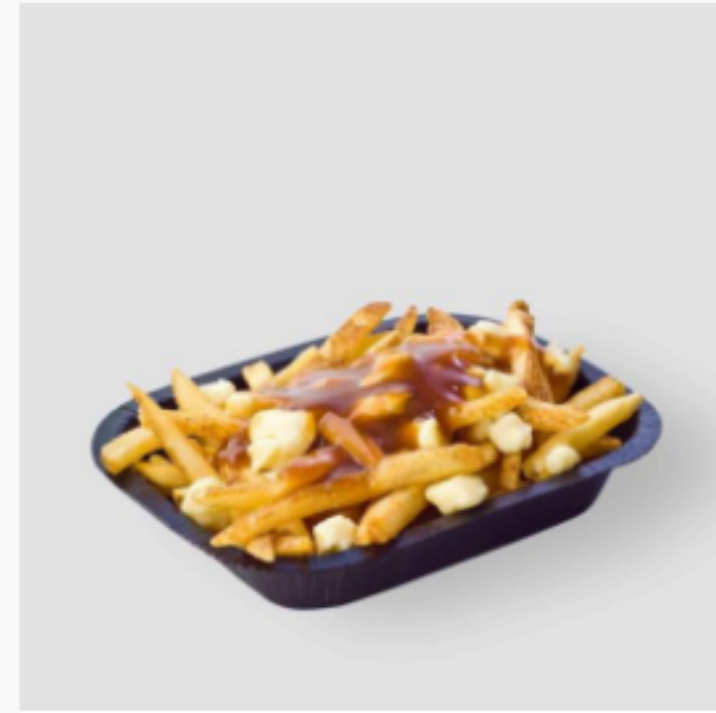
Fries & Sides



Bacon Portabella Mushroom Melt Baked Potato
530 Cals.



French Fries
220-480 Cals.



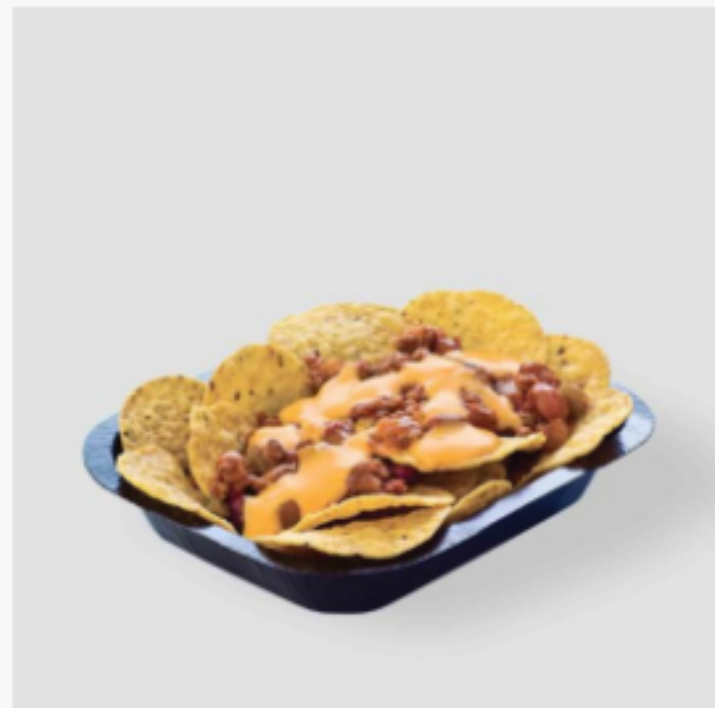
Poutine
330/630 Cals.



Bacon Poutine
690 Cals.



Chili Cheese Fries
530 Cals.



Chili Cheese Nachos
360 Cals.



Chili
290/380 Cals.



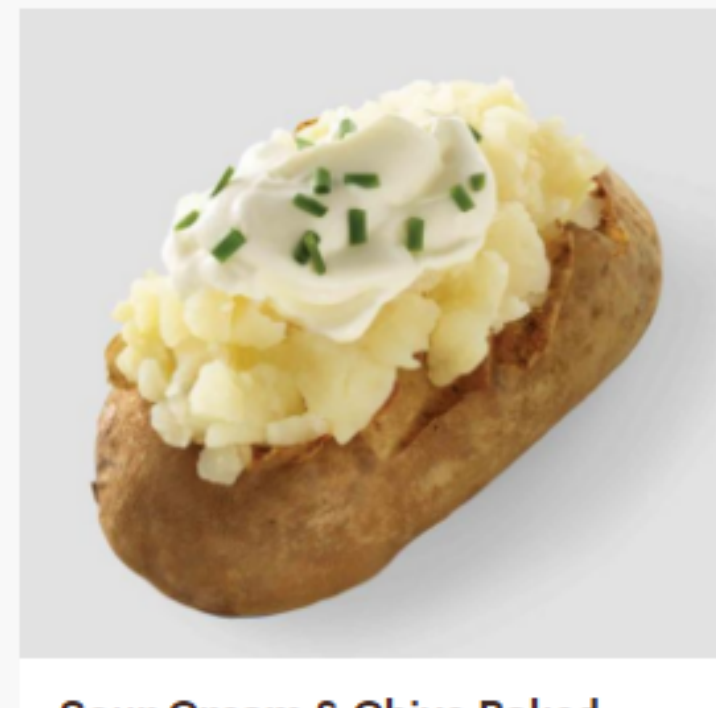
Garden Side Salad
200 Cals.



Caesar Side Salad
340 Cals.



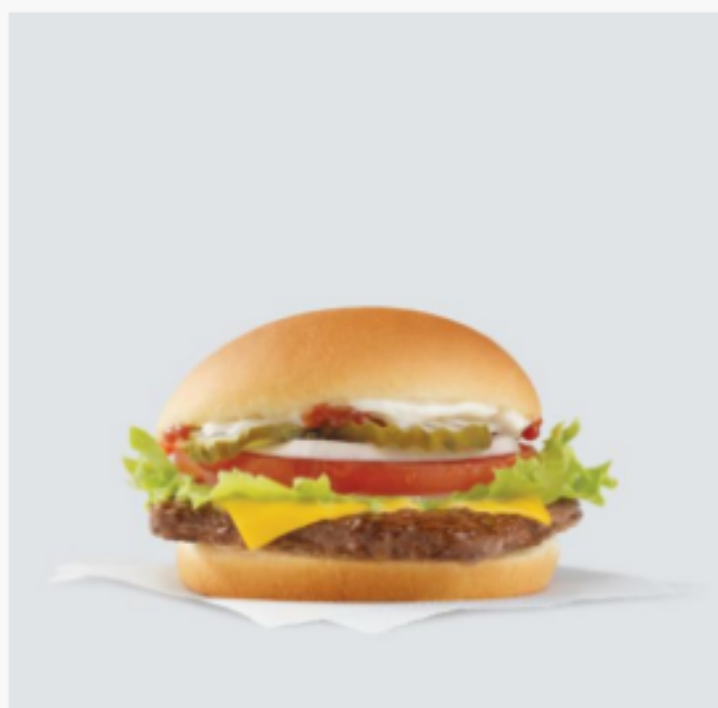
Plain Baked Potato
270 Cals.



Sour Cream & Chive Baked Potato
340 Cals.



Bacon Cheese Potato
420 Cals.



Jr. Cheeseburger Deluxe
360 Cals.



Cheesy Cheddarburger
320 Cals.

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Beverages



Strawberry Lemonade
230-490 Cals.



Original Lemonade
190-380 Cals.



Coca-Cola®
240-480 Cals.



Coke® Zero Sugar
2-3 Cals.



Diet Coke®
2-4 Cals.



Sprite®
240-470 Cals.



Barq's® Root Beer
270-530 Cals.



Fanta® Orange
260-510 Cals.



Nestea®
190-370 Cals.



Strawberry Passion Fruitopia
220-430 Cals.



Dasani® Bottled Water
0 Cals.



Coffee
4 Cals.



Decaf Coffee
0 Cals.



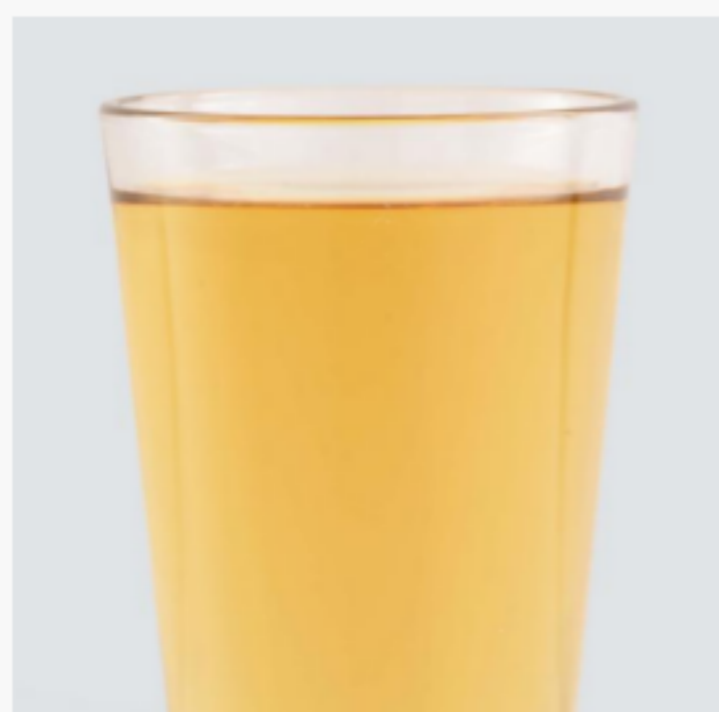
Hot Tea
5 Cals.



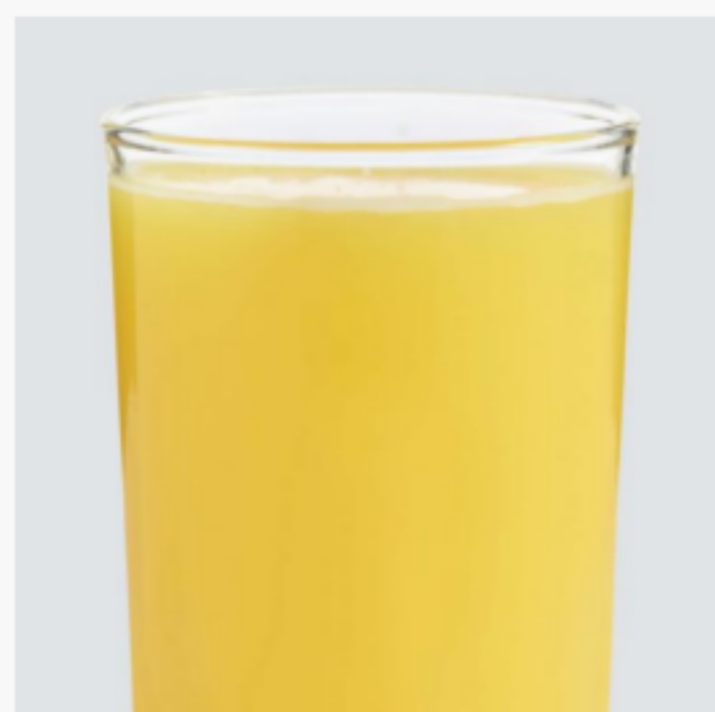
Milk
130 Cals.



Chocolate Milk
150 Cals.



Minute Maid® Apple Juice
140 Cals.



Minute Maid® Orange Juice
140 Cals.

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Frosty®



Chocolate Frosty®

200-580 Cals.

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Quality Choices



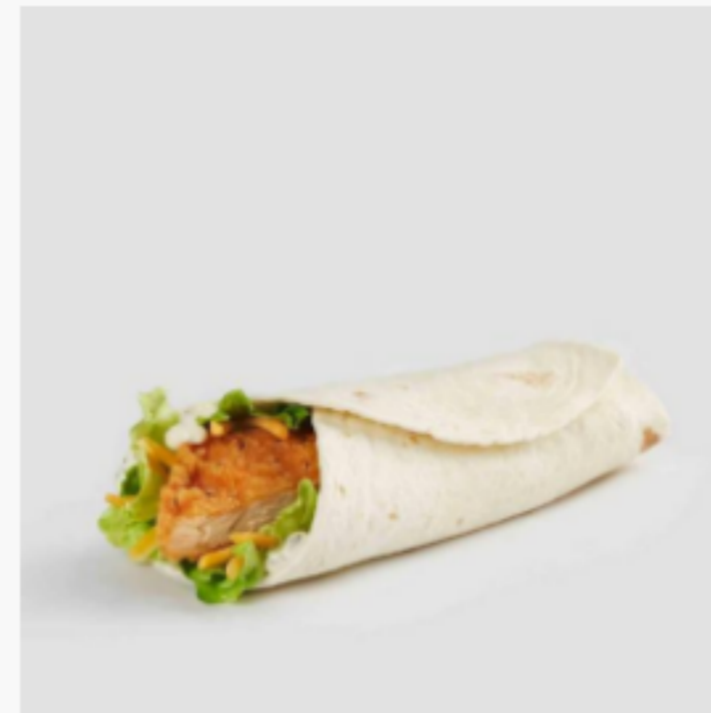
Jr. Bacon Cheeseburger

390 Cals.



5-Piece Crispy Chicken Nuggets

200 Cals.



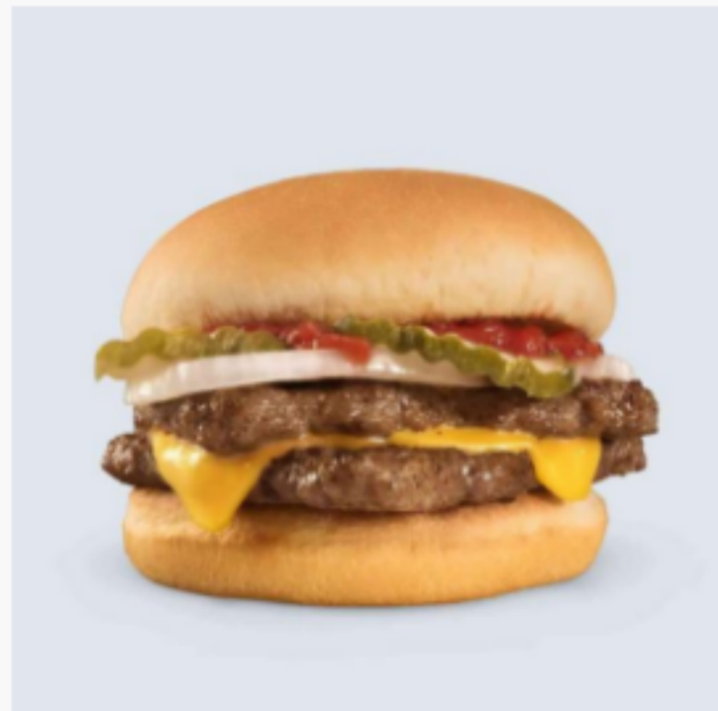
Spicy Chicken Wrap

350 Cals.



Grilled Chicken Wrap

280 Cals.



Double Stack™

440 Cals.



Double JR. Bacon Cheeseburger

530 Cals.



Small Poutine

330 Cals.

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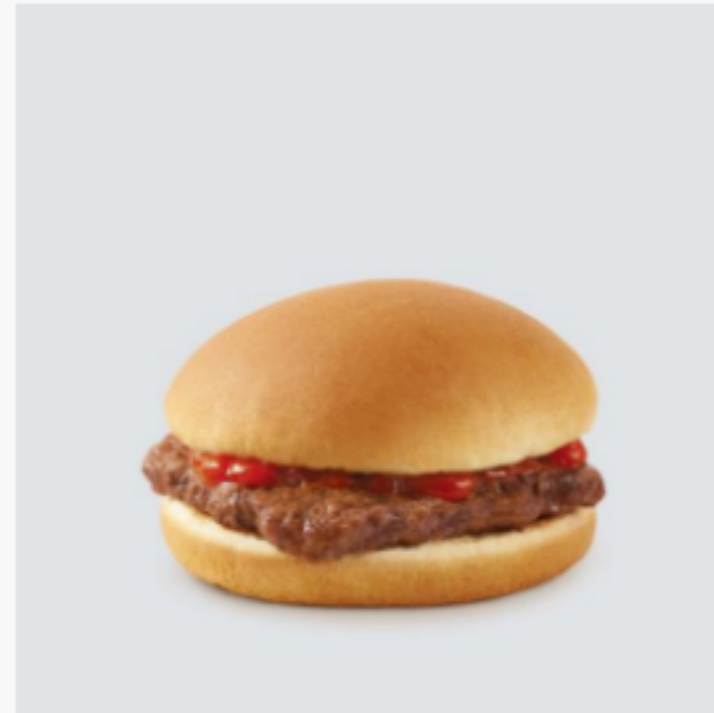
Wendy's Kids' Meals



Kids' 4PC Nuggets



Kids' Cheeseburger



Kids' Hamburger

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